

Mehran Rahimlou

List of Publications by Year in descending order

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Version: 2024-02-01

403
papers

8,431
citations

87723

38
h-index

106150

65
g-index

412
all docs

412
docs citations

412
times ranked

10229
citing authors

#	ARTICLE	IF	CITATIONS
1	Reliability and relative validity of an FFQ for nutrients in the Tehran Lipid and Glucose Study. <i>Public Health Nutrition</i> , 2010, 13, 654.	1.1	827
2	A systematic review of diet quality indices in relation to obesity. <i>British Journal of Nutrition</i> , 2017, 117, 1055-1065.	1.2	171
3	Functional foods-based diet as a novel dietary approach for management of type 2 diabetes and its complications: A review. <i>World Journal of Diabetes</i> , 2014, 5, 267.	1.3	160
4	Anti-Hyperglycemic and Insulin Sensitizer Effects of Turmeric and Its Principle Constituent Curcumin. <i>International Journal of Endocrinology and Metabolism</i> , 2014, 12, e18081.	0.3	112
5	The effect of probiotic supplementation on glycemic control and lipid profile in patients with type 2 diabetes: A randomized placebo controlled trial. <i>Diabetes and Metabolic Syndrome: Clinical Research and Reviews</i> , 2019, 13, 175-182.	1.8	103
6	Effects of cinnamon supplementation on expression of systemic inflammation factors, NF- κ B and Sirtuin-1 (SIRT1) in type 2 diabetes: a randomized, double blind, and controlled clinical trial. <i>Nutrition Journal</i> , 2020, 19, 1.	1.5	103
7	Exercise-Induced Oxidative Stress and Dietary Antioxidative. <i>Asian Journal of Sports Medicine</i> , 2015, 6, e24898.	0.1	102
8	Fast Food Pattern and Cardiometabolic Disorders: A Review of Current Studies. <i>Health Promotion Perspectives</i> , 2016, 5, 231-240.	0.8	99
9	Dietary Approaches to Stop Hypertension (DASH) Dietary Pattern Is Associated with Reduced Incidence of Metabolic Syndrome in Children and Adolescents. <i>Journal of Pediatrics</i> , 2016, 174, 178-184.e1.	0.9	94
10	Metabolic health in the Middle East and north Africa. <i>Lancet Diabetes and Endocrinology</i> , 2019, 7, 866-879.	5.5	88
11	Effect of pomegranate seed oil on hyperlipidaemic subjects: a double-blind placebo-controlled clinical trial. <i>British Journal of Nutrition</i> , 2010, 104, 402-406.	1.2	85
12	The Nitrate-Independent Blood Pressure Lowering Effect of Beetroot Juice: A Systematic Review and Meta-Analysis. <i>Advances in Nutrition</i> , 2017, 8, 830-838.	2.9	85
13	Functional properties of beetroot (<i>Beta vulgaris</i>) in management of cardio-metabolic diseases. <i>Nutrition and Metabolism</i> , 2020, 17, 3.	1.3	81
14	Flaxseed supplementation in non-alcoholic fatty liver disease: a pilot randomized, open labeled, controlled study. <i>International Journal of Food Sciences and Nutrition</i> , 2016, 67, 461-469.	1.3	79
15	Role of Nitric Oxide in Insulin Secretion and Glucose Metabolism. <i>Trends in Endocrinology and Metabolism</i> , 2020, 31, 118-130.	3.1	76
16	Vitamin D supplementation and body fat mass: a systematic review and meta-analysis. <i>European Journal of Clinical Nutrition</i> , 2018, 72, 1345-1357.	1.3	72
17	Is ovarian reserve associated with body mass index and obesity in reproductive aged women? A meta-analysis. <i>Menopause</i> , 2018, 25, 1046-1055.	0.8	72
18	Probiotics as beneficial agents in the management of diabetes mellitus: a systematic review. <i>Diabetes/Metabolism Research and Reviews</i> , 2016, 32, 143-168.	1.7	68

