David C Nieman

List of Publications by Year
in descending order

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295 papers	23,499 citations	12330 69 h-index	8866 145 g-index
340 all docs	340 docs citations	340 times ranked	22559 citing authors

#	Article	IF	Citations
1	Enhancing the Cognitive Effects of Flavonoids With Physical Activity: Is There a Case for the Gut Microbiome?. Frontiers in Neuroscience, 2022, 16, 833202.	2.8	13
2	Goals in Nutrition Science 2020-2025. Frontiers in Nutrition, 2021, 7, 606378.	3.7	20
3	Exercise, infection and rheumatic diseases: what do we know?. RMD Open, 2021, 7, e001644.	3.8	5
4	Current and Novel Reviews in Sports Nutrition. Nutrients, 2021, 13, 2549.	4.1	3
5	Exercise Is Medicine for Immune Function: Implication for COVID-19. Current Sports Medicine Reports, 2021, 20, 395-401.	1.2	34
6	Phytoecdysteroids Do Not Have Anabolic Effects in Skeletal Muscle in Sedentary Aging Mice. International Journal of Environmental Research and Public Health, 2021, 18, 370.	2.6	4
7	Real-Time Monitoring of Metabolism during Exercise by Exhaled Breath. Metabolites, 2021, 11, 856.	2.9	3
8	Multiomics Approach to Precision Sports Nutrition: Limits, Challenges, and Possibilities. Frontiers in Nutrition, 2021, 8, 796360.	3.7	8
9	Exercise immunology: Future directions. Journal of Sport and Health Science, 2020, 9, 432-445.	6.5	73
10	Combination Treatment with Sodium Nitrite and Isoquercetin on Endothelial Dysfunction among Patients with CKD. Clinical Journal of the American Society of Nephrology: CJASN, 2020, 15, 1566-1575.	4.5	6
11	Blueberry and Banana Consumption Mitigate Arachidonic, Cytochrome P450 Oxylipin Generation During Recovery from 75-Km Cycling. Current Developments in Nutrition, 2020, 4, nzaa066_016.	0.3	2
12	Blueberry and/or Banana Consumption Mitigate Arachidonic, Cytochrome P450 Oxylipin Generation During Recovery From 75-Km Cycling: A Randomized Trial. Frontiers in Nutrition, 2020, 7, 121.	3.7	25
13	Comment on: â€œIndirect Assessment of Skeletal Muscle Glycogen Content in Professional Soccer Players Before and After a Match Through a Non-Invasive Ultrasound Technology Nutrients 2020, 12(4), 971â€• Nutrients, 2020, 12, 2070.	4.1	3
14	ACSM Call to Action Statement: COVID-19 Considerations for Sports and Physical Activity. Current Sports Medicine Reports, 2020, 19, 326-328.	1.2	60
15	Effects of Whey and Pea Protein Supplementation on Post-Eccentric Exercise Muscle Damage: A Randomized Trial. Nutrients, 2020, 12, 2382.	4.1	24
16	Coronavirus disease-2019: A tocsin to our aging, unfit, corpulent, and immunodeficient society. Journal of Sport and Health Science, 2020, 9, 293-301.	6.5	101
17	Proteomic Profiling and Monitoring of Training Distress and Illness in University Swimmers During a 25-Week Competitive Season. Frontiers in Physiology, 2020, 11, 373.	2.8	8
18	Proteomics-Based Detection of Immune Dysfunction in an Elite Adventure Athlete Trekking Across the Antarctica. Proteomes, 2020, 8, 4.	3.5	10

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19	Metabolite Shifts Induced by Marathon Race Competition Differ between Athletes Based on Level of Fitness and Performance: A Substudy of the Enzy-MagIC Study. Metabolites, 2020, 10, 87.	2.9	18
20	Oxylipin Response to Acute and Chronic Exercise: A Systematic Review. Metabolites, 2020, 10, 264.	2.9	23
21	Chronic Influence of Inspiratory Muscle Training at Different Intensities on the Serum Metabolome. Metabolites, 2020, 10, 78.	2.9	2
