

Sonia Lippke

List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

205
papers

5,252
citations

39
h-index

65
g-index

261
ext. papers

6,245
ext. citations

3.4
avg, IF

6
L-index

#	Paper	IF	Citations
205	Mechanisms of health behavior change in persons with chronic illness or disability: the Health Action Process Approach (HAPA). <i>Rehabilitation Psychology</i> , 2011 , 56, 161-70	2.7	360
204	Adoption and maintenance of four health behaviors: theory-guided longitudinal studies on dental flossing, seat belt use, dietary behavior, and physical activity. <i>Annals of Behavioral Medicine</i> , 2007 , 33, 156-66	4.5	256
203	Adoption and maintenance of physical activity: Planning interventions in young, middle-aged, and older adults. <i>Psychology and Health</i> , 2006 , 21, 145-63	2.9	176
202	Social-cognitive predictors of physical exercise adherence: three longitudinal studies in rehabilitation. <i>Health Psychology</i> , 2008 , 27, S54-63	5	160
201	Beyond behavioural intentions: planning mediates between intentions and physical activity. <i>British Journal of Health Psychology</i> , 2008 , 13, 479-94	8.3	160
200	Self-efficacy as a moderator of the planning-behaviour relationship in interventions designed to promote physical activity. <i>Psychology and Health</i> , 2011 , 26, 151-66	2.9	134
199	Health-promoting and health-risk behaviors: theory-driven analyses of multiple health behavior change in three international samples. <i>International Journal of Behavioral Medicine</i> , 2012 , 19, 1-13	2.6	113
198	Theory-Based Health Behavior Change: Developing, Testing, and Applying Theories for Evidence-Based Interventions. <i>Applied Psychology</i> , 2008 , 57, 698-716	4.3	113
197	Testing stage-specific effects of a stage-matched intervention: a randomized controlled trial targeting physical exercise and its predictors. <i>Health Education and Behavior</i> , 2010 , 37, 533-46	4.2	95
196	Initiation and Maintenance of Physical Exercise: Stage-Specific Effects of a Planning Intervention. <i>Research in Sports Medicine</i> , 2004 , 12, 221-240	3.8	94
195	Validity of stage assessment in the adoption and maintenance of physical activity and fruit and vegetable consumption. <i>Health Psychology</i> , 2009 , 28, 183-93	5	93
194	Intervention effects of exercise self-regulation on physical exercise and eating fruits and vegetables: a longitudinal study in orthopedic and cardiac rehabilitation. <i>Preventive Medicine</i> , 2011 , 53, 182-7	4.3	87
193	From intentions via planning and behavior to physical exercise habits. <i>Psychology of Sport and Exercise</i> , 2013 , 14, 632-639	4.2	82
192	Physical Activity and Social Cognitive Theory: A Test in a Population Sample of Adults with Type 1 or Type 2 Diabetes. <i>Applied Psychology</i> , 2008 , 57, 628-643	4.3	82
191	Behavioral Intentions and Action Plans Promote Physical Exercise: A Longitudinal Study with Orthopedic Rehabilitation Patients. <i>Journal of Sport and Exercise Psychology</i> , 2004 , 26, 470-483	1.5	79
190	Stage-specific adoption and maintenance of physical activity: testing a three-stage model. <i>Psychology of Sport and Exercise</i> , 2005 , 6, 585-603	4.2	78
189	Web-Based Intervention for Physical Activity and Fruit and Vegetable Intake Among Chinese University Students: A Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2017 , 19, e1067.6	7.6	77