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19	Adherence to the Mediterranean diet is associated with reduced risk of incident chronic kidney diseases among Tehranian adults. <i>Hypertension Research</i> , 2017, 40, 96-102.	1.5	65
20	Is dietary nitrate/nitrite exposure a risk factor for development of thyroid abnormality? A systematic review and meta-analysis. <i>Nitric Oxide - Biology and Chemistry</i> , 2015, 47, 65-76.	1.2	64
21	Beneficial effects of inorganic nitrate/nitrite in type 2 diabetes and its complications. <i>Nutrition and Metabolism</i> , 2015, 12, 16.	1.3	63
22	The association between Dietary Approaches to Stop Hypertension and incidence of chronic kidney disease in adults: the Tehran Lipid and Glucose Study. <i>Nephrology Dialysis Transplantation</i> , 2017, 32, ii224-ii230.	0.4	63
23	High dietary intake of branched-chain amino acids is associated with an increased risk of insulin resistance in adults. <i>Journal of Diabetes</i> , 2018, 10, 357-364.	0.8	62
24	Consumption of sugar sweetened beverage is associated with incidence of metabolic syndrome in Tehranian children and adolescents. <i>Nutrition and Metabolism</i> , 2015, 12, 25.	1.3	61
25	Effects of Cinnamon Consumption on Glycemic Indicators, Advanced Glycation End Products, and Antioxidant Status in Type 2 Diabetic Patients. <i>Nutrients</i> , 2017, 9, 991.	1.7	60
26	Dietary pattern and incidence of chronic kidney disease among adults: a population-based study. <i>Nutrition and Metabolism</i> , 2018, 15, 88.	1.3	60
27	Effect of ginger (<i>Zingiber officinale</i>) on inflammatory markers: A systematic review and meta-analysis of randomized controlled trials. <i>Cytokine</i> , 2020, 135, 155224.	1.4	57
28	Rationale and Design of a Genetic Study on Cardiometabolic Risk Factors: Protocol for the Tehran Cardiometabolic Genetic Study (TCGS). <i>JMIR Research Protocols</i> , 2017, 6, e28.	0.5	55
29	Lipid Accumulation Product Is Associated with Insulin Resistance, Lipid Peroxidation, and Systemic Inflammation in Type 2 Diabetic Patients. <i>Endocrinology and Metabolism</i> , 2014, 29, 443.	1.3	50
30	Micronutrient Intakes and Incidence of Chronic Kidney Disease in Adults: Tehran Lipid and Glucose Study. <i>Nutrients</i> , 2016, 8, 217.	1.7	50
31	Association between dietary phytochemical index and 3-year changes in weight, waist circumference and body adiposity index in adults: Tehran Lipid and Glucose study. <i>Nutrition and Metabolism</i> , 2012, 9, 108.	1.3	47
32	Dietary consumption of advanced glycation end products and risk of metabolic syndrome. <i>International Journal of Food Sciences and Nutrition</i> , 2016, 67, 170-176.	1.3	47
33	Tea, coffee, caffeine intake and the risk of cardio-metabolic outcomes: findings from a population with low coffee and high tea consumption. <i>Nutrition and Metabolism</i> , 2019, 16, 28.	1.3	47
34	Dietary supplements and pediatric non-alcoholic fatty liver disease: Present and the future. <i>World Journal of Hepatology</i> , 2015, 7, 2597.	0.8	45
35	Does Dietary Intake by Tehranian Adults Align with the 2005 Dietary Guidelines for Americans? Observations from the Tehran Lipid and Glucose Study. <i>Journal of Health, Population and Nutrition</i> , 2011, 29, 39-52.	0.7	44
36	Dietary insulin load and insulin index are associated with the risk of insulin resistance: a prospective approach in tehran lipid and glucose study. <i>Journal of Diabetes and Metabolic Disorders</i> , 2015, 15, 23.	0.8	44

