

Alexandros N Vgontzas

List of Publications by Year in descending order

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Version: 2024-02-01

164
papers

15,496
citations

26630

56
h-index

17592

121
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167
all docs

167
docs citations

167
times ranked

11329
citing authors

#	ARTICLE	IF	CITATIONS
1	Behavioral, neurocognitive, polysomnographic and cardiometabolic profiles associated with obstructive sleep apnea in adolescents with ADHD. <i>Journal of Child Psychology and Psychiatry and Allied Disciplines</i> , 2022, 63, 544-552.	5.2	7
2	Hypothalamicâ€“pituitaryâ€“adrenal (HPA) axis response to exogenous corticotropinâ€“releasing hormone (CRH) is attenuated in men with chronic insomnia. <i>Journal of Sleep Research</i> , 2022, 31, e13526.	3.2	11
3	Poor Diet, Long Sleep, and Lack of Physical Activity Are Associated with Inflammation among Non-Demented Community-Dwelling Elderly. <i>Healthcare (Switzerland)</i> , 2022, 10, 143.	2.0	5
4	Evidence of a maturational disruption in non-rapid eye movement sleep slow wave activity in youth with attention-deficit/hyperactivity, learning and internalizing disorders. <i>Sleep Medicine</i> , 2022, 90, 230-237.	1.6	1
5	Association of a novel EEG metric of sleep depth/intensity with attention-deficit/hyperactivity, learning, and internalizing disorders and their pharmacotherapy in adolescence. <i>Sleep</i> , 2022, 45, .	1.1	2
6	Trajectories of Insomnia Symptoms From Childhood Through Young Adulthood. <i>Pediatrics</i> , 2022, 149, .	2.1	15
7	Abstract MP56: Sleep Regularity Modifies The Association Of Visceral Adiposity With Elevated Blood Pressure In Adolescents. <i>Circulation</i> , 2022, 145, .	1.6	1
8	Abstract 039: Association Of A Cumulative Exposure To Sleep Disordered Breathing From Childhood Through Young Adulthood With Carotid Intima-media Thickness. <i>Circulation</i> , 2022, 145, .	1.6	1
9	Basal Cortisol Levels Are Increased in Patients with Mild Cognitive Impairment: Role of Insomnia and Short Sleep Duration. <i>Journal of Alzheimer's Disease</i> , 2022, 87, 933-944.	2.6	8
10	Association of insomnia phenotypes based on polysomnography-measured sleep duration with suicidal ideation and attempts. <i>Sleep Health</i> , 2022, , 712.	2.5	7
11	Natural history of insomnia symptoms in the transition from childhood to adolescence: population rates, health disparities, and risk factors. <i>Sleep</i> , 2021, 44, .	1.1	20
12	Insomnia with objective short sleep duration is associated with cognitive impairment: a first look at cardiometabolic contributors to brain health. <i>Sleep</i> , 2021, 44, .	1.1	25
13	Effect of trazodone versus cognitiveâ€“behavioural treatment on highâ€“and slowâ€“frequency activity during nonâ€“rapid eye movement sleep in chronic insomnia: A pilot, randomized clinical trial. <i>Journal of Sleep Research</i> , 2021, 30, e13324.	3.2	7
14	Response to: Real effect vs placebo effect. <i>Journal of Clinical Sleep Medicine</i> , 2021, 17, 1143-1144.	2.6	0
15	Arousability as a trait predisposition to insomnia: multidimensional structure and clinical utility of the Spanish and English versions of the Arousal Predisposition Scale. <i>Sleep Medicine</i> , 2021, 81, 235-243.	1.6	4
16	Sex and Pubertal Differences in the Maturational Trajectories of Sleep Spindles in the Transition from Childhood to Adolescence: A Population-Based Study. <i>ENeuro</i> , 2021, 8, ENEURO.0257-21.2021.	1.9	11
17	Association of Pediatric Obstructive Sleep Apnea With Elevated Blood Pressure and Orthostatic Hypertension in Adolescence. <i>JAMA Cardiology</i> , 2021, 6, 1144.	6.1	29
18	Maturational trajectories of non-rapid eye movement slow wave activity and odds ratio product in a population-based sample of youth. <i>Sleep Medicine</i> , 2021, 83, 271-279.	1.6	10

