

Milkana Borges Cosic

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

38
papers

371
citations

11
h-index

17
g-index

48
ext. papers

525
ext. citations

3.9
avg, IF

3.42
L-index

#	Paper	IF	Citations
38	Association of Self-Reported Physical Fitness with Pregnancy Related Symptoms the GESTAFIT Project. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	1
37	Associations of physical activity, sedentary time, and physical fitness with mental health during pregnancy: The GESTAFIT project. <i>Journal of Sport and Health Science</i> , 2021 , 10, 379-386	8.2	6
36	Objectively measured sedentary time and physical activity levels in Spanish pregnant women. Factors affecting the compliance with physical activity guidelines. <i>Women and Health</i> , 2021 , 61, 27-37	1.7	1
35	Association of objectively measured physical fitness with health-related quality of life of mid-life women: the FLAMENCO project. <i>Climacteric</i> , 2021 , 24, 282-288	3.1	
34	Is type of work associated with physical activity and sedentary behaviour in women with fibromyalgia? A cross-sectional study from the al-Īdalus project. <i>BMJ Open</i> , 2020 , 10, e034697	3	2
33	Mediterranean diet, tobacco consumption and body composition during perimenopause. The FLAMENCO project. <i>Maturitas</i> , 2020 , 137, 30-36	5	5
32	Patterns of Sedentary Time and Quality of Life in Women With Fibromyalgia: Cross-Sectional Study From the al-Īdalus Project. <i>JMIR MHealth and UHealth</i> , 2020 , 8, e14538	5.5	5
31	International Fitness Scale-IFIS: Validity and association with health-related quality of life in pregnant women. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020 , 30, 505-514	4.6	6
30	Influence of Dietary Habits and Mediterranean Diet Adherence on Sleep Quality during Pregnancy. The GESTAFIT Project. <i>Nutrients</i> , 2020 , 12,	6.7	2
29	Sedentary Time, Physical Activity, and Sleep Duration: Associations with Body Composition in Fibromyalgia. The Al-Andalus Project. <i>Journal of Clinical Medicine</i> , 2019 , 8,	5.1	3
28	Physical activity, sedentary behaviour, physical fitness, and cognitive performance in women with fibromyalgia who engage in reproductive and productive work: the al-Īdalus project. <i>Clinical Rheumatology</i> , 2019 , 38, 3585-3593	3.9	3
27	Association of Patterns of Moderate-to-Vigorous Physical Activity Bouts With Pain, Physical Fatigue, and Disease Severity in Women With Fibromyalgia: the al-Īdalus Project. <i>Archives of Physical Medicine and Rehabilitation</i> , 2019 , 100, 1234-1242.e1	2.8	12
26	Association of self-reported physical fitness with pain during pregnancy: The GESTAFIT Project. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2019 , 29, 1022-1030	4.6	9
25	Association of objectively measured physical activity and sedentary time with health-related quality of life in women with fibromyalgia: The al-Īdalus project. <i>Journal of Sport and Health Science</i> , 2019 , 8, 258-266	8.2	9
24	Substituting Sedentary Time With Physical Activity in Fibromyalgia and the Association With Quality of Life and Impact of the Disease: The al-Īdalus Project. <i>Arthritis Care and Research</i> , 2019 , 71, 281-289	4.7	9
23	Body Composition Changes Following a Concurrent Exercise Intervention in Perimenopausal Women: The FLAMENCO Project Randomized Controlled Trial. <i>Journal of Clinical Medicine</i> , 2019 , 8,	5.1	5
22	Influence of a Concurrent Exercise Training Intervention during Pregnancy on Maternal and Arterial and Venous Cord Serum Cytokines: The GESTAFIT Project. <i>Journal of Clinical Medicine</i> , 2019 , 8,	5.1	8

