Elissa Epel

List of Publications by Year
in descending order

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198 papers	22,323 citations	18887 64 h-index	10679 143 g-index
202 all docs	202 docs citations	202 times ranked	27093 citing authors

#	Article	IF	Citations
1	Transactions between Maternal and Child Depressive Symptoms Emerge Early in Life. Journal of Clinical Child and Adolescent Psychology, 2022, 51, 61-72.	2.2	18
2	The long shadow of childhood trauma for depression in midlife: examining daily psychological stress processes as a persistent risk pathway. Psychological Medicine, 2022, 52, 4029-4038.	2.7	6
3	Psychological Resources and Biomarkers of Health in the Context of Chronic Parenting Stress. International Journal of Behavioral Medicine, 2022, 29, 175-187.	0.8	5
4	Childhood stress and midlife depression in women: the influence of diet quality. Nutritional Neuroscience, 2022, 25, 2668-2679.	1.5	3
5	Randomized controlled trial of digital cognitive behavior therapy for prenatal insomnia symptoms: effects on postpartum insomnia and mental health. Sleep, 2022, 45, .	0.6	29
6	Rationale and study protocol for a randomized controlled trial to determine the effectiveness of a culturally relevant, stress management enhanced behavioral weight loss intervention on weight loss outcomes of black women. BMC Public Health, 2022, 22, 193.	1.2	1
7	Differences in gut microbiome by insulin sensitivity status in Black and White women of the National Growth and Health Study (NGHS): A pilot study. PLoS ONE, 2022, 17, e0259889.	1.1	5
8	Examining Experiences of Poor Sleep During Pregnancy: A Qualitative Study to Inform the Development of a Prenatal Sleep Intervention. Global Advances in Health and Medicine, 2022, 11, 2164957X2210876.	0.7	7
9	Effects of Chronic Burden Across Multiple Domains and Experiences of Daily Stressors on Negative Affect. Annals of Behavioral Medicine, 2022, 56, 1056-1067.	1.7	2
10	Asymmetrical Effects of Sleep and Emotions in Daily Life. Affective Science, 2022, 3, 307-317.	1.5	3
11	Association of subjective social status with epigenetic aging among Black and White women. Psychoneuroendocrinology, 2022, 141, 105748.	1.3	9
12	Improving the Language Specificity of Stress in Psychological and Population Health Science. Psychosomatic Medicine, 2022, 84, 643-644.	1.3	6
13	The Psychological Distress of Food Insecurity: A Qualitative Study of the Emotional Experiences of Parents and Their Coping Strategies. Journal of the Academy of Nutrition and Dietetics, 2022, 122, 1903-1910.e2.	0.4	10
14	COVID-19 and Lessons to Improve Preparedness for the Next Pandemic. JAMA - Journal of the American Medical Association, 2022, 327, 1822.	3.8	3
15	Prospective relationships between skin color satisfaction, body satisfaction, and binge eating in Black girls. Body Image, 2022, 41, 342-353.	1.9	8
16	The Effects of a Prenatal Mindfulness Intervention on Infant Autonomic and Behavioral Reactivity and Regulation. Psychosomatic Medicine, 2022, 84, 525-535.	1.3	8
17	Association of Food Insecurity and Food Addiction Symptoms: A Secondary Analysis of Two Samples of Low-Income Female Adults. Journal of the Academy of Nutrition and Dietetics, 2022, 122, 1885-1892.	0.4	5
18	The Effects of Aerobic Exercise on Psychological Functioning in Family Caregivers: Secondary Analyses of a Randomized Controlled Trial. Annals of Behavioral Medicine, 2021, 55, 65-76.	1.7	8

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19	HPA axis regulation and epigenetic programming of immune-related genes in chronically stressed and non-stressed mid-life women. Brain, Behavior, and Immunity, 2021, 92, 49-56.	2.0	16
