

Nuno D Garrido

List of Publications by Year in descending order

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101
docs citations

101
times ranked

1147
citing authors

#	ARTICLE	IF	CITATIONS
1	Acute and Long-Term Comparison of Fixed vs. Self-Selected Rest Interval Between Sets on Upper-Body Strength. <i>Journal of Strength and Conditioning Research</i> , 2022, 36, 540-544.	1.0	3
2	Can Post-Exercise Hemodynamic Response Be Influenced by Different Recovery Methods in Paraplegic Sportsmen?. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 1772.	1.2	5
3	Changes in Muscle Thickness after 8 Weeks of Strength Training, Electromyostimulation, and Both Combined in Healthy Young Adults. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 3184.	1.2	8
4	Assessment of Dynamic Knee Valgus between Lateral Step-Down Test and Running in Female Runners with and without Patellofemoral Pain Using Two-Dimensional Video Analysis. <i>Clinics and Practice</i> , 2022, 12, 425-435.	0.6	1
5	Evaluation of Ibuprofen Use on the Immune System Indicators and Force in Disabled Paralympic Powerlifters of Different Sport Levels. <i>Healthcare (Switzerland)</i> , 2022, 10, 1331.	1.0	3
6	Interaction effects of different orders of resistance exercises and rest intervals on performances by young athletes. <i>Journal of Bodywork and Movement Therapies</i> , 2021, 26, 273-278.	0.5	2
7	Evaluation of Strength and Muscle Activation Indicators in Sticking Point Region of National-Level Paralympic Powerlifting Athletes. <i>Journal of Functional Morphology and Kinesiology</i> , 2021, 6, 43.	1.1	11
8	Physiological and Biochemical Evaluation of Different Types of Recovery in National Level Paralympic Powerlifting. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 5155.	1.2	12
9	Static and Dynamic Strength Indicators in Paralympic Power-Lifters with and without Spinal Cord Injury. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 5907.	1.2	20
10	Are Strength Indicators and Skin Temperature Affected by the Type of Warm-Up in Paralympic Powerlifting Athletes?. <i>Healthcare (Switzerland)</i> , 2021, 9, 923.	1.0	9
11	Effects of Ibuprofen Use on Lymphocyte Count and Oxidative Stress in Elite Paralympic Powerlifting. <i>Biology</i> , 2021, 10, 986.	1.3	10
12	Force production and muscle activation during partial vs. full range of motion in Paralympic Powerlifting. <i>PLoS ONE</i> , 2021, 16, e0257810.	1.1	12
13	Evaluation of Training with Elastic Bands on Strength and Fatigue Indicators in Paralympic Powerlifting. <i>Sports</i> , 2021, 9, 142.	0.7	5
14	Evaluation of the Post-Training Hypotensor Effect in Paralympic and Conventional Powerlifting. <i>Journal of Functional Morphology and Kinesiology</i> , 2021, 6, 92.	1.1	6
15	Agility, vertical jump, and shot velocity of Brazilian water polo players: correlations and top performances analysis. <i>Journal of Sports Medicine and Physical Fitness</i> , 2021, , .	0.4	0
16	Water Polo Performance Classification Based on the Functional Test for Agility Performance: A Long-Term Training Tool. <i>The Open Sports Sciences Journal</i> , 2021, 14, 132-136.	0.2	1
17	Concentration of salivary cortisol and testosterone in elite women football players. <i>Kinesiology</i> , 2020, 52, 1-9.	0.3	4
18	Effects of Resistance Training and <i>Bowdichia virgilioides</i> Hydroethanolic Extract on Oxidative Stress Markers in Rats Submitted to Peripheral Nerve Injury. <i>Antioxidants</i> , 2020, 9, 941.	2.2	2