22	Aerobic Exercise Attenuates Acute Lung Injury Through NET Inhibition. Frontiers in Immunology, 2020, 11, 409.	4.8	35
23	Mixed Flavonoid Supplementation Attenuates Postexercise Plasma Levels of 4-Hydroxynonenal and Protein Carbonyls in Endurance Athletes. International Journal of Sport Nutrition and Exercise Metabolism, 2020, 30, 112-119.	2.1	3
24	PRESENT 2020: Text Expanding on the Checklist for Proper Reporting of Evidence in Sport and Exercise Nutrition Trials. International Journal of Sport Nutrition and Exercise Metabolism, 2020, 30, 2-13.	2.1	32
25	Postexercise Inflammasome Activation and IL-1Î² Production Mitigated by Flavonoid Supplementation in Cyclists. International Journal of Sport Nutrition and Exercise Metabolism, 2020, 30, 396-404.	2.1	2
26	Can exercise affect immune function to increase susceptibility to infection?. Exercise Immunology Review, 2020, 26, 8-22.	0.4	145
27	Metabolomics-Based Studies Assessing Exercise-Induced Alterations of the Human Metabolome: A Systematic Review. Metabolites, 2019, 9, 164.	2.9	86
28	Lactic Acid Accumulation During Exhaustive Exercise Impairs Release of Neutrophil Extracellular Traps in Mice. Frontiers in Physiology, 2019, 10, 709.	2.8	25
29	Acute Ingestion of a Mixed Flavonoid and Caffeine Supplement Increases Energy Expenditure and Fat Oxidation in Adult Women: A Randomized, Crossover Clinical Trial. Nutrients, 2019, 11, 2665.	4.1	3
30	Carbohydrate intake attenuates post-exercise plasma levels of cytochrome P450-generated oxylipins. PLoS ONE, 2019, 14, e0213676.	2.5	31
31	Flavonoid Mixture Inhibits Mycobacterium tuberculosis Survival and Infectivity. Molecules, 2019, 24, 851.	3.8	14
32	Carbohydrate Intake Attenuates Post-Exercise Plasma Levels of Cytochrome P450-Generated Oxylipins. Medicine and Science in Sports and Exercise, 2019, 51, 739-739.	0.4	0
33	Proteomic Markers of Non-functional Overreaching During the Race Across America (RAAM): A Case Study. Frontiers in Physiology, 2019, 10, 1410.	2.8	6
34	The compelling link between physical activity and the body's defense system. Journal of Sport and Health Science, 2019, 8, 201-217.	6.5	738
35	Immunometabolism: A Multi-Omics Approach to Interpreting the Influence of Exercise and Diet on the Immune System. Annual Review of Food Science and Technology, 2019, 10, 341-363.	9.9	57
36	Exercise-Induced Illness and Inflammation: Can Immunonutrition and Iron Help?. International Journal of Sport Nutrition and Exercise Metabolism, 2019, 29, 181-188.	2.1	34

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37	Influence of 2-Weeks Ingestion of High Chlorogenic Acid Coffee on Mood State, Performance, and Postexercise Inflammation and Oxidative Stress: A Randomized, Placebo-Controlled Trial. International Journal of Sport Nutrition and Exercise Metabolism, 2018, 28, 55-65.	2.1	14
38	Effect of 4-Week Ingestion of Tomato-Based Carotenoids on Exercise-Induced Inflammation, Muscle Damage, and Oxidative Stress in Endurance Runners. International Journal of Sport Nutrition and Exercise Metabolism, 2018, 28, 266-273.	2.1	17
39	Identification of a select metabolite panel for measuring metabolic perturbation in response to heavy exertion. Metabolomics, 2018, 14, 147.	3.0	13
40	Carbohydrate Intake Does Not Counter the Post-Exercise Decrease in Natural Killer Cell Cytotoxicity. Nutrients, 2018, 10, 1658.	4.1	4
41	Increased Plasma Levels of Gut-Derived Phenolics Linked to Walking and Running Following Two Weeks of Flavonoid Supplementation. Nutrients, 2018, 10, 1718.	4.1	33
