

# Teresa Yl Liu-Ambrose

## List of Publications by Year in descending order

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Version: 2024-02-01

254  
papers

13,396  
citations

24978

57  
h-index

29081

104  
g-index

261  
all docs

261  
docs citations

261  
times ranked

14836  
citing authors

#	ARTICLE	IF	CITATIONS
1	Physical Activity Improves Verbal and Spatial Memory in Older Adults with Probable Mild Cognitive Impairment: A 6-Month Randomized Controlled Trial. <i>Journal of Aging Research</i> , 2013, 2013, 1-10.	0.4	679
2	Resistance Training and Executive Functions. <i>Archives of Internal Medicine</i> , 2010, 170, 170.	4.3	599
3	A Review of the Effects of Physical Activity and Exercise on Cognitive and Brain Functions in Older Adults. <i>Journal of Aging Research</i> , 2013, 2013, 1-8.	0.4	511
4	Exercise, brain, and cognition across the life span. <i>Journal of Applied Physiology</i> , 2011, 111, 1505-1513.	1.2	397
5	Measuring sleep quality in older adults: a comparison using subjective and objective methods. <i>Frontiers in Aging Neuroscience</i> , 2015, 7, 166.	1.7	318
6	Resistance Training Promotes Cognitive and Functional Brain Plasticity in Seniors With Probable Mild Cognitive Impairment. <i>Archives of Internal Medicine</i> , 2012, 172, 666.	4.3	313
7	Resistance training and functional plasticity of the aging brain: a 12-month randomized controlled trial. <i>Neurobiology of Aging</i> , 2012, 33, 1690-1698.	1.5	286
8	Resistance and Agility Training Reduce Fall Risk in Women Aged 75 to 85 with Low Bone Mass: A 6-Month Randomized, Controlled Trial*. <i>Journal of the American Geriatrics Society</i> , 2004, 52, 657-665.	1.3	279
9	Aerobic exercise increases hippocampal volume in older women with probable mild cognitive impairment: a 6-month randomised controlled trial. <i>British Journal of Sports Medicine</i> , 2015, 49, 248-254.	3.1	278
10	Sex differences in exercise efficacy to improve cognition: A systematic review and meta-analysis of randomized controlled trials in older humans. <i>Frontiers in Neuroendocrinology</i> , 2017, 46, 71-85.	2.5	275
11	What is the association between sedentary behaviour and cognitive function? A systematic review. <i>British Journal of Sports Medicine</i> , 2017, 51, 800-811.	3.1	264
12	Otago Home-Based Strength and Balance Retraining Improves Executive Functioning in Older Fallers: A Randomized Controlled Trial. <i>Journal of the American Geriatrics Society</i> , 2008, 56, 1821-1830.	1.3	253
13	Accelerometry analysis of physical activity and sedentary behavior in older adults: a systematic review and data analysis. <i>European Review of Aging and Physical Activity</i> , 2014, 11, 35-49.	1.3	247
14	Cohort Profile: The Canadian Longitudinal Study on Aging (CLSA). <i>International Journal of Epidemiology</i> , 2019, 48, 1752-1753j.	0.9	237
15	International comparison of cost of falls in older adults living in the community: a systematic review. <i>Osteoporosis International</i> , 2010, 21, 1295-1306.	1.3	236
16	Impact of exercise training on physical and cognitive function among older adults: a systematic review and meta-analysis. <i>Neurobiology of Aging</i> , 2019, 79, 119-130.	1.5	236
17	School-Based Physical Activity Does Not Compromise Children's Academic Performance. <i>Medicine and Science in Sports and Exercise</i> , 2007, 39, 371-376.	0.2	199
18	Increased Risk of Falling in Older Community-Dwelling Women With Mild Cognitive Impairment. <i>Physical Therapy</i> , 2008, 88, 1482-1491.	1.1	183

