

# Luke Gupta

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/6376418/publications.pdf>

Version: 2024-02-01

5  
papers

483  
citations

1937457

4  
h-index

2053595

5  
g-index

5  
all docs

5  
docs citations

5  
times ranked

570  
citing authors

#	ARTICLE	IF	CITATIONS
1	Does Elite Sport Degrade Sleep Quality? A Systematic Review. Sports Medicine, 2017, 47, 1317-1333.	3.1	247
2	Sleep and the athlete: narrative review and 2021 expert consensus recommendations. British Journal of Sports Medicine, 2021, 55, 356-368.	3.1	208
3	When research leads to learning, but not action in high performance sport. Progress in Brain Research, 2018, 240, 201-217.	0.9	16
4	Napping in high performance athletes: Sleepiness or sleepability?. European Journal of Sport Science, 2021, 21, 321-330.	1.4	10
5	Author's Reply to Bender and Samuels "Does Elite Sport Degrade Sleep Quality? A Systematic Review". Sports Medicine, 2017, 47, 1455-1456.	3.1	2