Joao J Breda

List of Publications by Year
in descending order

128 papers	10,259 citations	117625 34 h-index	38395 95 g-index
138 all docs	138 docs citations	138 times ranked	17149 citing authors

#	Article	IF	Citations
1	Worldwide trends in body-mass index, underweight, overweight, and obesity from 1975 to 2016: a pooled analysis of 2416 population-based measurement studies in 128Â·9 million children, adolescents, and adults. Lancet, The, 2017, 390, 2627-2642.	13.7	5,010
2	ESPEN expert statements and practical guidance for nutritional management of individuals with SARS-CoV-2 infection. Clinical Nutrition, 2020, 39, 1631-1638.	5.0	591
3	Prevention and control of non-communicable diseases in the COVID-19 response. Lancet, The, 2020, 395, 1678-1680.	13.7	240
4	Height and body-mass index trajectories of school-aged children and adolescents from 1985 to 2019 in 200 countries and territories: a pooled analysis of 2181 population-based studies with 65 million participants. Lancet, The, 2020, 396, 1511-1524.	13.7	219
5	WHO European Childhood Obesity Surveillance Initiative: body mass index and level of overweight among 6â€“9-year-old children from school year 2007/2008 to school year 2009/2010. BMC Public Health, 2014, 14, 806.	2.9	199
6	Association between Characteristics at Birth, Breastfeeding and Obesity in 22 Countries: The WHO European Childhood Obesity Surveillance Initiative â€“ COSI 2015/2017. Obesity Facts, 2019, 12, 226-243.	3.4	188
7	Prevalence of Severe Obesity among Primary School Children in 21 European Countries. Obesity Facts, 2019, 12, 244-258.	3.4	186
8	Intake and adequacy of the vegan diet. A systematic review of the evidence. Clinical Nutrition, 2021, 40, 3503-3521.	5.0	182
9	Impact of the first COVID-19 lockdown on body weight: A combined systematic review and a meta-analysis. Clinical Nutrition, 2022, 41, 3046-3054.	5.0	151
10	Forecasting Future Trends in Obesity across Europe: The Value of Improving Surveillance. Obesity Facts, 2018, 11, 360-371.	3.4	129
11	National physical activity recommendations: systematic overview and analysis of the situation in European countries. BMC Public Health, 2015, 15, 133.	2.9	125
12	Breastfeeding practices and policies in WHO European Region Member States. Public Health Nutrition, 2016, 19, 753-764.	2.2	122
13	A Systematic Review of Salt Reduction Initiatives Around the World: A Midterm Evaluation of Progress Towards the 2025 Global Non-Communicable Diseases Salt Reduction Target. Advances in Nutrition, 2021, 12, 1768-1780.	6.4	116
14	WHO European Childhood Obesity Surveillance Initiative: associations between sleep duration, screen time and food consumption frequencies. BMC Public Health, 2015, 15, 442.	2.9	114
15	Using Mobile Apps to Promote a Healthy Lifestyle Among Adolescents and Students: A Review of the Theoretical Basis and Lessons Learned. JMIR MHealth and UHealth, 2016, 4, e39.	3.7	111
16	The future burden of obesity-related diseases in the 53 WHO European-Region countries and the impact of effective interventions: a modelling study. BMJ Open, 2014, 4, e004787-e004787.	1.9	106
17	Promoting health-enhancing physical activity in Europe: Current state of surveillance, policy development and implementation. Health Policy, 2018, 122, 519-527.	3.0	86
18	Life course approach to prevention and control of non-communicable diseases. BMJ: British Medical Journal, 2019, 364, l257.	2.3	82

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19	Enhanced labelling on alcoholic drinks: reviewing the evidence to guide alcohol policy. European Journal of Public Health, 2013, 23, 1082-1087.	0.3	77
20	Adult Nutrient Intakes from Current National Dietary Surveys of European Populations. Nutrients, 2017, 9, 1288.	4.1	70
