

Joao J Breda

List of Publications by Year in descending order

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Version: 2024-02-01

128
papers

10,259
citations

117453

34
h-index

38300

95
g-index

138
all docs

138
docs citations

138
times ranked

17149
citing authors

#	ARTICLE	IF	CITATIONS
1	Worldwide trends in body-mass index, underweight, overweight, and obesity from 1975 to 2016: a pooled analysis of 2416 population-based measurement studies in 128.9 million children, adolescents, and adults. <i>Lancet, The</i> , 2017, 390, 2627-2642.	6.3	5,010
2	ESPEN expert statements and practical guidance for nutritional management of individuals with SARS-CoV-2 infection. <i>Clinical Nutrition</i> , 2020, 39, 1631-1638.	2.3	591
3	Prevention and control of non-communicable diseases in the COVID-19 response. <i>Lancet, The</i> , 2020, 395, 1678-1680.	6.3	240
4	Height and body-mass index trajectories of school-aged children and adolescents from 1985 to 2019 in 200 countries and territories: a pooled analysis of 2181 population-based studies with 65 million participants. <i>Lancet, The</i> , 2020, 396, 1511-1524.	6.3	219
5	WHO European Childhood Obesity Surveillance Initiative: body mass index and level of overweight among 6-9-year-old children from school year 2007/2008 to school year 2009/2010. <i>BMC Public Health</i> , 2014, 14, 806.	1.2	199
6	Association between Characteristics at Birth, Breastfeeding and Obesity in 22 Countries: The WHO European Childhood Obesity Surveillance Initiative "COSI 2015/2017. <i>Obesity Facts</i> , 2019, 12, 226-243.	1.6	188
7	Prevalence of Severe Obesity among Primary School Children in 21 European Countries. <i>Obesity Facts</i> , 2019, 12, 244-258.	1.6	186
8	Intake and adequacy of the vegan diet. A systematic review of the evidence. <i>Clinical Nutrition</i> , 2021, 40, 3503-3521.	2.3	182
9	Impact of the first COVID-19 lockdown on body weight: A combined systematic review and a meta-analysis. <i>Clinical Nutrition</i> , 2022, 41, 3046-3054.	2.3	151
10	Forecasting Future Trends in Obesity across Europe: The Value of Improving Surveillance. <i>Obesity Facts</i> , 2018, 11, 360-371.	1.6	129
11	National physical activity recommendations: systematic overview and analysis of the situation in European countries. <i>BMC Public Health</i> , 2015, 15, 133.	1.2	125
12	Breastfeeding practices and policies in WHO European Region Member States. <i>Public Health Nutrition</i> , 2016, 19, 753-764.	1.1	122
13	A Systematic Review of Salt Reduction Initiatives Around the World: A Midterm Evaluation of Progress Towards the 2025 Global Non-Communicable Diseases Salt Reduction Target. <i>Advances in Nutrition</i> , 2021, 12, 1768-1780.	2.9	116
14	WHO European Childhood Obesity Surveillance Initiative: associations between sleep duration, screen time and food consumption frequencies. <i>BMC Public Health</i> , 2015, 15, 442.	1.2	114
15	Using Mobile Apps to Promote a Healthy Lifestyle Among Adolescents and Students: A Review of the Theoretical Basis and Lessons Learned. <i>JMIR MHealth and UHealth</i> , 2016, 4, e39.	1.8	111
16	The future burden of obesity-related diseases in the 53 WHO European-Region countries and the impact of effective interventions: a modelling study. <i>BMJ Open</i> , 2014, 4, e004787-e004787.	0.8	106
17	Promoting health-enhancing physical activity in Europe: Current state of surveillance, policy development and implementation. <i>Health Policy</i> , 2018, 122, 519-527.	1.4	86
18	Life course approach to prevention and control of non-communicable diseases. <i>BMJ: British Medical Journal</i> , 2019, 364, l257.	2.4	82