42	Detection of Functional Overreaching in Endurance Athletes Using Proteomics. Proteomes, 2018, 6, 33.	3.5	28
43	Anxiety sensitivity mediates the relationship between exercise frequency and anxiety and depression symptomology. Stress and Health, 2018, 34, 500-508.	2.6	14
44	Metabolic recovery from heavy exertion following banana compared to sugar beverage or water only ingestion: A randomized, crossover trial. PLoS ONE, 2018, 13, e0194843.	2.5	43
45	Impact of polyphenols on physiological stress and cardiac burden in marathon runners â€“ results from a substudy of the BeMaGIC study. Applied Physiology, Nutrition and Metabolism, 2017, 42, 523-528.	1.9	8
46	Influence of polyphenol-rich diet on exercise-induced immunomodulation in male endurance athletes. Applied Physiology, Nutrition and Metabolism, 2017, 42, 1023-1030.	1.9	10
47	IL-6 Linkage to Exercise-Induced Shifts in Lipid-Related Metabolites: A Metabolomics-Based Analysis. Journal of Proteome Research, 2017, 16, 970-977.	3.7	28
48	Il-6 Linkage To Exercise-induced Shifts In Lipid-related Metabolites. Medicine and Science in Sports and Exercise, 2017, 49, 458.	0.4	0
49	Rutoside and Hydrolytic Enzymes Do Not Attenuate Marathon-Induced Inflammation. Medicine and Science in Sports and Exercise, 2017, 49, 387-395.	0.4	8
50	Flow Cytometric Analysis of Natural Killer Cell Lytic Activity in Human Whole Blood. Journal of Visualized Experiments, 2017, , .	0.3	2
51	The Common Cold Is Less Common Among the Fit. ACSM's Health and Fitness Journal, 2017, 21, 45-47.	0.6	0
52	Influence of Ingesting a Flavonoid-Rich Supplement on the Metabolome and Concentration of Urine Phenolics in Overweight/Obese Women. Journal of Proteome Research, 2017, 16, 2924-2935.	3.7	21
53	Potential Impact of Nutrition on Immune System Recovery from Heavy Exertion: A Metabolomics Perspective. Nutrients, 2017, 9, 513.	4.1	78
54	The effects of a tart cherry beverage on reducing exercise-induced muscle soreness. Isokinetics and Exercise Science, 2017, 25, 53-63.	0.4	20

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55	Quercetin and Green Tea Extract Supplementation Downregulates Genes Related to Tissue Inflammatory Responses to a 12-Week High Fat-Diet in Mice. Nutrients, 2017, 9, 773.	4.1	39
56	Consensus Statement Immunonutrition and Exercise. Exercise Immunology Review, 2017, 23, 8-50.	0.4	80
57	Comparison of Watermelon and Carbohydrate Beverage on Exercise-Induced Alterations in Systemic Inflammation, Immune Dysfunction, and Plasma Antioxidant Capacity. Nutrients, 2016, 8, 518.	4.1	40
58	A Mixed Flavonoid-Fish Oil Supplement Induces Immune-Enhancing and Anti-Inflammatory Transcriptomic Changes in Adult Obese and Overweight Womenâ€"A Randomized Controlled Trial. Nutrients, 2016, 8, 277.	4.1	31
59	Diet Qualityâ€"The Greeks Had It Right!. Nutrients, 2016, 8, 636.	4.1	16
60	Muscle Glycogen Depletion Following 75-km of Cycling Is Not Linked to Increased Muscle IL-6, IL-8, and MCP-1 mRNA Expression and Protein Content. Frontiers in Physiology, 2016, 7, 431.	2.8	6
61	9- and 13-Hydroxy-octadecadienoic acids (9+13 HODE) are inversely related to granulocyte colony stimulating factor and IL-6 in runners after 2h running. Brain, Behavior, and Immunity, 2016, 56, 246-252.	4.1	21
62	Measuring Granulocyte and Monocyte Phagocytosis and Oxidative Burst Activity in Human Blood. Journal of Visualized Experiments, 2016, , .	0.3	3
63	Predictors of Change in Plasma Cytokines and Muscle Cytokine mRNA and Protein After 75-km Cycling. Medicine and Science in Sports and Exercise, 2016, 48, 816.	0.4	0