20	Maternal Psychological Resilience During Pregnancy and Newborn Telomere Length: A Prospective Study. American Journal of Psychiatry, 2021, 178, 183-192.	4.0	40
21	Maternal Stress During Pregnancy Predicts Infant Infectious and Noninfectious Illness. Journal of Pediatrics, 2021, 228, 117-125.e2.	0.9	25
22	Persistent organic pollutants and maternal glycemic outcomes in a diverse pregnancy cohort of overweight women. Environmental Research, 2021, 193, 110551.	3.7	10
23	A Pilot Study Comparing the Effects of Consuming 100% Orange Juice or Sucrose-Sweetened Beverage on Risk Factors for Cardiometabolic Disease in Women. Nutrients, 2021, 13, 760.	1.7	3
24	Kindness and cellular aging: A pre-registered experiment testing the effects of prosocial behavior on telomere length and well-being. Brain, Behavior, & Immunity - Health, 2021, 11, 100187.	1.3	8
25	A Brief Motivational Intervention Differentially Reduces Sugar-sweetened Beverage (SSB) Consumption. Annals of Behavioral Medicine, 2021, 55, 1116-1129.	1.7	2
26	Omega-3 supplementation and stress reactivity of cellular aging biomarkers: an ancillary substudy of a randomized, controlled trial in midlife adults. Molecular Psychiatry, 2021, 26, 3034-3042.	4.1	14
27	Longer Leukocyte Telomere Length Predicts Stronger Response to a Workplace Sugar-Sweetened Beverage Sales Ban: An Exploratory Study. Current Developments in Nutrition, 2021, 5, nzab084.	0.1	1
28	Accomplishing breakthroughs in behavioural medicine research. Nature Human Behaviour, 2021, 5, 813-815.	6.2	0
29	Adversity in early life and pregnancy are immunologically distinct from total life adversity: macrophage-associated phenotypes in women exposed to interpersonal violence. Translational Psychiatry, 2021, 11, 391.	2.4	16
30	Longitudinal hair cortisol in low-income young children: A useful biomarker of behavioral symptom change?. Psychoneuroendocrinology, 2021, 133, 105389.	1.3	4
31	Pre-treatment allostatic load and metabolic dysregulation predict SSRI response in major depressive disorder: a preliminary report. Psychological Medicine, 2021, 51, 2117-2125.	2.7	16
32	Enhanced Stress Resilience Training in Surgeons. Annals of Surgery, 2021, 273, 424-432.	2.1	47
33	Drive for thinness in adolescents predicts greater adult BMI in the Growth and Health Study cohort over 20 years. Obesity, 2021, 29, 2126-2133.	1.5	4
34	Advancing Research on Psychosocial Stress and Aging with the Health and Retirement Study: Looking Back to Launch the Field Forward. Journals of Gerontology - Series B Psychological Sciences and Social Sciences, 2020, 75, 970-980.	2.4	22
35	Associations between sociodemographic characteristics and exposures to PBDEs, OH-PBDEs, PCBs, and PFASs in a diverse, overweight population of pregnant women. Journal of Exposure Science and Environmental Epidemiology, 2020, 30, 42-55.	1.8	12
36	Variants in gene encoding for vitamin D binding protein were associated with leukocyte telomere length: The PrÃ³-SaÃºde Study. Nutrition, 2020, 71, 110618.	1.1	9

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37	Chronic psychosocial and financial burden accelerates 5-year telomere shortening: findings from the Coronary Artery Risk Development in Young Adults Study. Molecular Psychiatry, 2020, 25, 1141-1153.	4.1	13
38	Pregnant Patient Perceptions of Provider Detection and Treatment of Insomnia. Behavioral Sleep Medicine, 2020, 18, 787-796.	1.1	9
39	An 8â€Week Relaxation Program Consisting of Progressive Muscle Relaxation and Mindfulness Meditation to Reduce Stress and Attenuate Stressâ€Driven Eating. Applied Psychology: Health and Well-Being, 2020, 12, 188-211.	1.6	9
40	Association of a Workplace Sales Ban on Sugar-Sweetened Beverages With Employee Consumption of Sugar-Sweetened Beverages and Health. JAMA Internal Medicine, 2020, 180, 9.	2.6	28
