

# Alexandra Foscolou

## List of Publications by Year in descending order

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Version: 2024-02-01

30  
papers

494  
citations

758635

12  
h-index

713013

21  
g-index

30  
all docs

30  
docs citations

30  
times ranked

930  
citing authors

#	ARTICLE	IF	CITATIONS
1	Olive oil consumption and human health: A narrative review. <i>Maturitas</i> , 2018, 118, 60-66.	1.0	125
2	High levels of lipoprotein (a) and premature acute coronary syndrome. <i>Atherosclerosis</i> , 2018, 269, 29-34.	0.4	39
3	The Impact of the Financial Crisis on Lifestyle Health Determinants Among Older Adults Living in the Mediterranean Region: The Multinational MEDIS Study (2005-2015). <i>Journal of Preventive Medicine and Public Health</i> , 2017, 50, 1-9.	0.7	35
4	Mediterranean lifestyle and cardiovascular disease prevention. <i>Cardiovascular Diagnosis and Therapy</i> , 2017, 67, S39-S47.	0.7	27
5	Skeletal muscle mass and body fat in relation to successful ageing of older adults: The multi-national MEDIS study. <i>Archives of Gerontology and Geriatrics</i> , 2016, 66, 95-101.	1.4	26
6	Lifestyle determinants of healthy ageing in a Mediterranean population: The multinational MEDIS study. <i>Experimental Gerontology</i> , 2018, 110, 35-41.	1.2	25
7	The Association between Green and Black Tea Consumption on Successful Aging: A Combined Analysis of the ATTICA and MEDiterranean Islands (MEDIS) Epidemiological Studies. <i>Molecules</i> , 2019, 24, 1862.	1.7	23
8	The Effect of Exclusive Olive Oil Consumption on Successful Aging: A Combined Analysis of the ATTICA and MEDIS Epidemiological Studies. <i>Foods</i> , 2019, 8, 25.	1.9	23
9	The association between the level of adherence to the Mediterranean diet and successful aging: An analysis of the ATTICA and MEDIS (MEDiterranean Islands Study) epidemiological studies. <i>Archives of Gerontology and Geriatrics</i> , 2020, 89, 104044.	1.4	20
10	Anti-Inflammatory Nutrition and Successful Ageing in Elderly Individuals: The Multinational MEDIS Study. <i>Gerontology</i> , 2018, 64, 3-10.	1.4	18
11	Lifestyle and health determinants of cardiovascular disease among Greek older adults living in Eastern Aegean Islands: An adventure within the MEDIS study. <i>Hellenic Journal of Cardiology</i> , 2016, 57, 407-414.	0.4	14
12	The association of protein and carbohydrate intake with successful aging: a combined analysis of two epidemiological studies. <i>European Journal of Nutrition</i> , 2019, 58, 807-817.	1.8	14
13	The mediating role of Mediterranean diet on the association between Lp(a) levels and cardiovascular disease risk: A 10-year follow-up of the ATTICA study. <i>Clinical Biochemistry</i> , 2018, 60, 33-37.	0.8	13
14	Is car use related with successful aging of older adults? Results from the multinational Mediterranean islands study. <i>Annals of Epidemiology</i> , 2017, 27, 225-229.	0.9	12
15	The association between homocysteine levels, Mediterranean diet and cardiovascular disease: a case-control study. <i>International Journal of Food Sciences and Nutrition</i> , 2019, 70, 603-611.	1.3	12
16	The Association between Whole Grain Products Consumption and Successful Aging: A Combined Analysis of MEDIS and ATTICA Epidemiological Studies. <i>Nutrients</i> , 2019, 11, 1221.	1.7	10
17	Midday Napping and Successful Aging in Older People Living in the Mediterranean Region: The Epidemiological Mediterranean Islands Study (MEDIS). <i>Brain Sciences</i> , 2020, 10, 14.	1.1	10
18	The Association of Healthy Aging with Multimorbidity: IKARIA Study. <i>Nutrients</i> , 2021, 13, 1386.	1.7	10

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19	Successful Aging among Elders Living in the Mani Continental Region vs. Insular Areas of the Mediterranean: the MEDIS Study. , 2016, 7, 285.		9
20	Decomposition of Mediterranean Dietary Pattern on Successful Aging, Among Older Adults: A Combined Analysis of Two Epidemiological Studies. Journal of Aging and Health, 2019, 31, 1549-1567.	0.9	8
21	Adherence to the Mediterranean Diet and Successful aging in Greeks living in Greece and abroad: the epidemiological Mediterranean Islands Study (MEDIS). Nutrition and Health, 2023, 29, 287-295.	0.6	6
22	The association of animal and plant protein with successful ageing: a combined analysis of MEDIS and ATTICA epidemiological studies. Public Health Nutrition, 2021, 24, 1-10.	1.1	5
23	Cardiovascular disease risk status during the years of the financial crisis: The Greek case. Hellenic Journal of Cardiology, 2019, 60, 189-190.	0.4	3
24	The Association Between Sleeping Time and Metabolic Syndrome Features, Among Older Adults Living in Mediterranean Region: The MEDIS Study. Metabolic Syndrome and Related Disorders, 2018, 16, 20-28.	0.5	2
25	The association between protein consumption from animal and plant sources with psychological distress in older people in the Mediterranean region. Nutrition and Healthy Aging, 2020, 5, 273-285.	0.5	2
26	Successful aging and lifestyle comparison of Greeks living in Greece and abroad: the epidemiological Mediterranean Islands Study (MEDIS). Archives of Gerontology and Geriatrics, 2021, 97, 104523.	1.4	2
27	Waist-to-Height Ratio Outperforms Classic Anthropometric Indices in Predicting Successful Aging in Older Adults; an Analysis of the ATTICA and MEDIS Epidemiological Studies. Experimental Aging Research, 2020, 46, 154-165.	0.6	1
28	Eating habits and health status, in Aegean Islands: An adventure within the MEDIS study. Mediterranean Journal of Nutrition and Metabolism, 2016, 9, 111-123.	0.2	0
29	The Association of Dietary Habits and Lifestyle Characteristics with Successful Aging among Older Greek Origin Individuals Living in France, Canada, and Greece: The Epidemiological Mediterranean Islands Study (MEDIS). Ecology of Food and Nutrition, 2022, 61, 201-214.	0.8	0
30	The association of sodium intake with successful aging, in 3,349 middle-aged and older adults: Results from the ATTICA and MEDIS cross-sectional epidemiological studies. Nutrition and Healthy Aging, 2020, 5, 287-296.	0.5	0