

# Sonia Lippke

## List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

205  
papers

5,252  
citations

39  
h-index

65  
g-index

261  
ext. papers

6,245  
ext. citations

3.4  
avg, IF

6  
L-index

#	Paper	IF	Citations
205	Web-Based Versus Print-Based Physical Activity Intervention for Community-Dwelling Older Adults: Crossover Randomized Trial.. <i>JMIR MHealth and UHealth</i> , <b>2022</b> , 10, e32212	5.5	1
204	The Effectiveness of Sequentially Delivered Web-Based Interventions on Promoting Physical Activity and Fruit-Vegetable Consumption Among Chinese College Students: Mixed Methods Study.. <i>Journal of Medical Internet Research</i> , <b>2022</b> , 24, e30566	7.6	2
203	Distinct physical activity and sedentary behavior trajectories in older adults during participation in a physical activity intervention: a latent class growth analysis.. <i>European Review of Aging and Physical Activity</i> , <b>2022</b> , 19, 1	6.5	2
202	Hygiene Behaviors and SARS-CoV-2-Preventive Behaviors in the Face of the COVID-19 Pandemic: Self-Reported Compliance and Associations with Fear, SARS-CoV-2 Risk, and Mental Health in a General Population vs. a Psychosomatic Patients Sample in Germany. <i>Hygiene</i> , <b>2022</b> , 2, 28-43		3
201	Kommunikationskonzepte zur Verbesserung der professionellen Gesundheitskompetenz. <i>The Springer Reference Pfliegerapie, Gesundheit</i> , <b>2022</b> , 1-11	0.2	
200	Psychological Intervention to Improve Communication and Patient Safety in Obstetrics: Examination of the Health Action Process Approach.. <i>Frontiers in Psychology</i> , <b>2022</b> , 13, 771626	3.4	1
199	A WeChat Mini Program-Based Intervention for Physical Activity, Fruit and Vegetable Consumption Among Chinese Cardiovascular Patients in Home-Based Rehabilitation: A Study Protocol.. <i>Frontiers in Public Health</i> , <b>2022</b> , 10, 739100	6	0
198	Modelle gesundheitsbezogenen Handelns und Verhaltensänderung. <i>The Springer Reference Pfliegerapie, Gesundheit</i> , <b>2022</b> , 1-13	0.2	
197	Study protocol for the effects of multimodal training of cognitive and/or physical functions on cognition and physical fitness of older adults: a cluster randomized controlled trials. <i>BMC Geriatrics</i> , <b>2022</b> , 22, 398	4.1	
196	Einsamkeit im Alter: die geografische und psychosoziale Perspektive. <i>Veichtaer Beitrage Zur Gerontologie</i> , <b>2022</b> , 55-76	0.1	
195	Association of Social-Cognitive Factors with Individual Preventive Behaviors of COVID-19 among a Mixed-Sample of Older Adults from China and Germany. <i>International Journal of Environmental Research and Public Health</i> , <b>2022</b> , 19, 6364	4.6	1
194	Cardiopulmonary capacity and psychological factors are related to return to work in orthopedic rehabilitation patients. <i>Journal of Health Psychology</i> , <b>2021</b> , 26, 2505-2519	3.1	2
193	Adherence With Online Therapy vs Face-to-Face Therapy and With Online Therapy vs Care as Usual: Secondary Analysis of Two Randomized Controlled Trials. <i>Journal of Medical Internet Research</i> , <b>2021</b> , 23, e31274	7.6	1
192	Acting Instead of Reacting Ensuring Employee Retention during Successful Introduction of i4.0. <i>Applied System Innovation</i> , <b>2021</b> , 4, 97	2.4	3
191	Effectiveness of Communication Interventions in Obstetrics-A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , <b>2021</b> , 18,	4.6	4
190	Development of the perceptions of preventable adverse events assessment tool (PPAEAT): measurement properties and patients' mental health status. <i>International Journal for Quality in Health Care</i> , <b>2021</b> , 33,	1.9	1
189	Psychosomatic Rehabilitation Patients and the General Population During COVID-19: Online Cross-sectional and Longitudinal Study of Digital Trainings and Rehabilitation Effects. <i>JMIR Mental Health</i> , <b>2021</b> , 8, e30610	6	1

