List of Publications by Year in descending order

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FDANK R HIL

#	Article	IF	CITATIONS
1	Global Burden of Cardiovascular Diseases and Risk Factors, 1990–2019. Journal of the American College of Cardiology, 2020, 76, 2982-3021.	1.2	4,468
2	Global aetiology and epidemiology of type 2 diabetes mellitus and its complications. Nature Reviews Endocrinology, 2018, 14, 88-98.	4.3	3,156
3	Dietary pattern analysis: a new direction in nutritional epidemiology. Current Opinion in Lipidology, 2002, 13, 3-9.	1.2	3,112
4	Association analyses of 249,796 individuals reveal 18 new loci associated with body mass index. Nature Genetics, 2010, 42, 937-948.	9.4	2,634
5	Diet, Lifestyle, and the Risk of Type 2 Diabetes Mellitus in Women. New England Journal of Medicine, 2001, 345, 790-797.	13.9	2,373
6	New genetic loci implicated in fasting glucose homeostasis and their impact on type 2 diabetes risk. Nature Genetics, 2010, 42, 105-116.	9.4	1,982
7	Changes in Diet and Lifestyle and Long-Term Weight Gain in Women and Men. New England Journal of Medicine, 2011, 364, 2392-2404.	13.9	1,971
8	Intake of sugar-sweetened beverages and weight gain: a systematic review. American Journal of Clinical Nutrition, 2006, 84, 274-288.	2.2	1,875
9	Hundreds of variants clustered in genomic loci and biological pathways affect human height. Nature, 2010, 467, 832-838.	13.7	1,789
10	Diabetes in Asia. JAMA - Journal of the American Medical Association, 2009, 301, 2129.	3.8	1,674
11	Globalization of Diabetes. Diabetes Care, 2011, 34, 1249-1257.	4.3	1,522
12	Dietary Fat Intake and the Risk of Coronary Heart Disease in Women. New England Journal of Medicine, 1997, 337, 1491-1499.	13.9	1,485
13	Television Watching and Other Sedentary Behaviors in Relation to Risk of Obesity and Type 2 Diabetes Mellitus in Women. JAMA - Journal of the American Medical Association, 2003, 289, 1785.	3.8	1,444
14	Alternative Dietary Indices Both Strongly Predict Risk of Chronic Disease. Journal of Nutrition, 2012, 142, 1009-1018.	1.3	1,337
15	Sugar-Sweetened Beverages, Obesity, Type 2 Diabetes Mellitus, and Cardiovascular Disease Risk. Circulation, 2010, 121, 1356-1364.	1.6	1,315
16	Sugar-Sweetened Beverages, Weight Gain, and Incidence of Type 2 Diabetes in Young and Middle-Aged Women. JAMA - Journal of the American Medical Association, 2004, 292, 927.	3.8	1,312
17	Type 2 diabetes mellitus. Nature Reviews Disease Primers, 2015, 1, 15019.	18.1	1,308
18	Sugar-sweetened beverages and weight gain in children and adults: a systematic review and meta-analysis. American Journal of Clinical Nutrition, 2013, 98, 1084-1102.	2.2	1,277

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19	Fruit and vegetable consumption and mortality from all causes, cardiovascular disease, and cancer: systematic review and dose-response meta-analysis of prospective cohort studies. BMJ, The, 2014, 349, g4490-g4490.	3.0	1,212
20	Optimal Diets for Prevention of Coronary Heart Disease. JAMA - Journal of the American Medical Association, 2002, 288, 2569.	3.8	1,177
21	The Effect of Fruit and Vegetable Intake on Risk for Coronary Heart Disease. Annals of Internal Medicine, 2001, 134, 1106.	2.0	1,111
22	Intake of sugar-sweetened beverages and weight gain: a systematic review1–3. American Journal of Clinical Nutrition, 2006, 84, 274-288.	2.2	1,049
23	Global obesity: trends, risk factors and policy implications. Nature Reviews Endocrinology, 2013, 9, 13-27.	4.3	1,047
