

Ryuji Ochiai

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

27
papers

853
citations

15
h-index

28
g-index

28
ext. papers

935
ext. citations

3.3
avg, IF

3.56
L-index

| # | Paper | IF | Citations |
|----|--|-----|-----------|
| 27 | Effects of Chlorogenic Acids on Menopausal Symptoms in Healthy Women: A Randomized, Placebo-Controlled, Double-Blind, Parallel-Group Trial. <i>Nutrients</i> , 2020 , 12, | 6.7 | 2 |
| 26 | Diurnal repeated exercise promotes slow-wave activity and fast-sigma power during sleep with increase in body temperature: a human crossover trial. <i>Journal of Applied Physiology</i> , 2019 , 127, 168-177 ³⁻⁷ | | 10 |
| 25 | Milk-Fat Globule Membrane Plus Glucosamine Improves Joint Function and Physical Performance: A Randomized, Double-Blind, Placebo-Controlled, Parallel-Group Study. <i>Journal of Nutritional Science and Vitaminology</i> , 2019 , 65, 242-250 | 1.1 | 4 |
| 24 | Effect of Chlorogenic Acids on Cognitive Function in Mild Cognitive Impairment: A Randomized Controlled Crossover Trial. <i>Journal of Alzheimers Disease</i> , 2019 , 72, 1209-1216 | 4.3 | 20 |
| 23 | Effects of dietary supplementation with milk fat globule membrane on the physical performance of community-dwelling Japanese adults: a randomised, double-blind, placebo-controlled trial. <i>Journal of Nutritional Science</i> , 2018 , 7, e18 | 2.7 | 5 |
| 22 | Effect of Chlorogenic Acids on Cognitive Function: A Randomized, Double-Blind, Placebo-Controlled Trial. <i>Nutrients</i> , 2018 , 10, | 6.7 | 29 |
| 21 | Effect of chlorogenic acids on fatigue and sleep in healthy males: A randomized, double-blind, placebo-controlled, crossover study. <i>Food Science and Nutrition</i> , 2018 , 6, 2530-2536 | 3.2 | 4 |
| 20 | Effect of Chlorogenic Acid Intake on Cognitive Function in the Elderly: A Pilot Study. <i>Evidence-based Complementary and Alternative Medicine</i> , 2018 , 2018, 8608497 | 2.3 | 25 |
| 19 | Effects of subacute ingestion of chlorogenic acids on sleep architecture and energy metabolism through activity of the autonomic nervous system: a randomised, placebo-controlled, double-blinded cross-over trial. <i>British Journal of Nutrition</i> , 2017 , 117, 979-984 | 3.6 | 31 |
| 18 | Safety evaluation of the consumption of high dose milk fat globule membrane in healthy adults: a double-blind, randomized controlled trial with parallel group design. <i>Bioscience, Biotechnology and Biochemistry</i> , 2015 , 79, 1172-7 | 2.1 | 7 |
| 17 | Coffee bean polyphenols ameliorate postprandial endothelial dysfunction in healthy male adults. <i>International Journal of Food Sciences and Nutrition</i> , 2015 , 66, 350-4 | 3.7 | 32 |
| 16 | Coffee polyphenols improve peripheral endothelial function after glucose loading in healthy male adults. <i>Nutrition Research</i> , 2014 , 34, 155-9 | 4 | 44 |
| 15 | Association of dietary factors with abdominal subcutaneous and visceral adiposity in Japanese men. <i>Obesity Research and Clinical Practice</i> , 2014 , 8, e16-25 | 5.4 | 14 |
| 14 | Relationship between sense of coherence and lifestyle in middle-aged workers in Japan. <i>Health</i> , 2012 , 04, 20-25 | 0.4 | 2 |
| 13 | Green tea catechins improve human forearm vascular function and have potent anti-inflammatory and anti-apoptotic effects in smokers. <i>Internal Medicine</i> , 2010 , 49, 2553-9 | 1.1 | 29 |
| 12 | Green tea catechins improve human forearm endothelial dysfunction and have antiatherosclerotic effects in smokers. <i>Circulation Journal</i> , 2010 , 74, 578-88 | 2.9 | 55 |
| 11 | Effects of hydroxyhydroquinone-reduced coffee on vasoreactivity and blood pressure. <i>Hypertension Research</i> , 2009 , 32, 969-74 | 4.7 | 36 |

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|----|--|-----|-----|
| 10 | Effects of Hydroxyhydroquinone-reduced Coffee in Patients with Essential Hypertension. <i>Journal of Health Science</i> , 2008 , 54, 302-309 | | 9 |
| 9 | Effects of Hydroxyhydroquinone-reduced Coffee on Blood Pressure in High-normotensives and Mild Hypertensives. <i>Journal of Health Science</i> , 2008 , 54, 162-173 | | 12 |
| 8 | Liquid chromatography-electrospray ionization-tandem mass spectrometry for simultaneous analysis of chlorogenic acids and their metabolites in human plasma. <i>Journal of Chromatography B: Analytical Technologies in the Biomedical and Life Sciences</i> , 2007 , 858, 96-105 | 3.2 | 47 |
| 7 | Green coffee bean extract improves human vasoreactivity. <i>Hypertension Research</i> , 2004 , 27, 731-7 | 4.7 | 103 |
| 6 | The sedative effects and mechanism of action of cedrol inhalation with behavioral pharmacological evaluation. <i>Planta Medica</i> , 2003 , 69, 637-41 | 3.1 | 53 |
| 5 | Green coffee bean extract and its metabolites have a hypotensive effect in spontaneously hypertensive rats. <i>Hypertension Research</i> , 2002 , 25, 99-107 | 4.7 | 113 |
| 4 | Short- and long-term effects of ferulic acid on blood pressure in spontaneously hypertensive rats. <i>American Journal of Hypertension</i> , 2002 , 15, 351-7 | 2.3 | 137 |
| 3 | Formation of (η -Cyclopentadienyl)(1,2-ethylenedithiolato, 1,2-ethylenediselenolato, and 2-selenolatoethylenethiolato-S,Se)cobalt(III) Complexes in a One-Pot-Reaction of (η -Cyclopentadienyl)(1,5-cyclooctadiene or dicarbonyl)cobalt(I) with Alkyne and a Mixture of S and Se | 5.1 | 23 |
| 2 | Reactions of (η -Cyclopentadienyl)(1,5-cyclooctadiene)cobalt(I), Diphenylacetylene, and a Mixture of S and Se. Formation of (η -Cyclopentadienyl)(1,2-diphenyl-2-selenolatoethylenethiolato-S,Se)cobalt(III) Complex. <i>Chemistry Letters</i> , 1987 , 16, 245-248 | 1.7 | 4 |
| 1 | Catalysis of elemental selenium and tellurium in the formation of thiophene derivatives from alkyne and elemental sulfur.. <i>Nippon Kagaku Kaishi / Chemical Society of Japan - Chemistry and Industrial Chemistry Journal</i> , 1987 , 1987, 1464-1468 | | 3 |