188	An 8-Week Study on Social-Cognitive Variables for Physical Activity and Fruit and Vegetable Intake: Are there Stage Transitions?. <i>Applied Psychology: Health and Well-Being</i> , <b>2021</b> , 13, 109-128	6.8	2
187	Pace of life and perceived stress in international students. <i>PsyCh Journal</i> , <b>2021</b> , 10, 425-436	1.4	1
186	Modelle gesundheitsbezogenen Handelns und Verhaltensänderung. <i>The Springer Reference Pfliegerapie, Gesundheit</i> , <b>2021</b> , 77-93	0.2	
185	Health Behavior Change <b>2021</b> ,		1
184	Ansätze zur Förderung gesunder Ernährung und Bewegung <b>2021</b> , 1-20		
183	Physical Activity, Loneliness, and Meaning of Friendship in Young Individuals - A Mixed-Methods Investigation Prior to and During the COVID-19 Pandemic With Three Cross-Sectional Studies. <i>Frontiers in Psychology</i> , <b>2021</b> , 12, 617267	3.4	12
182	To What Extent is Internet Activity Predictive of Psychological Well-Being?. <i>Psychology Research and Behavior Management</i> , <b>2021</b> , 14, 207-219	3.8	11
181	Implementing Digital Trainings within Medical Rehabilitations: Improvement of Mental Health and Synergetic Outcomes with Healthcare Service. <i>International Journal of Environmental Research and Public Health</i> , <b>2021</b> , 18,	4.6	1
180	Harmonious personality and work-family conflicts: The multiple mediating roles of social support and self-control. <i>PsyCh Journal</i> , <b>2021</b> , 10, 889-897	1.4	1
179	Improving professional health literacy in hospitals: study protocol of a participatory codesign and implementation study. <i>BMJ Open</i> , <b>2021</b> , 11, e045835	3	1
178	Health-related lifestyle and dropout from a web-based physical activity intervention trial in older adults: A latent profile analysis. <i>Health Psychology</i> , <b>2021</b> , 40, 481-490	5	1
177	Barriers and Facilitators of Safe Communication in Obstetrics: Results from Qualitative Interviews with Physicians, Midwives and Nurses. <i>International Journal of Environmental Research and Public Health</i> , <b>2021</b> , 18,	4.6	7
176	Health Status Stability of Patients in a Medical Rehabilitation Program: What Are the Roles of Time, Physical Fitness Level, and Self-efficacy?. <i>International Journal of Behavioral Medicine</i> , <b>2021</b> , 1	2.6	
175	Requirements for (web-based) physical activity interventions targeting adults above the age of 65 years - qualitative results regarding acceptance and needs of participants and non-participants. <i>BMC Public Health</i> , <b>2020</b> , 20, 907	4.1	3
174	Social Participation during the Transition to Retirement: Findings on Work, Health and Physical Activity beyond Retirement from an Interview Study over the Course of 3 Years. <i>Activities, Adaptation and Aging</i> , <b>2020</b> , 1-24	0.7	6
173	Problematic Internet Use and Perceived Quality of Life: Findings from a Cross-Sectional Study Investigating Work-Time and Leisure-Time Internet Use. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	9
172	Predictors for Loneliness Perceived by the Interviewer or the Individual: Findings from Limited Disability Pensioners and Medical Rehabilitation Patients. <i>Acta De Investigación Psicológica</i> , <b>2020</b> , 10, 114-130	0.1	
171	Implementation and Effects of Information Technology-Based and Print-Based Interventions to Promote Physical Activity Among Community-Dwelling Older Adults: Protocol for a Randomized Crossover Trial. <i>JMIR Research Protocols</i> , <b>2020</b> , 9, e15168	2	3

