Helen Z Macdonald

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/6177219/publications.pdf

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#	ARTICLE	lF	CITATIONS
1	Promoting college students' mindfulness, mental health, and self-compassion in the time of COVID-19: feasibility and efficacy of an online, interactive mindfulness-based stress reduction randomized trial. Journal of College Student Psychotherapy, 2023, 37, 260-278.	1.0	10
2	Effects of the COVID-19 pandemic on anhedonia, reward exposure and responsiveness, and sleep in college students. Journal of American College Health, 2022, , 1-5.	1.5	6
3	Associations of Five Facets of Mindfulness With Self-Regulation in College Students. Psychological Reports, 2021, 124, 1202-1219.	1.7	10
4	The Role of Attentional Control in the Relationship Between Mindfulness and Anxiety. Psychological Reports, 2020, 123, 759-780.	1.7	14
5	Emotional Understanding: Examining Alexithymia as a Mediator of the Relationship Between Mindfulness and Empathy. Mindfulness, 2017, 8, 1644-1652.	2.8	25
6	Mediators of the Relationship Between Dispositional Mindfulness and Psychological Well-Being in Female College Students. Mindfulness, 2017, 8, 398-407.	2.8	33
7	Executive Functioning in Children with Posttraumatic Stress Disorder Symptoms. Journal of Child and Adolescent Trauma, 2015, 8, 1-11.	1.9	2