188	Future directions of multiple behavior change research. <i>Journal of Behavioral Medicine</i> , 2017 , 40, 194-203.	3.6	70
187	Promoting exercise maintenance: how interventions with booster sessions improve long-term rehabilitation outcomes. <i>Rehabilitation Psychology</i> , 2013 , 58, 323-33	2.7	70
186	Self-efficacy moderates the mediation of intentions into behavior via plans. <i>American Journal of Health Behavior</i> , 2009 , 33, 521-9	1.9	69
185	Changes in intentions, planning, and self-efficacy predict changes in behaviors: an application of latent true change modeling. <i>Journal of Health Psychology</i> , 2010 , 15, 935-47	3.1	68
184	Planning and self-efficacy can increase fruit and vegetable consumption: a randomized controlled trial. <i>Journal of Behavioral Medicine</i> , 2012 , 35, 443-51	3.6	66
183	Evaluating brief motivational and self-regulatory hand hygiene interventions: a cross-over longitudinal design. <i>BMC Public Health</i> , 2015 , 15, 79	4.1	65
182	Future time perspective and health behaviors: temporal framing of self-regulatory processes in physical exercise and dietary behaviors. <i>Annals of Behavioral Medicine</i> , 2012 , 43, 208-18	4.5	61
181	Are goal intentions or implementation intentions better predictors of health behavior? A longitudinal study in orthopedic rehabilitation.. <i>Rehabilitation Psychology</i> , 2007 , 52, 97-102	2.7	58
180	Planning bridges the intention-behaviour gap: age makes a difference and strategy use explains why. <i>Psychology and Health</i> , 2010 , 25, 873-87	2.9	57
179	Physical activity and diabetes: an application of the theory of planned behaviour to explain physical activity for Type 1 and Type 2 diabetes in an adult population sample. <i>Psychology and Health</i> , 2010 , 25, 7-23	2.9	55
178	Cross-behavior associations and multiple health behavior change: A longitudinal study on physical activity and fruit and vegetable intake. <i>Journal of Health Psychology</i> , 2015 , 20, 525-34	3.1	54
177	Subjective residual life expectancy in health self-regulation. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2006 , 61, P195-201	4.6	54
176	Planning and strategy use in health behavior change: a life span view. <i>International Journal of Behavioral Medicine</i> , 2007 , 14, 30-9	2.6	51
175	Efficacy of a text messaging (SMS) based smoking cessation intervention for adolescents and young adults: study protocol of a cluster randomised controlled trial. <i>BMC Public Health</i> , 2012 , 12, 51	4.1	48
174	The 8th International Congress on SLE. <i>Applied Psychology: Health and Well-Being</i> , 2009 , 1, 91-104	6.8	45
173	Sticking to a healthy diet is easier for me when I exercise regularlyS cognitive transfer between physical exercise and healthy nutrition. <i>Psychology and Health</i> , 2014 , 29, 1361-72	2.9	44
172	Factorial invariance of the theory of planned behavior applied to physical activity across gender, age, and ethnic groups. <i>Psychology of Sport and Exercise</i> , 2009 , 10, 219-225	4.2	44
171	Protection motivation theory and the prediction of physical activity among adults with type 1 or type 2 diabetes in a large population sample. <i>British Journal of Health Psychology</i> , 2010 , 15, 643-61	8.3	43

170	Positive experience, self-efficacy, and action control predict physical activity changes: a moderated mediation analysis. <i>British Journal of Health Psychology</i> , 2013 , 18, 395-406	8.3	42
169	Differential effects of planning and self-efficacy on fruit and vegetable consumption. <i>Appetite</i> , 2010 , 54, 611-4	4.5	41
168	MODELLING AND SUPPORTING COMPLEX BEHAVIOR CHANGE RELATED TO OBESITY AND DIABETES PREVENTION AND MANAGEMENT WITH THE COMPENSATORY CARRY-OVER ACTION MODEL. <i>Journal of Diabetes and Obesity</i> , 2014 , 1, 1-5		41
167	A mediator model of sunscreen use: a longitudinal analysis of social-cognitive predictors and mediators. <i>International Journal of Behavioral Medicine</i> , 2012 , 19, 65-72	2.6	39
166	Prediction of stage transitions in fruit and vegetable intake. <i>Health Education Research</i> , 2009 , 24, 596-607	7.8	39
165	Physical activity among adults with obesity: testing the Health Action Process Approach. <i>Rehabilitation Psychology</i> , 2014 , 59, 42-9	2.7	38
164	Multiple plans and memory performance: results of a randomized controlled trial targeting fruit and vegetable intake. <i>Journal of Behavioral Medicine</i> , 2012 , 35, 387-92	3.6	36
163	How planning facilitates behaviour change: Additive and interactive effects of a randomized controlled trial. <i>European Journal of Social Psychology</i> , 2011 , 41, 42-51	2.9	35
162	Long-term relations between intentions, planning, and exercise: a 3-year longitudinal study after orthopedic rehabilitation. <i>Rehabilitation Psychology</i> , 2009 , 54, 363-71	2.7	35
161	Dietary Planning as a Mediator of the Intention-Behavior Relation: An Experimental-Causal-Chain Design. <i>Applied Psychology</i> , 2008 , 57, 194-207	4.3	35
160	Evaluation of a Web-Based Intervention for Multiple Health Behavior Changes in Patients With Coronary Heart Disease in Home-Based Rehabilitation: Pilot Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2018 , 20, e12052	7.6	35
159	Facilitating sunscreen use in women by a theory-based online intervention: a randomized controlled trial. <i>Journal of Health Psychology</i> , 2012 , 17, 207-16	3.1	34
158	Use of selection, optimization, and compensation strategies in health self-regulation: interplay with resources and successful development. <i>Journal of Aging and Health</i> , 2007 , 19, 500-18	2.6	33
157	Exercise maintenance after rehabilitation: How experience can make a difference. <i>Psychology of Sport and Exercise</i> , 2011 , 12, 293-299	4.2	32
156	The More the Better? The Number of Plans Predicts Health Behaviour Change. <i>Applied Psychology: Health and Well-Being</i> , 2011 , 3, 87-106	6.8	32
155	Understanding the Positive Associations of Sleep, Physical Activity, Fruit and Vegetable Intake as Predictors of Quality of Life and Subjective Health Across Age Groups: A Theory Based, Cross-Sectional Web-Based Study. <i>Frontiers in Psychology</i> , 2018 , 9, 977	3.4	31
154	Assessing the Validity of a Stage Measure on Physical Activity in a Population-Based Sample of Individuals With Type 1 or Type 2 Diabetes. <i>Measurement in Physical Education and Exercise Science</i> , 2007 , 11, 73-91	1.9	31
153	How to Tackle Key Challenges in the Promotion of Physical Activity among Older Adults (65+): The AEQUIPA Network Approach. <i>International Journal of Environmental Research and Public Health</i> , 2017 , 14,	4.6	30