21	Cost-effectiveness of a primary care-based exercise intervention in perimenopausal women. The FLAMENCO Project. <i>Gaceta Sanitaria</i> , 2019 , 33, 529-535	2.2	3
20	Association of sedentary time and physical activity during pregnancy with maternal and neonatal birth outcomes. The GESTAFIT Project. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2019 , 29, 407-414	4.6	15
19	Association of sedentary time and physical fitness with ideal cardiovascular health in perimenopausal women: The FLAMENCO project. <i>Maturitas</i> , 2019 , 120, 53-60	5	13
18	Sedentary time, physical activity, and sleep quality in fibromyalgia: The al-Bdalus project. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2019 , 29, 266-274	4.6	15
17	Identification of candidate genes associated with fibromyalgia susceptibility in southern Spanish women: the al-Bdalus project. <i>Journal of Translational Medicine</i> , 2018 , 16, 43	8.5	6
16	Influence of a Concurrent Exercise Training Program During Pregnancy on Colostrum and Mature Human Milk Inflammatory Markers: Findings From the GESTAFIT Project. <i>Journal of Human Lactation</i> , 2018 , 34, 789-798	2.6	8
15	The Ottawa Panel guidelines on programmes involving therapeutic exercise for the management of hand osteoarthritis. <i>Clinical Rehabilitation</i> , 2018 , 32, 1449-1471	3.3	9
14	The discordance between subjectively and objectively measured physical function in women with fibromyalgia: association with catastrophizing and self-efficacy cognitions. The al-Bdalus project. <i>Disability and Rehabilitation</i> , 2018 , 40, 329-337	2.4	26
13	Effects of concurrent exercise on cardiometabolic status during perimenopause: the FLAMENCO Project. <i>Climacteric</i> , 2018 , 21, 559-565	3.1	2
12	Association of physical fitness, body composition, cardiometabolic markers and adherence to the Mediterranean diet with bone mineral density in perimenopausal women. The FLAMENCO project. <i>Journal of Sports Sciences</i> , 2017 , 35, 880-887	3.6	11
11	Association of sedentary time and physical activity with pain, fatigue, and impact of fibromyalgia: the al-Bdalus study. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2017 , 27, 83-92	4.6	34
10	The Threshold Distance Associated With Walking From Home to School. <i>Health Education and Behavior</i> , 2017 , 44, 857-866	4.2	48
9	Association of objectively measured physical activity and physical fitness with menopause symptoms. The Flamenco Project. <i>Climacteric</i> , 2017 , 20, 456-461	3.1	8
8	The Potential of Established Fitness Cut-off Points for Monitoring Women with Fibromyalgia: The al-Bdalus Project. <i>International Journal of Sports Medicine</i> , 2017 , 38, 359-369	3.6	5
7	Adaptation profiles comprising objective and subjective measures in fibromyalgia: the al-Bdalus project. <i>Rheumatology</i> , 2017 , 56, 2015-2024	3.9	26
6	Influence of the degree of adherence to the Mediterranean diet on the cardiometabolic risk in peri and menopausal women. The Flamenco project. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2017 , 27, 217-224	4.5	13
5	Do women with fibromyalgia present higher cardiovascular disease risk profile than healthy women? The al-Bdalus project. <i>Clinical and Experimental Rheumatology</i> , 2017 , 35 Suppl 105, 61-67	2.2	3
4	THU0542 Pain Catastrophizing and Self-Efficacy as Determinants of Subjective and Objective Physical Function in Women with fibromyalgia: The al-Bdalus Project. <i>Annals of the Rheumatic Diseases</i> , 2016 , 75, 388.2-388	2.4	

3	OP0066-HPR Performance-Based Memory Is Not Impaired in fibromyalgia. A Study in A Large Sample Also Testing Gender Differences. The al-Īdalus Project. <i>Annals of the Rheumatic Diseases</i> , 2016 , 75, 80.1-80	2.4	
2	Effects of supervised aerobic and strength training in overweight and grade I obese pregnant women on maternal and foetal health markers: the GESTAFIT randomized controlled trial. <i>BMC Pregnancy and Childbirth</i> , 2016 , 16, 290	3.2	23
1	Cost-effectiveness of an exercise intervention program in perimenopausal women: the Fitness League Against MENopause COst (FLAMENCO) randomized controlled trial. <i>BMC Public Health</i> , 2015 , 15, 555	4.1	15