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19	Short-term and Intermediate-term Fine Particulate Air Pollution are Synergistically Associated with Habitual Sleep Variability in Adolescents. ISEE Conference Abstracts, 2021, 2021, .	0.0	0
20	Sleep duration and metabolic syndrome: An updated systematic review and meta-analysis. Sleep Medicine Reviews, 2021, 59, 101451.	8.5	40
21	Effect of Continuous Positive Airway Pressure on Weight and Local Adiposity in Adults with Obstructive Sleep Apnea: A Meta-Analysis. Annals of the American Thoracic Society, 2021, 18, 1717-1727.	3.2	12
22	Clinical Significance and Cut-Off Scores for the Pre-Sleep Arousal Scale in Chronic Insomnia Disorder: A Replication in a Clinical Sample. Behavioral Sleep Medicine, 2020, 18, 705-718.	2.1	26
23	Objective short sleep duration increases the risk of all-cause mortality associated with possible vascular cognitive impairment. Sleep Health, 2020, 6, 71-78.	2.5	29
24	Insomnia and psychological reactions during the COVID-19 outbreak in China. Journal of Clinical Sleep Medicine, 2020, 16, 1417-1418.	2.6	168
25	Association of visceral adiposity and systemic inflammation with sleep disordered breathing in normal weight, never obese adolescents. Sleep Medicine, 2020, 69, 103-108.	1.6	10
26	Sleep disorders in Wilson disease: a systematic review and meta-analysis. Journal of Clinical Sleep Medicine, 2020, 16, 219-230.	2.6	11
27	Effects of trazodone versus cognitive behavioral therapy in the insomnia with short sleep duration phenotype: a preliminary study. Journal of Clinical Sleep Medicine, 2020, 16, 2009-2019.	2.6	33
28	Abstract MP23: Interplay of Cognitive Impairment and Short Sleep Duration on Cardiovascular and Cerebrovascular Mortality. Circulation, 2020, 141, .	1.6	0
29	Childhood high-frequency EEG activity during sleep is associated with incident insomnia symptoms in adolescence. Journal of Child Psychology and Psychiatry and Allied Disciplines, 2019, 60, 742-751.	5.2	12
30	0735 Longitudinal Association of the Natural Course of Childhood Overweight with Sleep Disordered Breathing in the Transition to Adolescence: The Penn State Child Cohort. Sleep, 2019, 42, A295-A295.	1.1	0
31	0864 Objective Short Sleep Duration Increases the Risk of All-Cause and Cause-Specific Mortality Associated with Cognitive Impairment. Sleep, 2019, 42, A346-A348.	1.1	0
32	0504 Mortality Risk Associated with Mild-to-Moderate Sleep Apnea is Modified by Age. Sleep, 2019, 42, A202-A202.	1.1	1
33	Interplay of Objective Sleep Duration and Cardiovascular and Cerebrovascular Diseases on Cause-specific Mortality. Journal of the American Heart Association, 2019, 8, e013043.	3.7	35
34	0354 Trait and State Arousal in Insomnia: Utility of Patient-reported Emotional Reactivity and Somatic Arousal in Clinical Samples. Sleep, 2019, 42, A144-A145.	1.1	0
35	0758 Natural History of Insomnia Symptoms from Childhood through Adolescence into Young Adulthood: The Penn State Child Cohort. Sleep, 2019, 42, A304-A305.	1.1	0
36	Obesity and Sleep Disturbances. , 2019, , 123-142.		1

