

# Mia Beck Lichtenstein

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/6169227/publications.pdf>

Version: 2024-02-01

39  
papers

1,066  
citations

567144

15  
h-index

434063

31  
g-index

43  
all docs

43  
docs citations

43  
times ranked

1052  
citing authors

#	ARTICLE	IF	CITATIONS
1	Compulsive exercise: links, risks and challenges faced. <i>Psychology Research and Behavior Management</i> , 2017, Volume 10, 85-95.	1.3	175
2	Exercise addiction: A study of eating disorder symptoms, quality of life, personality traits and attachment styles. <i>Psychiatry Research</i> , 2014, 215, 410-416.	1.7	124
3	Quality of life in eating disorders: A meta-analysis. <i>Psychiatry Research</i> , 2014, 219, 1-9.	1.7	101
4	Exercise addiction in CrossFit: Prevalence and psychometric properties of the Exercise Addiction Inventory. <i>Addictive Behaviors Reports</i> , 2016, 3, 33-37.	1.0	79
5	Exercise dependence, eating disorder symptoms and biomarkers of Relative Energy Deficiency in Sports (RED-S) among male endurance athletes. <i>BMJ Open Sport and Exercise Medicine</i> , 2019, 5, e000439.	1.4	66
6	A cross-cultural re-evaluation of the Exercise Addiction Inventory (EAI) in five countries. <i>Sports Medicine - Open</i> , 2015, 1, 5.	1.3	62
7	Exercise addiction in team sport and individual sport: Prevalences and validation of the exercise addiction inventory. <i>Addiction Research and Theory</i> , 2014, 22, 431-437.	1.2	49
8	Exercise addiction in adolescents and emerging adults – Validation of a youth version of the Exercise Addiction Inventory. <i>Journal of Behavioral Addictions</i> , 2018, 7, 117-125.	1.9	36
9	Identification of eating disorder symptoms in Danish adolescents with the SCOFF questionnaire. <i>Nordic Journal of Psychiatry</i> , 2017, 71, 340-347.	0.7	34
10	Exercise addiction is associated with emotional distress in injured and non-injured regular exercisers. <i>Addictive Behaviors Reports</i> , 2018, 8, 33-39.	1.0	30
11	Is exercise addiction in fitness centers a socially accepted behavior?. <i>Addictive Behaviors Reports</i> , 2017, 6, 102-105.	1.0	25
12	Purging behavior in anorexia nervosa and eating disorder not otherwise specified: A retrospective cohort study. <i>Psychiatry Research</i> , 2012, 198, 253-258.	1.7	24
13	Work addiction is associated with increased stress and reduced quality of life: Validation of the Bergen Work Addiction Scale in Danish. <i>Scandinavian Journal of Psychology</i> , 2019, 60, 145-151.	0.8	23
14	Translation and Validation of the System Usability Scale in a Danish Mental Health Setting Using Digital Technologies in Treatment Interventions. <i>International Journal of Human-Computer Interaction</i> , 2020, 36, 709-716.	3.3	23
15	Cognitive improvement following weight gain in patients with anorexia nervosa: A systematic review. <i>European Eating Disorders Review</i> , 2021, 29, 402-426.	2.3	20
16	Exercise Addiction in Men Is Associated With Lower Fat-Adjusted Leptin Levels. <i>Clinical Journal of Sport Medicine</i> , 2015, 25, 138-143.	0.9	19
17	The Prevalence of Exercise Addiction Symptoms in a Sample of National Level Elite Athletes. <i>Frontiers in Sports and Active Living</i> , 2021, 3, 635418.	0.9	15
18	Using a Mobile Diary App in the Treatment of Borderline Personality Disorder: Mixed Methods Feasibility Study. <i>JMIR Formative Research</i> , 2019, 3, e12852.	0.7	15