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19	Enhanced labelling on alcoholic drinks: reviewing the evidence to guide alcohol policy. <i>European Journal of Public Health</i> , 2013, 23, 1082-1087.	0.1	77
20	Adult Nutrient Intakes from Current National Dietary Surveys of European Populations. <i>Nutrients</i> , 2017, 9, 1288.	1.7	70
21	Physical Activity and Academic Achievement: An Umbrella Review. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 5972.	1.2	68
22	WHO European Childhood Obesity Surveillance Initiative: health-risk behaviours on nutrition and physical activity in 6-9-year-old schoolchildren. <i>Public Health Nutrition</i> , 2015, 18, 3108-3124.	1.1	67
23	Physical Activity, Screen Time, and Sleep Duration of Children Aged 6-9 Years in 25 Countries: An Analysis within the WHO European Childhood Obesity Surveillance Initiative (COSI) 2015-2017. <i>Obesity Facts</i> , 2021, 14, 32-44.	1.6	64
24	The Importance of the World Health Organization Sugar Guidelines for Dental Health and Obesity Prevention. <i>Caries Research</i> , 2019, 53, 149-152.	0.9	55
25	The shift to plant-based diets: are we missing the point?. <i>Global Food Security</i> , 2021, 29, 100530.	4.0	54
26	National nutrition surveys in Europe: a review on the current status in the 53 countries of the WHO European region. <i>Food and Nutrition Research</i> , 2018, 62, .	1.2	52
27	Thinness, overweight, and obesity in 6-to 9-year-old children from 36 countries: The World Health Organization European Childhood Obesity Surveillance Initiative-COSI 2015-2017. <i>Obesity Reviews</i> , 2021, 22, e13214.	3.1	50
28	A Snapshot of European Children's Eating Habits: Results from the Fourth Round of the WHO European Childhood Obesity Surveillance Initiative (COSI). <i>Nutrients</i> , 2020, 12, 2481.	1.7	49
29	Child and adolescent nutrient intakes from current national dietary surveys of European populations. <i>Nutrition Research Reviews</i> , 2019, 32, 38-69.	2.1	48
30	Socioeconomic inequalities in overweight and obesity among 6-to 9-year-old children in 24 countries from the World Health Organization European region. <i>Obesity Reviews</i> , 2021, 22, e13213.	3.1	48
31	The Importance of Continuing Breastfeeding during Coronavirus Disease-2019: In Support of the World Health Organization Statement on Breastfeeding during the Pandemic. <i>Journal of Pediatrics</i> , 2020, 223, 234-236.	0.9	43
32	Childhood overweight and obesity in Europe: Changes from 2007 to 2017. <i>Obesity Reviews</i> , 2021, 22, e13226.	3.1	42
33	Trans fatty acids in the Portuguese food market. <i>Food Control</i> , 2016, 64, 128-134.	2.8	41
34	Heterogeneous contributions of change in population distribution of body mass index to change in obesity and underweight. <i>ELife</i> , 2021, 10, .	2.8	41
35	WHO European Childhood Obesity Surveillance Initiative: School Nutrition Environment and Body Mass Index in Primary Schools. <i>International Journal of Environmental Research and Public Health</i> , 2014, 11, 11261-11285.	1.2	38
36	Three types of scientific evidence to inform physical activity policy: results from a comparative scoping review. <i>International Journal of Public Health</i> , 2016, 61, 553-563.	1.0	38