21	Physical Activity and Academic Achievement: An Umbrella Review. International Journal of Environmental Research and Public Health, 2020, 17, 5972.	2.6	68
22	WHO European Childhood Obesity Surveillance Initiative: health-risk behaviours on nutrition and physical activity in 6â€"9-year-old schoolchildren. Public Health Nutrition, 2015, 18, 3108-3124.	2.2	67
23	Physical Activity, Screen Time, and Sleep Duration of Children Aged 6â€"9 Years in 25 Countries: An Analysis within the WHO European Childhood Obesity Surveillance Initiative (COSI) 2015â€"2017. Obesity Facts, 2021, 14, 32-44.	3.4	64
24	The Importance of the World Health Organization Sugar Guidelines for Dental Health and Obesity Prevention. Caries Research, 2019, 53, 149-152.	2.0	55
25	The shift to plant-based diets: are we missing the point?. Global Food Security, 2021, 29, 100530.	8.1	54
26	National nutrition surveys in Europe: a review on the current status in the 53 countries of the WHO European region. Food and Nutrition Research, 2018, 62, .	2.6	52
27	Thinness, overweight, and obesity in 6â€•to 9â€•yearâ€•old children from 36 countries: The World Health Organization European Childhood Obesity Surveillance Initiativeâ€"COSI 2015â€"2017. Obesity Reviews, 2021, 22, e13214.	6.5	50
28	A Snapshot of European Childrenâ€™s Eating Habits: Results from the Fourth Round of the WHO European Childhood Obesity Surveillance Initiative (COSI). Nutrients, 2020, 12, 2481.	4.1	49
29	Child and adolescent nutrient intakes from current national dietary surveys of European populations. Nutrition Research Reviews, 2019, 32, 38-69.	4.1	48
30	Socioeconomic inequalities in overweight and obesity among 6â€•to 9â€•yearâ€•old children in 24 countries from the World Health Organization European region. Obesity Reviews, 2021, 22, e13213.	6.5	48
31	The Importance of Continuing Breastfeeding during Coronavirus Disease-2019: In Support of the World Health Organization Statement on Breastfeeding during the Pandemic. Journal of Pediatrics, 2020, 223, 234-236.	1.8	43
32	Childhood overweight and obesity in Europe: Changes from 2007 to 2017. Obesity Reviews, 2021, 22, e13226.	6.5	42
33	Trans fatty acids in the Portuguese food market. Food Control, 2016, 64, 128-134.	5.5	41
34	Heterogeneous contributions of change in population distribution of body mass index to change in obesity and underweight. ELife, 2021, 10, .	6.0	41
35	WHO European Childhood Obesity Surveillance Initiative: School Nutrition Environment and Body Mass Index in Primary Schools. International Journal of Environmental Research and Public Health, 2014, 11, 11261-11285.	2.6	38
36	Three types of scientific evidence to inform physical activity policy: results from a comparative scoping review. International Journal of Public Health, 2016, 61, 553-563.	2.3	38

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37	Clustering of Multiple Energy Balance-Related Behaviors in School Children and its Association with Overweight and Obesityâ€"WHO European Childhood Obesity Surveillance Initiative (COSI 2015â€"2017). Nutrients, 2019, 11, 511.	4.1	35
38	Alcohol control policy and changes in alcoholâ€•related traffic harm. Addiction, 2020, 115, 655-665.	3.3	35
39	Towards better nutrition in Europe: Evaluating progress and defining future directions. Food Policy, 2020, 96, 101887.	6.0	34
40	Alcohol control policies in Former Soviet Union countries: A narrative review of three decades of policy changes and their apparent effects. Drug and Alcohol Review, 2021, 40, 350-367.	2.1	34
41	Overweight and Obesity in Children under 5 Years: Surveillance Opportunities and Challenges for the WHO European Region. Frontiers in Public Health, 2017, 5, 58.	2.7	33