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19	The Influence of Warm-Up on Body Temperature and Strength Performance in Brazilian National-Level Paralympic Powerlifting Athletes. <i>Medicina (Lithuania)</i> , 2020, 56, 538.	0.8	13
20	Perceived and Real Aquatic Competence in Children from 6 to 10 Years Old. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6101.	1.2	6
21	Inter-Limb Symmetry at Simultaneous and Alternated Arms Flexion by the Elbow during Water Fitness Sessions. <i>Symmetry</i> , 2020, 12, 1776.	1.1	3
22	Are Heart Rate and Rating of Perceived Exertion Effective to Control Indoor Cycling Intensity?. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 4824.	1.2	4
23	Inter- and intra-rater reliability of swimming teachers with different skill levels, in different conditions, evaluating front crawl arm movement in non-expert swimmers. <i>Motriz Revista De Educacao Fisica</i> , 2020, 26, .	0.3	0
24	Oxygen Uptake On-Kinetics during Low-Intensity Resistance Exercise: Effect of Exercise Mode and Load. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 2524.	1.2	3
25	Are wearable heart rate measurements accurate to estimate aerobic energy cost during low-intensity resistance exercise?. <i>PLoS ONE</i> , 2019, 14, e0221284.	1.1	8
26	The Effect of Ballistic Exercise as Pre-Activation for 100 m Sprints. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 1850.	1.2	13
27	Influence of the Mass Media and Body Dissatisfaction on the Risk in Adolescents of Developing Eating Disorders. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 1508.	1.2	58
28	Monitoring Changes Over a Training Macrocycle in Regional Age-Group Swimmers. <i>Journal of Human Kinetics</i> , 2019, 69, 213-223.	0.7	6
29	The transfer of strength and power into the stroke biomechanics of young swimmers over a 34-week period. <i>European Journal of Sport Science</i> , 2018, 18, 787-795.	1.4	31
30	OXYGEN UPTAKE AND RESISTANCE EXERCISE METHODS: THE USE OF BLOOD FLOW RESTRICTION. <i>Revista Brasileira De Medicina Do Esporte</i> , 2018, 24, 343-346.	0.1	0
31	Effects of resistance training on the physical condition of people with multiple sclerosis. <i>Journal of Sports Medicine and Physical Fitness</i> , 2018, 58, 1127-1134.	0.4	6
32	Influence of aquatic exercises in physical condition in patients with multiple sclerosis. <i>Journal of Sports Medicine and Physical Fitness</i> , 2018, 58, 684-689.	0.4	16
33	Cardiorespiratory, enzymatic and hormonal responses during and after walking while fasting. <i>PLoS ONE</i> , 2018, 13, e0193702.	1.1	2
34	The acquisition of aquatic skills in preschool children: deep versus shallow water swimming lessons. <i>Motricidade</i> , 2018, 14, 66.	0.2	7
35	Make yourself discoverable. <i>Motricidade</i> , 2018, 13, 1.	0.2	0
36	One more year: Volume 14. <i>Motricidade</i> , 2018, 14, 1.	0.2	0

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37	II Congresso Internacional Interdisciplinar de SaÃºde, Desporto e Pedagogia do Movimento - SINERGIA II. Motricidade, 2018, 14, 1-319.	0.2	0
38	Resumos do 41.º Congresso TÃ©cnico e CientÃ­fico da AssociaÃ§Ã£o Portuguesa de TÃ©cnicos de NataÃ§Ã£o - APTN. Motricidade, 2018, 14, 138-152.	0.2	0
39	Biomechanical characterization of swimmers with physical disabilities. Motricidade, 2018, 14, 103-112.	0.2	4
40	New year, new instructions for authors. Motricidade, 2018, 14, 1-2.	0.2	0
41	Creatine Kinase and Lactate Dehydrogenase Responses After Different Resistance and Aerobic Exercise Protocols. Journal of Human Kinetics, 2017, 58, 65-72.	0.7	75
42	Energy cost of isolated resistance exercises across low- to high-intensities. PLoS ONE, 2017, 12, e0181311.	1.1	13
43	Sensitivity and validity of a functional test for agility performance in water polo players. Kinesiology, 2016, 48, 124-131.	0.3	6
44	Comparison of oxygen uptake during and after the execution of resistance exercises and exercises performed on ergometers, matched for intensity. Journal of Human Kinetics, 2016, 53, 179-187.	0.7	10
45	The oxygen uptake slow component at submaximal intensities in breaststroke swimming. Journal of Human Kinetics, 2016, 51, 165-173.	0.7	4
46	Drowning: a leading killer!. Motricidade, 2016, 12, 2.	0.2	4
47	Resumos do 5.ª SimpÃ³sio de ForÃ§a & CondiÃ§Ã£o FÃ­sica (2015). Motricidade, 2016, 11, 163.	0.2	0
48	NÃveis BioquÃmicos apÃ³s suplementaÃ§Ã£o em PolÃcias Militares durante treinamento fÃsico. Motricidade, 2016, 12, 17.	0.2	1
49	TransiÃ§Ã£o na Carreira Desportiva: GuiÃ£o de Entrevista para Atletas (TCD-GEA). Motricidade, 2016, 12, 1.	0.2	0
50	Efeito do treinamento com videogames ativos nas dimensÃµes morfolÃ³gica e funcional: estudo clÃnico randomizado. Motricidade, 2016, 12, 70.	0.2	4
51	RelaÃ§Ã£o Entre a EficÃcia da Superioridade NumÃ©rica Temporal e o Resultado da Partida no Polo AquÃtico. Revista Da EducaÃ§Ã£o FÃsica, 2015, 26, 541.	0.0	2
52	A Comparison of Experimental and Analytical Procedures to Measure Passive Drag in Human Swimming. PLoS ONE, 2015, 10, e0130868.	1.1	14
53	The Functional Test for Agility Performance is a Reliable Quick Decision-Making Test for Skilled Water Polo Players. Journal of Human Kinetics, 2015, 46, 157-165.	0.7	8
54	Does a waterÃ training macrocycle really create imbalances in swimmers' shoulder rotator muscles?. European Journal of Sport Science, 2015, 15, 167-172.	1.4	26