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19	The association between cognitive function and white matter lesion location in older adults: a systematic review. <i>BMC Neurology</i> , 2012, 12, 126.	0.8	159
20	Does a home-based strength and balance programme in people aged >=80 years provide the best value for money to prevent falls? A systematic review of economic evaluations of falls prevention interventions. <i>British Journal of Sports Medicine</i> , 2010, 44, 80-89.	3.1	156
21	Effect of a Home-Based Exercise Program on Subsequent Falls Among Community-Dwelling High-Risk Older Adults After a Fall. <i>JAMA - Journal of the American Medical Association</i> , 2019, 321, 2092.	3.8	150
22	Long-Term Effects of Resistance Exercise Training on Cognition and Brain Volume in Older Women: Results from a Randomized Controlled Trial. <i>Journal of the International Neuropsychological Society</i> , 2015, 21, 745-756.	1.2	139
23	Exercise and cognition in older adults: is there a role for resistance training programmes?. <i>British Journal of Sports Medicine</i> , 2008, 43, 25-27.	3.1	128
24	The independent contribution of executive functions to health related quality of life in older women. <i>BMC Geriatrics</i> , 2010, 10, 16.	1.1	128
25	Consensus on Shared Measures of Mobility and Cognition: From the Canadian Consortium on Neurodegeneration in Aging (CCNA). <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2019, 74, 897-909.	1.7	125
26	Guidelines for Assessment of Gait and Reference Values for Spatiotemporal Gait Parameters in Older Adults: The Biomathics and Canadian Gait Consortiums Initiative. <i>Frontiers in Human Neuroscience</i> , 2017, 11, 353.	1.0	116
27	Balance Confidence Improves with Resistance or Agility Training. <i>Gerontology</i> , 2004, 50, 373-382.	1.4	104
28	Aerobic exercise and vascular cognitive impairment. <i>Neurology</i> , 2016, 87, 2082-2090.	1.5	104
29	The effect of group-based exercise on cognitive performance and mood in seniors residing in intermediate care and self-care retirement facilities: a randomised controlled trial. <i>British Journal of Sports Medicine</i> , 2009, 43, 608-614.	3.1	101
30	Both Resistance and Agility Training Increase Cortical Bone Density in 75- to 85-Year-Old Women With Low Bone Mass. <i>Journal of Clinical Densitometry</i> , 2004, 7, 390-398.	0.5	99
31	An Evaluation of the Longitudinal, Bidirectional Associations Between Gait Speed and Cognition in Older Women and Men. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2016, 71, 1616-1623.	1.7	99
32	Examining the relationship between specific cognitive processes and falls risk in older adults: a systematic review. <i>Osteoporosis International</i> , 2012, 23, 2409-2424.	1.3	96
33	Moderate-Intensity Physical Activity, Hippocampal Volume, and Memory in Older Adults With Mild Cognitive Impairment. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2015, 70, 480-486.	1.7	94
34	Physical activity as a mediator of the impact of chronic conditions on quality of life in older adults. <i>Health and Quality of Life Outcomes</i> , 2007, 5, 68.	1.0	92
35	Aerobic exercise promotes executive functions and impacts functional neural activity among older adults with vascular cognitive impairment. <i>British Journal of Sports Medicine</i> , 2018, 52, 184-191.	3.1	92
36	New criteria for female athlete triad syndrome?. <i>British Journal of Sports Medicine</i> , 2002, 36, 10-13.	3.1	90