42	Research and innovation as a catalyst for food system transformation. Trends in Food Science and Technology, 2021, 107, 150-156.	15.1	32
43	Overweight and Obesity in the Russian Population: Prevalence in Adults and Association with Socioeconomic Parameters and Cardiovascular Risk Factors. Obesity Facts, 2019, 12, 103-114.	3.4	31
44	Socioeconomic differences in food habits among 6â€•to 9â€•yearâ€•old children from 23 countriesâ€"WHO European Childhood Obesity Surveillance Initiative (COSI 2015/2017). Obesity Reviews, 2021, 22, e13211.	6.5	31
45	Health Gain by Salt Reduction in Europe: A Modelling Study. PLoS ONE, 2015, 10, e0118873.	2.5	31
46	Impact of Front-of-Pack Nutrition Labels on Portion Size Selection: An Experimental Study in a French Cohort. Nutrients, 2018, 10, 1268.	4.1	30
47	High sugar content of European commercial baby foods and proposed updates to existing recommendations. Maternal and Child Nutrition, 2021, 17, e13020.	3.0	30
48	Socioeconomic disparities in physical activity, sedentary behavior and sleep patterns among 6â€•to 9â€•yearâ€•old children from 24 countries in the WHO European region. Obesity Reviews, 2021, 22, e13209.	6.5	30
49	Status and contents of physical activity recommendations in European Union countries: a systematic comparative analysis. BMJ Open, 2020, 10, e034045.	1.9	28
50	Program Obesity Zero (POZ) â€" a community-based intervention to address overweight primary-school children from five Portuguese municipalities. Public Health Nutrition, 2013, 16, 1043-1051.	2.2	27
51	Comparative validity of the ASSOâ€"Food Frequency Questionnaire for the web-based assessment of food and nutrients intake in adolescents. Food and Nutrition Research, 2015, 59, 26216.	2.6	27
52	Sodium and potassium urinary excretion and dietary intake: a cross-sectional analysis in adolescents. Food and Nutrition Research, 2016, 60, 29442.	2.6	27
53	Projected impact of the Portuguese sugar-sweetened beverageÂtax on obesity incidence across different age groups: AÂmodelling study. PLoS Medicine, 2020, 17, e1003036.	8.4	26
54	Barriers and Facilitators of Physical Activity Participation in Adolescent Girls: A Systematic Review of Systematic Reviews. Frontiers in Public Health, 2021, 9, 743935.	2.7	26

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55	Rising to the challenge: Introducing protocols to monitor food marketing to children from the World Health Organization Regional Office for Europe. Obesity Reviews, 2021, 22, e13212.	6.5	25
56	Profiles of Physical Fitness Risk Behaviours in School Adolescents from the ASSO Project: A Latent Class Analysis. International Journal of Environmental Research and Public Health, 2018, 15, 1933.	2.6	24
57	Methodology and implementation of the WHO European Childhood Obesity Surveillance Initiative (COSI). Obesity Reviews, 2021, 22, e13215.	6.5	24
58	Sodium and Potassium Intake in Healthy Adults in Thessaloniki Greater Metropolitan Areaâ€"The Salt Intake in Northern Greece (SING) Study. Nutrients, 2017, 9, 417.	4.1	23
59	Obesity and Sedentarism: Reviewing the Current Situation Within the WHO European Region. Current Obesity Reports, 2013, 2, 42-49.	8.4	21
60	School food research: building the evidence base for policy. Public Health Nutrition, 2013, 16, 958-967.	2.2	21
61	Sodium and Potassium Intake, Knowledge Attitudes and Behaviour Towards Salt Consumption Amongst Adults in Podgorica, Montenegro. Nutrients, 2019, 11, 160.	4.1	21
62	Parental Perceptions of Childrenâ€™s Weight Status in 22 Countries: The WHO European Childhood Obesity Surveillance Initiative: COSI 2015/2017. Obesity Facts, 2021, 14, 658-674.	3.4	21
