## Gholam Rasul Mohammad Rahimi

List of Publications by Year in descending order

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1478505 1199594 12 173 12 6 citations g-index h-index papers 12 12 12 231 docs citations times ranked citing authors all docs

#	Article	IF	CITATIONS
1	Anti-Inflammatory Effects of Exercise on Metabolic Syndrome Patients: A Systematic Review and Meta-Analysis. Biological Research for Nursing, 2021, 23, 280-292.	1.9	41
2	Effects of exercise training on serum preptin, undercarboxylated osteocalcin and high molecular weight adiponectin in adults with metabolic syndrome. Experimental Physiology, 2020, 105, 449-459.	2.0	38
3	The Impact of Different Modes of Exercise Training on Bone Mineral Density in Older Postmenopausal Women: A Systematic Review and Meta-analysis Research. Calcified Tissue International, 2020, 106, 577-590.	3.1	31
4	The effect of exercise training on osteocalcin, adipocytokines, and insulin resistance: a systematic review and meta-analysis of randomized controlled trials. Osteoporosis International, 2021, 32, 213-224.	3.1	18
5	Effects of Lifestyle Intervention on Inflammatory Markers and Waist Circumference in Overweight/Obese Adults With Metabolic Syndrome: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. Biological Research for Nursing, 2022, 24, 94-105.	1.9	12
6	A Comparison of 6 Weeks of Aquatic Exercise and Kinesio Taping in Patients With Chronic Nonspecific Low Back Pain. Journal of Sport Rehabilitation, 2021, 30, 37-42.	1.0	10
7	Differential Stretching Protocols During Warm up on Select Performance Measures for Elite Male Soccer Players. Procedia, Social and Behavioral Sciences, 2012, 46, 1639-1643.	0.5	6
8	Effect of Aerobic Exercise Alone or in Conjunction With Diet on Liver Function, Insulin Resistance and Lipids in Non-Alcoholic Fatty Liver Disease. Biological Research for Nursing, 2022, 24, 259-276.	1.9	6
9	The Effect of Exercise Interventions to Improve Psychosocial Aspects and Glycemic Control in Type 2 Diabetic Patients: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. Biological Research for Nursing, 2022, 24, 10-23.	1.9	4
10	The Effect of Rapid and Gradual Weight Loss on Some Hematological Parameters in Trained Wrestlers. International Journal of Wrestling Science, 2014, 4, 37-41.	0.4	3
11	The effects of a 12-week aquatic training intervention on the quality of life of healthy elderly men: a randomized controlled trial. Sport Sciences for Health, 2023, 19, 665-670.	1.3	3
12	Exercise Training for Pulmonary Hypertension: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. Biological Research for Nursing, 2021, 23, 442-454.	1.9	1