41	The stress field ages: A close look into cellular aging processes. Psychoneuroendocrinology, 2020, 113, 104537.	1.3	10
42	Can Childhood Adversity Affect Telomeres of the Next Generation? Possible Mechanisms, Implications, and Next-Generation Research. American Journal of Psychiatry, 2020, 177, 7-9.	4.0	19
43	The geroscience agenda: Toxic stress, hormetic stress, and the rate of aging. Ageing Research Reviews, 2020, 63, 101167.	5.0	56
44	Prenatal Maternal Objective and Subjective Stress Exposures and Rapid Infant Weight Gain. Journal of Pediatrics, 2020, 222, 45-51.	0.9	14
45	Predicting mortality from 57 economic, behavioral, social, and psychological factors. Proceedings of the National Academy of Sciences of the United States of America, 2020, 117, 16273-16282.	3.3	51
46	Efficacy of Digital Cognitive Behavioral Therapy for the Treatment of Insomnia Symptoms Among Pregnant Women. JAMA Psychiatry, 2020, 77, 484.	6.0	109
47	Mind wandering and stress: When you donâ€™t like the present moment.. Emotion, 2020, 20, 403-412.	1.5	22
48	Racial discrimination and telomere shortening among African Americans: The Coronary Artery Risk Development in Young Adults (CARDIA) Study.. Health Psychology, 2020, 39, 209-219.	1.3	57
49	The association of maternal psychosocial stress with newborn telomere length. PLoS ONE, 2020, 15, e0242064.	1.1	14
50	Association between socioeconomic markers and adult telomere length differs according to sex: Pro-SaÃºde study. Brazilian Journal of Medical and Biological Research, 2020, 53, e10223.	0.7	2
51	Correlates of longitudinal leukocyte telomere length in the Costa Rican Longevity Study of Healthy Aging (CRELES): On the importance of DNA collection and storage procedures. PLoS ONE, 2019, 14, e0223766.	1.1	12
52	A Randomized Controlled Trial of a Mindfulness-Based Weight Loss Intervention on Cardiovascular Reactivity to Social-Evaluative Threat Among Adults with Obesity. Mindfulness, 2019, 10, 2583-2595.	1.6	14
53	Association of Short-term Change in Leukocyte Telomere Length With Cortical Thickness and Outcomes of Mental Training Among Healthy Adults. JAMA Network Open, 2019, 2, e199687.	2.8	40
54	Rapid Assessment of Rewardâ€Related Eating: The REDâ€X5. Obesity, 2019, 27, 325-331.	1.5	11

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55	Maternal caregivers have confluence of altered cortisol, high reward-driven eating, and worse metabolic health. PLoS ONE, 2019, 14, e0216541.	1.1	9
56	Effects of a Mindfulness-Based Intervention on Distress, Weight Gain, and Glucose Control for Pregnant Low-Income Women: A Quasi-Experimental Trial Using the ORBIT Model. International Journal of Behavioral Medicine, 2019, 26, 461-473.	0.8	43
57	Sweet cognition: The differential effects of glucose consumption on attentional food bias in individuals of lean and obese status. Physiology and Behavior, 2019, 206, 264-273.	1.0	6
58	Cumulative lifetime stress exposure and leukocyte telomere length attrition: The unique role of stressor duration and exposure timing. Psychoneuroendocrinology, 2019, 104, 210-218.	1.3	60
59	Maternal pro-inflammatory state during pregnancy and newborn leukocyte telomere length: A prospective investigation. Brain, Behavior, and Immunity, 2019, 80, 419-426.	2.0	37
60	Stress resilience: Narrative identity may buffer the longitudinal effects of chronic caregiving stress on mental health and telomere shortening. Brain, Behavior, and Immunity, 2019, 77, 101-109.	2.0	24
61	Meditation, stress processes, and telomere biology. Current Opinion in Psychology, 2019, 28, 92-101.	2.5	43
62	Neighborhood Typology and Cardiometabolic Pregnancy Outcomes in the Maternal Adiposity Metabolism and Stress Study. Obesity, 2019, 27, 166-173.	1.5	12
