Milkana Borges Cosic

List of Publications by Year
in descending order

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47	649	567247 15	642715 23
papers	citations	h-index	g-index

48	48	48	824
all docs	docs citations	times ranked	citing authors

#	Article	IF	Citations
1	The Threshold Distance Associated With Walking From Home to School. Health Education and Behavior, 2017, 44, 857-866.	2.5	68
2	Association of sedentary time and physical activity with pain, fatigue, and impact of fibromyalgia: the alâ€Ãndalus study. Scandinavian Journal of Medicine and Science in Sports, 2017, 27, 83-92.	2.9	51
3	The discordance between subjectively and objectively measured physical function in women with fibromyalgia: association with catastrophizing and self-efficacy cognitions. The al-Ãndalus project. Disability and Rehabilitation, 2018, 40, 1-9.	1.8	42
4	Adaptation profiles comprising objective and subjective measures in fibromyalgia: the al-Ãndalus project. Rheumatology, 2017, 56, 2015-2024.	1.9	42
5	Effects of supervised aerobic and strength training in overweight and grade I obese pregnant women on maternal and foetal health markers: the GESTAFIT randomized controlled trial. BMC Pregnancy and Childbirth, 2016, 16, 290.	2.4	39
6	Sedentary time, physical activity, and sleep quality in fibromyalgia: The alâ€Ãndalus project. Scandinavian Journal of Medicine and Science in Sports, 2019, 29, 266-274.	2.9	30
7	Associations of physical activity, sedentary time, and physical fitness with mental health during pregnancy: The GESTAFIT project. Journal of Sport and Health Science, 2021, 10, 379-386.	6.5	29
8	Association of sedentary time and physical activity during pregnancy with maternal and neonatal birth outcomes. The GESTAFIT Project. Scandinavian Journal of Medicine and Science in Sports, 2019, 29, 407-414.	2.9	27
9	Association of selfâ€reported physical fitness with pain during pregnancy: The GESTAFIT Project. Scandinavian Journal of Medicine and Science in Sports, 2019, 29, 1022-1030.	2.9	25
10	Association of sedentary time and physical fitness with ideal cardiovascular health in perimenopausal women: The FLAMENCO project. Maturitas, 2019, 120, 53-60.	2.4	21
11	Influence of Dietary Habits and Mediterranean Diet Adherence on Sleep Quality during Pregnancy. The GESTAFIT Project. Nutrients, 2020, 12, 3569.	4.1	20
12	Association of Patterns of Moderate-to-Vigorous Physical Activity Bouts With Pain, Physical Fatigue, and Disease Severity in Women With Fibromyalgia: the al-Ãndalus Project. Archives of Physical Medicine and Rehabilitation, 2019, 100, 1234-1242.e1.	0.9	18
13	Cost-effectiveness of an exercise intervention program in perimenopausal women: the Fitness League Against MENopause COst (FLAMENCO) randomized controlled trial. BMC Public Health, 2015, 15, 555.	2.9	17
14	Influence of a Concurrent Exercise Training Intervention during Pregnancy on Maternal and Arterial and Venous Cord Serum Cytokines: The GESTAFIT Project. Journal of Clinical Medicine, 2019, 8, 1862.	2.4	17
15	Association of objectively measured physical activity and physical fitness with menopause symptoms. The Flamenco Project. Climacteric, 2017, 20, 456-461.	2.4	16
16	Influence of the degree of adherence to the Mediterranean diet onÂthe cardiometabolic risk in peri and menopausal women. TheÂFlamenco project. Nutrition, Metabolism and Cardiovascular Diseases, 2017, 27, 217-224.	2.6	16
17	Association of objectively measured physical activity and sedentary time with health-related quality of life in women with fibromyalgia: The al-Ãndalus project. Journal of Sport and Health Science, 2019, 8, 258-266.	6.5	16
18	Substituting Sedentary Time With Physical Activity in Fibromyalgia and the Association With Quality of Life and Impact of the Disease: The alâ€Ãndalus Project. Arthritis Care and Research, 2019, 71, 281-289.	3.4	16