24	Meta-analysis of prospective cohort studies evaluating the association of saturated fat with cardiovascular disease. American Journal of Clinical Nutrition, 2010, 91, 535-546.	2.2	1,019
25	Reproducibility and validity of dietary patterns assessed with a food-frequency questionnaire. American Journal of Clinical Nutrition, 1999, 69, 243-249.	2.2	976
26	The genetic architecture of type 2 diabetes. Nature, 2016, 536, 41-47.	13.7	952
27	Diet quality and major chronic disease risk in men and women: moving toward improved dietary guidance. American Journal of Clinical Nutrition, 2002, 76, 1261-1271.	2.2	928
28	Dietary Fat and Coronary Heart Disease: A Comparison of Approaches for Adjusting for Total Energy Intake and Modeling Repeated Dietary Measurements. American Journal of Epidemiology, 1999, 149, 531-540.	1.6	927
29	Prevention and management of type 2 diabetes: dietary components and nutritional strategies. Lancet, The, 2014, 383, 1999-2007.	6.3	919
30	Fish and Omega-3 Fatty Acid Intake and Risk of Coronary Heart Disease in Women. JAMA - Journal of the American Medical Association, 2002, 287, 1815.	3.8	841
31	Waist circumference as a vital sign in clinical practice: a Consensus Statement from the IAS and ICCR Working Group on Visceral Obesity. Nature Reviews Endocrinology, 2020, 16, 177-189.	4.3	790
32	Obesity. Nature Reviews Disease Primers, 2017, 3, 17034.	18.1	766
33	Added Sugar Intake and Cardiovascular Diseases Mortality Among US Adults. JAMA Internal Medicine, 2014, 174, 516.	2.6	735
34	Walking Compared With Vigorous Physical Activity and Risk of Type 2 Diabetes in Women. JAMA - Journal of the American Medical Association, 1999, 282, 1433.	3.8	731
35	Adiposity as Compared with Physical Activity in Predicting Mortality among Women. New England Journal of Medicine, 2004, 351, 2694-2703.	13.9	710
36	Types of Dietary Fat and Risk of Coronary Heart Disease: A Critical Review. Journal of the American College of Nutrition, 2001, 20, 5-19.	1.1	708

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37	Mediterranean Diet and Incidence of and Mortality From Coronary Heart Disease and Stroke in Women. Circulation, 2009, 119, 1093-1100.	1.6	688
38	Visceral and ectopic fat, atherosclerosis, and cardiometabolic disease: a position statement. Lancet Diabetes and Endocrinology,the, 2019, 7, 715-725.	5.5	687
39	Inflammatory Markers and Risk of Developing Type 2 Diabetes in Women. Diabetes, 2004, 53, 693-700.	0.3	682
40	Dietary Patterns and Risk for Type 2 Diabetes Mellitus in U.S. Men. Annals of Internal Medicine, 2002, 136, 201.	2.0	674
41	Sugar-sweetened beverages and risk of obesity and type 2 diabetes: Epidemiologic evidence. Physiology and Behavior, 2010, 100, 47-54.	1.0	653
42	Physical Activity and Television Watching in Relation to Risk for Type 2 Diabetes Mellitus in Men. Archives of Internal Medicine, 2001, 161, 1542.	4.3	650
43	Metabolomics in Prediabetes and Diabetes: A Systematic Review and Meta-analysis. Diabetes Care, 2016, 39, 833-846.	4.3	642
44	Glycemic index, glycemic load, and dietary fiber intake and incidence of type 2 diabetes in younger and middle-aged women. American Journal of Clinical Nutrition, 2004, 80, 348-356.	2.2	636
45	Association of Cardiometabolic Multimorbidity With Mortality. JAMA - Journal of the American Medical Association, 2015, 314, 52.	3.8	624
46	An Expanded Genome-Wide Association Study of Type 2 Diabetes in Europeans. Diabetes, 2017, 66, 2888-2902.	0.3	615
47	Epidemiology of Obesity and Diabetes and Their Cardiovascular Complications. Circulation Research, 2016, 118, 1723-1735.	2.0	608
