

# Magdalena Rafecas

## List of Publications by Citations

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33  
papers

1,049  
citations

18  
h-index

32  
g-index

35  
ext. papers

1,180  
ext. citations

4  
avg, IF

4.01  
L-index

#	Paper	IF	Citations
33	Phytosterols: physiologic and metabolic aspects related to cholesterol-lowering properties. <i>Nutrition Research</i> , <b>2008</b> , 28, 217-25	4	181
32	Nuts: source of energy and macronutrients. <i>British Journal of Nutrition</i> , <b>2006</b> , 96 Suppl 2, S24-8	3.6	107
31	Fatty acid, tocopherol and sterol content of some hazelnut varieties ( <i>Corylus avellana</i> L.) harvested in Oregon (USA). <i>Journal of Chromatography A</i> , <b>1998</b> , 805, 259-268	4.5	95
30	Comparison of three methods for the determination of oxysterols in spray-dried egg. <i>Journal of Chromatography A</i> , <b>1995</b> , 705, 289-304	4.5	66
29	Effects of obesity on function and quality of life in chronic pain conditions. <i>Current Rheumatology Reports</i> , <b>2014</b> , 16, 390	4.9	56
28	Lipid hydroperoxide determination in dark chicken meat through a ferrous oxidation-xylenol orange method. <i>Journal of Agricultural and Food Chemistry</i> , <b>2000</b> , 48, 4136-43	5.7	50
27	Consumption of gluten-free products: should the threshold value for trace amounts of gluten be at 20, 100 or 200 p.p.m.?. <i>European Journal of Gastroenterology and Hepatology</i> , <b>2006</b> , 18, 1187-95	2.2	46
26	Bakery products enriched with phytosterol esters, alpha-tocopherol and beta-carotene decrease plasma LDL-cholesterol and maintain plasma beta-carotene concentrations in normocholesterolemic men and women. <i>Journal of Nutrition</i> , <b>2003</b> , 133, 3103-9	4.1	42
25	Fibromyalgia and nutrition, what do we know?. <i>Rheumatology International</i> , <b>2010</b> , 30, 1417-27	3.6	40
24	Spanish cheese screening and selection of lactic acid bacteria with high gamma-aminobutyric acid production. <i>LWT - Food Science and Technology</i> , <b>2014</b> , 56, 351-355	5.4	35
23	Fatty acids including trans content of commercial bakery products manufactured in Spain. <i>Journal of Agricultural and Food Chemistry</i> , <b>1999</b> , 47, 2040-3	5.7	33
22	Oxysterol Formation in Spray-Dried Egg Processed and Stored under Various Conditions: Prevention and Relationship with Other Quality Parameters. <i>Journal of Agricultural and Food Chemistry</i> , <b>1997</b> , 45, 2229-2243	5.7	31
21	Relationship between body mass index, fat mass and lean mass with SF-36 quality of life scores in a group of fibromyalgia patients. <i>Rheumatology International</i> , <b>2012</b> , 32, 3605-11	3.6	28
20	Free amino acids, acrylamide and biogenic amines in gamma-aminobutyric acid enriched sourdough and commercial breads. <i>Journal of Cereal Science</i> , <b>2014</b> , 60, 639-644	3.8	27
19	Dietary aspects in fibromyalgia patients: results of a survey on food awareness, allergies, and nutritional supplementation. <i>Rheumatology International</i> , <b>2012</b> , 32, 2615-21	3.6	27
18	Bakery products enriched with phytosterols, tocopherol and carotene. Sensory evaluation and chemical comparison with market products. <i>Food Chemistry</i> , <b>2006</b> , 94, 399-405	8.5	25
17	Selective in vivo effect of chitosan on fatty acid, neutral sterol and bile acid excretion: a longitudinal study. <i>Food Chemistry</i> , <b>2012</b> , 134, 940-7	8.5	24

16	Dietary lipids modify brush border membrane composition and nutrient transport in chicken small intestine. <i>Journal of Nutrition</i> , <b>2003</b> , 133, 1147-53	4.1	19
15	Liquid chromatographic determination of phenolic antioxidants in bakery products. <i>Journal of Chromatography A</i> , <b>1998</b> , 822, 305-9	4.5	17
14	A high-saturated fat diet enriched with phytosterol and pectin affects the fatty acid profile in guinea pigs. <i>Lipids</i> , <b>2006</b> , 41, 159-68	1.6	13
13	Determination of total plasma hydroperoxides using a diphenyl-1-pyrenylphosphine fluorescent probe. <i>Analytical Biochemistry</i> , <b>2013</b> , 434, 172-7	3.1	11
12	Partially hydrolyzed guar gums reduce dietary fatty acid and sterol absorption in guinea pigs independent of viscosity. <i>Lipids</i> , <b>2012</b> , 47, 697-705	1.6	10
11	Phytosterols: Beneficial Effects <b>2013</b> , 3437-3464		10
10	High-throughput analysis of lipid hydroperoxides in edible oils and fats using the fluorescent reagent diphenyl-1-pyrenylphosphine. <i>Food Chemistry</i> , <b>2014</b> , 162, 235-41	8.5	9
9	Elaidic acid, vaccenic acid and rumenic acid (c9,t11-CLA) determination in human plasma phospholipids and human milk by fast gas chromatography. <i>Analytical Methods</i> , <b>2013</b> , 5, 1264	3.2	9
8	Evaluation of lipid oxidation after ingestion of bakery products enriched with phytosterols, beta-carotene and alpha-tocopherol. <i>Clinical Nutrition</i> , <b>2004</b> , 23, 1390-7	5.9	9
7	Adsorption of oxysterols on different microtube materials during silanylation prior to gas chromatographic determination. <i>Journal of Chromatography A</i> , <b>1995</b> , 705, 396-399	4.5	9
6	Phytosterols, but not pectin, added to a high-saturated-fat diet modify saturated fatty acid excretion in relation to chain length. <i>Journal of Nutritional Biochemistry</i> , <b>2007</b> , 18, 580-6	6.3	7
5	Correlation of taurine transport with membrane lipid composition and peroxidation in DHA-enriched Caco-2 cells. <i>Journal of Membrane Biology</i> , <b>2009</b> , 228, 141-50	2.3	5
4	Food-Based Dietary Guidelines around the World: A Comparative Analysis to Update AESAN Scientific Committee Dietary Recommendations. <i>Nutrients</i> , <b>2021</b> , 13,	6.7	4
3	Recovery from dietary iron deficiency anaemia in rats by the intake of microencapsulated ferric saccharate. <i>Journal of Food Science and Technology</i> , <b>2017</b> , 54, 2913-2918	3.3	2
2	Polysaccharide-rich hydrolysate from <i>Saccharomyces cerevisiae</i> (LipiGo <sup>®</sup> ) increases fatty acid and neutral sterol excretion in guinea pigs fed with hypercholesterolemic diets. <i>European Journal of Lipid Science and Technology</i> , <b>2017</b> , 119, 1700104	3	1
1	Phytosterols and pectin added to a high-saturated fat diet do not show hypocholesterolemic activity in female guinea pigs. <i>European Journal of Lipid Science and Technology</i> , <b>2008</b> , 110, 206-215	3	1