63	Examining the Effects of Mindful Eating Training on Adherence to a Carbohydrate-Restricted Diet in Patients With Type 2 Diabetes (the DELISH Study): Protocol for a Randomized Controlled Trial. JMIR Research Protocols, 2019, 8, e11002.	0.5	12
64	Novel Interventions to Reduce Stress and Overeating in Overweight Pregnant Women: A Feasibility Study. Maternal and Child Health Journal, 2018, 22, 670-678.	0.7	22
65	A Mitochondrial Health Index Sensitive to Mood and Caregiving Stress. Biological Psychiatry, 2018, 84, 9-17.	0.7	82
66	Insight meditation and telomere biology: The effects of intensive retreat and the moderating role of personality. Brain, Behavior, and Immunity, 2018, 70, 233-245.	2.0	49
67	Effect of prenatal mindfulness training on depressive symptom severity through 18â€months postpartum: A latent profile analysis. Journal of Clinical Psychology, 2018, 74, 1117-1125.	1.0	13
68	Stress, Telomeres, and Psychopathology: Toward a Deeper Understanding of a Triad of Early Aging. Annual Review of Clinical Psychology, 2018, 14, 371-397.	6.3	122
69	Chronic Stress and Impulsive Riskâ€Taking Predict Increases in Visceral Fat over 18 Months. Obesity, 2018, 26, 869-876.	1.5	9
70	Accumulating Data to Optimally Predict Obesity Treatment (ADOPT) Core Measures: Psychosocial Domain. Obesity, 2018, 26, S45-S54.	1.5	25
71	Cord blood klotho levels are inversely associated with leptin in healthy Latino neonates at risk for obesity. Journal of Pediatric Endocrinology and Metabolism, 2018, 31, 515-520.	0.4	5
72	An energetic view of stress: Focus on mitochondria. Frontiers in Neuroendocrinology, 2018, 49, 72-85.	2.5	341

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73	Maternal depressive symptoms and infant healthcare utilization: The moderating role of prenatal mindfulness. General Hospital Psychiatry, 2018, 53, 82-83.	1.2	3
74	Shorter preschool, leukocyte telomere length is associated with obesity at age 9 in Latino children. Clinical Obesity, 2018, 8, 88-94.	1.1	19
75	More than a feeling: A unified view of stress measurement for population science. Frontiers in Neuroendocrinology, 2018, 49, 146-169.	2.5	490
76	Association between persistent endocrine-disrupting chemicals (PBDEs, OH-PBDEs, PCBs, and PFASs) and biomarkers of inflammation and cellular aging during pregnancy and postpartum. Environment International, 2018, 115, 9-20.	4.8	87
77	Effects of daily maladaptive coping on nightly sleep in mothers. Psychology and Health, 2018, 33, 144-157.	1.2	5
78	Poor Sleep Quality, Psychological Distress, and the Buffering Effect of Mindfulness Training During Pregnancy. Behavioral Sleep Medicine, 2018, 16, 611-624.	1.1	43
79	Burnout and Stress Among US Surgery Residents: Psychological Distress and Resilience. Journal of the American College of Surgeons, 2018, 226, 80-90.	0.2	268
80	Childhood adversity, social support, and telomere length among perinatal women. Psychoneuroendocrinology, 2018, 87, 43-52.	1.3	39
81	Basal and reactivity levels of cortisol in one-month-old infants born to overweight or obese mothers from an ethnically and racially diverse, low-income community sample. Psychoneuroendocrinology, 2018, 88, 115-120.	1.3	5
82	Socioeconomic Status, Financial Strain, and Leukocyte Telomere Length in a Sample of African American Midlife Men. Journal of Racial and Ethnic Health Disparities, 2018, 5, 459-467.	1.8	11
83	Burnout and gender in surgical training: A call to re-evaluate coping and dysfunction. American Journal of Surgery, 2018, 216, 800-804.	0.9	26
84	Lack of partner impacts newborn health through maternal depression: A pilot study of low-income immigrant Latina women. Midwifery, 2018, 64, 63-68.	1.0	10
