Mario Mauro

List of Publications by Year in descending order

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1478280 1474057 11 81 6 9 citations h-index g-index papers 11 11 11 70 citing authors docs citations times ranked all docs

#	Article	IF	CITATIONS
1	Impact of Different Types of Physical Activity in Green Urban Space on Adult Health and Behaviors: A Systematic Review. European Journal of Investigation in Health, Psychology and Education, 2021, 11, 263-275.	1.1	17
2	Effects of a 12-Week Suspension versus Traditional Resistance Training Program on Body Composition, Bioimpedance Vector Patterns, and Handgrip Strength in Older Men: A Randomized Controlled Trial. Nutrients, 2021, 13, 2267.	1.7	14
3	Effects of Different Resistance Training Frequencies on Body Composition, Cardiometabolic Risk Factors, and Handgrip Strength in Overweight and Obese Women: A Randomized Controlled Trial. Journal of Functional Morphology and Kinesiology, 2020, 5, 51.	1.1	9
4	Effect of a Park-Based Physical Activity Intervention on Psychological Wellbeing at the Time of COVID-19. International Journal of Environmental Research and Public Health, 2022, 19, 6028.	1.2	8
5	Evaluation of Self-Perceived Body Image in Adolescents with Mild Idiopathic Scoliosis. European Journal of Investigation in Health, Psychology and Education, 2022, 12, 319-333.	1.1	7
6	Assessment of Body Composition and Physical Performance of Young Soccer Players: Differences According to the Competitive Level. Biology, 2022, 11, 823.	1.3	7
7	Attitudes towards Green Urban Space: A Case Study of Two Italian Regions. International Journal of Environmental Research and Public Health, 2021, 18, 6442.	1.2	5
8	Effect of exercise on cancer-related fatigue: A systematic review. Journal of Human Sport and Exercise, $2021, 16, .$	0.2	5
9	The Effects of Park Based Interventions on Health: The Italian Project "Moving Parks― International Journal of Environmental Research and Public Health, 2022, 19, 2130.	1.2	5
10	Effects of Nordic Walking Training on Anthropometric, Body Composition and Functional Parameters in the Middle-Aged Population. International Journal of Environmental Research and Public Health, 2022, 19, 7433.	1.2	3
11	The Evaluation of Physical Activity Habits in North Italian People before and during COVID-19 Quarantine: A Pilot Study. International Journal of Environmental Research and Public Health, 2022, 19, 1660.	1.2	1