64	Post-Exercise Skeletal Muscle Glycogen Related to Plasma Cytokine but Not Muscle mRNA Expression. Medicine and Science in Sports and Exercise, 2015, 47, 715.	0.4	0
65	Watermelon Supplementation Does Not Change Arterial Stiffness in Overweight, Postmenopausal Women In a Community Setting. Medicine and Science in Sports and Exercise, 2015, 47, 105.	0.4	0
66	Watermelon Supplementation Does Not Change Augmentation Index in Overweight, Postmenopausal Women In a Community Setting. Medicine and Science in Sports and Exercise, 2015, 47, 106.	0.4	0
67	Hypoxia-Inducible Factor Prolyl Hydroxylase Inhibition Attenuates Chronic Stress Induced Intestinal Barrier Dysfunction. Medicine and Science in Sports and Exercise, 2015, 47, 603-604.	0.4	0
68	No Positive Influence of Ingesting Chia Seed Oil on Human Running Performance. Nutrients, 2015, 7, 3666-3676.	4.1	13
69	Rhodiola rosea Exerts Antiviral Activity in Athletes Following a Competitive Marathon Race. Frontiers in Nutrition, 2015, 2, 24.	3.7	24
70	Post-Exercise Skeletal Muscle Glycogen Related to Plasma Cytokines and Muscle IL-6 Protein Content, but not Muscle Cytokine mRNA Expression. Frontiers in Nutrition, 2015, 2, 27.	3.7	22
71	Perceived Stress and ADHD Symptoms in Adults. Journal of Attention Disorders, 2015, 19, 425-434.	2.6	78
72	Ultrasonic assessment of exercise-induced change in skeletal muscle glycogen content. BMC Sports Science, Medicine and Rehabilitation, 2015, 7, 9.	1.7	48

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73	Metabolomics-Based Analysis of Banana and Pear Ingestion on Exercise Performance and Recovery. Journal of Proteome Research, 2015, 14, 5367-5377.	3.7	58
74	Topic 3. Immunonutrition support for athletes: does it work?. , 2015, , 107-120.		0
75	Cytokine expression and secretion by skeletal muscle cells: regulatory mechanisms and exercise effects. Exercise Immunology Review, 2015, 21, 8-25.	0.4	237
76	Single Nucleotide Polymorphisms in the IL15RA Gene and Associations with Muscle Strength in Experienced Marathon Runners. Medicine and Science in Sports and Exercise, 2014, 46, 915.	0.4	0
77	Impact of Sluggish Cognitive Tempo and Attention-Deficit/Hyperactivity Disorder Symptoms on Adultsâ€™ Quality of Life. Applied Research in Quality of Life, 2014, 9, 981-995.	2.4	19
78	Metabolomics approach to assessing plasma 13- and 9-hydroxy-octadecadienoic acid and linoleic acid metabolite responses to 75-km cycling. American Journal of Physiology - Regulatory Integrative and Comparative Physiology, 2014, 307, R68-R74.	1.8	73
79	Effects of a freeze-dried juice blend powder on exercise-induced inflammation, oxidative stress, and immune function in cyclists. Applied Physiology, Nutrition and Metabolism, 2014, 39, 381-385.	1.9	14
80	Immune and inflammation responses to a 3-day period of intensified running versus cycling. Brain, Behavior, and Immunity, 2014, 39, 180-185.	4.1	53
81	The effects of moderate exercise on chronic stress-induced intestinal barrier dysfunction and antimicrobial defense. Brain, Behavior, and Immunity, 2014, 39, 99-106.	4.1	52
82	Evaluation of Rhodiola rosea supplementation on skeletal muscle damage and inflammation in runners following a competitive marathon. Brain, Behavior, and Immunity, 2014, 39, 204-210.	4.1	35
83	Influence of vitamin D mushroom powder supplementation on exercise-induced muscle damage in vitamin D insufficient high school athletes. Journal of Sports Sciences, 2014, 32, 670-679.	2.0	49