85	In vitro proinflammatory gene expression predicts in vivo telomere shortening: A preliminary study. Psychoneuroendocrinology, 2018, 96, 179-187.	1.3	20
86	Aerobic exercise lengthens telomeres and reduces stress in family caregivers: A randomized controlled trial - Curt Richter Award Paper 2018. Psychoneuroendocrinology, 2018, 98, 245-252.	1.3	73
87	The mindful moms training: development of a mindfulness-based intervention to reduce stress and overeating during pregnancy. BMC Pregnancy and Childbirth, 2018, 18, 201.	0.9	50
88	Telomere attrition is associated with declines in medial temporal lobe volume and white matter microstructure in functionally independent older adults. Neurobiology of Aging, 2018, 69, 68-75.	1.5	19
89	Chronic Obesity and Incident Hypertension in Latina Women Are Associated with Accelerated Telomere Length Loss over a 1-Year Period. Metabolic Syndrome and Related Disorders, 2018, 16, 262-266.	0.5	13
90	Diet Quality Indices and Leukocyte Telomere Length Among Healthy US Adults: Data From the National Health and Nutrition Examination Survey, 1999â€“2002. American Journal of Epidemiology, 2018, 187, 2192-2201.	1.6	47

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91	Justice for all? Beliefs about justice for self and others and telomere length in African Americans.. Cultural Diversity and Ethnic Minority Psychology, 2018, 24, 498-509.	1.3	9
92	Long-term calorie restriction in humans is not associated with indices of delayed immunologic aging: A descriptive study. Nutrition and Healthy Aging, 2017, 4, 147-156.	0.5	20
93	Sexual intimacy in couples is associated with longer telomere length. Psychoneuroendocrinology, 2017, 81, 46-51.	1.3	12
94	Oxidative stress, inflammation and treatment response in major depression. Psychoneuroendocrinology, 2017, 76, 197-205.	1.3	332
95	Impact of a Mindfulness-Based Weight-Loss Intervention on Sleep Quality Among Adults with Obesity: Data from the SHINE Randomized Controlled Trial. Journal of Alternative and Complementary Medicine, 2017, 23, 188-195.	2.1	14
96	Higher serum DHEA concentrations before and after SSRI treatment are associated with remission of major depression. Psychoneuroendocrinology, 2017, 77, 122-130.	1.3	20
97	Telomere length and procedural justice predict stress reactivity responses to unfair outcomes in African Americans. Psychoneuroendocrinology, 2017, 86, 104-109.	1.3	9
98	Trait Mindfulness at Baseline Predicts Increases in Telomerase Activity Over Time. European Psychiatry, 2017, 41, s773-s773.	0.1	0
99	Stress-induced eating and the relaxation response as a potential antidote: A review and hypothesis. Appetite, 2017, 118, 136-143.	1.8	27
100	Effects of pre- and postnatal maternal stress on infant temperament and autonomic nervous system reactivity and regulation in a diverse, low-income population. Development and Psychopathology, 2017, 29, 1553-1571.	1.4	93
101	Telomere length is inversely correlated with urinary stress hormone levels in healthy controls but not in un-medicated depressed individuals-preliminary findings. Journal of Psychosomatic Research, 2017, 99, 177-180.	1.2	8
102	Associations between childhood adversity and daily suppression and avoidance in response to stress in adulthood: can neurobiological sensitivity help explain this relationship?. Anxiety, Stress and Coping, 2017, 30, 163-175.	1.7	19
103	The P4 Health Spectrum â€“ A Predictive, Preventive, Personalized and Participatory Continuum for Promoting Healthspan. Progress in Cardiovascular Diseases, 2017, 59, 506-521.	1.6	178
104	Chronic stress is associated with reduced circulating hematopoietic progenitor cell number: A maternal caregiving model. Brain, Behavior, and Immunity, 2017, 59, 245-252.	2.0	15