48	Sleep Duration and Risk of Type 2 Diabetes: A Meta-analysis of Prospective Studies. Diabetes Care, 2015, 38, 529-537.	4.3	606
49	Red Meat Consumption and Mortality. Archives of Internal Medicine, 2012, 172, 555.	4.3	601
50	Metabolically healthy obesity: epidemiology, mechanisms, and clinical implications. Lancet Diabetes and Endocrinology,the, 2013, 1, 152-162.	5.5	594
51	Genetic variation in GIPR influences the glucose and insulin responses to an oral glucose challenge. Nature Genetics, 2010, 42, 142-148.	9.4	591
52	Healthful and Unhealthful Plant-Based Diets and the Risk of Coronary HeartÂDisease in U.S. Adults. Journal of the American College of Cardiology, 2017, 70, 411-422.	1.2	585
53	Whole Grain, Bran, and Germ Intake and Risk of Type 2 Diabetes: A Prospective Cohort Study and Systematic Review. PLoS Medicine, 2007, 4, e261.	3.9	583
54	Dietary fats and prevention of type 2 diabetes. Progress in Lipid Research, 2009, 48, 44-51.	5.3	581

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55	Plant-Based Dietary Patterns and Incidence of Type 2 Diabetes in US Men and Women: Results from Three Prospective Cohort Studies. PLoS Medicine, 2016, 13, e1002039.	3.9	581
56	Dietary saturated fats and their food sources in relation to the risk of coronary heart disease in women. American Journal of Clinical Nutrition, 1999, 70, 1001-1008.	2.2	558
57	Parent-of-origin-specific allelic associations among 106 genomic loci for age at menarche. Nature, 2014, 514, 92-97.	13.7	548
58	Red meat consumption and risk of type 2 diabetes: 3 cohorts of US adults and an updated meta-analysis. American Journal of Clinical Nutrition, 2011, 94, 1088-1096.	2.2	547
59	Plant-based foods and prevention of cardiovascular disease: an overview. American Journal of Clinical Nutrition, 2003, 78, 544S-551S.	2.2	541
60	The Science of Obesity Management: An Endocrine Society Scientific Statement. Endocrine Reviews, 2018, 39, 79-132.	8.9	522
61	Major Dietary Protein Sources and Risk of Coronary Heart Disease in Women. Circulation, 2010, 122, 876-883.	1.6	521
62	Dietary Fat and Meat Intake in Relation to Risk of Type 2 Diabetes in Men. Diabetes Care, 2002, 25, 417-424.	4.3	513
63	Impact of Healthy Lifestyle Factors on Life Expectancies in the US Population. Circulation, 2018, 138, 345-355.	1.6	506
64	Sweetened beverage consumption and risk of coronary heart disease in women. American Journal of Clinical Nutrition, 2009, 89, 1037-1042.	2.2	499
65	Elevated Risk of Cardiovascular Disease Prior to Clinical Diagnosis of Type 2 Diabetes. Diabetes Care, 2002, 25, 1129-1134.	4.3	497
66	Association of Animal and Plant Protein Intake With All-Cause and Cause-Specific Mortality. JAMA Internal Medicine, 2016, 176, 1453.	2.6	486
67	Frequent nut consumption and risk of coronary heart disease in women: prospective cohort study. BMJ: British Medical Journal, 1998, 317, 1341-1345.	2.4	484
68	Saturated fat, carbohydrate, and cardiovascular disease. American Journal of Clinical Nutrition, 2010, 91, 502-509.	2.2	479
69	Determinants and Consequences of Obesity. American Journal of Public Health, 2016, 106, 1656-1662.	1.5	476
70	Long-Term Coffee Consumption and Risk of Cardiovascular Disease. Circulation, 2014, 129, 643-659.	1.6	462
71	Dietary Linoleic Acid and Risk of Coronary Heart Disease: A Systematic Review and Meta-Analysis of Prospective Cohort Studies. Circulation, 2014, 130, 1568-1578.	1.6	425
72	Low-Carbohydrate-Diet Score and the Risk of Coronary Heart Disease in Women. New England Journal of Medicine, 2006, 355, 1991-2002.	13.9	420