84	The Metabolite Profiles of the Obese Population Are Gender-Dependent. Journal of Proteome Research, 2014, 13, 4062-4073.	3.7	53
85	The Protective Effects of a Polyphenolâ€Enriched Protein Powder on Exerciseâ€Induced Susceptibility to Virus Infection. Phytotherapy Research, 2014, 28, 1829-1836.	5.8	27
86	The effects of oral hydrolytic enzymes and flavonoids on inflammatory markers and coagulation after marathon running: study protocol for a randomized, double-blind, placebo-controlled trial. BMC Sports Science, Medicine and Rehabilitation, 2014, 6, 8.	1.7	13
87	Vitamin D2 Supplementation Amplifies Eccentric Exercise-Induced Muscle Damage in NASCAR Pit Crew Athletes. Nutrients, 2014, 6, 63-75.	4.1	40
88	Human Skeletal Muscle Biopsy Procedures Using the Modified Bergström Technique. Journal of Visualized Experiments, 2014, , 51812.	0.3	75
89	Influence of Pistachios on Performance and Exercise-Induced Inflammation, Oxidative Stress, Immune Dysfunction, and Metabolite Shifts in Cyclists: A Randomized, Crossover Trial. PLoS ONE, 2014, 9, e113725.	2.5	55
90	Plasma 9- And 13-hydroxy-octadecadienoic Acid (9-,13-hode) Responses To A 75-km Cycling Bout. Medicine and Science in Sports and Exercise, 2014, 46, 635.	0.4	0

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91	A commercialized dietary supplement alleviates joint pain in community adults: a double-blind, placebo-controlled community trial. Nutrition Journal, 2013, 12, 154.	3.4	33
92	Serum Metabolic Signatures Induced By a Three-Day Intensified Exercise Period Persist After 14 h of Recovery in Runners. Journal of Proteome Research, 2013, 12, 4577-4584.	3.7	77
93	A 6-week diet and exercise intervention alters metabolic syndrome risk factors in obese Chinese children aged 11â€“13 years. Journal of Sport and Health Science, 2013, 2, 236-241.	6.5	14
94	Prevention, diagnosis and treatment of the overtraining syndrome: Joint consensus statement of the European College of Sport Science (ECSS) and the American College of Sports Medicine (ACSM). European Journal of Sport Science, 2013, 13, 1-24.	2.7	248
95	Doseâ€“response to 3Âmonths of quercetin-containing supplements on metabolite and quercetin conjugate profile in adults. British Journal of Nutrition, 2013, 109, 1923-1933.	2.3	40
96	Validity of COSMED's Quark CPET Mixing Chamber System in Evaluating Energy Metabolism During Aerobic Exercise in Healthy Male Adults. Research in Sports Medicine, 2013, 21, 136-145.	1.3	46
97	Latent cytomegalovirus infection and innate immune function following a 75Âkm cycling time trial. European Journal of Applied Physiology, 2013, 113, 2629-2635.	2.5	3
98	Prevention, Diagnosis, and Treatment of the Overtraining Syndrome. Medicine and Science in Sports and Exercise, 2013, 45, 186-205.	0.4	801
99	Gender Difference in the Acute Influence of a 2-Hour Run on Arterial Stiffness in Trained Runners. Research in Sports Medicine, 2013, 21, 66-77.	1.3	13
100	Effects of a Flavonoid-Rich Juice on Inflammation, Oxidative Stress, and Immunity in Elite Swimmers: A Metabolomics-Based Approach. International Journal of Sport Nutrition and Exercise Metabolism, 2013, 23, 150-160.	2.1	43
101	Influence of a Polyphenol-Enriched Protein Powder on Exercise-Induced Inflammation and Oxidative Stress in Athletes: A Randomized Trial Using a Metabolomics Approach. PLoS ONE, 2013, 8, e72215.	2.5	90