#	Article	IF	Citations
19	The Ottawa Panel guidelines on programmes involving therapeutic exercise for the management of hand osteoarthritis. Clinical Rehabilitation, 2018, 32, 026921551878097.	2.2	13
20	International Fitness Scaleâ€"IFIS: Validity and association with healthâ€related quality of life in pregnant women. Scandinavian Journal of Medicine and Science in Sports, 2020, 30, 505-514.	2.9	13
21	Association of physical fitness, body composition, cardiometabolic markers and adherence to the Mediterranean diet with bone mineral density in perimenopausal women. The FLAMENCO project. Journal of Sports Sciences, 2017, 35, 880-887.	2.0	12
22	Influence of a Concurrent Exercise Training Program During Pregnancy on Colostrum and Mature Human Milk Inflammatory Markers: Findings From the GESTAFIT Project. Journal of Human Lactation, 2018, 34, 089033441875926.	1.6	10
23	Identification of candidate genes associated with fibromyalgia susceptibility in southern Spanish women: the al-Ãndalus project. Journal of Translational Medicine, 2018, 16, 43.	4.4	9
24	Objectively measured sedentary time and physical activity levels in Spanish pregnant women. Factors affecting the compliance with physical activity guidelines. Women and Health, 2021, 61, 27-37.	1.0	9
25	The Potential of Established Fitness Cut-off Points for Monitoring Women with Fibromyalgia: The al-Ãndalus Project. International Journal of Sports Medicine, 2017, 38, 359-369.	1.7	8
26	Effects of concurrent exercise on cardiometabolic status during perimenopause: the FLAMENCO Project. Climacteric, 2018, 21, 559-565.	2.4	8
27	Mediterranean diet, tobacco consumption and body composition during perimenopause. The FLAMENCO project. Maturitas, 2020, 137, 30-36.	2.4	8
28	Body Composition Changes Following a Concurrent Exercise Intervention in Perimenopausal Women: The FLAMENCO Project Randomized Controlled Trial. Journal of Clinical Medicine, 2019, 8, 1678.	2.4	7
29	Physical activity, sedentary behaviour, physical fitness, and cognitive performance in women with fibromyalgia who engage in reproductive and productive work: the al-Ãndalus project. Clinical Rheumatology, 2019, 38, 3585-3593.	2.2	7
30	Patterns of Sedentary Time and Quality of Life in Women With Fibromyalgia: Cross-Sectional Study From the al-Ãndalus Project. JMIR MHealth and UHealth, 2020, 8, e14538.	3.7	7
31	Sedentary Time, Physical Activity, and Sleep Duration: Associations with Body Composition in Fibromyalgia. The Al-Andalus Project. Journal of Clinical Medicine, 2019, 8, 1260.	2.4	5
32	Cost-effectiveness of a primary care-based exercise intervention in perimenopausal women. The FLAMENCO Project. Gaceta Sanitaria, 2019, 33, 529-535.	1.5	5
33	Is type of work associated with physical activity and sedentary behaviour in women with fibromyalgia? A cross-sectional study from the al-Ãndalus project. BMJ Open, 2020, 10, e034697.	1.9	5
34	Do women with fibromyalgia present higher cardiovascular disease risk profile than healthy women? The al-Ãndalus project. Clinical and Experimental Rheumatology, 2017, 35 Suppl 105, 61-67.	0.8	4
35	An mâ€Health telerehabilitation and health education program on physical performance in patients with hip fracture and their family caregivers: Study protocol for the ActiveHip+ randomized controlled trial. Research in Nursing and Health, 2022, , .	1.6	3
36	FRI0743-HPRâ€...The association of physical fitness components with sleep quality in women with fibromyalgia: the al-Îţndalus project. , 2017, , .		2

#	Article	IF	Citations
37	OP0076â€…Isotemporal substitution of sedentary time with physical activity in fibromyalgia: association with quality of life and disease impact. the al-Ãndalus project. , 2018, , .		1
38	Association of objectively measured physical fitness with health-related quality of life of mid-life women: the FLAMENCO project. Climacteric, 2021, 24, 282-288.	2.4	1
39	Association of Self-Reported Physical Fitness with Pregnancy Related Symptoms the GESTAFIT Project. International Journal of Environmental Research and Public Health, 2021, 18, 3345.	2.6	1
40	Association of Self-Reported Physical Fitness during Late Pregnancy with Birth Outcomes and Oxytocin Administration during Labourâ€"The GESTAFIT Project. International Journal of Environmental Research and Public Health, 2021, 18, 8201.	2.6	1
41	THU0542â€…Pain Catastrophizing and Self-Efficacy as Determinants of Subjective and Objective Physical Function in Women with fibromyalgia: The al-Î†ndalus Project. Annals of the Rheumatic Diseases, 2016, 75, 388.2-388.	0.9	0
42	OP0066-HPRâ€…Performance-Based Memory Is Not Impaired in fibromyalgia. A Study in A Large Sample Also Testing Gender Differences. The al-Î†ndalus Project. Annals of the Rheumatic Diseases, 2016, 75, 80.1-80.	0.9	0
43	THU0470â€…ASSOCIATION OF SEDENTARY TIME AND PHYSICAL ACTIVITY WITH PHYSICAL FITNESS IN WOMEN WITH FIBROMIALGIA: AN ISOTEMPORAL SUBSTITUTION APPROACH. , 2019, , .		0
44	FRI0709-HPRâ€…EFFECTS OF LAND- AND WATER-BASED EXERCISE INTERVENTIONS ON PAIN IN PEOPLE WITH FIBROMYALGIA: A PRELIMINARY REPORT FROM THE AL-Ã¡NDALUS RANDOMISED CONTROLLED TRIAL. , 2019, , .		0
45	OP0101â€…COMPARATIVE EFFECTIVENESS OF LAND AND WATER-BASED EXERCISE ON QUALITY OF LIFE OF PATIENTS WITH FIBROMYALGIA: PRELIMINARY FINDINGS FROM THE AL-ÃNDALUS RANDOMISED CONTROLLED TRIAL. , 2019, , .		0
46	THU0517â€…Identification of candidate genes associated with fibromyalgia susceptibility in southern spanish women: the al-Ãndalus project. , 2018, , .		0
47	THU0514â€…Fat but fit. the combined association of body mass indexand cardiorespiratory fitness with the fibromyalgia severity and tenderness: the al-Ãndalus project. , 2018, , .		0