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37	The effects of proprioceptive or strength training on the neuromuscular function of the ACL reconstructed knee: a randomized clinical trial. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2003, 13, 115-123.	1.3	90
38	Improvements to executive function during exercise training predict maintenance of physical activity over the following year. <i>Frontiers in Human Neuroscience</i> , 2014, 8, 353.	1.0	88
39	Physical Frailty Predicts Incident Depressive Symptoms in Elderly People: Prospective Findings From the Obu Study of Health Promotion for the Elderly. <i>Journal of the American Medical Directors Association</i> , 2015, 16, 194-199.	1.2	84
40	Feasibility of a 6-Month Exercise and Recreation Program to Improve Executive Functioning and Memory in Individuals With Chronic Stroke. <i>Neurorehabilitation and Neural Repair</i> , 2010, 24, 722-729.	1.4	81
41	Personalising exercise recommendations for brain health: considerations and future directions. <i>British Journal of Sports Medicine</i> , 2017, 51, 636-639.	3.1	81
42	Cross-Sectional Relationships of Physical Activity and Sedentary Behavior With Cognitive Function in Older Adults With Probable Mild Cognitive Impairment. <i>Physical Therapy</i> , 2017, 97, 975-984.	1.1	80
43	Executive Function Is Independently Associated with Performances of Balance and Mobility in Community-Dwelling Older Adults after Mild Stroke: Implications for Falls Prevention. <i>Cerebrovascular Diseases</i> , 2007, 23, 203-210.	0.8	78
44	Resistance Training and White Matter Lesion Progression in Older Women: Exploratory Analysis of a 12-Month Randomized Controlled Trial. <i>Journal of the American Geriatrics Society</i> , 2015, 63, 2052-2060.	1.3	78
45	Exercise and the Aging Brain: Considerations for Sex Differences. <i>Brain Plasticity</i> , 2018, 4, 53-63.	1.9	77
46	Measurement of physical activity in older adult interventions: a systematic review. <i>British Journal of Sports Medicine</i> , 2016, 50, 464-470.	3.1	76
47	A comparison of the ICECAP-O with EQ-5D in a falls prevention clinical setting: are they complements or substitutes?. <i>Quality of Life Research</i> , 2013, 22, 969-977.	1.5	75
48	Cortical and trabecular bone in the femoral neck both contribute to proximal femur failure load prediction. <i>Osteoporosis International</i> , 2009, 20, 445-453.	1.3	73
49	Buying time: a rationale for examining the use of circadian rhythm and sleep interventions to delay progression of mild cognitive impairment to Alzheimer's disease. <i>Frontiers in Aging Neuroscience</i> , 2014, 6, 325.	1.7	72
50	Exercise is medicine, for the body and the brain. <i>British Journal of Sports Medicine</i> , 2014, 48, 943-944.	3.1	68
51	A Unique Presentation of Delirium in a Patient with Otherwise Asymptomatic COVID-19. <i>Journal of the American Geriatrics Society</i> , 2020, 68, 1382-1384.	1.3	67
52	Both resistance and agility training reduce back pain and improve health-related quality of life in older women with low bone mass. <i>Osteoporosis International</i> , 2005, 16, 1321-1329.	1.3	66
53	Mobility predicts change in older adults' health-related quality of life: evidence from a Vancouver falls prevention prospective cohort study. <i>Health and Quality of Life Outcomes</i> , 2015, 13, 101.	1.0	66
54	Effects of computerized cognitive training on neuroimaging outcomes in older adults: a systematic review. <i>BMC Geriatrics</i> , 2017, 17, 139.	1.1	64