63	National Recommendations for Infant and Young Child Feeding in the World Health Organization European Region. Journal of Pediatric Gastroenterology and Nutrition, 2020, 71, 672-678.	1.8	20
64	Street food in Dushanbe, Tajikistan: availability and nutritional value. British Journal of Nutrition, 2019, 122, 1052-1061.	2.3	18
65	Portion Size of Energy-Dense Foods among French and UK Adults by BMI Status. Nutrients, 2019, 11, 12.	4.1	18
66	Prevalence of Physical Inactivity and Sedentary Behavior Among Adults in Armenia. Frontiers in Public Health, 2020, 8, 157.	2.7	18
67	A comparison of self-reported to cotinine-detected smoking status among adults in Georgia. European Journal of Public Health, 2020, 30, 1007-1012.	0.3	18
68	The web-based ASSO-food frequency questionnaire for adolescents: relative and absolute reproducibility assessment. Nutrition Journal, 2014, 13, 119.	3.4	17
69	Comparison of high and low trans-fatty acid consumers: analyses of UK National Diet and Nutrition Surveys before and after product reformulation. Public Health Nutrition, 2018, 21, 465-479.	2.2	17
70	One size does not fit all: implementation of interventions for non-communicable diseases. BMJ: British Medical Journal, 2019, 367, l6434.	2.3	17
71	Sodium, Potassium and Iodine Intake, in a National Adult Population Sample of the Republic of Moldova. Nutrients, 2019, 11, 2896.	4.1	16
72	Promoting health-enhancing physical activity in Europe: Surveillance, policy development and implementation 2015â€"2018. Health Policy, 2021, 125, 1023-1030.	3.0	16

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73	Overview of 71 European community-based initiatives against childhood obesity starting between 2005 and 2011: general characteristics and reported effects. BMC Public Health, 2014, 14, 758.	2.9	15
74	Potassium urinary excretion and dietary intake: a cross-sectional analysis in 8â€"10 year-old children. BMC Pediatrics, 2015, 15, 60.	1.7	15
75	National action plans to tackle NCDs: role of stakeholder network analysis. BMJ: British Medical Journal, 2019, 365, l1871.	2.3	15
76	Modelling impacts of food industry co-regulation on noncommunicable disease mortality, Portugal. Bulletin of the World Health Organization, 2019, 97, 450-459.	3.3	15
77	The Sodium and Potassium Content of the Most Commonly Available Street Foods in Tajikistan and Kyrgyzstan in the Context of the FEEDCities Project. Nutrients, 2018, 10, 98.	4.1	14
78	Macronutrient composition of street food in Central Asia: Bishkek, Kyrgyzstan. Food Science and Nutrition, 2020, 8, 5309-5320.	3.4	14
79	Effects of the coronavirus disease 2019 pandemic and the policy response on childhood obesity risk factors: Gender and sex differences and recommendations for research. Obesity Reviews, 2021, 22 Suppl 6, e13222.	6.5	14
80	Waist circumference and waistâ€toâ€height ratio in 7â€yearâ€old childrenâ€"WHO Childhood Obesity Surveillance Initiative. Obesity Reviews, 2021, 22, e13208.	6.5	13
81	Sustainable food profiling models to inform the development of food labels that account for nutrition and the environment: a systematic review. Lancet Planetary Health, The, 2021, 5, e818-e826.	11.4	13
82	Review ArticleCurrent salt reduction policies across gradients of inequality-adjusted human development in the WHO European region: minding the gaps. Public Health Nutrition, 2014, 17, 1894-1904.	2.2	12
83	The cost of convenience: potential linkages between noncommunicable diseases and meal delivery apps. Lancet Regional Health - Europe, The, 2022, 12, 100293.	5.6	12
84	Complementary feeding and non communicable diseases: Current knowledge and future research needs. Nutrition, Metabolism and Cardiovascular Diseases, 2012, 22, 819-822.	2.6	11
