

# Felicia L Steger

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/6279910/publications.pdf>

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7  
papers

148  
citations

1477746

6  
h-index

1719596

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g-index

7  
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7  
docs citations

7  
times ranked

291  
citing authors

#	ARTICLE	IF	CITATIONS
1	Intermittent and continuous energy restriction result in similar weight loss, weight loss maintenance, and body composition changes in a 6 month randomized pilot study. <i>Clinical Obesity</i> , 2021, 11, e12430.	1.1	14
2	Energy Expenditure and Intensity of Group-Based High-Intensity Functional Training: A Brief Report. <i>Journal of Physical Activity and Health</i> , 2019, 16, 470-476.	1.0	13
3	Changes in Energy Intake and Diet Quality during an 18-Month Weight-Management Randomized Controlled Trial in Adults with Intellectual and Developmental Disabilities. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2018, 118, 1087-1096.	0.4	8
4	Do weight management interventions delivered by online social networks effectively improve body weight, body composition, and chronic disease risk factors? A systematic review. <i>Journal of Telemedicine and Telecare</i> , 2017, 23, 263-272.	1.4	43
5	Distance learning strategies for weight management utilizing online social networks versus group phone conference call. <i>Obesity Science and Practice</i> , 2017, 3, 134-142.	1.0	14
6	Breakfast Intake and Composition Is Associated with Superior Academic Achievement in Elementary Schoolchildren. <i>Journal of the American College of Nutrition</i> , 2016, 35, 326-333.	1.1	21
7	Distance learning strategies for weight management utilizing social media: A comparison of phone conference call versus social media platform. Rationale and design for a randomized study. <i>Contemporary Clinical Trials</i> , 2016, 47, 282-288.	0.8	35