152	S do not need a flu shot because I lead a healthy lifestyleS compensatory health beliefs make vaccination less likely. <i>Journal of Health Psychology</i> , 2013 , 18, 825-36	3.1	30
151	The Theory of Planned Behavior Within the Stages of the Transtheoretical Model: Latent Structural Modeling of Stage-Specific Prediction Patterns in Physical Activity. <i>Structural Equation Modeling</i> , 2007 , 14, 649-670	3.7	30
150	Validity of a stage algorithm for physical activity in participants recruited from orthopedic and cardiac rehabilitation clinics. <i>Rehabilitation Psychology</i> , 2010 , 55, 398-408	2.7	29
149	Effectiveness of a Web-Based Computer-Tailored Multiple-Lifestyle Intervention for People Interested in Reducing their Cardiovascular Risk: A Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2016 , 18, e78	7.6	27
148	Testing two principles of the Health Action Process Approach in individuals with type 2 diabetes. <i>Health Psychology</i> , 2014 , 33, 77-84	5	26
147	A combined planning and self-efficacy intervention to promote physical activity: a multiple mediation analysis. <i>Psychology, Health and Medicine</i> , 2012 , 17, 488-98	2.1	26
146	Self-regulation prompts can increase fruit consumption: a one-hour randomised controlled online trial. <i>Psychology and Health</i> , 2013 , 28, 533-45	2.9	26
145	Stage-matched minimal interventions to enhance physical activity in Chinese adolescents. <i>Journal of Adolescent Health</i> , 2010 , 47, 533-9	5.8	25
144	When weight management lasts. Lower perceived rule complexity increases adherence. <i>Appetite</i> , 2010 , 54, 37-43	4.5	25
143	The protection motivation theory within the stages of the transtheoretical model - stage-specific interplay of variables and prediction of exercise stage transitions. <i>British Journal of Health Psychology</i> , 2009 , 14, 211-29	8.3	25
142	Understanding and modeling health behavior: the multi-stage model of health behavior change. <i>Journal of Health Psychology</i> , 2006 , 11, 37-50	3.1	25
141	Reducing obesity indicators through brief physical activity counseling (PACE) in Italian primary care settings. <i>Annals of Behavioral Medicine</i> , 2006 , 31, 179-85	4.5	25
140	Theorien und Modelle des Gesundheitsverhaltens. <i>Springer-Lehrbuch</i> , 2006 , 35-60	0.4	25
139	Dynamic online surveys and experiments with the free open-source software dynQuest. <i>Behavior Research Methods</i> , 2007 , 39, 415-26	6.1	24
138	Discontinuity patterns in stages of the precaution adoption process model: meat consumption during a livestock epidemic. <i>British Journal of Health Psychology</i> , 2005 , 10, 221-35	8.3	24
137	Synergistic effects of planning and self-efficacy on physical activity. <i>Health Education and Behavior</i> , 2012 , 39, 152-8	4.2	23
136	Physical activity and stages of change: a longitudinal test in types 1 and 2 diabetes samples. <i>Annals of Behavioral Medicine</i> , 2010 , 40, 138-49	4.5	23
135	Effects of a self-regulation intervention on exercise are moderated by depressive symptoms: A quasi-experimental study. <i>International Journal of Clinical and Health Psychology</i> , 2013 , 13, 1-8	5.1	21