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37	Clustering of Multiple Energy Balance-Related Behaviors in School Children and its Association with Overweight and Obesityâ€”WHO European Childhood Obesity Surveillance Initiative (COSI 2015â€”2017). <i>Nutrients</i> , 2019, 11, 511.	1.7	35
38	Alcohol control policy and changes in alcoholâ€”related traffic harm. <i>Addiction</i> , 2020, 115, 655-665.	1.7	35
39	Towards better nutrition in Europe: Evaluating progress and defining future directions. <i>Food Policy</i> , 2020, 96, 101887.	2.8	34
40	Alcohol control policies in Former Soviet Union countries: A narrative review of three decades of policy changes and their apparent effects. <i>Drug and Alcohol Review</i> , 2021, 40, 350-367.	1.1	34
41	Overweight and Obesity in Children under 5 Years: Surveillance Opportunities and Challenges for the WHO European Region. <i>Frontiers in Public Health</i> , 2017, 5, 58.	1.3	33
42	Research and innovation as a catalyst for food system transformation. <i>Trends in Food Science and Technology</i> , 2021, 107, 150-156.	7.8	32
43	Overweight and Obesity in the Russian Population: Prevalence in Adults and Association with Socioeconomic Parameters and Cardiovascular Risk Factors. <i>Obesity Facts</i> , 2019, 12, 103-114.	1.6	31
44	Socioeconomic differences in food habits among 6â€”to 9â€”yearâ€”old children from 23 countriesâ€”WHO European Childhood Obesity Surveillance Initiative (COSI 2015/2017). <i>Obesity Reviews</i> , 2021, 22, e13211.	3.1	31
45	Health Gain by Salt Reduction in Europe: A Modelling Study. <i>PLoS ONE</i> , 2015, 10, e0118873.	1.1	31
46	Impact of Front-of-Pack Nutrition Labels on Portion Size Selection: An Experimental Study in a French Cohort. <i>Nutrients</i> , 2018, 10, 1268.	1.7	30
47	High sugar content of European commercial baby foods and proposed updates to existing recommendations. <i>Maternal and Child Nutrition</i> , 2021, 17, e13020.	1.4	30
48	Socioeconomic disparities in physical activity, sedentary behavior and sleep patterns among 6â€”to 9â€”yearâ€”old children from 24 countries in the WHO European region. <i>Obesity Reviews</i> , 2021, 22, e13209.	3.1	30
49	Status and contents of physical activity recommendations in European Union countries: a systematic comparative analysis. <i>BMJ Open</i> , 2020, 10, e034045.	0.8	28
50	Program Obesity Zero (POZ) â€” a community-based intervention to address overweight primary-school children from five Portuguese municipalities. <i>Public Health Nutrition</i> , 2013, 16, 1043-1051.	1.1	27
51	Comparative validity of the ASSOâ€”Food Frequency Questionnaire for the web-based assessment of food and nutrients intake in adolescents. <i>Food and Nutrition Research</i> , 2015, 59, 26216.	1.2	27
52	Sodium and potassium urinary excretion and dietary intake: a cross-sectional analysis in adolescents. <i>Food and Nutrition Research</i> , 2016, 60, 29442.	1.2	27
53	Projected impact of the Portuguese sugar-sweetened beverageâ€”tax on obesity incidence across different age groups: A modelling study. <i>PLoS Medicine</i> , 2020, 17, e1003036.	3.9	26
54	Barriers and Facilitators of Physical Activity Participation in Adolescent Girls: A Systematic Review of Systematic Reviews. <i>Frontiers in Public Health</i> , 2021, 9, 743935.	1.3	26

