

# Nuno D Garrido

## List of Publications by Year in descending order

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95  
papers

998  
citations

516215

16  
h-index

525886

27  
g-index

101  
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101  
docs citations

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times ranked

1147  
citing authors

#	ARTICLE	IF	CITATIONS
1	Creatine Kinase and Lactate Dehydrogenase Responses After Different Resistance and Aerobic Exercise Protocols. <i>Journal of Human Kinetics</i> , 2017, 58, 65-72.	0.7	75
2	Association between ACE D allele and elite short distance swimming. <i>European Journal of Applied Physiology</i> , 2009, 106, 785-790.	1.2	65
3	Associations Between Dry Land Strength and Power Measurements with Swimming Performance in Elite Athletes: a Pilot Study. <i>Journal of Human Kinetics</i> , 2011, 29A, 105-112.	0.7	63
4	Influence of the Mass Media and Body Dissatisfaction on the Risk in Adolescents of Developing Eating Disorders. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 1508.	1.2	58
5	Linking Selected Kinematic, Anthropometric and Hydrodynamic Variables to Young Swimmer Performance. <i>Pediatric Exercise Science</i> , 2012, 24, 649-664.	0.5	52
6	Relationships between dry land strength, power variables and short sprint performance in young competitive swimmers. <i>Journal of Human Sport and Exercise</i> , 2010, 5, 240-249.	0.2	47
7	Does combined dry land strength and aerobic training inhibit performance of young competitive swimmers?. <i>Journal of Sports Science and Medicine</i> , 2010, 9, 300-10.	0.7	38
8	Kinematical changes in swimming front Crawl and Breaststroke with the AquaTrainer® snorkel. <i>European Journal of Applied Physiology</i> , 2010, 109, 1155-1162.	1.2	31
9	The transfer of strength and power into the stroke biomechanics of young swimmers over a 34-week period. <i>European Journal of Sport Science</i> , 2018, 18, 787-795.	1.4	31
10	The Influence of Anthropometric, Kinematic and Energetic Variables and Gender on Swimming Performance in Youth Athletes. <i>Journal of Human Kinetics</i> , 2013, 39, 203-211.	0.7	27
11	High Level Swimming Performance and its Relation to Non-Specific Parameters: A Cross-Sectional Study on Maximum Handgrip Isometric Strength. <i>Perceptual and Motor Skills</i> , 2012, 114, 936-948.	0.6	26
12	Does a water training macrocycle really create imbalances in swimmers' shoulder rotator muscles?. <i>European Journal of Sport Science</i> , 2015, 15, 167-172.	1.4	26
13	The Interaction Between Intra-Cyclic Variation of the Velocity and Mean Swimming Velocity in Young Competitive Swimmers. <i>International Journal of Sports Medicine</i> , 2013, 34, 123-130.	0.8	25
14	Short-Term Effects of Complex Training on Agility with the Ball, Speed, Efficiency of Crossing and Shooting in Youth Soccer Players. <i>Journal of Human Kinetics</i> , 2014, 43, 105-112.	0.7	25
15	The influence of the level of physical activity and human development in the quality of life in survivors of stroke. <i>Health and Quality of Life Outcomes</i> , 2011, 9, 89.	1.0	24
16	Characterization of speed fluctuation and drag force in young swimmers: A gender comparison. <i>Human Movement Science</i> , 2013, 32, 1214-1225.	0.6	21
17	Static and Dynamic Strength Indicators in Paralympic Power-Lifters with and without Spinal Cord Injury. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 5907.	1.2	20
18	Influence of aquatic exercises in physical condition in patients with multiple sclerosis. <i>Journal of Sports Medicine and Physical Fitness</i> , 2018, 58, 684-689.	0.4	16