105	Shorter Leukocyte Telomere Length in Relation to Presumed Nonalcoholic Fatty Liver Disease in Mexican-American Men in NHANES 1999â€“2002. International Journal of Hepatology, 2017, 2017, 1-7.	0.4	14
106	The relationship between childhood psychosocial stressor level and telomere length: a meta-analysis. Health Psychology Research, 2017, 5, 6378.	0.6	79
107	Depressive symptoms and gestational length among pregnant adolescents: Cluster randomized control trial of CenteringPregnancyÂ® plus group prenatal care.. Journal of Consulting and Clinical Psychology, 2017, 85, 574-584.	1.6	37
108	Trait acceptance predicts fewer daily negative emotions through less stressor-related rumination.. Emotion, 2017, 17, 1181-1186.	1.5	15

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109	Systematic and Cell Type-Specific Telomere Length Changes in Subsets of Lymphocytes. Journal of Immunology Research, 2016, 2016, 1-9.	0.9	84
110	Disease drivers of aging. Annals of the New York Academy of Sciences, 2016, 1386, 45-68.	1.8	97
111	Toward a mechanistic understanding of psychosocial factors in telomere degradation. Brain, Behavior, and Immunity, 2016, 56, 413.	2.0	1
112	Lifespan adversity and later adulthood telomere length in the nationally representative US Health and Retirement Study. Proceedings of the National Academy of Sciences of the United States of America, 2016, 113, E6335-E6342.	3.3	136
113	Cortisol/DHEA ratio and hippocampal volume: A pilot study in major depression and healthy controls. Psychoneuroendocrinology, 2016, 72, 139-146.	1.3	29
114	Exercise mitigates cumulative associations between stress and BMI in girls age 10 to 19.. Health Psychology, 2016, 35, 191-194.	1.3	9
115	Effects of a mindfulnessâ€based weight loss intervention in adults with obesity: A randomized clinical trial. Obesity, 2016, 24, 794-804.	1.5	113
116	Short and sweet: Associations between self-reported sleep duration and sugar-sweetened beverage consumption among adults in the United States. Sleep Health, 2016, 2, 272-276.	1.3	43
117	A Phenotype Of Resiliency? Cross-Sectional Psychobiological Differences Between Caregivers Who Are Vulnerable vs. Resilient To Depression, And Controls. European Psychiatry, 2016, 33, S524-S524.	0.1	1
118	Effects of a mindfulness-based intervention on mindful eating, sweets consumption, and fasting glucose levels in obese adults: data from the SHINE randomized controlled trial. Journal of Behavioral Medicine, 2016, 39, 201-213.	1.1	124
119	Cord blood telomere length in Latino infants: relation with maternal education and infant sex. Journal of Perinatology, 2016, 36, 235-241.	0.9	59
120	Reduced reward-driven eating accounts for the impact of a mindfulness-based diet and exercise intervention on weight loss: Data from the SHINE randomized controlled trial. Appetite, 2016, 100, 86-93.	1.8	90
121	Factors related to telomere length. Brain, Behavior, and Immunity, 2016, 53, 279.	2.0	4
122	Perceived stress and telomere length: A systematic review, meta-analysis, and methodologic considerations for advancing the field. Brain, Behavior, and Immunity, 2016, 54, 158-169.	2.0	206
123	Associations of childhood adversity and adulthood trauma with C-reactive protein: A cross-sectional population-based study. Brain, Behavior, and Immunity, 2016, 53, 105-112.	2.0	44
124	Telomere length change plateaus at 4Âyears of age in Latino children: associations with baseline length and maternal change. Molecular Genetics and Genomics, 2016, 291, 1379-1389.	1.0	23
125	Global arginine bioavailability, a marker of nitric oxide synthetic capacity, is decreased in PTSD and correlated with symptom severity and markers of inflammation. Brain, Behavior, and Immunity, 2016, 52, 153-160.	2.0	65