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55	Rising to the challenge: Introducing protocols to monitor food marketing to children from the World Health Organization Regional Office for Europe. <i>Obesity Reviews</i> , 2021, 22, e13212.	3.1	25
56	Profiles of Physical Fitness Risk Behaviours in School Adolescents from the ASSO Project: A Latent Class Analysis. <i>International Journal of Environmental Research and Public Health</i> , 2018, 15, 1933.	1.2	24
57	Methodology and implementation of the WHO European Childhood Obesity Surveillance Initiative (COSI). <i>Obesity Reviews</i> , 2021, 22, e13215.	3.1	24
58	Sodium and Potassium Intake in Healthy Adults in Thessaloniki Greater Metropolitan Area—The Salt Intake in Northern Greece (SING) Study. <i>Nutrients</i> , 2017, 9, 417.	1.7	23
59	Obesity and Sedentarism: Reviewing the Current Situation Within the WHO European Region. <i>Current Obesity Reports</i> , 2013, 2, 42-49.	3.5	21
60	School food research: building the evidence base for policy. <i>Public Health Nutrition</i> , 2013, 16, 958-967.	1.1	21
61	Sodium and Potassium Intake, Knowledge Attitudes and Behaviour Towards Salt Consumption Amongst Adults in Podgorica, Montenegro. <i>Nutrients</i> , 2019, 11, 160.	1.7	21
62	Parental Perceptions of Children's Weight Status in 22 Countries: The WHO European Childhood Obesity Surveillance Initiative: COSI 2015/2017. <i>Obesity Facts</i> , 2021, 14, 658-674.	1.6	21
63	National Recommendations for Infant and Young Child Feeding in the World Health Organization European Region. <i>Journal of Pediatric Gastroenterology and Nutrition</i> , 2020, 71, 672-678.	0.9	20
64	Street food in Dushanbe, Tajikistan: availability and nutritional value. <i>British Journal of Nutrition</i> , 2019, 122, 1052-1061.	1.2	18
65	Portion Size of Energy-Dense Foods among French and UK Adults by BMI Status. <i>Nutrients</i> , 2019, 11, 12.	1.7	18
66	Prevalence of Physical Inactivity and Sedentary Behavior Among Adults in Armenia. <i>Frontiers in Public Health</i> , 2020, 8, 157.	1.3	18
67	A comparison of self-reported to cotinine-detected smoking status among adults in Georgia. <i>European Journal of Public Health</i> , 2020, 30, 1007-1012.	0.1	18
68	The web-based ASSO-food frequency questionnaire for adolescents: relative and absolute reproducibility assessment. <i>Nutrition Journal</i> , 2014, 13, 119.	1.5	17
69	Comparison of high and low trans-fatty acid consumers: analyses of UK National Diet and Nutrition Surveys before and after product reformulation. <i>Public Health Nutrition</i> , 2018, 21, 465-479.	1.1	17
70	One size does not fit all: implementation of interventions for non-communicable diseases. <i>BMJ: British Medical Journal</i> , 2019, 367, l6434.	2.4	17
71	Sodium, Potassium and Iodine Intake, in a National Adult Population Sample of the Republic of Moldova. <i>Nutrients</i> , 2019, 11, 2896.	1.7	16
72	Promoting health-enhancing physical activity in Europe: Surveillance, policy development and implementation 2015–2018. <i>Health Policy</i> , 2021, 125, 1023-1030.	1.4	16

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73	Overview of 71 European community-based initiatives against childhood obesity starting between 2005 and 2011: general characteristics and reported effects. <i>BMC Public Health</i> , 2014, 14, 758.	1.2	15
74	Potassium urinary excretion and dietary intake: a cross-sectional analysis in 8–10 year-old children. <i>BMC Pediatrics</i> , 2015, 15, 60.	0.7	15
75	National action plans to tackle NCDs: role of stakeholder network analysis. <i>BMJ: British Medical Journal</i> , 2019, 365, l1871.	2.4	15
76	Modelling impacts of food industry co-regulation on noncommunicable disease mortality, Portugal. <i>Bulletin of the World Health Organization</i> , 2019, 97, 450-459.	1.5	15
77	The Sodium and Potassium Content of the Most Commonly Available Street Foods in Tajikistan and Kyrgyzstan in the Context of the FEEDCities Project. <i>Nutrients</i> , 2018, 10, 98.	1.7	14
78	Macronutrient composition of street food in Central Asia: Bishkek, Kyrgyzstan. <i>Food Science and Nutrition</i> , 2020, 8, 5309-5320.	1.5	14
79	Effects of the coronavirus disease 2019 pandemic and the policy response on childhood obesity risk factors: Gender and sex differences and recommendations for research. <i>Obesity Reviews</i> , 2021, 22 Suppl 6, e13222.	3.1	14
80	Waist circumference and waist-to-height ratio in 7-year-old children—WHO Childhood Obesity Surveillance Initiative. <i>Obesity Reviews</i> , 2021, 22, e13208.	3.1	13
81	Sustainable food profiling models to inform the development of food labels that account for nutrition and the environment: a systematic review. <i>Lancet Planetary Health</i> , The, 2021, 5, e818-e826.	5.1	13
82	Review Article Current salt reduction policies across gradients of inequality-adjusted human development in the WHO European region: minding the gaps. <i>Public Health Nutrition</i> , 2014, 17, 1894-1904.	1.1	12
83	The cost of convenience: potential linkages between noncommunicable diseases and meal delivery apps. <i>Lancet Regional Health - Europe</i> , The, 2022, 12, 100293.	3.0	12
84	Complementary feeding and non communicable diseases: Current knowledge and future research needs. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2012, 22, 819-822.	1.1	11
85	Design, Implementation, and Evaluation of the Adolescents and Surveillance System for the Obesity Prevention Project. <i>Medicine (United States)</i> , 2016, 95, e3143.	0.4	11
86	Adaptation of and Protocol for the Validation of the Alcohol Use Disorders Identification Test (AUDIT) in the Russian Federation for Use in Primary Healthcare. <i>Alcohol and Alcoholism</i> , 2020, 55, 624-630.	0.9	11
87	Meeting the Global NCD Target of at Least 10% Relative Reduction in the Harmful Use of Alcohol: Is the WHO European Region on Track?. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 3423.	1.2	11
88	Estimating the impact of achieving Turkey's non-communicable disease policy targets: A macro-simulation modelling study. <i>Lancet Regional Health - Europe</i> , The, 2021, 1, 100018.	3.0	11
89	Mobilizing governments and society to combat obesity: Reflections on how data from the WHO European Childhood Obesity Surveillance Initiative are helping to drive policy progress. <i>Obesity Reviews</i> , 2021, 22, e13217.	3.1	11
90	New global physical activity guidelines for a more active and healthier world: the WHO Regional Offices perspective. <i>British Journal of Sports Medicine</i> , 2020, 54, 1449-1450.	3.1	10