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73	Foods, Nutrients, and Dietary Patterns: Interconnections and Implications for Dietary Guidelines. Advances in Nutrition, 2016, 7, 445-454.	2.9	419
74	Dietary Patterns, Meat Intake, and the Risk of Type 2 Diabetes in Women. Archives of Internal Medicine, 2004, 164, 2235.	4.3	415
75	Genetic associations at 53 loci highlight cell types and biological pathways relevant for kidney function. Nature Communications, 2016, 7, 10023.	5.8	412
76	The role of reducing intakes of saturated fat in the prevention of cardiovascular disease: where does the evidence stand in 2010?. American Journal of Clinical Nutrition, 2011, 93, 684-688.	2.2	407
77	Dietary patterns, insulin resistance, and prevalence of the metabolic syndrome in women. American Journal of Clinical Nutrition, 2007, 85, 910-918.	2.2	405
78	Dietary glycemic load assessed by food-frequency questionnaire in relation to plasma high-density-lipoprotein cholesterol and fasting plasma triacylglycerols in postmenopausal women. American Journal of Clinical Nutrition, 2001, 73, 560-566.	2.2	404
79	Saturated Fats Compared With Unsaturated Fats and Sources of Carbohydrates in Relation to Risk ofÂCoronary Heart Disease. Journal of the American College of Cardiology, 2015, 66, 1538-1548.	1.2	399
80	Dietary Fat Intake and Risk of Coronary Heart Disease in Women: 20 Years of Follow-up of the Nurses' Health Study. American Journal of Epidemiology, 2005, 161, 672-679.	1.6	398
81	Sweetened Beverage Consumption, Incident Coronary Heart Disease, and Biomarkers of Risk in Men. Circulation, 2012, 125, 1735-1741.	1.6	398
82	Mediterranean Diet and Invasive Breast Cancer Risk Among Women at High Cardiovascular Risk in the PREDIMED Trial. JAMA Internal Medicine, 2015, 175, 1752.	2.6	391
83	Fruit consumption and risk of type 2 diabetes: results from three prospective longitudinal cohort studies. BMJ, The, 2013, 347, f5001-f5001.	3.0	373
84	Trends in Dietary Quality Among Adults in the United States, 1999 Through 2010. JAMA Internal Medicine, 2014, 174, 1587.	2.6	370
85	2021 Dietary Guidance to Improve Cardiovascular Health: A Scientific Statement From the American Heart Association. Circulation, 2021, 144, e472-e487.	1.6	370
86	Associations of Weight Gain From Early to Middle Adulthood With Major Health Outcomes Later in Life. JAMA - Journal of the American Medical Association, 2017, 318, 255.	3.8	366
87	Genetic fine mapping and genomic annotation defines causal mechanisms at type 2 diabetes susceptibility loci. Nature Genetics, 2015, 47, 1415-1425.	9.4	365
88	White Rice, Brown Rice, and Risk of Type 2 Diabetes in US Men and Women. Archives of Internal Medicine, 2010, 170, 961.	4.3	358
89	Large-scale genomic analyses link reproductive aging to hypothalamic signaling, breast cancer susceptibility and BRCA1-mediated DNA repair. Nature Genetics, 2015, 47, 1294-1303.	9.4	357
90	Association of Changes in Diet Quality with Total and Cause-Specific Mortality. New England Journal of Medicine, 2017, 377, 143-153.	13.9	343

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91	Association of Specific Dietary Fats With Total and Cause-Specific Mortality. JAMA Internal Medicine, 2016, 176, 1134.	2.6	338
92	The Influence of Age and Sex on Genetic Associations with Adult Body Size and Shape: A Large-Scale Genome-Wide Interaction Study. PLoS Genetics, 2015, 11, e1005378.	1.5	331
93	Prevalence of diagnosed type 1 and type 2 diabetes among US adults in 2016 and 2017: population based study. BMJ: British Medical Journal, 2018, 362, k1497.	2.4	330
94	The global implications of diabetes and cancer. Lancet, The, 2014, 383, 1947-1948.	6.3	327