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55	Rela��o entre atividade f�sica e desportiva, n�veis de IMC, perce��es de sucesso e rendimento escolar. Motricidade, 2015, 11, 41.	0.2	6
56	Short-Term Effects of Complex Training on Agility with the Ball, Speed, Efficiency of Crossing and Shooting in Youth Soccer Players. Journal of Human Kinetics, 2014, 43, 105-112.	0.7	25
57	Chronic Effects of Strength Training Vs. Hydro Aerobics on Functional and Cardiorespiratory Ability in Postmenopausal Women. Journal of Human Kinetics, 2014, 43, 57-66.	0.7	4
58	Do 12-Week Yoga Program Influence Respiratory Function Of Elderly Women?. Journal of Human Kinetics, 2014, 43, 177-184.	0.7	13
59	Na Onda da Ci�ncia. Motricidade, 2014, 10, .	0.2	0
60	Revista Motricidade: da Funda�o ao Desafio. Motricidade, 2014, 10, .	0.2	0
61	Can a Single Session of a Community-Based Group Exercise Program Combining Step Aerobics and Bodyweight Resistance Exercise Acutely Reduce Blood Pressure?. Journal of Human Kinetics, 2014, 43, 49-56.	0.7	2
62	Is Long Term Creatine and Glutamine Supplementation Effective in Enhancing Physical Performance of Military Police Officers?. Journal of Human Kinetics, 2014, 43, 131-138.	0.7	10
63	The Reliability of a Functional Agility Test for Water Polo. Journal of Human Kinetics, 2014, 41, 181-190.	0.7	7
64	Rela�o entre a origem do arremesso e a ocorr�ncia do gol em competi�o no polo aqu�tico masculino. Revista Brasileira De Cineantropometria E Desempenho Humano, 2014, 16, .	0.5	6
65	Changes in Aerobic Ability During A Macro Cycle of Training in Swimming. The Open Sports Sciences Journal, 2014, 3, 41-42.	0.2	0
66	Can 8 Weeks of Training in Female Swimmers Affect Active Drag?. The Open Sports Sciences Journal, 2014, 3, 36-37.	0.2	2
67	Characterization of speed fluctuation and drag force in young swimmers: A gender comparison. Human Movement Science, 2013, 32, 1214-1225.	0.6	21
68	QUALITY OF LIFE AND PHYSICAL ACTIVITY IN PATIENTS WITH CHRONIC HEART FAILURE. British Journal of Sports Medicine, 2013, 47, e3.14-e3.	3.1	0
69	EFFICACY OF ACLUTE HIGH-INTENSITY INTERVAL TRAINING IN LOWERING GLYCEMIA IN PATIENTS WITH TYPE 2 DIABETES: DIABETES EM MOVIMENTO� PILOT STUDY. British Journal of Sports Medicine, 2013, 47, e3.11-e3.	3.1	4
70	The Influence of Anthropometric, Kinematic and Energetic Variables and Gender on Swimming Performance in Youth Athletes. Journal of Human Kinetics, 2013, 39, 203-211.	0.7	27
71	The Interaction Between Intra-Cyclic Variation of the Velocity and Mean Swimming Velocity in Young Competitive Swimmers. International Journal of Sports Medicine, 2013, 34, 123-130.	0.8	25
72	CAN WE TEST SWIMMING LESSONS SKILLS IN DROWNING PREVENTION?. British Journal of Sports Medicine, 2013, 47, e3.10-e3.	3.1	5

