MarÃ-a Rodriguez-Ayllon

List of Publications by Year in descending order

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42 papers 1,642

394286 19 h-index 330025 37 g-index

45 all docs

45 docs citations

45 times ranked

2027 citing authors

#	Article	IF	Citations
1	Role of Physical Activity and Sedentary Behavior in the Mental Health of Preschoolers, Children and Adolescents: A Systematic Review and Meta-Analysis. Sports Medicine, 2019, 49, 1383-1410.	3.1	603
2	Comparability of published cutâ€points for the assessment of physical activity: Implications for data harmonization. Scandinavian Journal of Medicine and Science in Sports, 2019, 29, 566-574.	1.3	89
3	Physical Fitness, Physical Activity, and the Executive Function in Children with Overweight and Obesity. Journal of Pediatrics, 2019, 208, 50-56.e1.	0.9	75
4	Effectiveness of Exercise on Fatigue and Sleep Quality in Fibromyalgia: A Systematic Review and Meta-analysis of Randomized Trials. Archives of Physical Medicine and Rehabilitation, 2021, 102, 752-761.	0.5	70
5	Physical fitness and psychological health in overweight/obese children: A cross-sectional study from the ActiveBrains project. Journal of Science and Medicine in Sport, 2018, 21, 179-184.	0.6	65
6	A systematic review on biomechanical characteristics of walking in children and adolescents with overweight/obesity: Possible implications for the development of musculoskeletal disorders. Obesity Reviews, 2019, 20, 1033-1044.	3.1	57
7	Fitness, physical activity, working memory, and neuroelectric activity in children with overweight/obesity. Scandinavian Journal of Medicine and Science in Sports, 2019, 29, 1352-1363.	1.3	51
8	Physical Fitness, White Matter Volume and Academic Performance in Children: Findings From the ActiveBrains and FITKids2 Projects. Frontiers in Psychology, 2019, 10, 208.	1.1	49
9	Comparability of accelerometer signal aggregation metrics across placements and dominant wrist cut points for the assessment of physical activity in adults. Scientific Reports, 2019, 9, 18235.	1.6	48
10	Fitness, cortical thickness and surface area in overweight/obese children: The mediating role of body composition and relationship with intelligence. NeuroImage, 2019, 186, 771-781.	2.1	36
11	Healthier Minds in Fitter Bodies: A Systematic Review and Meta-Analysis of the Association between Physical Fitness and Mental Health in Youth. Sports Medicine, 2021, 51, 2571-2605.	3.1	35
12	Fitness, physical activity and academic achievement in overweight/obese children. Journal of Sports Sciences, 2020, 38, 731-740.	1.0	31
13	Beyond general resistance training. Hypertrophy versus muscular endurance training as therapeutic interventions in adults with type 2 diabetes mellitus: A systematic review and metaâ€analysis. Obesity Reviews, 2020, 21, e13007.	3.1	31
14	Associations of physical activity, sedentary time, and physical fitness with mental health during pregnancy: The GESTAFIT project. Journal of Sport and Health Science, 2021, 10, 379-386.	3.3	29
15	Associations of physical activity and screen time with white matter microstructure in children from the general population. Neurolmage, 2020, 205, 116258.	2.1	28
16	Physical fitness, hippocampal functional connectivity and academic performance in children with overweight/obesity: The ActiveBrains project. Brain, Behavior, and Immunity, 2021, 91, 284-295.	2.0	28
17	Fitness, physical activity, sedentary time, inhibitory control, and neuroelectric activity in children with overweight or obesity: The ActiveBrains project. Psychophysiology, 2020, 57, e13579.	1.2	27
18	Association of Sedentary Behavior with Brain Structure and Intelligence in Children with Overweight or Obesity: The ActiveBrains Project. Journal of Clinical Medicine, 2020, 9, 1101.	1.0	24