95	Dietary modulation of endothelial function: implications for cardiovascular disease. American Journal of Clinical Nutrition, 2001, 73, 673-686.	2.2	309
96	Glycemic index, glycemic load, and risk of type 2 diabetes: results from 3 large US cohorts and an updated meta-analysis. American Journal of Clinical Nutrition, 2014, 100, 218-232.	2.2	309
97	Red and processed meat consumption and mortality: dose–response meta-analysis of prospective cohort studies. Public Health Nutrition, 2016, 19, 893-905.	1.1	308
98	Fructose and Cardiometabolic Health. Journal of the American College of Cardiology, 2015, 66, 1615-1624.	1.2	306
99	The role of iron in type 2 diabetes in humans. Biochimica Et Biophysica Acta - General Subjects, 2009, 1790, 671-681.	1.1	302
100	Association between Class III Obesity (BMI of 40–59 kg/m2) and Mortality: A Pooled Analysis of 20 Prospective Studies. PLoS Medicine, 2014, 11, e1001673.	3.9	299
101	Healthy lifestyle and life expectancy free of cancer, cardiovascular disease, and type 2 diabetes: prospective cohort study. BMJ, The, 2020, 368, 16669.	3.0	298
102	Understanding Nutritional Epidemiology and Its Role in Policy. Advances in Nutrition, 2015, 6, 5-18.	2.9	294
103	Changes in Intake of Fruits and Vegetables and Weight Change in United States Men and Women Followed for Up to 24 Years: Analysis from Three Prospective Cohort Studies. PLoS Medicine, 2015, 12, e1001878.	3.9	290
104	Saturated Fatty Acids and Risk of Coronary Heart Disease: Modulation by Replacement Nutrients. Current Atherosclerosis Reports, 2010, 12, 384-390.	2.0	289
105	Adult Weight Gain and Adiposity-Related Cancers: A Dose-Response Meta-Analysis of Prospective Observational Studies. Journal of the National Cancer Institute, 2015, 107, .	3.0	289
106	Low-Carbohydrate Diets and All-Cause and Cause-Specific Mortality. Annals of Internal Medicine, 2010, 153, 289.	2.0	288
107	Dairy consumption and risk of type 2 diabetes: 3 cohorts of US adults and an updated meta-analysis. BMC Medicine, 2014, 12, 215.	2.3	281
108	Transition from metabolic healthy to unhealthy phenotypes and association with cardiovascular disease risk across BMI categories in 90â€^257 women (the Nurses' Health Study): 30 year follow-up from a prospective cohort study. Lancet Diabetes and Endocrinology,the, 2018, 6, 714-724.	5.5	276

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109	Fish and Long-Chain ω-3 Fatty Acid Intake and Risk of Coronary Heart Disease and Total Mortality in Diabetic Women. Circulation, 2003, 107, 1852-1857.	1.6	267
110	Olive oil intake and risk of cardiovascular disease and mortality in the PREDIMED Study. BMC Medicine, 2014, 12, 78.	2.3	267
111	Development and Validation of an Empirical Dietary Inflammatory Index. Journal of Nutrition, 2016, 146, 1560-1570.	1.3	263
112	Dietary patterns: from nutritional epidemiologic analysis to national guidelines. American Journal of Clinical Nutrition, 2015, 101, 899-900.	2.2	257
113	Plant-based diets and cardiovascular health. Trends in Cardiovascular Medicine, 2018, 28, 437-441.	2.3	256
114	Alignment of Healthy Dietary Patterns and Environmental Sustainability: A Systematic Review. Advances in Nutrition, 2016, 7, 1005-1025.	2.9	253
115	Long-Term Consumption of Sugar-Sweetened and Artificially Sweetened Beverages and Risk of Mortality in US Adults. Circulation, 2019, 139, 2113-2125.	1.6	250
116	Predicted lean body mass, fat mass, and all cause and cause specific mortality in men: prospective US cohort study. BMJ: British Medical Journal, 2018, 362, k2575.	2.4	249