170	The Mediator Roles of Problematic Internet Use and Perceived Stress Between Health Behaviors and Work-Life Balance Among Internet Users in Germany and China: Web-Based Cross-Sectional Study. <i>Journal of Medical Internet Research</i> , <b>2020</b> , 22, e16468	7.6	1
169	Multiple Health Behaviors across Age: Physical Activity and Internet Use. <i>American Journal of Health Behavior</i> , <b>2020</b> , 44, 333-344	1.9	4
168	Wollen oder können sie nicht? <b>2020</b> , 15, 23-29	1.3	2
167	Assessing physical activity through questionnaires – A consensus of best practices and future directions. <i>Psychology of Sport and Exercise</i> , <b>2020</b> , 50, 101715	4.2	20
166	Obstetric Healthcare Workers' Adherence to Hand Hygiene Recommendations during the COVID-19 Pandemic: Observations and Social-Cognitive Determinants. <i>Applied Psychology: Health and Well-Being</i> , <b>2020</b> , 12, 1286-1305	6.8	16
165	Effects of Two Web-Based Interventions and Mediating Mechanisms on Stage of Change Regarding Physical Activity in Older Adults. <i>Applied Psychology: Health and Well-Being</i> , <b>2020</b> , 12, 77-100	6.8	9
164	Predicting Self-Disclosure in Recruitment in the Context of Social Media Screening. <i>Employee Responsibilities and Rights Journal</i> , <b>2019</b> , 31, 99-112	0.5	2
163	Temporary Disability Pension, RTW-Intentions, and RTW-Behavior: Expectations and Experiences of Disability Pensioners over 17 Months. <i>International Journal of Environmental Research and Public Health</i> , <b>2019</b> , 17,	4.6	2
162	Latent user groups of an eHealth physical activity behaviour change intervention for people interested in reducing their cardiovascular risk. <i>Research in Sports Medicine</i> , <b>2019</b> , 27, 34-49	3.8	10
161	A web-based lifestyle intervention program for Chinese college students: study protocol and baseline characteristics of a randomized placebo-controlled trial. <i>BMC Public Health</i> , <b>2019</b> , 19, 1097	4.1	13
160	Effects of two web-based interventions promoting physical activity among older adults compared to a delayed intervention control group in Northwestern Germany: Results of the PROMOTE community-based intervention trial. <i>Preventive Medicine Reports</i> , <b>2019</b> , 15, 100958	2.6	18
159	Future orientation buffers depression in daily and specific stress. <i>PsyCh Journal</i> , <b>2019</b> , 8, 342-352	1.4	9
158	Restoring meaning in life by meaning-focused coping: The role of self-distancing. <i>PsyCh Journal</i> , <b>2019</b> , 8, 386-396	1.4	4
157	Using Photo Stories to Support Doctor-Patient Communication: Evaluating a Communicative Health Literacy Intervention for Older Adults. <i>International Journal of Environmental Research and Public Health</i> , <b>2019</b> , 16,	4.6	2
156	Sozial-kognitive Theorien und Modelle des Gesundheitsverhaltens – Problemlagen und Potenziale in der Gesundheitsförderung und Prävention für Menschen mit Demenz <b>2019</b> , 75-90		
155	Putting psychology into telerehabilitation: Coping planning as an example for how to integrate behavior change techniques into clinical practice. <i>AIMS Medical Science</i> , <b>2019</b> , 6, 13-32	0.4	
154	Modelle gesundheitsbezogenen Handelns und Verhaltensänderung. <i>The Springer Reference Pflege, Gesundheit</i> , <b>2019</b> , 1-17	0.2	
153	Modelle gesundheitsbezogenen Handelns und Verhaltensänderung. <i>The Springer Reference Pflege, Gesundheit</i> , <b>2019</b> , 299-310	0.2	0