126	Association of dimensional psychological health measures with telomere length in male war veterans. Journal of Affective Disorders, 2016, 190, 537-542.	2.0	38

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127	Discrimination, mental health, and leukocyte telomere length among African American men. Psychoneuroendocrinology, 2016, 63, 10-16.	1.3	58
128	Mitochondrial DNA copy number is reduced in male combat veterans with PTSD. Progress in Neuro-Psychopharmacology and Biological Psychiatry, 2016, 64, 10-17.	2.5	73
129	Leukocyte Telomere Length in Relation to 17 Biomarkers of Cardiovascular Disease Risk: A Cross-Sectional Study of US Adults. PLoS Medicine, 2016, 13, e1002188.	3.9	123
130	Change in Leukocyte Telomere Length Predicts Mortality in Patients with Stable Coronary Heart Disease from the Heart and Soul Study. PLoS ONE, 2016, 11, e0160748.	1.1	47
131	From ideas to efficacy: The ORBIT model for developing behavioral treatments for chronic diseases.. Health Psychology, 2015, 34, 971-982.	1.3	739
132	Leukocyte Telomere Length and Mortality in the National Health and Nutrition Examination Survey, 1999â€“2002. Epidemiology, 2015, 26, 528-535.	1.2	128
133	Psychiatric disorders and leukocyte telomere length: Underlying mechanisms linking mental illness with cellular aging. Neuroscience and Biobehavioral Reviews, 2015, 55, 333-364.	2.9	264
134	The Association of Early and Recent Psychosocial Life Stress With Leukocyte Telomere Length. Psychosomatic Medicine, 2015, 77, 882-891.	1.3	73
135	Human telomere biology: A contributory and interactive factor in aging, disease risks, and protection. Science, 2015, 350, 1193-1198.	6.0	1,135
136	Anxiety disorders and accelerated cellular ageing. British Journal of Psychiatry, 2015, 206, 371-378.	1.7	54
137	Putting the brakes on the â€œdrive to eatâ€: Pilot effects of naltrexone and reward-based eating on food cravings among obese women. Eating Behaviors, 2015, 19, 53-56.	1.1	20
138	Acute responses to opioidergic blockade as a biomarker of hedonic eating among obese women enrolled in a mindfulness-based weight loss intervention trial. Appetite, 2015, 91, 311-320.	1.8	34
139	Household Food Insecurity Is Positively Associated with Depression among Low-Income Supplemental Nutrition Assistance Program Participants and Income-Eligible Nonparticipants. Journal of Nutrition, 2015, 145, 622-627.	1.3	231
140	Excessive Sugar Consumption May Be a Difficult Habit to Break: A View From the Brain and Body. Journal of Clinical Endocrinology and Metabolism, 2015, 100, 2239-2247.	1.8	108
141	Telomere length is associated with oppositional defiant behavior and maternal clinical depression in Latino preschool children. Translational Psychiatry, 2015, 5, e581-e581.	2.4	36
142	Hypothalamic-pituitary-adrenal axis dysregulation and cortisol activity in obesity: A systematic review. Psychoneuroendocrinology, 2015, 62, 301-318.	1.3	297
143	The impact of group prenatal care on pregnancy and postpartum weight trajectories. American Journal of Obstetrics and Gynecology, 2015, 213, 688.e1-688.e9.	0.7	53
144	Tired telomeres: Poor global sleep quality, perceived stress, and telomere length in immune cell subsets in obese men and women. Brain, Behavior, and Immunity, 2015, 47, 155-162.	2.0	62

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145	The Reward-Based Eating Drive Scale: A Self-Report Index of Reward-Based Eating. PLoS ONE, 2014, 9, e101350.	1.1	67
146	The hypothalamicâ€“pituitaryâ€“adrenalâ€“leptin axis and metabolic health: a systems approach to resilience, robustness and control. Interface Focus, 2014, 4, 20140020.	1.5	34
147	Relationship Between Leukocyte Telomere Length, Telomerase Activity, and Hippocampal Volume in Early Aging. JAMA Neurology, 2014, 71, 921.	4.5	49