134	Stages of Change in Physical Exercise: A Test of Stage Discrimination and Nonlinearity. <i>American Journal of Health Behavior</i> , 2006 , 30,	1.9	21
133	Generating and predicting high quality action plans to facilitate physical activity and fruit and vegetable consumption: results from an experimental arm of a randomised controlled trial. <i>BMC Public Health</i> , 2016 , 16, 317	4.1	20
132	Designing a theory- and evidence-based tailored eHealth rehabilitation aftercare program in Germany and the Netherlands: study protocol. <i>BMC Public Health</i> , 2013 , 13, 1081	4.1	20
131	Assessing physical activity through questionnaires – A consensus of best practices and future directions. <i>Psychology of Sport and Exercise</i> , 2020 , 50, 101715	4.2	20
130	Theoretical Frameworks in Exercise Psychology 537-559		20
129	What contributes to action plan enactment? Examining characteristics of physical activity plans. <i>British Journal of Health Psychology</i> , 2017 , 22, 940-957	8.3	19
128	Awareness of Canada's Physical Activity Guide to Healthy Active Living in a large community sample. <i>American Journal of Health Promotion</i> , 2011 , 25, 294-7	2.5	19
127	Effects of two web-based interventions promoting physical activity among older adults compared to a delayed intervention control group in Northwestern Germany: Results of the PROMOTE community-based intervention trial. <i>Preventive Medicine Reports</i> , 2019 , 15, 100958	2.6	18
126	Development and evaluation of two web-based interventions for the promotion of physical activity in older adults: study protocol for a community-based controlled intervention trial. <i>BMC Public Health</i> , 2017 , 17, 512	4.1	18
125	The Importance of Team Health Climate for Health-Related Outcomes of White-Collar Workers. <i>Frontiers in Psychology</i> , 2017 , 8, 74	3.4	18
124	A Computerized Lifestyle Application to Promote Multiple Health Behaviors at the Workplace: Testing Its Behavioral and Psychological Effects. <i>Journal of Medical Internet Research</i> , 2015 , 17, e225	7.6	18
123	Changes in social-cognitive variables are associated with stage transitions in physical activity. <i>Health Education Research</i> , 2012 , 27, 129-40	1.8	17
122	Enhancing planning strategies for sunscreen use at different stages of change. <i>Health Education Research</i> , 2012 , 27, 857-67	1.8	17
121	Health action process approach. <i>Zeitschrift Fur Gesundheitspsychologie</i> , 2008 , 16, 157-160		17
120	A mediator model to predict workplace influenza vaccination behaviour—an application of the health action process approach. <i>Psychology and Health</i> , 2013 , 28, 579-92	2.9	16
119	Co-morbidity, functionality and time since diagnosis as predictors of physical activity in individuals with type 1 or type 2 diabetes. <i>Diabetes Research and Clinical Practice</i> , 2007 , 78, 115-22	7.4	16
118	Obstetric Healthcare Workers' Adherence to Hand Hygiene Recommendations during the COVID-19 Pandemic: Observations and Social-Cognitive Determinants. <i>Applied Psychology: Health and Well-Being</i> , 2020 , 12, 1286-1305	6.8	16
117	Brief report: Compensatory health beliefs are negatively associated with intentions for regular fruit and vegetable consumption when self-efficacy is low. <i>Journal of Health Psychology</i> , 2017 , 22, 1094-1100	3.1	14