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91	Street food in Eastern Europe: a perspective from an urban environment in Moldova. <i>British Journal of Nutrition</i> , 2020, 124, 1093-1101.	1.2	10
92	Disrupted food systems in the WHO European region – a threat or opportunity for healthy and sustainable food and nutrition?. <i>Food Security</i> , 2020, 12, 859-864.	2.4	10
93	Childhood overweight and obesity abatement policies in Europe. <i>Obesity Reviews</i> , 2021, 22, e13300.	3.1	10
94	Comparison of consumed portion sizes and on-pack serving sizes of UK energy dense foods. <i>Appetite</i> , 2019, 134, 193-203.	1.8	9
95	Leadership in physical activity: is this the currency of change in the student healthcare curriculum?. <i>British Journal of Sports Medicine</i> , 2018, 52, 1484-1485.	3.1	8
96	Regional and Sociodemographic Determinants of the Prevalence of Overweight and Obesity in Children Aged 7-9 Years in Croatia. <i>Acta Clinica Croatica</i> , 2020, 59, 303-311.	0.1	8
97	Urban and rural differences in frequency of fruit, vegetable, and soft drink consumption among 6-9-year-old children from 19 countries from the WHO European region. <i>Obesity Reviews</i> , 2021, 22 Suppl 6, e13207.	3.1	8
98	Policy Instruments for Health Promotion: A Comparison of WHO Policy Guidance for Tobacco, Alcohol, Nutrition and Physical Activity. <i>International Journal of Health Policy and Management</i> , 2021, , ,	0.5	7
99	Degree of processing and nutritional value of children's food products. <i>Public Health Nutrition</i> , 2021, 24, 5977-5984.	1.1	7
100	The Impact of Lockdowns on Caffeine Consumption: A Systematic Review of the Evidence. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 5255.	1.2	7
101	An exploration of socio-economic and food characteristics of high trans fatty acid consumers in the Dutch and UK national surveys after voluntary product reformulation. <i>Food and Nutrition Research</i> , 2017, 61, 1412793.	1.2	6
102	Weight Status of 7-Year-Old Hungarian Children between 2010 and 2016 Using Different Classifications (COSI Hungary). <i>Obesity Facts</i> , 2018, 11, 195-205.	1.6	6
103	Trans fatty acid elimination policy in member states of the Eurasian Economic Union: Implementation challenges and capacity for enforcement. <i>Journal of Clinical Hypertension</i> , 2020, 22, 1328-1337.	1.0	6
104	Sodium and potassium intakes in the Kazakhstan population estimated using 24-h urinary excretion: evidence for national action. <i>European Journal of Nutrition</i> , 2021, 60, 1537-1546.	1.8	6
105	The Role of the World Health Organization in Eliminating Iodine Deficiency Worldwide. <i>Recent Patents on Endocrine, Metabolic & Immune Drug Discovery</i> , 2017, 10, 138-142.	0.7	6
106	A Cross-Sectional Study of the Street Foods Purchased by Customers in Urban Areas of Central Asia. <i>Nutrients</i> , 2021, 13, 3651.	1.7	6
107	Childhood Obesity Surveillance Initiative (COSI) in Poland: Implementation of Two Rounds of the Study in the Context of International Methodological Assumptions. <i>Medycyna Wieku Rozwojowego</i> , 2020, 24, 2-12.	0.2	6
108	Consumer Attitudes Toward Food and Nutritional Labeling: Implications for Policymakers and Practitioners on a National Level. <i>Journal of Food Products Marketing</i> , 2020, 26, 470-485.	1.4	5