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37	0437 Differences of Electroencephalogram Activity during Nonrapid Eye Movement Sleep between Objective and Subjective Daytime Sleepiness in Sleep Apnea Patients. <i>Sleep</i> , 2019, 42, A176-A177.	1.1	0
38	Am I (hyper)aroused or anxious? Clinical significance of pre-sleep somatic arousal in young adults. <i>Journal of Sleep Research</i> , 2019, 28, e12829.	3.2	28
39	0355 Insomnia with Objective Short Sleep Duration is Associated with Cognitive Impairment: A Closer Look at Cardiometabolic Brain Health. <i>Sleep</i> , 2019, 42, A145-A145.	1.1	1
40	0488 Poor Sleep and Daytime Sleepiness Increase the Risk of Hypertension Associated with Mild-to-Moderate Obstructive Sleep Apnea: Age Effect. <i>Sleep</i> , 2019, 42, A195-A196.	1.1	0
41	Mild-to-moderate sleep apnea is associated with incident hypertension: age effect. <i>Sleep</i> , 2019, 42, .	1.1	36
42	Abstract MP26: Visceral Obesity and Systemic Inflammation Predict Sleep Disordered Breathing in Normal Weight, Never Obese Adolescents: A Longitudinal, Population-Based Study. <i>Circulation</i> , 2019, 139, .	1.6	0
43	Abstract P275: Objective Short Sleep Duration Increases the Risk of Cancer Mortality Associated With Cardiovascular and Cerebrovascular Disease. <i>Circulation</i> , 2019, 139, .	1.6	0
44	Abstract MP52: Racial Disparity in Habitual Sleep Pattern Among Adolescents is Modified by Caloric Intake. <i>Circulation</i> , 2019, 139, .	1.6	0
45	Altered ultradian cortisol rhythmicity as a potential neurobiologic substrate for chronic insomnia. <i>Sleep Medicine Reviews</i> , 2018, 41, 234-243.	8.5	67
46	Obstructive sleep apnea and the metabolic syndrome: The road to clinically-meaningful phenotyping, improved prognosis, and personalized treatment. <i>Sleep Medicine Reviews</i> , 2018, 42, 211-219.	8.5	148
47	Neurocognitive and behavioral significance of periodic limb movements during sleep in adolescents with attention-deficit/hyperactivity disorder. <i>Sleep</i> , 2018, 41, .	1.1	19
48	Abstract P129: Association Between Blood Pressure and DNA Methylation in Blood Pressure-related Genes in Adolescents. <i>Circulation</i> , 2018, 137, .	1.6	0
49	Abstract P337: Adolescent Sleep is Associated With Physical Activity and Sedentary Behavior Patterns. <i>Circulation</i> , 2018, 137, .	1.6	0
50	Abstract P343: Sex Differences in Cardiovascular/Cerebrovascular Mortality Risk Associated With Chronic Insomnia. <i>Circulation</i> , 2018, 137, .	1.6	0
51	Abstract P339: Impaired Cardiac Autonomic Modulation in Adolescents: Role of Insomnia Symptoms, Objective Short Sleep Duration and Night-To-Night Sleep Variability. <i>Circulation</i> , 2018, 137, .	1.6	0
52	Short Telomere Length and Endophenotypes in Sleep Medicine. <i>Journal of Clinical Sleep Medicine</i> , 2018, 14, 1975-1977.	2.6	1
53	Behavioral Profiles Associated with Objective Sleep Duration in Young Children with Insomnia Symptoms. <i>Journal of Abnormal Child Psychology</i> , 2017, 45, 337-344.	3.5	32
54	Insomnia symptoms with objective short sleep duration are associated with systemic inflammation in adolescents. <i>Brain, Behavior, and Immunity</i> , 2017, 61, 110-116.	4.1	106

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55	Increased inflammation from childhood to adolescence predicts sleep apnea in boys: A preliminary study. <i>Brain, Behavior, and Immunity</i> , 2017, 64, 259-265.	4.1	25
56	Objective short sleep duration modifies the relationship between hypertension and all-cause mortality. <i>Journal of Hypertension</i> , 2017, 35, 830-836.	0.5	20
57	Impact of the Metabolic Syndrome on Mortality is Modified by Objective Short Sleep Duration. <i>Journal of the American Heart Association</i> , 2017, 6, .	3.7	40
58	C-reactive protein improves the ability to detect cardiometabolic risk in mild-to-moderate obstructive sleep apnea. <i>Physiological Reports</i> , 2017, 5, e13454.	1.7	10
59	Objective, but Not Subjective, Sleepiness is Associated With Inflammation in Sleep Apnea. <i>Sleep</i> , 2017, 40, .	1.1	64
60	Obstructive sleep apnoea and depression: is there an association?. <i>European Respiratory Journal</i> , 2017, 49, 1700858.	6.7	12
61	Insomnia and Health. , 2017, , 794-803.e5.		3
62	Abstract MP085: Cognitive Impairment Mediates the Impact of Short Sleep Duration on Mortality in Individuals with Cardiovascular or Cerebrovascular Disease. <i>Circulation</i> , 2017, 135, .	1.6	0
63	Abstract P354: Objective Short Sleep Duration Increases the Risk of Mortality Associated with the Metabolic Syndrome. <i>Circulation</i> , 2017, 135, .	1.6	0
64	Insomnia Phenotypes Based on Objective Sleep Duration in Adolescents: Depression Risk and Differential Behavioral Profiles. <i>Brain Sciences</i> , 2016, 6, 59.	2.3	35
65	Inflammation mediates the association between visceral adiposity and obstructive sleep apnea in adolescents. <i>American Journal of Physiology - Endocrinology and Metabolism</i> , 2016, 311, E851-E858.	3.5	56
66	CrossTalk proposal: Metabolic syndrome causes sleep apnoea. <i>Journal of Physiology</i> , 2016, 594, 4687-4690.	2.9	28
67	Rebuttal from Alexandros N. Vgontzas, Jordan Gaines, Silke Ryan and Walter T. McNicholas. <i>Journal of Physiology</i> , 2016, 594, 4695-4695.	2.9	0
68	Insomnia is Associated with Cortical Hyperarousal as Early as Adolescence. <i>Sleep</i> , 2016, 39, 1029-1036.	1.1	100
69	Natural history of sleep disordered breathing in prepubertal children transitioning to adolescence. <i>European Respiratory Journal</i> , 2016, 47, 1402-1409.	6.7	56
70	Moderate sleep apnoea: a "silent" disorder, or not a disorder at all?. <i>European Respiratory Journal</i> , 2016, 47, 23-26.	6.7	16
71	Sleep apnoea and the hypothalamic-pituitary-adrenal axis in men and women: effects of continuous positive airway pressure. <i>European Respiratory Journal</i> , 2016, 47, 531-540.	6.7	66
72	Abstract MP94: Short Sleep Duration Modifies the Relationship Between Cognitive Impairment Associated with Cardiovascular Disease and All-cause Mortality. <i>Circulation</i> , 2016, 133, .	1.6	0