152	Communication and patient safety in gynecology and obstetrics - study protocol of an intervention study. <i>BMC Health Services Research</i> , <b>2019</b> , 19, 908	2.9	13
151	Fruit and Vegetable Intake: the Interplay of Planning, Social Support, and Sex. <i>International Journal of Behavioral Medicine</i> , <b>2018</b> , 25, 421-430	2.6	10
150	Understanding the Positive Associations of Sleep, Physical Activity, Fruit and Vegetable Intake as Predictors of Quality of Life and Subjective Health Across Age Groups: A Theory Based, Cross-Sectional Web-Based Study. <i>Frontiers in Psychology</i> , <b>2018</b> , 9, 977	3.4	31
149	Associations among Sleep, Diet, Quality of Life, and Subjective Health. <i>Health Behavior and Policy Review</i> , <b>2018</b> , 5, 46-58	1.2	7
148	Sex differential mediation effects of planning within the health behavior change process. <i>Social Science and Medicine</i> , <b>2018</b> , 211, 137-146	5.1	3
147	The Mediating Role of Perceived Social Support Between Physical Activity Habit Strength and Depressive Symptoms in People Seeking to Decrease Their Cardiovascular Risk: Cross-Sectional Study. <i>JMIR Mental Health</i> , <b>2018</b> , 5, e11124	6	0
146	Evaluation of a Web-Based Intervention for Multiple Health Behavior Changes in Patients With Coronary Heart Disease in Home-Based Rehabilitation: Pilot Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , <b>2018</b> , 20, e12052	7.6	35
145	Testing a Photo Story Intervention in Paper Versus Electronic Tablet Format Compared to a Traditional Brochure Among Older Adults in Germany: Randomized Controlled Trial. <i>JMIR Aging</i> , <b>2018</b> , 1, e12145	4.8	3
144	E-Health als zentrale Komponente des digitalen Betrieblichen Gesundheitsmanagements □ psychologische Ansätze, Erkenntnisse und Evaluationsmethoden <b>2018</b> , 119-136		2
143	Rehabilitants'Sconscientiousness as a moderator of the intention-planning-behavior chain. <i>Rehabilitation Psychology</i> , <b>2018</b> , 63, 460-467	2.7	6
142	Health Education and Health Promotion: Key Concepts and Exemplary Evidence to Support Them <b>2018</b> , 489-532		4
141	Modelle gesundheitsbezogenen Handelns und Verhaltensänderung. <i>The Springer Reference Pflegegerapie, Gesundheit</i> , <b>2018</b> , 1-12	0.2	1
140	Brief report: Compensatory health beliefs are negatively associated with intentions for regular fruit and vegetable consumption when self-efficacy is low. <i>Journal of Health Psychology</i> , <b>2017</b> , 22, 1094-1100	3.1	14
139	Physical activity across the life-span: Does feeling physically younger help you to plan physical activities?. <i>Journal of Health Psychology</i> , <b>2017</b> , 22, 324-335	3.1	5
138	Physical Activity Behavior and Competing Activities: Interrelations in 55- to 70-Year-Old Germans. <i>Journal of Aging and Physical Activity</i> , <b>2017</b> , 25, 576-586	1.6	7
137	Put two (and two) together to make the most of physical activity and healthy nutrition - A longitudinal online study examining cross-behavioural mechanisms in multiple health behaviour change. <i>Research in Sports Medicine</i> , <b>2017</b> , 25, 357-372	3.8	7
136	What contributes to action plan enactment? Examining characteristics of physical activity plans. <i>British Journal of Health Psychology</i> , <b>2017</b> , 22, 940-957	8.3	19
135	Investigating acculturation orientations of patients with an immigration background and doctors in Canada: implications for medical advice adherence. <i>Quality of Life Research</i> , <b>2017</b> , 26, 1223-1232	3.7	4