#	ARTICLE	IF	CITATIONS
19	Validation of the Eating Disorder Examination Questionnaire in Danish Eating Disorder Patients and Athletes. <i>Journal of Clinical Medicine</i> , 2021, 10, 3976.	1.0	14
20	Postnatal depressive symptoms display marked similarities across continents. <i>Journal of Affective Disorders</i> , 2020, 261, 58-66.	2.0	12
21	Effectiveness of internet-based guided self-help for binge-eating disorder and characteristics of completers versus noncompleters. <i>International Journal of Eating Disorders</i> , 2020, 53, 2026-2031.	2.1	12
22	Daily Self-Monitoring of Symptoms and Skills Learning in Patients With Borderline Personality Disorder Through a Mobile Phone App: Protocol for a Pragmatic Randomized Controlled Trial. <i>JMIR Research Protocols</i> , 2020, 9, e17737.	0.5	12
23	Risk of Low Energy Availability, Disordered Eating, Exercise Addiction, and Food Intolerances in Female Endurance Athletes. <i>Frontiers in Sports and Active Living</i> , 2022, 4, 869594.	0.9	12
24	Social Anxiety Can Be Triggered by 360-Degree Videos in Virtual Reality: A Pilot Study Exploring Fear of Shopping. <i>Cyberpsychology, Behavior, and Social Networking</i> , 2020, 23, 495-499.	2.1	11
25	Do Exercisers With Musculoskeletal Injuries Report Symptoms of Depression and Stress?. <i>Journal of Sport Rehabilitation</i> , 2019, 28, 46-51.	0.4	10
26	Exercise addiction, obsessive passion, and the use of nutritional supplements in fitness center attendees. <i>Translational Sports Medicine</i> , 2020, 3, 188-195.	0.5	9
27	Mobile Diary App Versus Paper-Based Diary Cards for Patients With Borderline Personality Disorder: Economic Evaluation. <i>Journal of Medical Internet Research</i> , 2021, 23, e28874.	2.1	9
28	Behind the athletic body: a clinical interview study of identification of eating disorder symptoms and diagnoses in elite athletes. <i>BMJ Open Sport and Exercise Medicine</i> , 2022, 8, e001265.	1.4	8
29	The Clinical Effectiveness of Blended Cognitive Behavioral Therapy Compared With Face-to-Face Cognitive Behavioral Therapy for Adult Depression: Randomized Controlled Noninferiority Trial. <i>Journal of Medical Internet Research</i> , 2022, 24, e36577.	2.1	6
30	Exercise addiction. , 2020, , 265-288.		5
31	Case report: cognitive performance in an extreme case of anorexia nervosa with a body mass index of 7.7. <i>BMC Psychiatry</i> , 2020, 20, 284.	1.1	5
32	Cortisol, Depression, and Anxiety Levels Before and After Short-Term Intensive Nutritional Stabilization in Patients With Severe Anorexia Nervosa. <i>Frontiers in Psychiatry</i> , 0, 13, .	1.3	5
33	Explanatory Factors for Disease-Specific Health-Related Quality of Life in Women with Anorexia Nervosa. <i>Journal of Clinical Medicine</i> , 2021, 10, 1592.	1.0	4
34	Passion for exercise has three dimensions: Psychometric evaluation of The Passion Scale in a Danish fitness sample. <i>Translational Sports Medicine</i> , 2020, 3, 638-648.	0.5	3
35	Economic evaluation alongside a randomized controlled trial of blended cognitive-behavioral therapy for patients suffering from major depressive disorder. <i>Internet Interventions</i> , 2022, 28, 100513.	1.4	3
36	Text based internet intervention of Binge Eating Disorder (BED): Words per message is associated with treatment adherence. <i>Internet Interventions</i> , 2022, 28, 100538.	1.4	3

#	ARTICLE	IF	CITATIONS
37	Patient and therapist experiences of using a smartphone application monitoring anxiety symptoms. International Journal of Qualitative Studies on Health and Well-being, 2022, 17, 2044981.	0.6	1
38	A psychometric evaluation of the automatic thoughts questionnaire in Danish adolescents and emerging adults. Nordic Psychology, 2019, 71, 262-275.	0.4	0
39	Validating the Danish version of the Eating Disorder Quality of Life Scale (EDQLS) in anorexia nervosa. Eating and Weight Disorders, 2022, , 1.	1.2	0