116	Testing two stage assessments in a Chinese college student sample: Correspondences and discontinuity patterns across stages. <i>Psychology of Sport and Exercise</i> , 2011 , 12, 306-313	4.2	14
115	Selbstregulation in der Gesundheitsverhaltensänderung. <i>Zeitschrift Fur Gesundheitspsychologie</i> , 2006 , 14, 82-90		14
114	A web-based lifestyle intervention program for Chinese college students: study protocol and baseline characteristics of a randomized placebo-controlled trial. <i>BMC Public Health</i> , 2019 , 19, 1097	4.1	13
113	Original article Direct effects of a domain-specific subjective age measure on self-reported physical activity [Is it more important how old you are or how old you feel?]. <i>Health Psychology Report</i> , 2015 , 2, 131-139	1.4	13
112	Depressive symptoms interfere with post-rehabilitation exercise: outcome expectancies and experience as mediators. <i>Psychology, Health and Medicine</i> , 2012 , 17, 698-708	2.1	13
111	Applying the stages of change to multiple low-fat dietary behavioral contexts. An examination of stage occupation and discontinuity. <i>Appetite</i> , 2009 , 53, 345-53	4.5	13
110	Self-Efficacy and Planning Predict Dietary Behaviors in Costa Rican and South Korean Women: Two Moderated Mediation Analyses. <i>Applied Psychology: Health and Well-Being</i> , 2009 , 1, 23-45	6.8	13
109	Risk perception moderates how intentions are translated into sunscreen use. <i>Journal of Behavioral Medicine</i> , 2010 , 33, 392-8	3.6	13
108	Communication and patient safety in gynecology and obstetrics - study protocol of an intervention study. <i>BMC Health Services Research</i> , 2019 , 19, 908	2.9	13
107	Investigating patients with an immigration background in Canada: relationships between individual immigrant attitudes, the doctor-patient relationship, and health outcomes. <i>BMC Public Health</i> , 2016 , 16, 23	4.1	12
106	Förderung von körperlicher Aktivität im betrieblichen Kontext. <i>Zeitschrift Fur Gesundheitspsychologie</i> , 2010 , 18, 69-78		12
105	Testing principle working mechanisms of the health action process approach for subjective physical age groups. <i>Research in Sports Medicine</i> , 2016 , 24, 67-83	3.8	12
104	Physical Activity, Loneliness, and Meaning of Friendship in Young Individuals - A Mixed-Methods Investigation Prior to and During the COVID-19 Pandemic With Three Cross-Sectional Studies. <i>Frontiers in Psychology</i> , 2021 , 12, 617267	3.4	12
103	Positive Exercise Experience Facilitates Behavior Change via Self-Efficacy. <i>Health Education and Behavior</i> , 2014 , 41, 414-22	4.2	11
102	Who participates in seasonal influenza vaccination? Past behavior moderates the prediction of adherence. <i>Advances in Preventive Medicine</i> , 2011 , 2011, 148934	1.7	11
101	To What Extent is Internet Activity Predictive of Psychological Well-Being?. <i>Psychology Research and Behavior Management</i> , 2021 , 14, 207-219	3.8	11
100	Fruit and Vegetable Intake: the Interplay of Planning, Social Support, and Sex. <i>International Journal of Behavioral Medicine</i> , 2018 , 25, 421-430	2.6	10
99	Latent user groups of an eHealth physical activity behaviour change intervention for people interested in reducing their cardiovascular risk. <i>Research in Sports Medicine</i> , 2019 , 27, 34-49	3.8	10