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19	A Comparison of Experimental and Analytical Procedures to Measure Passive Drag in Human Swimming. PLoS ONE, 2015, 10, e0130868.	1.1	14
20	Do 12-Week Yoga Program Influence Respiratory Function Of Elderly Women?. Journal of Human Kinetics, 2014, 43, 177-184.	0.7	13
21	Energy cost of isolated resistance exercises across low- to high-intensities. PLoS ONE, 2017, 12, e0181311.	1.1	13
22	The Effect of Ballistic Exercise as Pre-Activation for 100 m Sprints. International Journal of Environmental Research and Public Health, 2019, 16, 1850.	1.2	13
23	The Influence of Warm-Up on Body Temperature and Strength Performance in Brazilian National-Level Paralympic Powerlifting Athletes. Medicina (Lithuania), 2020, 56, 538.	0.8	13
24	Physiological and Biochemical Evaluation of Different Types of Recovery in National Level Paralympic Powerlifting. International Journal of Environmental Research and Public Health, 2021, 18, 5155.	1.2	12
25	Force production and muscle activation during partial vs. full range of motion in Paralympic Powerlifting. PLoS ONE, 2021, 16, e0257810.	1.1	12
26	Evaluation of Strength and Muscle Activation Indicators in Sticking Point Region of National-Level Paralympic Powerlifting Athletes. Journal of Functional Morphology and Kinesiology, 2021, 6, 43.	1.1	11
27	Is Long Term Creatine and Glutamine Supplementation Effective in Enhancing Physical Performance of Military Police Officers?. Journal of Human Kinetics, 2014, 43, 131-138.	0.7	10
28	Comparison of oxygen uptake during and after the execution of resistance exercises and exercises performed on ergometers, matched for intensity. Journal of Human Kinetics, 2016, 53, 179-187.	0.7	10
29	Effects of Ibuprofen Use on Lymphocyte Count and Oxidative Stress in Elite Paralympic Powerlifting. Biology, 2021, 10, 986.	1.3	10
30	Are Strength Indicators and Skin Temperature Affected by the Type of Warm-Up in Paralympic Powerlifting Athletes?. Healthcare (Switzerland), 2021, 9, 923.	1.0	9
31	Effects of aquatic exercise on depression and anxiety in ischemic stroke subjects. Health, 2013, 05, 222-228.	0.1	9
32	The Functional Test for Agility Performance is a Reliable Quick Decision-Making Test for Skilled Water Polo Players. Journal of Human Kinetics, 2015, 46, 157-165.	0.7	8
33	Are wearable heart rate measurements accurate to estimate aerobic energy cost during low-intensity resistance exercise?. PLoS ONE, 2019, 14, e0221284.	1.1	8
34	Changes in Muscle Thickness after 8 Weeks of Strength Training, Electromyostimulation, and Both Combined in Healthy Young Adults. International Journal of Environmental Research and Public Health, 2022, 19, 3184.	1.2	8
35	The Reliability of a Functional Agility Test for Water Polo. Journal of Human Kinetics, 2014, 41, 181-190.	0.7	7
36	The acquisition of aquatic skills in preschool children: deep versus shallow water swimming lessons. Motricidade, 2018, 14, 66.	0.2	7

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37	Sensitivity and validity of a functional test for agility performance in water polo players. <i>Kinesiology</i> , 2016, 48, 124-131.	0.3	6
38	Effects of resistance training on the physical condition of people with multiple sclerosis. <i>Journal of Sports Medicine and Physical Fitness</i> , 2018, 58, 1127-1134.	0.4	6
39	Perceived and Real Aquatic Competence in Children from 6 to 10 Years Old. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6101.	1.2	6
40	Monitoring Changes Over a Training Macrocycle in Regional Age-Group Swimmers. <i>Journal of Human Kinetics</i> , 2019, 69, 213-223.	0.7	6
41	Relação entre a origem do arremesso e a ocorrência do gol em competição no polo aquático masculino. <i>Revista Brasileira De Cineantropometria E Desempenho Humano</i> , 2014, 16, .	0.5	6
42	Relação entre atividade física e desportiva, níveis de IMC, percepções de sucesso e rendimento escolar. <i>Motricidade</i> , 2015, 11, 41.	0.2	6
43	Evaluation of the Post-Training Hypotensor Effect in Paralympic and Conventional Powerlifting. <i>Journal of Functional Morphology and Kinesiology</i> , 2021, 6, 92.	1.1	6
44	CAN WE TEST SWIMMING LESSONS SKILLS IN DROWNING PREVENTION?. <i>British Journal of Sports Medicine</i> , 2013, 47, e3.10-e3.	3.1	5
45	Evaluation of Training with Elastic Bands on Strength and Fatigue Indicators in Paralympic Powerlifting. <i>Sports</i> , 2021, 9, 142.	0.7	5
46	Can Post-Exercise Hemodynamic Response Be Influenced by Different Recovery Methods in Paraplegic Sportsmen?. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 1772.	1.2	5
47	EFFICACY OF ACUTE HIGH-INTENSITY INTERVAL TRAINING IN LOWERING GLYCEMIA IN PATIENTS WITH TYPE 2 DIABETES: DIABETES EM MOVIMENTO® PILOT STUDY. <i>British Journal of Sports Medicine</i> , 2013, 47, e3.11-e3.	3.1	4
48	Chronic Effects of Strength Training Vs. Hydro Aerobics on Functional and Cardiorespiratory Ability in Postmenopausal Women. <i>Journal of Human Kinetics</i> , 2014, 43, 57-66.	0.7	4
49	The oxygen uptake slow component at submaximal intensities in breaststroke swimming. <i>Journal of Human Kinetics</i> , 2016, 51, 165-173.	0.7	4
50	Concentration of salivary cortisol and testosterone in elite women football players. <i>Kinesiology</i> , 2020, 52, 1-9.	0.3	4
51	Are Heart Rate and Rating of Perceived Exertion Effective to Control Indoor Cycling Intensity?. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 4824.	1.2	4
52	Drowning: a leading killer!. <i>Motricidade</i> , 2016, 12, 2.	0.2	4
53	Efeito do treinamento com videogames ativos nas dimensões morfológica e funcional: estudo clínico randomizado. <i>Motricidade</i> , 2016, 12, 70.	0.2	4
54	Biomechanical characterization of swimmers with physical disabilities. <i>Motricidade</i> , 2018, 14, 103-112.	0.2	4