134	Motivational and Volitional Correlates of Physical Activity in Participants Reporting No, Past, and Current Hypertension: Findings from a Cross-Sectional Observation Study. <i>International Journal of Behavioral Medicine</i> , <b>2017</b> , 24, 908-914	2.6	5
133	Development and evaluation of two web-based interventions for the promotion of physical activity in older adults: study protocol for a community-based controlled intervention trial. <i>BMC Public Health</i> , <b>2017</b> , 17, 512	4.1	18
132	Future directions of multiple behavior change research. <i>Journal of Behavioral Medicine</i> , <b>2017</b> , 40, 194-203.	3.6	70
131	The Importance of Team Health Climate for Health-Related Outcomes of White-Collar Workers. <i>Frontiers in Psychology</i> , <b>2017</b> , 8, 74	3.4	18
130	How to Tackle Key Challenges in the Promotion of Physical Activity among Older Adults (65+): The AEQUIPA Network Approach. <i>International Journal of Environmental Research and Public Health</i> , <b>2017</b> , 14,	4.6	30
129	Web-Based Intervention for Physical Activity and Fruit and Vegetable Intake Among Chinese University Students: A Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , <b>2017</b> , 19, e1067.	7.6	77
128	Social-cognitive factors of long-term physical exercise 7 years after orthopedic treatment. <i>Rehabilitation Psychology</i> , <b>2017</b> , 62, 89-99	2.7	8
127	Testing the validity of a stage assessment on health enhancing physical activity in a chinese university student sample. <i>BMC Public Health</i> , <b>2016</b> , 16, 260	4.1	5
126	Generating and predicting high quality action plans to facilitate physical activity and fruit and vegetable consumption: results from an experimental arm of a randomised controlled trial. <i>BMC Public Health</i> , <b>2016</b> , 16, 317	4.1	20
125	Investigating patients with an immigration background in Canada: relationships between individual immigrant attitudes, the doctor-patient relationship, and health outcomes. <i>BMC Public Health</i> , <b>2016</b> , 16, 23	4.1	12
124	Effectiveness of a Web-Based Computer-Tailored Multiple-Lifestyle Intervention for People Interested in Reducing their Cardiovascular Risk: A Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , <b>2016</b> , 18, e78	7.6	27
123	Using Visual Analogue Scales in eHealth: Non-Response Effects in a Lifestyle Intervention. <i>Journal of Medical Internet Research</i> , <b>2016</b> , 18, e126	7.6	10
122	Physical exercise, sickness absence and subjective employability: An 8-year longitudinal observational study among musculoskeletal patients. <i>Journal of Rehabilitation Medicine</i> , <b>2016</b> , 48, 541-63.	3.4	9
121	A Rolling Stone Gathers No Moss-The Long Way from Good Intentions to Physical Activity Mediated by Planning, Social Support, and Self-Regulation. <i>Frontiers in Psychology</i> , <b>2016</b> , 7, 1024	3.4	5
120	Intervention Engagement Moderates the Dose-Response Relationships in a Dietary Intervention. <i>Dose-Response</i> , <b>2016</b> , 14, 1559325816637515	2.3	9
119	Testing principle working mechanisms of the health action process approach for subjective physical age groups. <i>Research in Sports Medicine</i> , <b>2016</b> , 24, 67-83	3.8	12
118	Evaluating brief motivational and self-regulatory hand hygiene interventions: a cross-over longitudinal design. <i>BMC Public Health</i> , <b>2015</b> , 15, 79	4.1	65
117	Cross-behavior associations and multiple health behavior change: A longitudinal study on physical activity and fruit and vegetable intake. <i>Journal of Health Psychology</i> , <b>2015</b> , 20, 525-34	3.1	54