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37	The barberry juice effects on metabolic factors and oxidative stress in patients with type 2 diabetes: A randomized clinical trial. <i>Complementary Therapies in Clinical Practice</i> , 2018, 31, 170-174.	0.7	44
38	A Prospective Study of Dietary Meat Intake and Risk of Incident Chronic Kidney Disease. , 2020, 30, 111-118.		44
39	Effects of long-term administration of Multi-Strain Probiotic on circulating levels of BDNF, NGF, IL-6 and mental health in patients with multiple sclerosis: a randomized, double-blind, placebo-controlled trial. <i>Nutritional Neuroscience</i> , 2022, 25, 411-422.	1.5	43
40	Effect of Camel Milk on Blood Sugar and Lipid Profile of Patients With Type 2 Diabetes: A Pilot Clinical Trial. <i>International Journal of Endocrinology and Metabolism</i> , 2014, 13, e21160.	0.3	42
41	Association between interaction and ratio of ω -3 and ω -6 polyunsaturated fatty acid and the metabolic syndrome in adults. <i>Nutrition</i> , 2012, 28, 856-863.	1.1	41
42	Dietary fibre intake in relation to the risk of incident chronic kidney disease. <i>British Journal of Nutrition</i> , 2018, 119, 479-485.	1.2	41
43	Current Evidence on Associations of Nutritional Factors with Ovarian Reserve and Timing of Menopause: A Systematic Review. <i>Advances in Nutrition</i> , 2017, 8, 597-612.	2.9	40
44	Effects of Ramadan intermittent fasting on lipid and lipoprotein parameters: An updated meta-analysis. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2019, 29, 906-915.	1.1	40
45	Relationship between Diet and Non-alcoholic Fatty Liver Disease: A Review Article. <i>Iranian Journal of Public Health</i> , 2017, 46, 1007-1017.	0.3	40
46	The Association of Polymorphisms in Leptin/Leptin Receptor Genes and Ghrelin/Ghrelin Receptor Genes With Overweight/Obesity and the Related Metabolic Disturbances: A Review. <i>International Journal of Endocrinology and Metabolism</i> , 2015, 13, e19073.	0.3	39
47	Mediterranean Dietary Pattern Adherence Modify the Association between FTO Genetic Variations and Obesity Phenotypes. <i>Nutrients</i> , 2017, 9, 1064.	1.7	39
48	Association between Dietary Acid Load and Insulin Resistance: Tehran Lipid and Glucose Study. <i>Preventive Nutrition and Food Science</i> , 2016, 21, 104-109.	0.7	39
49	Dietary amino acids and incidence of hypertension: A principle component analysis approach. <i>Scientific Reports</i> , 2017, 7, 16838.	1.6	38
50	Fast Food Intake Increases the Incidence of Metabolic Syndrome in Children and Adolescents: Tehran Lipid and Glucose Study. <i>PLoS ONE</i> , 2015, 10, e0139641.	1.1	38
51	Dietary phytochemical index and the risk of insulin resistance and β -cell dysfunction: a prospective approach in Tehran lipid and glucose study. <i>International Journal of Food Sciences and Nutrition</i> , 2015, 66, 950-955.	1.3	37
52	Effects of flaxseed and flaxseed oil supplement on serum levels of inflammatory markers, metabolic parameters and severity of disease in patients with ulcerative colitis. <i>Complementary Therapies in Medicine</i> , 2019, 46, 36-43.	1.3	36
53	Alpha-lipoic acid (ALA) supplementation effect on glycemic and inflammatory biomarkers: A Systematic Review and meta-analysis. <i>Clinical Nutrition ESPEN</i> , 2019, 32, 16-28.	0.5	36
54	Probiotic Supplementation in Morbid Obese Patients Undergoing One Anastomosis Gastric Bypass-Mini Gastric Bypass (OAGB-MGB) Surgery: a Randomized, Double-Blind, Placebo-Controlled, Clinical Trial. <i>Obesity Surgery</i> , 2018, 28, 2874-2885.	1.1	35