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73	EFFECTS OF RESISTANCE AND MULTICOMPONENT TRAINING ON BODY COMPOSITION AND PHYSICAL FITNESS OF INSTITUTIONALIZED ELDERLY WOMEN. <i>British Journal of Sports Medicine</i> , 2013, 47, e3.48-e3.	3.1	3
74	ACUTE EFFECTS OF MUSCLE MASSAGE PREVIOUS TO STRENGTH TRAINING ON BIOCHEMICAL MARKERS OF DELAYED ONSET MUSCLE SORENESS. <i>British Journal of Sports Medicine</i> , 2013, 47, e3.50-e3.	3.1	1
75	EFFECTS OF A 12-WKS AQUATIC TRAINING PROGRAM IN BODY POSTURE AND BALANCE. <i>British Journal of Sports Medicine</i> , 2013, 47, e3.51-e3.	3.1	3
76	Effects of aquatic exercise on depression and anxiety in ischemic stroke subjects. <i>Health</i> , 2013, 05, 222-228.	0.1	9
77	Association between IGF-2 gene and fat-free mass in response to resistance training. <i>Health</i> , 2013, 05, 1003-1009.	0.1	0
78	Linking Selected Kinematic, Anthropometric and Hydrodynamic Variables to Young Swimmer Performance. <i>Pediatric Exercise Science</i> , 2012, 24, 649-664.	0.5	52
79	High Level Swimming Performance and its Relation to Non-Specific Parameters: A Cross-Sectional Study on Maximum Handgrip Isometric Strength. <i>Perceptual and Motor Skills</i> , 2012, 114, 936-948.	0.6	26
80	Análise dos parâmetros cinemáticos determinantes do desempenho na prova de 200 m nado livre. <i>Motriz Revista De Educacao Fisica</i> , 2012, 18, 366-377.	0.3	2
81	The Relationship Between Front Crawl Swimming Performance And Swimming Technique In Young Swimmers. <i>Medicine and Science in Sports and Exercise</i> , 2011, 43, 623.	0.2	0
82	Effects Of Aquatic Exercise On Depression And Anxiety In Ischemic Stroke. <i>Medicine and Science in Sports and Exercise</i> , 2011, 43, 280.	0.2	1
83	The influence of the level of physical activity and human development in the quality of life in survivors of stroke. <i>Health and Quality of Life Outcomes</i> , 2011, 9, 89.	1.0	24
84	Associations Between Dry Land Strength and Power Measurements with Swimming Performance in Elite Athletes: a Pilot Study. <i>Journal of Human Kinetics</i> , 2011, 29A, 105-112.	0.7	63
85	Force production and spatial arm coordination profile in arm crawl swimming in a fixed position. <i>Acta Physiologica Hungarica</i> , 2010, 97, 385-392.	0.9	3
86	Is Front Crawl Swimming Performance Affected By Hydrodynamic Drag In Young Swimmers?. <i>Medicine and Science in Sports and Exercise</i> , 2010, 42, 690.	0.2	0
87	Kinematical changes in swimming front Crawl and Breaststroke with the AquaTrainer® snorkel. <i>European Journal of Applied Physiology</i> , 2010, 109, 1155-1162.	1.2	31
88	Changes in Aerobic Ability During A Macro Cycle of Training in Swimming-!2009-07-05-!2009-11-09-!2010-04-20-!. <i>The Open Sports Sciences Journal</i> , 2010, 3, 41-42.	0.2	1
89	Relationships between dry land strength, power variables and short sprint performance in young competitive swimmers. <i>Journal of Human Sport and Exercise</i> , 2010, 5, 240-249.	0.2	47
90	Can 8 Weeks of Training in Female Swimmers Affect Active Drag?-!2009-07-05-!2009-11-01-!2010-04-20-!. <i>The Open Sports Sciences Journal</i> , 2010, 3, 36-37.	0.2	1

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91	Does combined dry land strength and aerobic training inhibit performance of young competitive swimmers?. Journal of Sports Science and Medicine, 2010, 9, 300-10.	0.7	38
92	Association between ACE D allele and elite short distance swimming. European Journal of Applied Physiology, 2009, 106, 785-790.	1.2	65
93	A eficiência propulsiva e a performance em nadadores não experts. Motricidade, 2009, 5, .	0.2	1
94	I CINAPSE – I International Conference of Physical Activity and Health Promotion at School. Motricidade, 0, 13, 1.	0.2	0
95	CIAFIS – Congresso Internacional de Atividade Física, Nutrição e Saúde. Motricidade, 0, 13, 1.	0.2	0