116	Modelling of food intake in Brazil and Germany: Examining the effects of self-construals. <i>Eating Behaviors</i> , <b>2015</b> , 19, 127-32	3	4
115	The interplay of intention, autonomy, and sex with dietary planning: A conditional process model to predict fruit and vegetable intake. <i>British Journal of Health Psychology</i> , <b>2015</b> , 20, 859-76	8.3	7
114	Promoting action control and coping planning to improve hand hygiene. <i>BMC Public Health</i> , <b>2015</b> , 15, 964	4.1	7
113	Original article Direct effects of a domain-specific subjective age measure on self-reported physical activity ¶ Is it more important how old you are or how old you feel?. <i>Health Psychology Report</i> , <b>2015</b> , 2, 131-139	1.4	13
112	The Possible Antecedents and Consequences of Matching of Food Intake: Examining the Role of Trait Self-Esteem and Interpersonal Closeness. <i>Frontiers in Psychology</i> , <b>2015</b> , 6, 1920	3.4	1
111	A Computerized Lifestyle Application to Promote Multiple Health Behaviors at the Workplace: Testing Its Behavioral and Psychological Effects. <i>Journal of Medical Internet Research</i> , <b>2015</b> , 17, e225	7.6	18
110	Positive Exercise Experience Facilitates Behavior Change via Self-Efficacy. <i>Health Education and Behavior</i> , <b>2014</b> , 41, 414-22	4.2	11
109	Sticking to a healthy diet is easier for me when I exercise regularly¶ cognitive transfer between physical exercise and healthy nutrition. <i>Psychology and Health</i> , <b>2014</b> , 29, 1361-72	2.9	44
108	Testing two principles of the Health Action Process Approach in individuals with type 2 diabetes. <i>Health Psychology</i> , <b>2014</b> , 33, 77-84	5	26
107	Physical activity among adults with obesity: testing the Health Action Process Approach. <i>Rehabilitation Psychology</i> , <b>2014</b> , 59, 42-9	2.7	38
106	MODELLING AND SUPPORTING COMPLEX BEHAVIOR CHANGE RELATED TO OBESITY AND DIABETES PREVENTION AND MANAGEMENT WITH THE COMPENSATORY CARRY-OVER ACTION MODEL. <i>Journal of Diabetes and Obesity</i> , <b>2014</b> , 1, 1-5		41
105	Soziale Unterstützung als Wegbereiter für Planungsprozesse. <i>Zeitschrift Fur Gesundheitspsychologie</i> , <b>2014</b> , 22, 39-49		2
104	Investigating and Promoting the Decision towards Signing an Organ Donation Card. <i>Open Journal of Medical Psychology</i> , <b>2014</b> , 03, 189-201	0.4	
103	Planning skills moderate the intention-planning cognitions-behaviour relation: a longitudinal study on physical activity in Chinese adolescents. <i>Research in Sports Medicine</i> , <b>2013</b> , 21, 12-23	3.8	5
102	From intentions via planning and behavior to physical exercise habits. <i>Psychology of Sport and Exercise</i> , <b>2013</b> , 14, 632-639	4.2	82
101	Designing a theory- and evidence-based tailored eHealth rehabilitation aftercare program in Germany and the Netherlands: study protocol. <i>BMC Public Health</i> , <b>2013</b> , 13, 1081	4.1	20
100	Positive experience, self-efficacy, and action control predict physical activity changes: a moderated mediation analysis. <i>British Journal of Health Psychology</i> , <b>2013</b> , 18, 395-406	8.3	42
99	Effects of a self-regulation intervention on exercise are moderated by depressive symptoms: A quasi-experimental study. <i>International Journal of Clinical and Health Psychology</i> , <b>2013</b> , 13, 1-8	5.1	21