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55	Force production and spatial arm coordination profile in arm crawl swimming in a fixed position. <i>Acta Physiologica Hungarica</i> , 2010, 97, 385-392.	0.9	3
56	EFFECTS OF RESISTANCE AND MULTICOMPONENT TRAINING ON BODY COMPOSITION AND PHYSICAL FITNESS OF INSTITUTIONALIZED ELDERLY WOMEN. <i>British Journal of Sports Medicine</i> , 2013, 47, e3.48-e3.	3.1	3
57	EFFECTS OF A 12-WKS AQUATIC TRAINING PROGRAM IN BODY POSTURE AND BALANCE. <i>British Journal of Sports Medicine</i> , 2013, 47, e3.51-e3.	3.1	3
58	Oxygen Uptake On-Kinetics during Low-Intensity Resistance Exercise: Effect of Exercise Mode and Load. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 2524.	1.2	3
59	Inter-Limb Symmetry at Simultaneous and Alternated Arms Flexion by the Elbow during Water Fitness Sessions. <i>Symmetry</i> , 2020, 12, 1776.	1.1	3
60	Acute and Long-Term Comparison of Fixed vs. Self-Selected Rest Interval Between Sets on Upper-Body Strength. <i>Journal of Strength and Conditioning Research</i> , 2022, 36, 540-544.	1.0	3
61	Evaluation of Ibuprofen Use on the Immune System Indicators and Force in Disabled Paralympic Powerlifters of Different Sport Levels. <i>Healthcare (Switzerland)</i> , 2022, 10, 1331.	1.0	3
62	Can a Single Session of a Community-Based Group Exercise Program Combining Step Aerobics and Bodyweight Resistance Exercise Acutely Reduce Blood Pressure?. <i>Journal of Human Kinetics</i> , 2014, 43, 49-56.	0.7	2
63	Rela�o Entre a Efic�cia da Superioridade Num�rica Temporal e o Resultado da Partida no Polo Aqu�tico. <i>Revista Da Educa�o F�sica</i> , 2015, 26, 541.	0.0	2
64	Cardiorespiratory, enzymatic and hormonal responses during and after walking while fasting. <i>PLoS ONE</i> , 2018, 13, e0193702.	1.1	2
65	Effects of Resistance Training and <i>Bowdichia virgilioides</i> Hydroethanolic Extract on Oxidative Stress Markers in Rats Submitted to Peripheral Nerve Injury. <i>Antioxidants</i> , 2020, 9, 941.	2.2	2
66	Interaction effects of different orders of resistance exercises and rest intervals on performances by young athletes. <i>Journal of Bodywork and Movement Therapies</i> , 2021, 26, 273-278.	0.5	2
67	An�lise dos par�metros cinem�ticos determinantes do desempenho na prova de 200 m nado livre. <i>Motriz Revista De Educaao Fisica</i> , 2012, 18, 366-377.	0.3	2
68	Can 8 Weeks of Training in Female Swimmers Affect Active Drag?. <i>The Open Sports Sciences Journal</i> , 2014, 3, 36-37.	0.2	2
69	Effects Of Aquatic Exercise On Depression And Anxiety In Ischemic Stroke. <i>Medicine and Science in Sports and Exercise</i> , 2011, 43, 280.	0.2	1
70	ACUTE EFFECTS OF MUSCLE MASSAGE PREVIOUS TO STRENGTH TRAINING ON BIOCHEMICAL MARKERS OF DELAYED ONSET MUSCLE SORENESS. <i>British Journal of Sports Medicine</i> , 2013, 47, e3.50-e3.	3.1	1
71	Changes in Aerobic Ability During A Macro Cycle of Training in Swimming-!2009-07-05-!2009-11-09-!2010-04-20-!. <i>The Open Sports Sciences Journal</i> , 2010, 3, 41-42.	0.2	1
72	A efici�ncia propulsiva e a performance em nadadores n�o experts. <i>Motricidade</i> , 2009, 5, .	0.2	1