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19	Adherence to the Mediterranean diet and academic performance in adolescents: Does BMI status moderate this association?. Clinical Nutrition, 2021, 40, 4465-4472.	2.3	24
20	Fatness and fitness in relation to functional movement quality in overweight and obese children. Journal of Sports Sciences, 2019, 37, 878-885.	1.0	21
21	Sedentarism, Physical Activity, Steps, and Neurotrophic Factors in Obese Children. Medicine and Science in Sports and Exercise, 2019, 51, 2325-2333.	0.2	20
22	Effects of Exercise on Body Posture, Functional Movement, and Physical Fitness in Children With Overweight/Obesity. Journal of Strength and Conditioning Research, 2020, 34, 2146-2155.	1.0	19
23	Physical fitness and white matter microstructure in children with overweight or obesity: the ActiveBrains project. Scientific Reports, 2020, 10, 12469.	1.6	19
24	Inflammatory biomarkers and brain health indicators in children with overweight and obesity: The ActiveBrains project. Brain, Behavior, and Immunity, 2019, 81, 588-597.	2.0	18
25	Objective and subjective measures of physical functioning in women with fibromyalgia: what type of measure is associated most clearly with subjective well-being?. Disability and Rehabilitation, 2021, 43, 1649-1656.	0.9	17
26	The Role of Heart Rate on the Associations Between Body Composition and Heart Rate Variability in Children With Overweight/Obesity: The ActiveBrains Project. Frontiers in Physiology, 2019, 10, 895.	1.3	15
27	Physical Activity, Sedentary Behavior, and White Matter Microstructure in Children with Overweight or Obesity. Medicine and Science in Sports and Exercise, 2020, 52, 1218-1226.	0.2	12
28	Heart Rate Is a Better Predictor of Cardiorespiratory Fitness Than Heart Rate Variability in Overweight/Obese Children: The ActiveBrains Project. Frontiers in Physiology, 2019, 10, 510.	1.3	11
29	Associations of sleep with gray matter volume and their implications for academic achievement, executive function and intelligence in children with overweight/obesity. Pediatric Obesity, 2021, 16, e12707.	1.4	11
30	Physical Activity, Sedentary Behaviour and Mental Health in Young People: A Review of Reviews. , 2019, , 35-73.		11
31	Early life factors, gray matter brain volume and academic performance in overweight/obese children: The ActiveBrains project. NeuroImage, 2019, 202, 116130.	2.1	10
32	Effects of Exercise on Plantar Pressure during Walking in Children with Overweight/Obesity. Medicine and Science in Sports and Exercise, 2020, 52, 654-662.	0.2	10
33	Lower Fatigue in Fit and Positive Women with Fibromyalgia: The al-Ãndalus Project. Pain Medicine, 2019, 20, 2506-2515.	0.9	9
34	Lean mass index is positively associated with white matter volumes in several brain regions in children with overweight/obesity. Pediatric Obesity, 2020, 15, e12604.	1.4	7
35	Activityâ€rest circadian pattern and academic achievement, executive function, and intelligence in children with obesity. Scandinavian Journal of Medicine and Science in Sports, 2021, 31, 653-664.	1.3	6
36	Universal schoolâ€based intervention targeting depressive symptoms in adolescents: A cluster randomized trial. Scandinavian Journal of Medicine and Science in Sports, 2022, 32, 622-631.	1.3	6

#	Article	IF	CITATIONS
37	Physical fitness and brain source localization during a working memory task in children with overweight/obesity: The ActiveBrains project. Developmental Science, 2021, 24, e13048.	1.3	5
38	Neurotrophic factors and brain health in children with overweight and obesity: The role of cardiorespiratory fitness. European Journal of Sport Science, 2023, 23, 637-648.	1.4	5
39	Early life factors and white matter microstructure in children with overweight and obesity: The ActiveBrains project. Clinical Nutrition, 2022, 41, 40-48.	2.3	3
40	Mechanisms linking physical activity with psychiatric symptoms across the lifespan: a protocol for a systematic review. BMJ Open, 2022, 12, e058737.	0.8	2
41	The favourable association of selfâ€reported physical fitness with depression and anxiety during pregnancy. The GESTAFIT project. European Journal of Sport Science, 2022, 22, 1932-1940.	1.4	1
42	Blood Flow-Restricted Training in Older Adults: A Narrative Review. Journal of Science in Sport and Exercise, 2020, 2, 25-37.	0.4	0