98	Relationship between health climate and affective commitment in the workplace. <i>International Journal of Health Promotion and Education</i> , <b>2013</b> , 51, 172-179	0.8	7
97	A mediator model to predict workplace influenza vaccination behaviour--an application of the health action process approach. <i>Psychology and Health</i> , <b>2013</b> , 28, 579-92	2.9	16
96	Promoting exercise maintenance: how interventions with booster sessions improve long-term rehabilitation outcomes. <i>Rehabilitation Psychology</i> , <b>2013</b> , 58, 323-33	2.7	70
95	I do not need a flu shot because I lead a healthy lifestyle: compensatory health beliefs make vaccination less likely. <i>Journal of Health Psychology</i> , <b>2013</b> , 18, 825-36	3.1	30
94	Self-regulation prompts can increase fruit consumption: a one-hour randomised controlled online trial. <i>Psychology and Health</i> , <b>2013</b> , 28, 533-45	2.9	26
93	Gesundheitsförderungsmaßnahmen für ältere Menschen mittels neuer Medien. <i>Zeitschrift Für Gesundheitspsychologie</i> , <b>2013</b> , 21, 34-44		3
92	Health-promoting and health-risk behaviors: theory-driven analyses of multiple health behavior change in three international samples. <i>International Journal of Behavioral Medicine</i> , <b>2012</b> , 19, 1-13	2.6	113
91	A mediator model of sunscreen use: a longitudinal analysis of social-cognitive predictors and mediators. <i>International Journal of Behavioral Medicine</i> , <b>2012</b> , 19, 65-72	2.6	39
90	Depressive symptoms interfere with post-rehabilitation exercise: outcome expectancies and experience as mediators. <i>Psychology, Health and Medicine</i> , <b>2012</b> , 17, 698-708	2.1	13
89	Translating intentions into sunscreen use: an interaction of self-efficacy and appearance norms. <i>Psychology, Health and Medicine</i> , <b>2012</b> , 17, 447-56	2.1	5
88	A combined planning and self-efficacy intervention to promote physical activity: a multiple mediation analysis. <i>Psychology, Health and Medicine</i> , <b>2012</b> , 17, 488-98	2.1	26
87	Efficacy of a text messaging (SMS) based smoking cessation intervention for adolescents and young adults: study protocol of a cluster randomised controlled trial. <i>BMC Public Health</i> , <b>2012</b> , 12, 51	4.1	48
86	Multiple plans and memory performance: results of a randomized controlled trial targeting fruit and vegetable intake. <i>Journal of Behavioral Medicine</i> , <b>2012</b> , 35, 387-92	3.6	36
85	Planning and self-efficacy can increase fruit and vegetable consumption: a randomized controlled trial. <i>Journal of Behavioral Medicine</i> , <b>2012</b> , 35, 443-51	3.6	66
84	Future time perspective and health behaviors: temporal framing of self-regulatory processes in physical exercise and dietary behaviors. <i>Annals of Behavioral Medicine</i> , <b>2012</b> , 43, 208-18	4.5	61
83	Changes in social-cognitive variables are associated with stage transitions in physical activity. <i>Health Education Research</i> , <b>2012</b> , 27, 129-40	1.8	17
82	Facilitating sunscreen use in women by a theory-based online intervention: a randomized controlled trial. <i>Journal of Health Psychology</i> , <b>2012</b> , 17, 207-16	3.1	34
81	Synergistic effects of planning and self-efficacy on physical activity. <i>Health Education and Behavior</i> , <b>2012</b> , 39, 152-8	4.2	23



80	Enhancing planning strategies for sunscreen use at different stages of change. <i>Health Education Research</i> , <b>2012</b> , 27, 857-67	1.8	17
79	Nicht-lineare Zusammenhänge zwischen Intention und Verhalten. <i>Zeitschrift Fur Gesundheitspsychologie</i> , <b>2012</b> , 20, 105-114		
78	Testing two stage assessments in a Chinese college student sample: Correspondences and discontinuity patterns across stages. <i>Psychology of Sport and Exercise</i> , <b>2011</b> , 12, 306-313	4.2	14
77	Exercise maintenance after rehabilitation: How experience can make a difference. <i>Psychology of Sport and Exercise</i> , <b>2011</b> , 12, 293-299	4.2	32
76	The More the Better? The Number of Plans Predicts Health Behaviour Change. <i>Applied Psychology: Health and Well-Being</i> , <b>2011</b> , 3, 87-106	6.8	32
75	Wahrgenommene Zielkonflikte zwischen Gesundheitszielen: Ergebnisse einer Intervention zur Förderung von körperlicher Aktivität und Ernährung. <i>Zeitschrift Fuer Medizinische Psychologie</i> , <b>2011</b> , 20, 60-71		
74	Meat Label Information: Effects of Separate Versus Conjoint Presentation on Product Evaluation <sup>1</sup> . <i>Journal of Applied Social Psychology</i> , <b>2011</b> , 41, 1947-1957	2.1	1
73	Intervention effects of exercise self-regulation on physical exercise and eating fruits and vegetables: a longitudinal study in orthopedic and cardiac rehabilitation. <i>Preventive Medicine</i> , <b>2011</b> , 53, 182-7	4.3	87
72	How planning facilitates behaviour change: Additive and interactive effects of a randomized controlled trial. <i>European Journal of Social Psychology</i> , <b>2011</b> , 41, 42-51	2.9	35
71	Self-efficacy as a moderator of the planning-behaviour relationship in interventions designed to promote physical activity. <i>Psychology and Health</i> , <b>2011</b> , 26, 151-66	2.9	134
70	Awareness of Canada's Physical Activity Guide to Healthy Active Living in a large community sample. <i>American Journal of Health Promotion</i> , <b>2011</b> , 25, 294-7	2.5	19
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