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109	Impact of the First Wave of COVID-19 on Physical Activity Promotion in the European Union: Results From a Policymaker Survey. <i>Journal of Physical Activity and Health</i> , 2021, 18, 1490-1494.	1.0	5
110	Nutritional Content of Street Food and Takeaway Food Purchased in Urban Bosnia and Herzegovina. <i>Foods</i> , 2021, 10, 2594.	1.9	5
111	Nutritional content of the street food purchased in ChiÈ™inÄfu, Moldova: Opportunity for policy action. <i>International Journal of Gastronomy and Food Science</i> , 2022, 27, 100456.	1.3	5
112	Physical inactivity in nine European and Central Asian countries: an analysis of national population-based survey results. <i>European Journal of Public Health</i> , 2021, 31, 846-853.	0.1	4
113	Cervical cancer testing among women aged 30â€“49 years in the WHO European Region. <i>European Journal of Public Health</i> , 2021, 31, 884-889.	0.1	4
114	Availability and Nutritional Composition of Street Food in Urban Central Asia: Findings From Almaty, Kazakhstan. <i>International Journal of Public Health</i> , 2022, 67, 1604558.	1.0	4
115	Nutritional Characterization of Street Food in Urban Turkmenistan, Central Asia. <i>Frontiers in Public Health</i> , 2022, 10, .	1.3	4
116	Patterns of Street Food Purchase in Cities From Central Asia. <i>Frontiers in Nutrition</i> , 0, 9, .	1.6	4
117	AnÃ¡lise comparativa de mÃ©todos de abordagem da obesidade infantil. <i>Revista Portuguesa De Saude Publica</i> , 2011, 29, 148-156.	0.3	3
118	Combined effect of different factors on weight status and cardiometabolic risk in Italian adolescents. <i>Italian Journal of Pediatrics</i> , 2019, 45, 32.	1.0	3
119	School food and nutrition: developing the evidence base for policy. <i>Public Health Nutrition</i> , 2013, 16, 955-957.	1.1	2
120	Association between sodium excretion and hydration status by Free Water Reserve: a cross-sectional analysis in adolescents. <i>BMC Nutrition</i> , 2015, 1, .	0.6	2
121	Salt Reduction Strategies in Portuguese School Meals, from Pre-School to Secondary Educationâ€”The Eat Mediterranean Program. <i>Nutrients</i> , 2020, 12, 2213.	1.7	2
122	Assessing diet in European populations using national dietary surveys. <i>Proceedings of the Nutrition Society</i> , 2020, 79, 531-541.	0.4	2
123	OUP accepted manuscript. <i>European Journal of Public Health</i> , 2021, , .	0.1	2
124	WHO European Childhood Obesity Surveillance Initiative: Impact of Type of Clothing Worn during Anthropometric Measurements and Timing of the Survey on Weight and Body Mass Index Outcome Measures in 6â€“9-Year-Old Children. <i>Epidemiology Research International</i> , 2016, 2016, 1-16.	0.2	1
125	The Price of Homemade Street Food in Central Asia and Eastern Europe: Is There a Relation with Its Nutritional Value?. <i>Foods</i> , 2021, 10, 1985.	1.9	1
126	Improving the lagging rates of breastfeeding. <i>The Lancet Child and Adolescent Health</i> , 2021, 5, 606-607.	2.7	1

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127	Evaluation of alcohol policy control measures is key. <i>Addiction</i> , 2020, 115, 1590-1591.	1.7	0
128	Government's Evolving Role. , 2014, , 471-486.		0