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73	Insomnia and incident depression: role of objective sleep duration and natural history. <i>Journal of Sleep Research</i> , 2015, 24, 390-398.	3.2	116
74	Short- and Long-Term Sleep Stability in Insomniacs and Healthy Controls. <i>Sleep</i> , 2015, 38, 1727-1734.	1.1	43
75	Natural History of Excessive Daytime Sleepiness: Role of Obesity, Weight Loss, Depression, and Sleep Propensity. <i>Sleep</i> , 2015, 38, 351-360.	1.1	106
76	Chronic fatigue syndrome and fibromyalgia in diagnosed sleep disorders: a further test of the "unitary" hypothesis. <i>BMC Neurology</i> , 2015, 15, 53.	1.8	19
77	Insomnia With Physiological Hyperarousal Is Associated With Hypertension. <i>Hypertension</i> , 2015, 65, 644-650.	2.7	113
78	Sleep variability and cardiac autonomic modulation in adolescents " Penn State Child Cohort (PSCC) study. <i>Sleep Medicine</i> , 2015, 16, 67-72.	1.6	37
79	Gender differences in the association of sleep apnea and inflammation. <i>Brain, Behavior, and Immunity</i> , 2015, 47, 211-217.	4.1	37
80	Metabolic syndrome burden in apparently healthy adolescents is adversely associated with cardiac autonomic modulation" Penn State Children Cohort. <i>Metabolism: Clinical and Experimental</i> , 2015, 64, 626-632.	3.4	30
81	Sleep apnoea, sleepiness, inflammation and insulin resistance in middle-aged males and females. <i>European Respiratory Journal</i> , 2014, 43, 145-155.	6.7	104
82	Cognitive"emotional hyperarousal in the offspring of parents vulnerable to insomnia: a nuclear family study. <i>Journal of Sleep Research</i> , 2014, 23, 489-498.	3.2	53
83	Insomnia symptoms, objective sleep duration and hypothalamic"pituitary"adrenal activity in children. <i>European Journal of Clinical Investigation</i> , 2014, 44, 493-500.	3.4	56
84	Prevalence of insomnia symptoms in a general population sample of young children and preadolescents: gender effects. <i>Sleep Medicine</i> , 2014, 15, 91-95.	1.6	174
85	Subjective short sleep duration: what does it mean?. <i>Sleep Medicine Reviews</i> , 2014, 18, 291-292.	8.5	11
86	Insomnia and its Impact on Physical and Mental Health. <i>Current Psychiatry Reports</i> , 2013, 15, 418.	4.5	199
87	Insomnia With Short Sleep Duration. <i>Sleep Medicine Clinics</i> , 2013, 8, 309-322.	2.6	57
88	Insomnia with objective short sleep duration: The most biologically severe phenotype of the disorder. <i>Sleep Medicine Reviews</i> , 2013, 17, 241-254.	8.5	572
89	Response to Poor Sleep With Normal Sleep Duration: A Preventive Effect on Incident Hypertension. <i>Hypertension</i> , 2013, 61, e12.	2.7	1
90	Sleep apnoea and visceral adiposity in middle-aged male and female subjects. <i>European Respiratory Journal</i> , 2013, 41, 601-609.	6.7	99