102	A randomized, controlled trial to assess short-term black pepper consumption on 24-hour energy expenditure and substrate utilization. Functional Foods in Health and Disease, 2013, 3, 377.	0.6	10
103	Exercise, Inflammation and Respiratory Infection. , 2013, , 597-604.		0
104	Nonalcoholic Beer Reduces Inflammation and Incidence of Respiratory Tract Illness. Medicine and Science in Sports and Exercise, 2012, 44, 18-26.	0.4	46
105	The effects of quercetin supplementation on cognitive functioning in a community sample: a randomized, placebo-controlled trial. Therapeutic Advances in Psychopharmacology, 2012, 2, 131-138.	2.7	29
106	Exercise Frequency Is Related to Psychopathology but Not Neurocognitive Function. Medicine and Science in Sports and Exercise, 2012, 44, 1395-1400.	0.4	9
107	Variance in the Acute Inflammatory Response to Prolonged Cycling Is Linked to Exercise Intensity. Journal of Interferon and Cytokine Research, 2012, 32, 12-17.	1.2	70
108	Clinical implications of exercise immunology. Journal of Sport and Health Science, 2012, 1, 12-17.	6.5	34

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109	Influence of Red Pepper Spice and Turmeric on Inflammation and Oxidative Stress Biomarkers in Overweight Females: A Metabolomics Approach. Plant Foods for Human Nutrition, 2012, 67, 415-421.	3.2	70
110	Chia Seed Supplementation and Disease Risk Factors in Overweight Women: A Metabolomics Investigation. Journal of Alternative and Complementary Medicine, 2012, 18, 700-708.	2.1	68
111	Bananas as an Energy Source during Exercise: A Metabolomics Approach. PLoS ONE, 2012, 7, e37479.	2.5	59
112	Combined Fruit and Vegetable Intake Is Correlated with Improved Inflammatory and Oxidant Status from a Cross-Sectional Study in a Community Setting. Nutrients, 2012, 4, 29-41.	4.1	70
113	Supplementation of Milled Chia Seeds Increases Plasma ALA and EPA in Postmenopausal Women. Plant Foods for Human Nutrition, 2012, 67, 105-110.	3.2	87
114	Quercetin with vitamin C and niacin does not affect body mass or composition. Applied Physiology, Nutrition and Metabolism, 2011, 36, 331-338.	1.9	23
115	Effect of blueberry ingestion on natural killer cell counts, oxidative stress, and inflammation prior to and after 2.5Âh of running. Applied Physiology, Nutrition and Metabolism, 2011, 36, 976-984.	1.9	111
116	The Effects of a Multiflavonoid Supplement on Vascular and Hemodynamic Parameters following Acute Exercise. Oxidative Medicine and Cellular Longevity, 2011, 2011, 1-7.	4.0	4
117	Single Nucleotide Polymorphisms and Inflammation and Oxidative Stress Biomarkers in Community Adults. Medicine and Science in Sports and Exercise, 2011, 43, 580.	0.4	0
118	The Acute Effect of Ingesting a Quercetin-Based Supplement On Exercise-Induced Inflammation In Runners. Medicine and Science in Sports and Exercise, 2011, 43, 49.	0.4	1
119	Non-alcoholic Beer Reduces Inflammation And The Incidence Of Upper Respiratory Tract Infections After A Marathon. Medicine and Science in Sports and Exercise, 2011, 43, 18.	0.4	6
120	A 45-minute Vigorous Exercise Bout Increases Metabolic Rate for 19 hours. Medicine and Science in Sports and Exercise, 2011, 43, 266.	0.4	0
121	Effect of Mixed Flavonoids, n-3 Fatty Acids, and Vitamin C on Oxidative Stress and Antioxidant Capacity Before and After Intense Cycling. International Journal of Sport Nutrition and Exercise Metabolism, 2011, 21, 328-337.	2.1	27
122	The Acute Effect of Ingesting a Quercetin-Based Supplement on Exercise-Induced Inflammation and Immune Changes in Runners. International Journal of Sport Nutrition and Exercise Metabolism, 2011, 21, 338-346.	2.1	54