117	Coffee, Caffeine, and Health. New England Journal of Medicine, 2020, 383, 369-378.	13.9	241
118	Shared genetic and experimental links between obesity-related traits and asthma subtypes in UK Biobank. Journal of Allergy and Clinical Immunology, 2020, 145, 537-549.	1.5	240
119	Genome-wide meta-analysis identifies six novel loci associated with habitual coffee consumption. Molecular Psychiatry, 2015, 20, 647-656.	4.1	235
120	The role of sugar-sweetened beverages in the global epidemics of obesity and chronic diseases. Nature Reviews Endocrinology, 2022, 18, 205-218.	4.3	234
121	Relation of Smoking With Total Mortality and Cardiovascular Events Among Patients With Diabetes Mellitus. Circulation, 2015, 132, 1795-1804.	1.6	229
122	Plasma Ceramides, Mediterranean Diet, and Incident Cardiovascular Disease in the PREDIMED Trial (Prevención con Dieta Mediterránea). Circulation, 2017, 135, 2028-2040.	1.6	227
123	The 2015 Dietary Guidelines Advisory Committee Scientific Report: Development and Major Conclusions. Advances in Nutrition, 2016, 7, 438-444.	2.9	224
124	Potato and french fry consumption and risk of type 2 diabetes in women. American Journal of Clinical Nutrition, 2006, 83, 284-290.	2.2	217
125	Sugar-Sweetened Beverages and Cardiometabolic Health: An Update of the Evidence. Nutrients, 2019, 11, 1840.	1.7	217
126	Vegetarian Diets and Weight Reduction: a Meta-Analysis of Randomized Controlled Trials. Journal of General Internal Medicine, 2016, 31, 109-116.	1.3	214

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127	Omega-6 fatty acid biomarkers and incident type 2 diabetes: pooled analysis of individual-level data for 39â€^740 adults from 20 prospective cohort studies. Lancet Diabetes and Endocrinology,the, 2017, 5, 965-974.	5.5	213
128	Cardiovascular Disease Prevention by DietÂModification. Journal of the American College of Cardiology, 2018, 72, 914-926.	1.2	213
129	Genome-wide association analysis identifies TXNRD2, ATXN2 and FOXC1 as susceptibility loci for primary open-angle glaucoma. Nature Genetics, 2016, 48, 189-194.	9.4	211
130	Association Between Healthy Eating Patterns and Risk of Cardiovascular Disease. JAMA Internal Medicine, 2020, 180, 1090.	2.6	211
131	Genome-wide meta-analysis of observational studies shows common genetic variants associated with macronutrient intake. American Journal of Clinical Nutrition, 2013, 97, 1395-1402.	2.2	210
132	Sedentary lifestyle and risk of obesity and type 2 diabetes. Lipids, 2003, 38, 103-108.	0.7	209
133	Association Between Plant-Based Dietary Patterns and Risk of Type 2 Diabetes. JAMA Internal Medicine, 2019, 179, 1335.	2.6	207
134	Plasma Branched-Chain Amino Acids and Incident Cardiovascular Disease in the PREDIMED Trial. Clinical Chemistry, 2016, 62, 582-592.	1.5	203
135	Association of Solid Fuel Use With Risk of Cardiovascular and All-Cause Mortality in Rural China. JAMA - Journal of the American Medical Association, 2018, 319, 1351.	3.8	202
136	Biomarkers of Dietary Omega-6 Fatty Acids and Incident Cardiovascular Disease and Mortality. Circulation, 2019, 139, 2422-2436.	1.6	199
137	Use of Metabolomics in Improving Assessment of Dietary Intake. Clinical Chemistry, 2018, 64, 82-98.	1.5	198
138	Association of History of Gestational Diabetes With Long-term Cardiovascular Disease Risk in a Large Prospective Cohort of US Women. JAMA Internal Medicine, 2017, 177, 1735.	2.6	196
139	Mediterranean diet and telomere length in Nurses' Health Study: population based cohort study. BMJ, The, 2014, 349, g6674-g6674.	3.0	195