148	Discrimination, Racial Bias, and Telomere Length in African-American Men. American Journal of Preventive Medicine, 2014, 46, 103-111.	1.6	198
149	Associations of ghrelin with eating behaviors, stress, metabolic factors, and telomere length among overweight and obese women: Preliminary evidence of attenuated ghrelin effects in obesity?. Appetite, 2014, 76, 84-94.	1.8	55
150	Chronic stress increases vulnerability to diet-related abdominal fat, oxidative stress, and metabolic risk. Psychoneuroendocrinology, 2014, 46, 14-22.	1.3	98
151	Geroscience: Linking Aging to Chronic Disease. Cell, 2014, 159, 709-713.	13.5	1,709
152	Increases in Mindful Eating Predict Reductions in Consumption of Sweets and Desserts: Data from the Supporting Health by Integrating Nutrition and Exercise (SHINE) Clinical Trial. Journal of Alternative and Complementary Medicine, 2014, 20, A17-A17.	2.1	1
153	Stress Biology and Aging Mechanisms: Toward Understanding the Deep Connection Between Adaptation to Stress and Longevity. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2014, 69, S10-S16.	1.7	148
154	Clues to maintaining calorie restriction? Psychosocial profiles of successful long-term restrictorsâ˜†â˜†Acknowledgments: The authors gratefully recognize the extraordinary hard work of Trissa McClatchey, Wanda Truong, David Lowry, Jacob Miller, Becky Kim, Lydia Russell-Roy, and Alex Russell. Our deepest gratitude goes to all participants in this study, as well as grateful acknowledgement of the time, effort, and dedication they generously provided. The authors also wish to express special thanks to Paul McGlot. Appetite, 2014, 79, 106-112.	1.8	14
155	Adverse childhood experiences and leukocyte telomere maintenance in depressed and healthy adults. Journal of Affective Disorders, 2014, 169, 86-90.	2.0	51
156	A new biomarker of hedonic eating? A preliminary investigation of cortisol and nausea responses to acute opioid blockade. Appetite, 2014, 74, 92-100.	1.8	26
157	Poor sleep quality potentiates stress-induced cytokine reactivity in postmenopausal women with high visceral abdominal adiposity. Brain, Behavior, and Immunity, 2014, 35, 155-162.	2.0	40
158	Potential for a Stress Reduction Intervention to Promote Healthy Gestational Weight Gain: Focus Groups with Low-Income Pregnant Women. Women's Health Issues, 2014, 24, e305-e311.	0.9	31
159	It's not what you think, it's how you relate to it: Dispositional mindfulness moderates the relationship between psychological distress and the cortisol awakening response. Psychoneuroendocrinology, 2014, 48, 11-18.	1.3	54
160	Associations of weight stigma with cortisol and oxidative stress independent of adiposity.. Health Psychology, 2014, 33, 862-867.	1.3	115
161	Socioeconomic status, health behavior, and leukocyte telomere length in the National Health and Nutrition Examination Survey, 1999â€“2002. Social Science and Medicine, 2013, 85, 1-8.	1.8	268
162	Good stress, bad stress and oxidative stress: Insights from anticipatory cortisol reactivity. Psychoneuroendocrinology, 2013, 38, 1698-1708.	1.3	336

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163	Effect of comprehensive lifestyle changes on telomerase activity and telomere length in men with biopsy-proven low-risk prostate cancer: 5-year follow-up of a descriptive pilot study. Lancet Oncology, The, 2013, 14, 1112-1120.	5.1	321
164	Food insecurity with past experience of restrained eating is a recipe for increased gestational weight gain. Appetite, 2013, 65, 178-184.	1.8	47
165	Longer leukocyte telomere length in Costa Rica's Nicoya Peninsula: A population-based study. Experimental Gerontology, 2013, 48, 1266-1273.	1.2	43
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