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91	Objective Measures are Useful in Subtyping Chronic Insomnia. <i>Sleep</i> , 2013, 36, 1125-1126.	1.1	5
92	Persistent Insomnia: the Role of Objective Short Sleep Duration and Mental Health. <i>Sleep</i> , 2012, 35, 61-68.	1.1	94
93	Clinical and Polysomnographic Predictors of the Natural History of Poor Sleep in the General Population. <i>Sleep</i> , 2012, 35, 689-697.	1.1	104
94	Insomnia With Objective Short Sleep Duration and Incident Hypertension. <i>Hypertension</i> , 2012, 60, 929-935.	2.7	329
95	Risk factors for incident chronic insomnia: A general population prospective study. <i>Sleep Medicine</i> , 2012, 13, 346-353.	1.6	213
96	Obesity and Sleep. , 2012, , 291-301.		0
97	Is there a link between mild sleep disordered breathing and psychiatric and psychosomatic disorders?. <i>Sleep Medicine Reviews</i> , 2011, 15, 403-405.	8.5	6
98	Insomnia and Mortality. <i>Sleep</i> , 2011, 34, 557-558.	1.1	4
99	Prevalence and Risk Factors of Excessive Daytime Sleepiness in a Community Sample of Young Children: The Role of Obesity, Asthma, Anxiety/Depression, and Sleep. <i>Sleep</i> , 2011, 34, 503-507.	1.1	116
100	Sleep Misperception and Chronic Insomnia in the General Population: Role of Objective Sleep Duration and Psychological Profiles. <i>Psychosomatic Medicine</i> , 2011, 73, 88-97.	2.0	204
101	Insomnia Symptoms and Sleep Duration Are Associated with Impaired Cardiac Autonomic Modulation in Children. <i>Neuroscience and Medicine</i> , 2011, 02, 288-294.	0.2	6
102	Cognitive-Emotional Hyperarousal as a Premorbid Characteristic of Individuals Vulnerable to Insomnia. <i>Psychosomatic Medicine</i> , 2010, 72, 397-403.	2.0	193
103	Insomnia with Objective Short Sleep Duration is Associated with Deficits in Neuropsychological Performance: A General Population Study. <i>Sleep</i> , 2010, 33, 459-465.	1.1	196
104	Leptin and hunger levels in young healthy adults after one night of sleep loss. <i>Journal of Sleep Research</i> , 2010, 19, 552-558.	3.2	104
105	Obesity and Sleep: A Bidirectional Association?. <i>Sleep</i> , 2010, 33, 573-574.	1.1	31
106	Insomnia with Short Sleep Duration and Mortality: The Penn State Cohort. <i>Sleep</i> , 2010, 33, 1159-1164.	1.1	331
107	Sleep-Disordered Breathing in Obese Children Is Associated with Prevalent Excessive Daytime Sleepiness, Inflammation, and Metabolic Abnormalities. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2010, 95, 143-150.	3.6	82
108	Neurobiological Disturbances in Insomnia: Clinical Utility of Objective Measures of Sleep. <i>Medical Psychiatry</i> , 2010, , 65-76.	0.2	4