98	Using Visual Analogue Scales in eHealth: Non-Response Effects in a Lifestyle Intervention. <i>Journal of Medical Internet Research</i> , 2016 , 18, e126	7.6	10
97	Problematic Internet Use and Perceived Quality of Life: Findings from a Cross-Sectional Study Investigating Work-Time and Leisure-Time Internet Use. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	9
96	Future orientation buffers depression in daily and specific stress. <i>PsyCh Journal</i> , 2019 , 8, 342-352	1.4	9
95	Intervention-engagement and its role in the effectiveness of stage-matched interventions promoting physical exercise. <i>Research in Sports Medicine</i> , 2011 , 19, 145-61	3.8	9
94	Sport und körperliche Aktivität. <i>Springer-Lehrbuch</i> , 2006 , 195-216	0.4	9
93	Physical exercise, sickness absence and subjective employability: An 8-year longitudinal observational study among musculoskeletal patients. <i>Journal of Rehabilitation Medicine</i> , 2016 , 48, 541-634	3.4	9
92	Intervention Engagement Moderates the Dose-Response Relationships in a Dietary Intervention. <i>Dose-Response</i> , 2016 , 14, 1559325816637515	2.3	9
91	Effects of Two Web-Based Interventions and Mediating Mechanisms on Stage of Change Regarding Physical Activity in Older Adults. <i>Applied Psychology: Health and Well-Being</i> , 2020 , 12, 77-100	6.8	9
90	Synergistic effects of intention and depression on action control: Longitudinal predictors of exercise after rehabilitation. <i>Mental Health and Physical Activity</i> , 2010 , 3, 78-84	5	8
89	Social-cognitive factors of long-term physical exercise 7 years after orthopedic treatment. <i>Rehabilitation Psychology</i> , 2017 , 62, 89-99	2.7	8
88	Physical Activity Behavior and Competing Activities: Interrelations in 55- to 70-Year-Old Germans. <i>Journal of Aging and Physical Activity</i> , 2017 , 25, 576-586	1.6	7
87	Put two (and two) together to make the most of physical activity and healthy nutrition - A longitudinal online study examining cross-behavioural mechanisms in multiple health behaviour change. <i>Research in Sports Medicine</i> , 2017 , 25, 357-372	3.8	7
86	Associations among Sleep, Diet, Quality of Life, and Subjective Health. <i>Health Behavior and Policy Review</i> , 2018 , 5, 46-58	1.2	7
85	The interplay of intention, autonomy, and sex with dietary planning: A conditional process model to predict fruit and vegetable intake. <i>British Journal of Health Psychology</i> , 2015 , 20, 859-76	8.3	7
84	Promoting action control and coping planning to improve hand hygiene. <i>BMC Public Health</i> , 2015 , 15, 964	4.1	7
83	Relationship between health climate and affective commitment in the workplace. <i>International Journal of Health Promotion and Education</i> , 2013 , 51, 172-179	0.8	7
82	Barriers and Facilitators of Safe Communication in Obstetrics: Results from Qualitative Interviews with Physicians, Midwives and Nurses. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	7
81	Social Participation during the Transition to Retirement: Findings on Work, Health and Physical Activity beyond Retirement from an Interview Study over the Course of 3 Years. <i>Activities, Adaptation and Aging</i> , 2020 , 1-24	0.7	6

80	Introduction to the Special Section. <i>European Psychologist</i> , 2009 , 14, 3-6	4.4	6
79	Sozial-kognitive Theorien und Modelle zur Beschreibung und Veränderung von Sport und körperlicher Bewegung - ein Überblick. <i>Zeitschrift Fur Sportpsychologie</i> , 2007 , 14, 139-148	0.3	6
78	Konzepte von Gesundheit und Krankheit. <i>Springer-Lehrbuch</i> , 2006 , 7-12	0.4	6
77	Rehabilitants Sconscientiousness as a moderator of the intention-planning-behavior chain. <i>Rehabilitation Psychology</i> , 2018 , 63, 460-467	2.7	6
76	Einsam(er) seit der Coronapandemie: Wer ist besonders betroffen? Psychologische Befunde aus Deutschland. <i>Pravention Und Gesundheitsforderung</i> , ¹	0.5	6
75	Physical activity across the life-span: Does Feeling physically younger help you to plan physical activities?. <i>Journal of Health Psychology</i> , 2017 , 22, 324-335	3.1	5
74	Testing the validity of a stage assessment on health enhancing physical activity in a chinese university student sample. <i>BMC Public Health</i> , 2016 , 16, 260	4.1	5
73	Planning skills moderate the intention-planning cognitions-behaviour relation: a longitudinal study on physical activity in Chinese adolescents. <i>Research in Sports Medicine</i> , 2013 , 21, 12-23	3.8	5
72	Motivational and Volitional Correlates of Physical Activity in Participants Reporting No, Past, and Current Hypertension: Findings from a Cross-Sectional Observation Study. <i>International Journal of Behavioral Medicine</i> , 2017 , 24, 908-914	2.6	5
71	Translating intentions into sunscreen use: an interaction of self-efficacy and appearance norms. <i>Psychology, Health and Medicine</i> , 2012 , 17, 447-56	2.1	5
70	Demographic, Health, and Behavioral Factors Associated With Smoking in Adults with Type 1 or Type 2 Diabetes. <i>American Journal of Health Behavior</i> , 2007 , 31, 13-23	1.9	5
69	Stages of change in physical exercise: a test of stage discrimination and nonlinearity. <i>American Journal of Health Behavior</i> , 2006 , 30, 290-301	1.9	5
68	Ernährungsverhalten aus handlungsorientierter Sicht. <i>Zeitschrift Fur Gesundheitspsychologie</i> , 2003 , 11, 143-152		5
67	A Rolling Stone Gathers No Moss-The Long Way from Good Intentions to Physical Activity Mediated by Planning, Social Support, and Self-Regulation. <i>Frontiers in Psychology</i> , 2016 , 7, 1024	3.4	5
66	Modelling of food intake in Brazil and Germany: Examining the effects of self-construals. <i>Eating Behaviors</i> , 2015 , 19, 127-32	3	4
65	Restoring meaning in life by meaning-focused coping: The role of self-distancing. <i>PsyCh Journal</i> , 2019 , 8, 386-396	1.4	4
64	Investigating acculturation orientations of patients with an immigration background and doctors in Canada: implications for medical advice adherence. <i>Quality of Life Research</i> , 2017 , 26, 1223-1232	3.7	4
63	Multiple Health Behaviors across Age: Physical Activity and Internet Use. <i>American Journal of Health Behavior</i> , 2020 , 44, 333-344	1.9	4