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55	Effect of aerobic exercise on cancer-associated cognitive impairment: A proof-of-concept <sc>RCT</sc>. <i>Psycho-Oncology</i> , 2018, 27, 53-60.	1.0	64
56	Falls-Related Self-Efficacy Is Independently Associated With Balance and Mobility in Older Women With Low Bone Mass. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2006, 61, 832-838.	1.7	63
57	Exercise Training and Recreational Activities to Promote Executive Functions in Chronic Stroke: A Proof-of-concept Study. <i>Journal of Stroke and Cerebrovascular Diseases</i> , 2015, 24, 130-137.	0.7	63
58	Older Women With Osteoporosis Have Increased Postural Sway and Weaker Quadriceps Strength Than Counterparts With Normal Bone Mass: Overlooked Determinants of Fracture Risk?. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2003, 58, M862-M866.	1.7	62
59	Dual-Task Gait Performance Among Community-Dwelling Senior Women: The Role of Balance Confidence and Executive Functions. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2009, 64A, 975-982.	1.7	62
60	Older Fallers With Poor Working Memory Overestimate Their Postural Limits. <i>Archives of Physical Medicine and Rehabilitation</i> , 2008, 89, 1335-1340.	0.5	60
61	Physical activity for brain health in older adults. <i>Applied Physiology, Nutrition and Metabolism</i> , 2018, 43, 1105-1112.	0.9	60
62	Increased cognitive load leads to impaired mobility decisions in seniors at risk for falls.. <i>Psychology and Aging</i> , 2011, 26, 253-259.	1.4	59
63	Pathways linking regional hyperintensities in the brain and slower gait. <i>NeuroImage</i> , 2014, 99, 7-13.	2.1	59
64	A longitudinal analysis of the impact of the COVID-19 pandemic on the mental health of middle-aged and older adults from the Canadian Longitudinal Study on Aging. <i>Nature Aging</i> , 2021, 1, 1137-1147.	5.3	59
65	Mobility and cognition are associated with wellbeing and health related quality of life among older adults: a cross-sectional analysis of the Vancouver Falls Prevention Cohort. <i>BMC Geriatrics</i> , 2015, 15, 75.	1.1	58
66	Changes in executive functions and self-efficacy are independently associated with improved usual gait speed in older women. <i>BMC Geriatrics</i> , 2010, 10, 25.	1.1	55
67	Sex differences in aerobic exercise efficacy to improve cognition: A systematic review and meta-analysis of studies in older rodents. <i>Frontiers in Neuroendocrinology</i> , 2017, 46, 86-105.	2.5	55
68	Sex Difference in Aerobic Exercise Efficacy to Improve Cognition in Older Adults with Vascular Cognitive Impairment: Secondary Analysis of a Randomized Controlled Trial. <i>Journal of Alzheimer's Disease</i> , 2017, 60, 1397-1410.	1.2	55
69	The Beneficial Effects of Group-Based Exercises on Fall Risk Profile and Physical Activity Persist 1 Year Postintervention in Older Women with Low Bone Mass: Follow-Up After Withdrawal of Exercise. <i>Journal of the American Geriatrics Society</i> , 2005, 53, 1767-1773.	1.3	54
70	Emerging concept: "central benefit model"™ of exercise in falls prevention. <i>British Journal of Sports Medicine</i> , 2013, 47, 115-117.	3.1	53
71	HipWatch: Osteoporosis Investigation and Treatment After a Hip Fracture: A 6-Month Randomized Controlled Trial. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2007, 62, 888-891.	1.7	52
72	Resting State Default Mode Network Connectivity, Dual Task Performance, Gait Speed, and Postural Sway in Older Adults with Mild Cognitive Impairment. <i>Frontiers in Aging Neuroscience</i> , 2017, 9, 423.	1.7	51

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73	Promotion of the mind through exercise (PROMoTE): a proof-of-concept randomized controlled trial of aerobic exercise training in older adults with vascular cognitive impairment. <i>BMC Neurology</i> , 2010, 10, 14.	0.8	50
74	Higher Doses Improve Walking Recovery During Stroke Inpatient Rehabilitation. <i>Stroke</i> , 2020, 51, 2639-2648.	1.0	50
75	Physical Exercise and Brain Functions in Older Adults. <i>Journal of Aging Research</i> , 2013, 2013, 1-2.	0.4	49
76	Efficacy of a Community-Based Technology-Enabled Physical Activity Counseling Program for People With Knee Osteoarthritis: Proof-of-Concept Study. <i>Journal of Medical Internet Research</i> , 2018, 20, e159.	2.1	48
77	Measuring physical activity in older adults: calibrating cut-points for the MotionWatch 8 <sup>Å</sup> . <i>Frontiers in Aging Neuroscience</i> , 2015, 7, 165.	1.7	46
78	Femoral neck cortical geometry measured with magnetic resonance imaging is associated with proximal femur strength. <i>Osteoporosis International</i> , 2006, 17, 1539-1545.	1.3	45
79	SYNERGIC TRIAL (SYNchronizing Exercises, Remedies in Gait and Cognition) a multi-Centre randomized controlled double blind trial to improve gait and cognition in mild cognitive impairment. <i>BMC Geriatrics</i> , 2018, 18, 93.	1.1	45
80	The Influence of Back Pain on Balance and Functional Mobility in 65- to 75-Year-Old Women with Osteoporosis. <i>Osteoporosis International</i> , 2002, 13, 868-873.	1.3	44
81	An Economic Evaluation of Resistance Training and Aerobic Training versus Balance and Toning Exercises in Older Adults with Mild Cognitive Impairment. <i>PLoS ONE</i> , 2013, 8, e63031.	1.1	43
82	Guidelines for Gait Assessments in the Canadian Consortium on Neurodegeneration in Aging (CCNA). <i>Canadian Geriatrics Journal</i> , 2018, 21, 157-165.	0.7	43
83	2014 Consensus Statement from the first Economics of Physical Inactivity Consensus (EPIC) Conference (Vancouver). <i>British Journal of Sports Medicine</i> , 2014, 48, 947-951.	3.1	42
84	Longitudinal Analysis of Physical Performance, Functional Status, Physical Activity, and Mood in Relation to Executive Function in Older Adults Who Fall. <i>Journal of the American Geriatrics Society</i> , 2015, 63, 1112-1120.	1.3	42
85	Poor balance and lower gray matter volume predict falls in older adults with mild cognitive impairment. <i>BMC Neurology</i> , 2013, 13, 102.	0.8	41
86	Brain Structure Covariance Associated With Gait Control in Aging. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2019, 74, 705-713.	1.7	41
87	Biological Sex: A Potential Moderator of Physical Activity Efficacy on Brain Health. <i>Frontiers in Aging Neuroscience</i> , 2019, 11, 329.	1.7	41
88	On mindful and mindless physical activity and executive function: A response to Diamond and Ling (2016). <i>Developmental Cognitive Neuroscience</i> , 2019, 37, 100529.	1.9	39
89	Long-term changes in time spent walking and subsequent cognitive and structural brain changes in older adults. <i>Neurobiology of Aging</i> , 2017, 57, 153-161.	1.5	38
90	Motoric cognitive risk syndrome, incident cognitive impairment and morphological brain abnormalities: Systematic review and meta-analysis. <i>Maturitas</i> , 2019, 123, 45-54.	1.0	38