123	Influence of Quercetin Supplementation on Disease Risk Factors in Community-Dwelling Adults. Journal of the American Dietetic Association, 2011, 111, 542-549.	1.1	38
124	Ingestion of micronutrient fortified breakfast cereal has no influence on immune function in healthy children: A randomized controlled trial. Nutrition Journal, 2011, 10, 36.	3.4	11
125	Upper respiratory tract infection is reduced in physically fit and active adults. British Journal of Sports Medicine, 2011, 45, 987-992.	6.7	143
126	Quantity and Quality of Exercise for Developing and Maintaining Cardiorespiratory, Musculoskeletal, and Neuromotor Fitness in Apparently Healthy Adults. Medicine and Science in Sports and Exercise, 2011, 43, 1334-1359.	0.4	6,722

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127	Influence of Banana Versus Sports Beverage Ingestion On Phagocytic Cell Responses To 75-Km Cycling Time Trials. Medicine and Science in Sports and Exercise, 2011, 43, 341.	0.4	0
128	Validation Of Cosmed'S Quark Cpet And Mixing Chamber System. Medicine and Science in Sports and Exercise, 2011, 43, 80.	0.4	1
129	Perceived Physical Fitness And Frequency Of Aerobic Exercise Are Not Related To Neurocognitive Function In Community Adults. Medicine and Science in Sports and Exercise, 2011, 43, 260-261.	0.4	0
130	Influence of Banana Versus Sports Beverage Ingestion On 75-Km Cycling Performance And Exercise-Induced Inflammation. Medicine and Science in Sports and Exercise, 2011, 43, 340-341.	0.4	2
131	A 45-Minute Vigorous Exercise Bout Increases Metabolic Rate for 14 Hours. Medicine and Science in Sports and Exercise, 2011, 43, 1643-1648.	0.4	36
132	Moderate Exercise Improves Immunity and Decreases Illness Rates. American Journal of Lifestyle Medicine, 2011, 5, 338-345.	1.9	24
133	You Asked for It. ACSM's Health and Fitness Journal, 2011, 15, 6-7.	0.6	0
134	Position statement. Part two: Maintaining immune health. Exercise Immunology Review, 2011, 17, 64-103.	0.4	253
135	Quercetin's Influence on Exercise Performance and Muscle Mitochondrial Biogenesis. Medicine and Science in Sports and Exercise, 2010, 42, 338-345.	0.4	150
136	Effect of an Acute Bout of Whole Body Vibration Exercise on Muscle Force Output and Motor Neuron Excitability. Journal of Strength and Conditioning Research, 2010, 24, 184-189.	2.1	73
137	Effect of n-3 Fatty Acids and Antioxidants on Oxidative Stress after Exercise. Medicine and Science in Sports and Exercise, 2010, 42, 1704-1711.	0.4	50
138	Self-Reported Fitness Level is Predictive of Oxidative Stress. Medicine and Science in Sports and Exercise, 2010, 42, 353-354.	0.4	0
139	Quercetin Supplementation Does Not Affect Body Mass Or Composition In Community Adults. Medicine and Science in Sports and Exercise, 2010, 42, 674.	0.4	0
140	The Effects of Two Weeks of Q-EGCG Supplementation on Central Blood Pressure and Vascular Distensibility Following Acute Exercise. Medicine and Science in Sports and Exercise, 2010, 42, 673.	0.4	0
141	The Effects of a Quercetin-EGCG Supplementation on Cardiovascular Hemodynamics Following Acute Exercise. Medicine and Science in Sports and Exercise, 2010, 42, 673.	0.4	0
142	You Asked For It. ACSM's Health and Fitness Journal, 2010, 14, 5-6.	0.6	0
143	A 12-week supplementation with quercetin does not affect natural killer cell activity, granulocyte oxidative burst activity or granulocyte phagocytosis in female human subjects. British Journal of Nutrition, 2010, 104, 849-857.	2.3	68