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109	Prenatal and Perinatal Complications: Is It the Link Between Race and SES and Childhood Sleep Disordered Breathing?. <i>Journal of Clinical Sleep Medicine</i> , 2010, 06, 264-269.	2.6	43
110	Fatigue or Daytime Sleepiness?. <i>Journal of Clinical Sleep Medicine</i> , 2010, 06, 405-405.	2.6	11
111	Prenatal and perinatal complications: is it the link between race and SES and childhood sleep disordered breathing?. <i>Journal of Clinical Sleep Medicine</i> , 2010, 6, 264-9.	2.6	21
112	Fatigue or daytime sleepiness?. <i>Journal of Clinical Sleep Medicine</i> , 2010, 6, 405.	2.6	3
113	Insomnia with Objective Short Sleep Duration is Associated with a High Risk for Hypertension. <i>Sleep</i> , 2009, , .	1.1	1
114	Insomnia and Hypertension. <i>Sleep</i> , 2009, 32, 1547-1547.	1.1	13
115	Nighttime sleep and daytime functioning correlates of the insomnia complaint in young adults. <i>Journal of Adolescence</i> , 2009, 32, 1059-1074.	2.4	51
116	Obesity and Self-Reported Short Sleep Duration: A Marker of Sleep Complaints and Chronic Psychosocial Stress. <i>Sleep Medicine Clinics</i> , 2009, 4, 65-75.	2.6	6
117	Insomnia With Objective Short Sleep Duration Is Associated With Type 2 Diabetes. <i>Diabetes Care</i> , 2009, 32, 1980-1985.	8.6	442
118	Insomnia with Objective Short Sleep Duration is Associated with a High Risk for Hypertension. <i>Sleep</i> , 2009, 32, 491-497.	1.1	629
119	Sleep Disordered Breathing in Children in a General Population Sample: Prevalence and Risk Factors. <i>Sleep</i> , 2009, 32, 731-736.	1.1	531
120	No Relationship between Neurocognitive Functioning and Mild Sleep Disordered Breathing in a Community Sample of Children. <i>Journal of Clinical Sleep Medicine</i> , 2009, 05, 228-234.	2.6	36
121	Medical Complaints Are More Common in Young School-Aged Children with Parent Reported Insomnia Symptoms. <i>Journal of Clinical Sleep Medicine</i> , 2009, 05, 549-553.	2.6	25
122	Medical complaints are more common in young school-aged children with parent reported insomnia symptoms. <i>Journal of Clinical Sleep Medicine</i> , 2009, 5, 549-53.	2.6	11
123	Does obesity play a major role in the pathogenesis of sleep apnoea and its associated manifestations via inflammation, visceral adiposity, and insulin resistance?. <i>Archives of Physiology and Biochemistry</i> , 2008, 114, 211-223.	2.1	161
124	Sleep Disorders and Medical Conditions in Women. <i>Journal of Women's Health</i> , 2008, 17, 1191-1199.	3.3	57
125	Obesity and sleep disturbances: Meaningful sub-typing of obesity. <i>Archives of Physiology and Biochemistry</i> , 2008, 114, 224-236.	2.1	63
126	Blood Pressure Associated With Sleep-Disordered Breathing in a Population Sample of Children. <i>Hypertension</i> , 2008, 52, 841-846.	2.7	140

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127	Sleep Is Increased By Weight Gain and Decreased By Weight Loss in Mice. <i>Sleep</i> , 2008, 31, 627-633.	1.1	50
128	Short Sleep and Obesity: Are Poor Sleep, Chronic Stress, and Unhealthy Behaviors the Link?. <i>Sleep</i> , 2008, , .	1.1	12
129	Lack of Regular Exercise, Depression, and Degree of Apnea are Predictors of Excessive Daytime Sleepiness in Patients with Sleep Apnea: Sex Differences. <i>Journal of Clinical Sleep Medicine</i> , 2008, 4, 19-25.	2.6	103
130	Lack of regular exercise, depression, and degree of apnea are predictors of excessive daytime sleepiness in patients with sleep apnea: sex differences. <i>Journal of Clinical Sleep Medicine</i> , 2008, 4, 19-25.	2.6	50
131	Short sleep and obesity: are poor sleep, chronic stress, and unhealthy behaviors the link?. <i>Sleep</i> , 2008, 31, 1203.	1.1	25
132	Sleep Apnea and its Association with the Stress System, Inflammation, Insulin Resistance and Visceral Obesity. <i>Sleep Medicine Clinics</i> , 2007, 2, 251-261.	2.6	42
133	Chronic Insomnia and the Stress System. <i>Sleep Medicine Clinics</i> , 2007, 2, 279-291.	2.6	212
134	Plasma interleukin 6 levels are elevated in polycystic ovary syndrome independently of obesity or sleep apnea. <i>Metabolism: Clinical and Experimental</i> , 2006, 55, 1076-1082.	3.4	103
135	Sleep is increased in mice with obesity induced by high-fat food. <i>Physiology and Behavior</i> , 2006, 87, 255-262.	2.1	104
136	Obesity-Related Sleepiness and Fatigue: The Role of the Stress System and Cytokines. <i>Annals of the New York Academy of Sciences</i> , 2006, 1083, 329-344.	3.8	179
137	Endocrine and Metabolic Disorders and Sleep. , 2005, , 745-757.		0
138	The Diagnosis and Treatment of Chronic Insomnia in Adults. <i>Sleep</i> , 2005, 28, 1047-1048.	1.1	14
139	Sleep apnea is a manifestation of the metabolic syndrome. <i>Sleep Medicine Reviews</i> , 2005, 9, 211-224.	8.5	468
140	Impaired Nighttime Sleep in Healthy Old <i> Versus</i> Young Adults Is Associated with Elevated Plasma Interleukin-6 and Cortisol Levels: Physiologic and Therapeutic Implications. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2003, 88, 2087-2095.	3.6	211
141	Sleep, the hypothalamicâ€“pituitaryâ€“adrenal axis, and cytokines: multiple interactions and disturbances in sleep disorders. <i>Endocrinology and Metabolism Clinics of North America</i> , 2002, 31, 15-36.	3.2	309
142	Polycystic Ovary Syndrome Is Associated with Obstructive Sleep Apnea and Daytime Sleepiness: Role of Insulin Resistance¹. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2001, 86, 517-520.	3.6	284
143	Chronic Insomnia Is Associated with Nyctohemeral Activation of the Hypothalamic-Pituitary-Adrenal Axis: Clinical Implications. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2001, 86, 3787-3794.	3.6	705
144	Middle-Aged Men Show Higher Sensitivity of Sleep to the Arousing Effects of Corticotropin-Releasing Hormone Than Young Men: Clinical Implications. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2001, 86, 1489-1495.	3.6	119