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91	Are impairments in visual-spatial attention a critical factor for increased falls risk in seniors? An event-related potential study. <i>Neuropsychologia</i> , 2009, 47, 2749-2755.	0.7	37
92	High- and low-intensity exercise do not improve cognitive function after stroke: A randomized controlled trial. <i>Journal of Rehabilitation Medicine</i> , 2016, 48, 841-846.	0.8	37
93	The Healthy Mind, Healthy Mobility Trial. <i>Medicine and Science in Sports and Exercise</i> , 2016, 48, 297-306.	0.2	37
94	Combined Dual-Task Gait Training and Aerobic Exercise to Improve Cognition, Mobility, and Vascular Health in Community-Dwelling Older Adults at Risk for Future Cognitive Decline. <i>Journal of Alzheimer's Disease</i> , 2017, 57, 747-763.	1.2	37
95	Muscle power is related to tibial bone strength in older women. <i>Osteoporosis International</i> , 2008, 19, 1725-1732.	1.3	36
96	Sleep and cognitive function in chronic stroke: a comparative cross-sectional study. <i>Sleep</i> , 2019, 42, .	0.6	36
97	Exploration of the association between quality of life, assessed by the EQ-5D and ICECAP-O, and falls risk, cognitive function and daily function, in older adults with mobility impairments. <i>BMC Geriatrics</i> , 2012, 12, 65.	1.1	35
98	The Effects of Computerized Cognitive Training With and Without Physical Exercise on Cognitive Function in Older Adults: An 8-Week Randomized Controlled Trial. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2020, 75, 755-763.	1.7	35
99	Risk factors for hip impact during real-life falls captured on video in long-term care. <i>Osteoporosis International</i> , 2016, 27, 537-547.	1.3	34
100	Economic evaluation of dose-response resistance training in older women: a cost-effectiveness and cost-utility analysis. <i>Osteoporosis International</i> , 2011, 22, 1355-1366.	1.3	33
101	Disruptions in Brain Networks of Older Fallers Are Associated with Subsequent Cognitive Decline: A 12-Month Prospective Exploratory Study. <i>PLoS ONE</i> , 2014, 9, e93673.	1.1	33
102	Sustained attention abnormalities in breast cancer survivors with cognitive deficits post chemotherapy: An electrophysiological study. <i>Clinical Neurophysiology</i> , 2016, 127, 369-378.	0.7	33
103	Association of Motoric Cognitive Risk Syndrome with Cardiovascular Disease and Risk Factors: Results from an Original Study and Meta-Analysis. <i>Journal of Alzheimer's Disease</i> , 2018, 64, 875-887.	1.2	33
104	Slow Processing Speed Predicts Falls in Older Adults With a Falls History: 1-Year Prospective Cohort Study. <i>Journal of the American Geriatrics Society</i> , 2017, 65, 916-923.	1.3	32
105	Clinical Risk Factors for Head Impact During Falls in Older Adults: A Prospective Cohort Study in Long-Term Care. <i>Journal of Head Trauma Rehabilitation</i> , 2017, 32, 168-177.	1.0	31
106	Effects of a falls prevention exercise programme on health-related quality of life in older home care recipients: a randomised controlled trial. <i>Age and Ageing</i> , 2019, 48, 213-219.	0.7	31
107	The Independent Associations of Physical Activity and Sleep with Cognitive Function in Older Adults. <i>Journal of Alzheimer's Disease</i> , 2018, 63, 1469-1484.	1.2	30
108	Effect of a Multimodal Lifestyle Intervention on Sleep and Cognitive Function in Older Adults with Probable Mild Cognitive Impairment and Poor Sleep: A Randomized Clinical Trial. <i>Journal of Alzheimer's Disease</i> , 2020, 76, 179-193.	1.2	30