140	Nut consumption and risk of type 2 diabetes, cardiovascular disease, and all-cause mortality: a systematic review and meta-analysis. American Journal of Clinical Nutrition, 2014, 100, 256-269.	2.2	194
141	Changes in Red Meat Consumption and Subsequent Risk of Type 2 Diabetes Mellitus. JAMA Internal Medicine, 2013, 173, 1328.	2.6	193
142	The Mediterranean Diet and Mortality — Olive Oil and Beyond. New England Journal of Medicine, 2003, 348, 2595-2596.	13.9	192
143	Associations between red meat intake and biomarkers of inflammation and glucose metabolism in women. American Journal of Clinical Nutrition, 2014, 99, 352-360.	2.2	191
144	Smoking Cessation, Weight Change, Type 2 Diabetes, and Mortality. New England Journal of Medicine, 2018, 379, 623-632.	13.9	185

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145	Dietary carbohydrates: role of quality and quantity in chronic disease. BMJ: British Medical Journal, 2018, 361, k2340.	2.4	184
146	Folic Acid Supplementation and the Risk of Cardiovascular Diseases: A Metaâ€Analysis of Randomized Controlled Trials. Journal of the American Heart Association, 2016, 5, .	1.6	183
147	Fruit and Vegetable Intake and Mortality. Circulation, 2021, 143, 1642-1654.	1.6	182
148	Meta-Analysis of Randomized Controlled Trials of Red Meat Consumption in Comparison With Various Comparison Diets on Cardiovascular Risk Factors. Circulation, 2019, 139, 1828-1845.	1.6	181
149	Total and High-Molecular-Weight Adiponectin and Resistin in Relation to the Risk for Type 2 Diabetes in Women. Annals of Internal Medicine, 2008, 149, 307.	2.0	180
150	The gut microbiome modulates the protective association between a Mediterranean diet and cardiometabolic disease risk. Nature Medicine, 2021, 27, 333-343.	15.2	179
151	Moderate Alcohol Consumption and Risk of Coronary Heart Disease Among Women With Type 2 Diabetes Mellitus. Circulation, 2000, 102, 494-499.	1.6	176
152	Association of Coffee Consumption With Total and Cause-Specific Mortality in 3 Large Prospective Cohorts. Circulation, 2015, 132, 2305-2315.	1.6	175
153	Dietary Protein Intake and Risk of Type 2 Diabetes in US Men and Women. American Journal of Epidemiology, 2016, 183, 715-728.	1.6	174
154	Whole Grain Intake and Mortality From All Causes, Cardiovascular Disease, and Cancer. Circulation, 2016, 133, 2370-2380.	1.6	173
155	Low-carbohydrate-diet score and risk of type 2 diabetes in women. American Journal of Clinical Nutrition, 2008, 87, 339-346.	2.2	172
156	Changes in Diet Quality Scores and Risk of Cardiovascular Disease Among US Men and Women. Circulation, 2015, 132, 2212-2219.	1.6	167
157	Nut consumption and risk of coronary heart disease: A review of epidemiologic evidence. Current Atherosclerosis Reports, 1999, 1, 204-209.	2.0	162
158	Precision nutrition for prevention and management of type 2 diabetes. Lancet Diabetes and Endocrinology,the, 2018, 6, 416-426.	5.5	159
159	Association Between Dietary Whole Grain Intake and Risk of Mortality. JAMA Internal Medicine, 2015, 175, 373.	2.6	156
160	Rotating night shift work and adherence to unhealthy lifestyle in predicting risk of type 2 diabetes: results from two large US cohorts of female nurses. BMJ: British Medical Journal, 2018, 363, k4641.	2.4	156
161	The Mediterranean-style dietary pattern and mortality among men and women with cardiovascular disease. American Journal of Clinical Nutrition, 2014, 99, 172-180.	2.2	155
162	Metabolic Effects of Monounsaturated Fatty Acid–Enriched Diets Compared With Carbohydrate or Polyunsaturated Fatty Acid–Enriched Diets in Patients With Type 2 Diabetes: A Systematic Review and Meta-analysis of Randomized Controlled Trials. Diabetes Care, 2016, 39, 1448-1457.	4.3	155

