## Hélder José Couto Oliveira

List of Publications by Year in descending order

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Version: 2024-02-01



#	Article	IF	CITATIONS
1	Effects of ohmic heating on extraction of food-grade phytochemicals from colored potato. LWT - Food Science and Technology, 2016, 74, 493-503.	2.5	93
2	Microencapsulation of anthocyanins extracted from grape skin by emulsification/internal gelation followed by spray/freeze-drying techniques: Characterization, stability and bioaccessibility. LWT - Food Science and Technology, 2020, 123, 109097.	2.5	70
3	Experimental and Theoretical Data on the Mechanism by Which Red Wine Anthocyanins Are Transported through a Human MKN-28 Gastric Cell Model. Journal of Agricultural and Food Chemistry, 2015, 63, 7685-7692.	2.4	69
4	Comparison of the in vitro gastrointestinal bioavailability of acylated and non-acylated anthocyanins: Purple-fleshed sweet potato vs red wine. Food Chemistry, 2019, 276, 410-418.	4.2	67
5	Recent advances in extracting phenolic compounds from food and their use in disease prevention and as cosmetics. Critical Reviews in Food Science and Nutrition, 2021, 61, 1130-1151.	5.4	61
6	Anthocyanins as Antidiabetic Agents—In Vitro and In Silico Approaches of Preventive and Therapeutic Effects. Molecules, 2020, 25, 3813.	1.7	48
7	GLUT1 and GLUT3 involvement in anthocyanin gastric transport- Nanobased targeted approach. Scientific Reports, 2019, 9, 789.	1.6	42
8	Bioavailability studies and anticancer properties of malvidin based anthocyanins, pyranoanthocyanins and non-oxonium derivatives. Food and Function, 2016, 7, 2462-2468.	2.1	37
9	Purple-fleshed sweet potato acylated anthocyanins: Equilibrium network and photophysical properties. Food Chemistry, 2019, 288, 386-394.	4.2	33
10	In vitro gastrointestinal absorption of red wine anthocyanins – Impact of structural complexity and phase II metabolization. Food Chemistry, 2020, 317, 126398.	4.2	32
11	Gastrointestinal absorption, antiproliferative and anti-inflammatory effect of the major carotenoids of Gardenia jasminoides Ellis on cancer cells. Food and Function, 2017, 8, 1672-1679.	2.1	28
12	Exploring the Applications of the Photoprotective Properties of Anthocyanins in Biological Systems. International Journal of Molecular Sciences, 2020, 21, 7464.	1.8	25
13	Anthocyanin-Related Pigments: Natural Allies for Skin Health Maintenance and Protection. Antioxidants, 2021, 10, 1038.	2.2	22
14	Antitumor Activity of Fucus vesiculosus-Derived Phlorotannins through Activation of Apoptotic Signals in Gastric and Colorectal Tumor Cell Lines. International Journal of Molecular Sciences, 2021, 22, 7604.	1.8	20
15	Ageing impact on the antioxidant and antiproliferative properties of Port wines. Food Research International, 2015, 67, 199-205.	2.9	12
16	Cyanidin-3-glucoside Lipophilic Conjugates for Topical Application: Tuning the Antimicrobial Activities with Fatty Acid Chain Length. Processes, 2021, 9, 340.	1.3	10
17	The Role of Anthocyanins, Deoxyanthocyanins and Pyranoanthocyanins on the Modulation of Tyrosinase Activity: An In Vitro and In Silico Approach. International Journal of Molecular Sciences, 2021, 22, 6192.	1.8	6
18	Dietary polyglycosylated anthocyanins, the smart option? A comprehensive review on their health benefits and technological applications. Comprehensive Reviews in Food Science and Food Safety, 2022, 21, 3096-3128.	5.9	6

#	Article	IF	CITATIONS
19	Photoactivated cell-killing amino-based flavylium compounds. Scientific Reports, 2021, 11, 22005.	1.6	2