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109	Change in Lean Body Mass Is a Major Determinant of Change in Areal Bone Mineral Density of the Proximal Femur: A 12-Year Observational Study. <i>Calcified Tissue International</i> , 2006, 79, 145-151.	1.5	29
110	Exercise and Horticultural Programs for Older Adults with Depressive Symptoms and Memory Problems: A Randomized Controlled Trial. <i>Journal of Clinical Medicine</i> , 2020, 9, 99.	1.0	29
111	Altered visual spatial attention to task-irrelevant information is associated with falls risk in older adults. <i>Neuropsychologia</i> , 2013, 51, 3025-3032.	0.7	28
112	Larger Lateral Prefrontal Cortex Volume Predicts Better Exercise Adherence Among Older Women: Evidence From Two Exercise Training Studies. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2017, 72, 804-810.	1.7	28
113	The effects of an 8-week computerized cognitive training program in older adults: a study protocol for a randomized controlled trial. <i>BMC Geriatrics</i> , 2018, 18, 31.	1.1	28
114	Sex-Specific Relationship Between Long-Term Maintenance of Physical Activity and Cognition in the Health ABC Study: Potential Role of Hippocampal and Dorsolateral Prefrontal Cortex Volume. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2020, 75, 764-770.	1.7	28
115	Age-related changes in the attentional control of visual cortex: A selective problem in the left visual hemifield. <i>Neuropsychologia</i> , 2011, 49, 1670-1678.	0.7	27
116	Elevated body mass index and maintenance of cognitive function in late life: exploring underlying neural mechanisms. <i>Frontiers in Aging Neuroscience</i> , 2015, 7, 155.	1.7	27
117	Action Seniors! - secondary falls prevention in community-dwelling senior fallers: study protocol for a randomized controlled trial. <i>Trials</i> , 2015, 16, 144.	0.7	27
118	The Impact of Aerobic Exercise on Fronto-Parietal Network Connectivity and Its Relation to Mobility: An Exploratory Analysis of a 6-Month Randomized Controlled Trial. <i>Frontiers in Human Neuroscience</i> , 2017, 11, 344.	1.0	27
119	Physical activity to prevent falls in older people: time to intervene in high risk groups using falls as an outcome. <i>British Journal of Sports Medicine</i> , 2001, 35, 144-145.	3.1	26
120	Independent and inverse association of healthcare utilisation with physical activity in older adults with multiple chronic conditions. <i>British Journal of Sports Medicine</i> , 2010, 44, 1024-1028.	3.1	26
121	Measuring Physical Activity in Older Adults Using MotionWatch 8 Actigraphy: How Many Days are Needed?. <i>Journal of Aging and Physical Activity</i> , 2017, 25, 51-57.	0.5	26
122	Does frequency of resistance training affect tibial cortical bone density in older women? A randomized controlled trial. <i>Osteoporosis International</i> , 2013, 24, 623-632.	1.3	25
123	Assessment of Functional Mobility After COVID-19 in Adults Aged 50 Years or Older in the Canadian Longitudinal Study on Aging. <i>JAMA Network Open</i> , 2022, 5, e2146168.	2.8	25
124	The impact of aerobic and resistance training intensity on markers of neuroplasticity in health and disease. <i>Ageing Research Reviews</i> , 2022, 80, 101698.	5.0	25
125	Renewal, strength and commitment to self and others: older women's reflections of the benefits of exercise using Photovoice. <i>Qualitative Research in Sport, Exercise and Health</i> , 2010, 2, 250-266.	1.5	24
126	Sustained Cognitive and Economic Benefits of Resistance Training Among Community-Dwelling Senior Women: A 1-Year Follow-up Study of the Brain Power Study. <i>Archives of Internal Medicine</i> , 2010, 170, 2036.	4.3	24