144	Quercetin supplementation does not alter antioxidant status in humans. Free Radical Research, 2010, 44, 224-231.	3.3	61

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145	Quercetin supplementation and upper respiratory tract infection: A randomized community clinical trial. Pharmacological Research, 2010, 62, 237-242.	7.1	114
146	Ultra Marathon Race Competition and Immune Function. Heat Shock Proteins, 2010, , 267-283.	0.2	0
147	You Asked for It. ACSM's Health and Fitness Journal, 2010, 14, 5-7.	0.6	0
148	You Asked for It. ACSM's Health and Fitness Journal, 2010, 14, 5-7.	0.6	0
149	Quercetinâ€™s effect on cycling efficiency and substrate utilization. Applied Physiology, Nutrition and Metabolism, 2009, 34, 993-1000.	1.9	28
150	Effects of Quercetin and EGCG on Mitochondrial Biogenesis and Immunity. Medicine and Science in Sports and Exercise, 2009, 41, 1467-1475.	0.4	124
151	Successive bouts of cycling stimulates genes associated with mitochondrial biogenesis. European Journal of Applied Physiology, 2009, 107, 419-427.	2.5	60
152	Chia seed does not promote weight loss or alter disease risk factors in overweight adults. Nutrition Research, 2009, 29, 414-418.	2.9	101
153	Quercetin Does Not Affect Rating of Perceived Exertion in Athletes During the Western States Endurance Run. Research in Sports Medicine, 2009, 17, 71-83.	1.3	29
154	Effects of Commercially Formulated Water on the Hydration Status of Dehydrated Collegiate Wrestlers. Journal of Strength and Conditioning Research, 2009, 23, 2210-2216.	2.1	18
155	n-3 Polyunsaturated Fatty Acids Do Not Alter Immune and Inflammation Measures in Endurance Athletes. International Journal of Sport Nutrition and Exercise Metabolism, 2009, 19, 536-546.	2.1	44
156	Immune Function Responses to Ultramarathon Race Competition. Medicina Sportiva, 2009, 13, 189-196.	0.3	32
157	You Asked For It. ACSM's Health and Fitness Journal, 2009, 13, 5-6.	0.6	0
158	You Asked For It. ACSM's Health and Fitness Journal, 2009, 13, 6-7.	0.6	0
159	Immunonutrition support for athletes. Nutrition Reviews, 2008, 66, 310-320.	5.8	71
160	Chronic quercetin ingestion and exercise-induced oxidative damage and inflammation. Applied Physiology, Nutrition and Metabolism, 2008, 33, 254-262.	1.9	86
161	Remodeling of ryanodine receptor complex causes â€œleakyâ€•channels: A molecular mechanism for decreased exercise capacity. Proceedings of the National Academy of Sciences of the United States of America, 2008, 105, 2198-2202.	7.1	275
162	Oral Quercetin Supplementation and Blood Oxidative Capacity in Response to Ultramarathon Competition. International Journal of Sport Nutrition and Exercise Metabolism, 2008, 18, 601-616.	2.1	56

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163	Î²-Glucan, Immune Function, and Upper Respiratory Tract Infections in Athletes. Medicine and Science in Sports and Exercise, 2008, 40, 1463-1471.	0.4	58
164	Resveratrol and Catechin Administration Blunts Exercise-Induced Oxidative Stress and Cytokine IL-8. Medicine and Science in Sports and Exercise, 2008, 40, S246.	0.4	0
165	Effects Of Î²-Glucan On Immune Function And Upper Respiratory Tract Infections In Endurance Athletes. Medicine and Science in Sports and Exercise, 2008, 40, S15.	0.4	0
166	Effectiveness of Chia Seeds Compared to Placebo in Promoting Weight Loss and Reducing Inflammation. Medicine and Science in Sports and Exercise, 2008, 40, S326.	0.4	0
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