85	Design, Implementation, and Evaluation of the Adolescents and Surveillance System for the Obesity Prevention Project. Medicine (United States), 2016, 95, e3143.	1.0	11
86	Adaptation of and Protocol for the Validation of the Alcohol Use Disorders Identification Test (AUDIT) in the Russian Federation for Use in Primary Healthcare. Alcohol and Alcoholism, 2020, 55, 624-630.	1.6	11
87	Meeting the Global NCD Target of at Least 10% Relative Reduction in the Harmful Use of Alcohol: Is the WHO European Region on Track?. International Journal of Environmental Research and Public Health, 2020, 17, 3423.	2.6	11
88	Estimating the impact of achieving Turkey's non-communicable disease policy targets: A macro-simulation modelling study. Lancet Regional Health - Europe, The, 2021, 1, 100018.	5.6	11
89	Mobilizing governments and society to combat obesity: Reflections on how data from the WHO European Childhood Obesity Surveillance Initiative are helping to drive policy progress. Obesity Reviews, 2021, 22, e13217.	6.5	11
90	New global physical activity guidelines for a more active and healthier world: the WHO Regional Offices perspective. British Journal of Sports Medicine, 2020, 54, 1449-1450.	6.7	10

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91	Street food in Eastern Europe: a perspective from an urban environment in Moldova. British Journal of Nutrition, 2020, 124, 1093-1101.	2.3	10
92	Disrupted food systems in the WHO European region â€“ a threat or opportunity for healthy and sustainable food and nutrition?. Food Security, 2020, 12, 859-864.	5.3	10
93	Childhood overweight and obesity abatement policies in Europe. Obesity Reviews, 2021, 22, e13300.	6.5	10
94	Comparison of consumed portion sizes and on-pack serving sizes of UK energy dense foods. Appetite, 2019, 134, 193-203.	3.7	9
95	Leadership in physical activity: is this the currency of change in the student healthcare curriculum?. British Journal of Sports Medicine, 2018, 52, 1484-1485.	6.7	8
96	Regional and Sociodemographic Determinants of the Prevalence of Overweight and Obesity in Children Aged 7-9 Years in Croatia. Acta Clinica Croatica, 2020, 59, 303-311.	0.2	8
97	Urban and rural differences in frequency of fruit, vegetable, and soft drink consumption among 6â€“9â€yearâ€old children from 19 countries from the WHO European region. Obesity Reviews, 2021, 22 Suppl 6, e13207.	6.5	8
98	Policy Instruments for Health Promotion: A Comparison of WHO Policy Guidance for Tobacco, Alcohol, Nutrition and Physical Activity. International Journal of Health Policy and Management, 2021, , .	0.9	7
99	Degree of processing and nutritional value of childrenâ€™s food products. Public Health Nutrition, 2021, 24, 5977-5984.	2.2	7
100	The Impact of Lockdowns on Caffeine Consumption: A Systematic Review of the Evidence. International Journal of Environmental Research and Public Health, 2022, 19, 5255.	2.6	7
101	An exploration of socio-economic and food characteristics of high trans fatty acid consumers in the Dutch and UK national surveys after voluntary product reformulation. Food and Nutrition Research, 2017, 61, 1412793.	2.6	6
102	Weight Status of 7-Year-Old Hungarian Children between 2010 and 2016 Using Different Classifications (COSI Hungary). Obesity Facts, 2018, 11, 195-205.	3.4	6
103	Trans fatty acid elimination policy in member states of the Eurasian Economic Union: Implementation challenges and capacity for enforcement. Journal of Clinical Hypertension, 2020, 22, 1328-1337.	2.0	6
104	Sodium and potassium intakes in the Kazakhstan population estimated using 24-h urinary excretion: evidence for national action. European Journal of Nutrition, 2021, 60, 1537-1546.	3.9	6