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127	Mobility Is a Key Predictor of Change in Well-Being Among Older Adults Who Experience Falls: Evidence From the Vancouver Falls Prevention Clinic Cohort. <i>Archives of Physical Medicine and Rehabilitation</i> , 2015, 96, 1634-1640.	0.5	24
128	Examining the Inter-relations of Depression, Physical Function, and Cognition with Subjective Sleep Parameters among Stroke Survivors: A Cross-sectional Analysis. <i>Journal of Stroke and Cerebrovascular Diseases</i> , 2019, 28, 2115-2123.	0.7	24
129	Functional Neural Correlates of Slower Gait Among Older Adults With Mild Cognitive Impairment. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2019, 74, 513-518.	1.7	24
130	SF-6D and EQ-5D result in widely divergent incremental cost-effectiveness ratios in a clinical trial of older women: implications for health policy decisions. <i>Osteoporosis International</i> , 2012, 23, 1849-1857.	1.3	23
131	Sex differences in exercise efficacy: Is midlife a critical window for promoting healthy cognitive aging?. <i>FASEB Journal</i> , 2020, 34, 11329-11336.	0.2	23
132	DOES IMPAIRED CEREBELLAR FUNCTION CONTRIBUTE TO RISK OF FALLS IN SENIORS? A PILOT STUDY USING FUNCTIONAL MAGNETIC RESONANCE IMAGING. <i>Journal of the American Geriatrics Society</i> , 2008, 56, 2153-2155.	1.3	22
133	Predicting Cognitive Function from Clinical Measures of Physical Function and Health Status in Older Adults. <i>PLoS ONE</i> , 2015, 10, e0119075.	1.1	22
134	Falls-related self-efficacy is independently associated with quality-adjusted life years in older women. <i>Age and Ageing</i> , 2011, 40, 340-346.	0.7	21
135	Group-based exercise and cognitive-physical training in older adults with self-reported cognitive complaints: The Multiple-Modality, Mind-Motor (M4) study protocol. <i>BMC Geriatrics</i> , 2016, 16, 17.	1.1	21
136	Longitudinal Associations Between Walking Speed and Amount of Self-reported Time Spent Walking Over a 9-Year Period in Older Women and Men. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2018, 73, 1265-1271.	1.7	21
137	Self-efficacy is independently associated with brain volume in older women. <i>Age and Ageing</i> , 2012, 41, 495-501.	0.7	20
138	Functional neural correlates of reduced physiological falls risk. <i>Behavioral and Brain Functions</i> , 2011, 7, 37.	1.4	19
139	Effects of exercise and horticultural intervention on the brain and mental health in older adults with depressive symptoms and memory problems: study protocol for a randomized controlled trial [UMIN000018547]. <i>Trials</i> , 2015, 16, 499.	0.7	19
140	The role of exercise in mitigating subcortical ischemic vascular cognitive impairment. <i>Journal of Neurochemistry</i> , 2018, 144, 582-594.	2.1	19
141	Sex-dependent effect of the BDNF Val66Met polymorphism on executive functioning and processing speed in older adults: evidence from the health ABC study. <i>Neurobiology of Aging</i> , 2019, 74, 161-170.	1.5	19
142	Levels of Depression and Anxiety Among Informal Caregivers During the COVID-19 Pandemic: A Study Based on the Canadian Longitudinal Study on Aging. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2022, 77, 1740-1757.	2.4	19
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