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145	Middle-Aged Men Show Higher Sensitivity of Sleep to the Arousing Effects of Corticotropin-Releasing Hormone Than Young Men: Clinical Implications. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2001, 86, 1489-1495.	3.6	42
146	Chronic Insomnia Is Associated with Nyctohemeral Activation of the Hypothalamic-Pituitary-Adrenal Axis: Clinical Implications. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2001, 86, 3787-3794.	3.6	159
147	Differences in Nocturnal and Daytime Sleep Between Primary and Psychiatric Hypersomnia: Diagnostic and Treatment Implications. <i>Psychosomatic Medicine</i> , 2000, 62, 220-226.	2.0	73
148	Association of Hypertension and Sleep-Disordered Breathing. <i>Archives of Internal Medicine</i> , 2000, 160, 2289.	3.8	442
149	Sleep Apnea and Daytime Sleepiness and Fatigue: Relation to Visceral Obesity, Insulin Resistance, and Hypercytokinemia. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2000, 85, 1151-1158.	3.6	1,024
150	Sleep Apnea and Daytime Sleepiness and Fatigue: Relation to Visceral Obesity, Insulin Resistance, and Hypercytokinemia. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2000, 85, 1151-1158.	3.6	335
151	Circadian Interleukin-6 Secretion and Quantity and Depth of Sleep. <i>Journal of Clinical Endocrinology and Metabolism</i> , 1999, 84, 2603-2607.	3.6	423
152	Sleep deprivation effects on the activity of the hypothalamic-pituitary-adrenal and growth axes: potential clinical implications. <i>Clinical Endocrinology</i> , 1999, 51, 205-215.	2.4	203
153	Chronic insomnia and activity of the stress system. <i>Journal of Psychosomatic Research</i> , 1998, 45, 21-31.	2.6	346
154	Obesity Without Sleep Apnea Is Associated With Daytime Sleepiness. <i>Archives of Internal Medicine</i> , 1998, 158, 1333.	3.8	272
155	Rapid Eye Movement Sleep Correlates with the Overall Activities of the Hypothalamic-Pituitary-Adrenal Axis and Sympathetic System in Healthy Humans. <i>Journal of Clinical Endocrinology and Metabolism</i> , 1997, 82, 3278-3280.	3.6	50
156	Elevation of Plasma Cytokines in Disorders of Excessive Daytime Sleepiness: Role of Sleep Disturbance and Obesity. <i>Journal of Clinical Endocrinology and Metabolism</i> , 1997, 82, 1313-1316.	3.6	841
157	Rapid Eye Movement Sleep Correlates with the Overall Activities of the Hypothalamic-Pituitary-Adrenal Axis and Sympathetic System in Healthy Humans. <i>Journal of Clinical Endocrinology and Metabolism</i> , 1997, 82, 3278-3280.	3.6	12
158	Relationship of sleep abnormalities to patient genotypes in Prader-Willi syndrome. , 1996, 67, 478-482.		69
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