62	Inhalte der Gesundheitspsychologie, Definition und Abgrenzung von Nachbarfächern. <i>Springer-Lehrbuch, 2006, 3-5</i>	0.4	4
61	Lebensqualität. <i>Springer-Lehrbuch, 2006, 29-33</i>	0.4	4
60	Effectiveness of Communication Interventions in Obstetrics-A Systematic Review. <i>International Journal of Environmental Research and Public Health, 2021, 18,</i>	4.6	4
59	Health Education and Health Promotion: Key Concepts and Exemplary Evidence to Support Them 2018, 489-532		4
58	Requirements for (web-based) physical activity interventions targeting adults above the age of 65 years - qualitative results regarding acceptance and needs of participants and non-participants. <i>BMC Public Health, 2020, 20, 907</i>	4.1	3
57	Sex differential mediation effects of planning within the health behavior change process. <i>Social Science and Medicine, 2018, 211, 137-146</i>	5.1	3
56	Hygiene Behaviors and SARS-CoV-2-Preventive Behaviors in the Face of the COVID-19 Pandemic: Self-Reported Compliance and Associations with Fear, SARS-CoV-2 Risk, and Mental Health in a General Population vs. a Psychosomatic Patients Sample in Germany. <i>Hygiene, 2022, 2, 28-43</i>		3
55	Acting Instead of Reacting—Ensuring Employee Retention during Successful Introduction of i4.0. <i>Applied System Innovation, 2021, 4, 97</i>	2.4	3
54	Testing a Photo Story Intervention in Paper Versus Electronic Tablet Format Compared to a Traditional Brochure Among Older Adults in Germany: Randomized Controlled Trial. <i>JMIR Aging, 2018, 1, e12145</i>	4.8	3
53	Implementation and Effects of Information Technology-Based and Print-Based Interventions to Promote Physical Activity Among Community-Dwelling Older Adults: Protocol for a Randomized Crossover Trial. <i>JMIR Research Protocols, 2020, 9, e15168</i>	2	3
52	Gesundheitsförderungsmaßnahmen für ältere Menschen mittels neuer Medien. <i>Zeitschrift Für Gesundheitspsychologie, 2013, 21, 34-44</i>		3
51	Predicting Self-Disclosure in Recruitment in the Context of Social Media Screening. <i>Employee Responsibilities and Rights Journal, 2019, 31, 99-112</i>	0.5	2
50	Cardiopulmonary capacity and psychological factors are related to return to work in orthopedic rehabilitation patients. <i>Journal of Health Psychology, 2021, 26, 2505-2519</i>	3.1	2
49	Temporary Disability Pension, RTW-Intentions, and RTW-Behavior: Expectations and Experiences of Disability Pensioners over 17 Months. <i>International Journal of Environmental Research and Public Health, 2019, 17,</i>	4.6	2
48	Using Photo Stories to Support Doctor-Patient Communication: Evaluating a Communicative Health Literacy Intervention for Older Adults. <i>International Journal of Environmental Research and Public Health, 2019, 16,</i>	4.6	2
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