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55	Common Limitations and Challenges of Dietary Clinical Trials for Translation into Clinical Practices. <i>International Journal of Endocrinology and Metabolism</i> , 2021, 19, e108170.	0.3	35
56	Factors Influencing Menarcheal Age: Results From the Cohort of Tehran Lipid and Glucose Study. <i>International Journal of Endocrinology and Metabolism</i> , 2014, 12, e16130.	0.3	34
57	Non-soya legume-based therapeutic lifestyle change diet reduces inflammatory status in diabetic patients: a randomised cross-over clinical trial. <i>British Journal of Nutrition</i> , 2015, 114, 213-219.	1.2	34
58	Iodine Nutrition Status in Lactating Mothers Residing in Countries with Mandatory and Voluntary Iodine Fortification Programs: An Updated Systematic Review. <i>Thyroid</i> , 2015, 25, 611-620.	2.4	34
59	Does a restricted energy low glycemic index diet have a different effect on overweight women with or without polycystic ovary syndrome?. <i>BMC Endocrine Disorders</i> , 2019, 19, 93.	0.9	34
60	The effects of metformin administration on liver enzymes and body composition in non-diabetic patients with non-alcoholic fatty liver disease and/or non-alcoholic steatohepatitis: An up-to date systematic review and meta-analysis of randomized controlled trials. <i>Pharmacological Research</i> , 2020, 159, 104799.	3.1	34
61	Effects of energy-dense nutrient-poor snacks on the incidence of metabolic syndrome: A prospective approach in Tehran Lipid and Glucose Study. <i>Nutrition</i> , 2014, 30, 538-543.	1.1	33
62	Nitrate-nitrite-nitrosamines exposure and the risk of type 1 diabetes: A review of current data. <i>World Journal of Diabetes</i> , 2016, 7, 433.	1.3	33
63	Western dietary pattern increases risk of cardiovascular disease in Iranian adults: a prospective population-based study. <i>Applied Physiology, Nutrition and Metabolism</i> , 2017, 42, 326-332.	0.9	33
64	Camel Milk Has Beneficial Effects on Diabetes Mellitus: A Systematic Review. <i>International Journal of Endocrinology and Metabolism</i> , 2017, In press, e42150.	0.3	33
65	The Effects of Probiotic Supplements on Blood Markers of Endotoxin and Lipid Peroxidation in Patients Undergoing Gastric Bypass Surgery; a Randomized, Double-Blind, Placebo-Controlled, Clinical Trial with 13 Months Follow-Up. <i>Obesity Surgery</i> , 2019, 29, 1248-1258.	1.1	33
66	Adolescent metabolic syndrome and its components associations with incidence of type 2 diabetes in early adulthood: Tehran lipid and glucose study. <i>Diabetology and Metabolic Syndrome</i> , 2021, 13, 1.	1.2	33
67	Magnesium intake and prevalence of metabolic syndrome in adults: Tehran Lipid and Glucose Study. <i>Public Health Nutrition</i> , 2012, 15, 693-701.	1.1	32
68	Dietary patterns interact with <i>APOA1</i> / <i>APOC3</i> polymorphisms to alter the risk of the metabolic syndrome: the Tehran Lipid and Glucose Study. <i>British Journal of Nutrition</i> , 2015, 113, 644-653.	1.2	32
69	Flaxseed Supplementation in Metabolic Syndrome Management: A Pilot Randomized, Open-Labelled, Controlled Study. <i>Phytotherapy Research</i> , 2016, 30, 1339-1344.	2.8	32
70	Prospective Study of Nut Consumption and Incidence of Metabolic Syndrome: Tehran Lipid and Glucose Study. <i>Nutrients</i> , 2017, 9, 1056.	1.7	32
71	A Prospective Study of Different Types of Dietary Fiber and Risk of Cardiovascular Disease: Tehran Lipid and Glucose Study. <i>Nutrients</i> , 2016, 8, 686.	1.7	31
72	Adherence to low-sodium Dietary Approaches to Stop Hypertension-style diet may decrease the risk of incident chronic kidney disease among high-risk patients: a secondary prevention in prospective cohort study. <i>Nephrology Dialysis Transplantation</i> , 2018, 33, 1159-1168.	0.4	31

