

# Ryuji Ochiai

## List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

27  
papers

853  
citations

15  
h-index

28  
g-index

28  
ext. papers

935  
ext. citations

3.3  
avg, IF

3.56  
L-index

#	Paper	IF	Citations
27	Short- and long-term effects of ferulic acid on blood pressure in spontaneously hypertensive rats. <i>American Journal of Hypertension</i> , <b>2002</b> , 15, 351-7	2.3	137
26	Green coffee bean extract and its metabolites have a hypotensive effect in spontaneously hypertensive rats. <i>Hypertension Research</i> , <b>2002</b> , 25, 99-107	4.7	113
25	Green coffee bean extract improves human vasoreactivity. <i>Hypertension Research</i> , <b>2004</b> , 27, 731-7	4.7	103
24	Green tea catechins improve human forearm endothelial dysfunction and have antiatherosclerotic effects in smokers. <i>Circulation Journal</i> , <b>2010</b> , 74, 578-88	2.9	55
23	The sedative effects and mechanism of action of cedrol inhalation with behavioral pharmacological evaluation. <i>Planta Medica</i> , <b>2003</b> , 69, 637-41	3.1	53
22	Liquid chromatography-electrospray ionization-tandem mass spectrometry for simultaneous analysis of chlorogenic acids and their metabolites in human plasma. <i>Journal of Chromatography B: Analytical Technologies in the Biomedical and Life Sciences</i> , <b>2007</b> , 858, 96-105	3.2	47
21	Coffee polyphenols improve peripheral endothelial function after glucose loading in healthy male adults. <i>Nutrition Research</i> , <b>2014</b> , 34, 155-9	4	44
20	Effects of hydroxyhydroquinone-reduced coffee on vasoreactivity and blood pressure. <i>Hypertension Research</i> , <b>2009</b> , 32, 969-74	4.7	36
19	Coffee bean polyphenols ameliorate postprandial endothelial dysfunction in healthy male adults. <i>International Journal of Food Sciences and Nutrition</i> , <b>2015</b> , 66, 350-4	3.7	32
18	Effects of subacute ingestion of chlorogenic acids on sleep architecture and energy metabolism through activity of the autonomic nervous system: a randomised, placebo-controlled, double-blinded cross-over trial. <i>British Journal of Nutrition</i> , <b>2017</b> , 117, 979-984	3.6	31
17	Green tea catechins improve human forearm vascular function and have potent anti-inflammatory and anti-apoptotic effects in smokers. <i>Internal Medicine</i> , <b>2010</b> , 49, 2553-9	1.1	29
16	Effect of Chlorogenic Acids on Cognitive Function: A Randomized, Double-Blind, Placebo-Controlled Trial. <i>Nutrients</i> , <b>2018</b> , 10,	6.7	29
15	Effect of Chlorogenic Acid Intake on Cognitive Function in the Elderly: A Pilot Study. <i>Evidence-based Complementary and Alternative Medicine</i> , <b>2018</b> , 2018, 8608497	2.3	25
14	Formation of (E-cyclopentadienyl)(1,2-ethylenedithiolato, 1,2-ethylenediselenolato, and 2-selenolatoethylenethiolato-S,Se)cobalt(III) Complexes in a One-Pot-Reaction of (E-cyclopentadienyl)(1,5-cyclooctadiene or dicarbonyl)cobalt(I) with Alkyne and a Mixture of S8 and Se8. <i>Bulletin of the Chemical Society of Japan</i> , <b>1989</b> , 62, 3266-3271	5.1	23
13	Effect of Chlorogenic Acids on Cognitive Function in Mild Cognitive Impairment: A Randomized Controlled Crossover Trial. <i>Journal of Alzheimer's Disease</i> , <b>2019</b> , 72, 1209-1216	4.3	20
12	Association of dietary factors with abdominal subcutaneous and visceral adiposity in Japanese men. <i>Obesity Research and Clinical Practice</i> , <b>2014</b> , 8, e16-25	5.4	14
11	Effects of Hydroxyhydroquinone-reduced Coffee on Blood Pressure in High-normotensives and Mild Hypertensives. <i>Journal of Health Science</i> , <b>2008</b> , 54, 162-173		12

10	Diurnal repeated exercise promotes slow-wave activity and fast-sigma power during sleep with increase in body temperature: a human crossover trial. <i>Journal of Applied Physiology</i> , <b>2019</b> , 127, 168-177	3.7	10
9	Effects of Hydroxyhydroquinone-reduced Coffee in Patients with Essential Hypertension. <i>Journal of Health Science</i> , <b>2008</b> , 54, 302-309		9
8	Safety evaluation of the consumption of high dose milk fat globule membrane in healthy adults: a double-blind, randomized controlled trial with parallel group design. <i>Bioscience, Biotechnology and Biochemistry</i> , <b>2015</b> , 79, 1172-7	2.1	7
7	Effects of dietary supplementation with milk fat globule membrane on the physical performance of community-dwelling Japanese adults: a randomised, double-blind, placebo-controlled trial. <i>Journal of Nutritional Science</i> , <b>2018</b> , 7, e18	2.7	5
6	Milk-Fat Globule Membrane Plus Glucosamine Improves Joint Function and Physical Performance: A Randomized, Double-Blind, Placebo-Controlled, Parallel-Group Study. <i>Journal of Nutritional Science and Vitaminology</i> , <b>2019</b> , 65, 242-250	1.1	4
5	Reactions of (β-Cyclopentadienyl)(1,5-cyclooctadiene)cobalt(I), Diphenylacetylene, and a Mixture of S <sub>8</sub> and Se <sub>8</sub> . Formation of (β-Cyclopentadienyl)(1,2-diphenyl-2-selenolatoethylenethiolato-S,Se)cobalt(III) Complex. <i>Chemical Letters</i> , <b>1987</b> , 16, 245-248	1.7	4
4	Effect of chlorogenic acids on fatigue and sleep in healthy males: A randomized, double-blind, placebo-controlled, crossover study. <i>Food Science and Nutrition</i> , <b>2018</b> , 6, 2530-2536	3.2	4
3	Catalysis of elemental selenium and tellurium in the formation of thiophene derivatives from alkyne and elemental sulfur.. <i>Nippon Kagaku Kaishi / Chemical Society of Japan - Chemistry and Industrial Chemistry Journal</i> , <b>1987</b> , 1987, 1464-1468		3
2	Relationship between sense of coherence and lifestyle in middle-aged workers in Japan. <i>Health</i> , <b>2012</b> , 04, 20-25	0.4	2
1	Effects of Chlorogenic Acids on Menopausal Symptoms in Healthy Women: A Randomized, Placebo-Controlled, Double-Blind, Parallel-Group Trial. <i>Nutrients</i> , <b>2020</b> , 12,	6.7	2