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163	Prospective Study of Fat and Protein Intake and Risk of Intraparenchymal Hemorrhage in Women. Circulation, 2001, 103, 856-863.	1.6	153
164	Genome-wide meta-analysis uncovers novel loci influencing circulating leptin levels. Nature Communications, 2016, 7, 10494.	5.8	153
165	Inflammatory dietary pattern and risk of depression among women. Brain, Behavior, and Immunity, 2014, 36, 46-53.	2.0	152
166	Overweight and Obesity in Women: Health Risks and Consequences. Journal of Women's Health, 2003, 12, 163-172.	1.5	151
167	Dietary Fat and Risk of Cardiovascular Disease: Recent Controversies and Advances. Annual Review of Nutrition, 2017, 37, 423-446.	4.3	151
168	Quantity and variety in fruit and vegetable intake and risk of coronary heart disease. American Journal of Clinical Nutrition, 2013, 98, 1514-1523.	2.2	150
169	A healthy approach to dietary fats: understanding the science and taking action to reduce consumer confusion. Nutrition Journal, 2017, 16, 53.	1.5	150
170	A Genome-Wide Association Study of Depressive Symptoms. Biological Psychiatry, 2013, 73, 667-678.	0.7	149
171	Alternate Healthy Eating Index 2010 and risk of chronic obstructive pulmonary disease among US women and men: prospective study. BMJ, The, 2015, 350, h286-h286.	3.0	145
172	Posttraumatic Stress Disorder and Incidence of Type 2 Diabetes Mellitus in a Sample of Women. JAMA Psychiatry, 2015, 72, 203.	6.0	144
173	FTO genetic variants, dietary intake and body mass index: insights from 177 330 individuals. Human Molecular Genetics, 2014, 23, 6961-6972.	1.4	143
174	The dietary transition and its association with cardiometabolic mortality among Chinese adults, 1982–2012: a cross-sectional population-based study. Lancet Diabetes and Endocrinology,the, 2019, 7, 540-548.	5.5	142
175	Nearly a decade on — trends, risk factors and policy implications in global obesity. Nature Reviews Endocrinology, 2020, 16, 615-616.	4.3	142
176	Adherence to healthy lifestyle and risk of gestational diabetes mellitus: prospective cohort study. BMJ, The, 2014, 349, g5450-g5450.	3.0	140
177	Dietary flavonoid intake and weight maintenance: three prospective cohorts of 124 086 US men and women followed for up to 24 years. BMJ, The, 2016, 352, i17.	3.0	140
178	24-Hour Urinary Sodium and Potassium Excretion and Cardiovascular Risk. New England Journal of Medicine, 2022, 386, 252-263.	13.9	140
179	Plasma Lipidomic Profiling and Risk of Type 2 Diabetes in the PREDIMED Trial. Diabetes Care, 2018, 41, 2617-2624.	4.3	138
180	The Mediterranean diet, plasma metabolome, and cardiovascular disease risk. European Heart Journal, 2020. 41. 2645-2656.	1.0	138

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181	Association of Trajectory of Cardiovascular Health Score and Incident Cardiovascular Disease. JAMA Network Open, 2019, 2, e194758.	2.8	136
182	Association of changes in red meat consumption with total and cause specific mortality among US women and men: two prospective cohort studies. BMJ, The, 2019, 365, l2110.	3.0	133
183	Early Prediction of Developing Type 2 Diabetes by Plasma Acylcarnitines: A Population-Based Study. Diabetes Care, 2016, 39, 1563-1570.	4.3	132
184	Longitudinal Change in Fasting Blood Glucose and Myocardial Infarction Risk in a Population Without Diabetes. Diabetes Care, 2017, 40, 1565-1572.	4.3	132
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