105	The Role of the World Health Organization in Eliminating Iodine Deficiency Worldwide. Recent Patents on Endocrine, Metabolic & Immune Drug Discovery, 2017, 10, 138-142.	0.6	6
106	A Cross-Sectional Study of the Street Foods Purchased by Customers in Urban Areas of Central Asia. Nutrients, 2021, 13, 3651.	4.1	6
107	Childhood Obesity Surveillance Initiative (COSI) in Poland: Implementation of Two Rounds of the Study in the Context of International Methodological Assumptions. Medycyna Wieku Rozwojowego, 2020, 24, 2-12.	0.2	6
108	Consumer Attitudes Toward Food and Nutritional Labeling: Implications for Policymakers and Practitioners on a National Level. Journal of Food Products Marketing, 2020, 26, 470-485.	3.3	5

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109	Impact of the First Wave of COVID-19 on Physical Activity Promotion in the European Union: Results From a Policymaker Survey. Journal of Physical Activity and Health, 2021, 18, 1490-1494.	2.0	5
110	Nutritional Content of Street Food and Takeaway Food Purchased in Urban Bosnia and Herzegovina. Foods, 2021, 10, 2594.	4.3	5
111	Nutritional content of the street food purchased in ChiÈ™inĂƒu, Moldova: Opportunity for policy action. International Journal of Gastronomy and Food Science, 2022, 27, 100456.	3.0	5
112	Physical inactivity in nine European and Central Asian countries: an analysis of national population-based survey results. European Journal of Public Health, 2021, 31, 846-853.	0.3	4
113	Cervical cancer testing among women aged 30â€“49 years in the WHO European Region. European Journal of Public Health, 2021, 31, 884-889.	0.3	4
114	Availability and Nutritional Composition of Street Food in Urban Central Asia: Findings From Almaty, Kazakhstan. International Journal of Public Health, 2022, 67, 1604558.	2.3	4
115	Nutritional Characterization of Street Food in Urban Turkmenistan, Central Asia. Frontiers in Public Health, 2022, 10, .	2.7	4
116	Patterns of Street Food Purchase in Cities From Central Asia. Frontiers in Nutrition, 0, 9, .	3.7	4
117	AnÃ¡lise comparativa de mÃ©todos de abordagem da obesidade infantil. Revista Portuguesa De Saude Publica, 2011, 29, 148-156.	0.3	3
118	Combined effect of different factors on weight status and cardiometabolic risk in Italian adolescents. Italian Journal of Pediatrics, 2019, 45, 32.	2.6	3
119	School food and nutrition: developing the evidence base for policy. Public Health Nutrition, 2013, 16, 955-957.	2.2	2
120	Association between sodium excretion and hydration status by Free Water Reserve: a cross-sectional analysis in adolescents. BMC Nutrition, 2015, 1, .	1.6	2
121	Salt Reduction Strategies in Portuguese School Meals, from Pre-School to Secondary Educationâ€”The Eat Mediterranean Program. Nutrients, 2020, 12, 2213.	4.1	2
122	Assessing diet in European populations using national dietary surveys. Proceedings of the Nutrition Society, 2020, 79, 531-541.	1.0	2
123	OUP accepted manuscript. European Journal of Public Health, 2021, , .	0.3	2
124	WHO European Childhood Obesity Surveillance Initiative: Impact of Type of Clothing Worn during Anthropometric Measurements and Timing of the Survey on Weight and Body Mass Index Outcome Measures in 6â€“9-Year-Old Children. Epidemiology Research International, 2016, 2016, 1-16.	0.2	1
125	The Price of Homemade Street Food in Central Asia and Eastern Europe: Is There a Relation with Its Nutritional Value?. Foods, 2021, 10, 1985.	4.3	1
126	Improving the lagging rates of breastfeeding. The Lancet Child and Adolescent Health, 2021, 5, 606-607.	5.6	1

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127	Evaluation of alcohol policy control measures is key. Addiction, 2020, 115, 1590-1591.	3.3	0
128	Governmentâ€™s Evolving Role. , 2014, , 471-486.		0