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73	Can 8 Weeks of Training in Female Swimmers Affect Active Drag?~!2009-07-05~!2009-11-01~!2010-04-20~!. The Open Sports Sciences Journal, 2010, 3, 36-37.	0.2	1
74	NÃaveis BioquÃamicos apÃs suplementaÃÃo em Policias Militares durante treinamento fÃsico. Motricidade, 2016, 12, 17.	0.2	1
75	Water Polo Performance Classification Based on the Functional Test for Agility Performance: A Long-Term Training Tool. The Open Sports Sciences Journal, 2021, 14, 132-136.	0.2	1
76	Assessment of Dynamic Knee Valgus between Lateral Step-Down Test and Running in Female Runners with and without Patellofemoral Pain Using Two-Dimensional Video Analysis. Clinics and Practice, 2022, 12, 425-435.	0.6	1
77	Is Front Crawl Swimming Performance Affected By Hydrodynamic Drag In Young Swimmers?. Medicine and Science in Sports and Exercise, 2010, 42, 690.	0.2	0
78	The Relationship Between Front Crawl Swimming Performance And Swimming Technique In Young Swimmers. Medicine and Science in Sports and Exercise, 2011, 43, 623.	0.2	0
79	QUALITY OF LIFE AND PHYSICAL ACTIVITY IN PATIENTS WITH CHRONIC HEART FAILURE. British Journal of Sports Medicine, 2013, 47, e3.14-e3.	3.1	0
80	Na Onda da CiÃncia. Motricidade, 2014, 10, .	0.2	0
81	Revista Motricidade: da FundaÃÃo ao Desafio. Motricidade, 2014, 10, .	0.2	0
82	OXYGEN UPTAKE AND RESISTANCE EXERCISE METHODS: THE USE OF BLOOD FLOW RESTRICTION. Revista Brasileira De Medicina Do Esporte, 2018, 24, 343-346.	0.1	0
83	Association between IGF-2 gene and fat-free mass in response to resistance training. Health, 2013, 05, 1003-1009.	0.1	0
84	Changes in Aerobic Ability During A Macro Cycle of Training in Swimming. The Open Sports Sciences Journal, 2014, 3, 41-42.	0.2	0
85	Resumos do 5Âº SimpÃ³sio de ForÃa & CondiÃÃo FÃsica (2015). Motricidade, 2016, 11, 163.	0.2	0
86	TransiÃÃo na Carreira Desportiva: GuiÃo de Entrevista para Atletas (TCD-GEA). Motricidade, 2016, 12, 1.	0.2	0
87	I CINAPSE â€“ I International Conference of Physical Activity and Health Promotion at School. Motricidade, 0, 13, 1.	0.2	0
88	Make yourself discoverable. Motricidade, 2018, 13, 1.	0.2	0
89	CIAFIS â€“ Congresso Internacional de Atividade FÃsica, NutriÃÃo e SaÃde. Motricidade, 0, 13, 1.	0.2	0
90	One more year: Volume 14. Motricidade, 2018, 14, 1.	0.2	0

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91	II Congresso Internacional Interdisciplinar de Sa�de, Desporto e Pedagogia do Movimento - SINERGIA II. Motricidade, 2018, 14, 1-319.	0.2	0
92	Resumos do 41� Congresso T�cnico e Cient�fico da Associa��o Portuguesa de T�cnicos de Nata��o - APTN. Motricidade, 2018, 14, 138-152.	0.2	0
93	New year, new instructions for authors. Motricidade, 2018, 14, 1-2.	0.2	0
94	Inter- and intra-rater reliability of swimming teachers with different skill levels, in different conditions, evaluating front crawl arm movement in non-expert swimmers. Motriz Revista De Educa�o F�sica, 2020, 26, .	0.3	0
95	Agility, vertical jump, and shot velocity of Brazilian water polo players: correlations and top performances analysis. Journal of Sports Medicine and Physical Fitness, 2021, , .	0.4	0