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73	The effect of saffron on weight and lipid profile: A systematic review, meta-analysis, and dose-response of randomized clinical trials. <i>Phytotherapy Research</i> , 2019, 33, 2244-2255.	2.8	31
74	A prospective study on total protein, plant protein and animal protein in relation to the risk of incident chronic kidney disease. <i>BMC Nephrology</i> , 2020, 21, 489.	0.8	30
75	Inflammatory Properties of Diet and Glucose-Insulin Homeostasis in a Cohort of Iranian Adults. <i>Nutrients</i> , 2016, 8, 735.	1.7	29
76	Sugar-sweetened beverage consumption and risk of incident chronic kidney disease: Tehran lipid and glucose study. <i>Nephrology</i> , 2016, 21, 608-616.	0.7	29
77	Low carbohydrate diet is associated with reduced risk of metabolic syndrome in Tehranian adults. <i>International Journal of Food Sciences and Nutrition</i> , 2017, 68, 358-365.	1.3	29
78	Effects of Flaxseed Interventions on Circulating Inflammatory Biomarkers: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. <i>Advances in Nutrition</i> , 2019, 10, 1108-1119.	2.9	29
79	White rice consumption is a risk factor for metabolic syndrome in Tehrani adults: a prospective approach in Tehran Lipid and Glucose Study. <i>Archives of Iranian Medicine</i> , 2014, 17, 435-40.	0.2	29
80	Determinants of parathyroid hormone response to vitamin D supplementation: a systematic review and meta-analysis of randomised controlled trials. <i>British Journal of Nutrition</i> , 2015, 114, 1360-1374.	1.2	28
81	The effect of interaction between Melanocortin-4 receptor polymorphism and dietary factors on the risk of metabolic syndrome. <i>Nutrition and Metabolism</i> , 2016, 13, 35.	1.3	28
82	The effects of ginger supplementation on inflammatory, antioxidant, and periodontal parameters in type 2 diabetes mellitus patients with chronic periodontitis under non-surgical periodontal therapy. A double-blind, placebo-controlled trial. <i>Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy</i> , 2019, Volume 12, 1751-1761.	1.1	28
83	Effects of dairy products consumption on inflammatory biomarkers among adults: A systematic review and meta-analysis of randomized controlled trials. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2020, 30, 872-888.	1.1	28
84	Association between Dietary Intakes of Nitrate and Nitrite and the Risk of Hypertension and Chronic Kidney Disease: Tehran Lipid and Glucose Study. <i>Nutrients</i> , 2016, 8, 811.	1.7	27
85	Maternal Dietary Patterns and Gestational Diabetes Risk: A Case-Control Study. <i>Journal of Diabetes Research</i> , 2017, 2017, 1-8.	1.0	27
86	Nutritional Knowledge, Attitude and Practice of Tehranian Adults and Their Relation to Serum Lipid and Lipoproteins: Tehran Lipid and Glucose Study. <i>Annals of Nutrition and Metabolism</i> , 2010, 56, 233-240.	1.0	26
87	Sugar-Sweetened Beverage Consumption Is Associated with Metabolic Syndrome in Iranian Adults: Tehran Lipid and Glucose Study. <i>Endocrinology and Metabolism</i> , 2015, 30, 334.	1.3	26
88	Effect of Different Obesity Phenotypes on Incidence of Chronic Kidney Disease in Tehranian Adults. <i>Journal of the American College of Nutrition</i> , 2016, 35, 587-596.	1.1	26
89	Habitual dietary intake of fatty acids are associated with leptin gene expression in subcutaneous and visceral adipose tissue of patients without diabetes. <i>Prostaglandins Leukotrienes and Essential Fatty Acids</i> , 2017, 126, 49-54.	1.0	26
90	The association of Dietary Approach to Stop Hypertension (DASH) diet with metabolic healthy and metabolic unhealthy obesity phenotypes. <i>Scientific Reports</i> , 2019, 9, 18690.	1.6	26

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91	Dietary approaches to stop hypertension (DASH) score and obesity phenotypes in children and adolescents. <i>Nutrition Journal</i> , 2020, 19, 112.	1.5	26
92	Effect of <i>Nigella sativa</i> oil extract on cardiometabolic risk factors in type 2 diabetes: A randomized, double-blind, placebo-controlled clinical trial. <i>Phytotherapy Research</i> , 2021, 35, 3747-3755.	2.8	26
93	Consumption of nitrate-containing vegetables is inversely associated with hypertension in adults: a prospective investigation from the Tehran Lipid and Glucose Study. <i>Journal of Nephrology</i> , 2016, 29, 377-384.	0.9	25
94	Low-Carbohydrate High-Protein Diet is Associated With Increased Risk of Incident Chronic Kidney Diseases Among Tehranian Adults. , 2019, 29, 343-349.		25
95	Effects of <i>Melissa officinalis</i> (Lemon Balm) on cardio-metabolic outcomes: A systematic review and meta-analysis. <i>Phytotherapy Research</i> , 2020, 34, 3113-3123.	2.8	25
96	Nitric oxide: To be or not to be an endocrine hormone?. <i>Acta Physiologica</i> , 2020, 229, e13443.	1.8	25
97	What are the main barriers to healthy eating among families? A qualitative exploration of perceptions and experiences of Tehranian men. <i>Appetite</i> , 2015, 89, 291-297.	1.8	24
98	The Association of Potato Intake With Risk for Incident Type 2 Diabetes in Adults. <i>Canadian Journal of Diabetes</i> , 2018, 42, 613-618.	0.4	24
99	A Longitudinal Study of Adherence to the Mediterranean Dietary Pattern and Metabolic Syndrome in a Non-Mediterranean Population. <i>International Journal of Endocrinology and Metabolism</i> , 2015, 13, e26128.	0.3	24
100	The Effect of Community-Based Education for Lifestyle Intervention on The Prevalence of Metabolic Syndrome and Its Components: Tehran Lipid and Glucose Study. <i>International Journal of Endocrinology and Metabolism</i> , 2013, 11, 145-53.	0.3	23
101	Breast-Milk Iodine Concentrations and Iodine Levels of Infants According to the Iodine Status of the Country of Residence: A Systematic Review and Meta-Analysis. <i>Thyroid</i> , 2018, 28, 124-138.	2.4	23
102	High dietary intake of aromatic amino acids increases risk of hypertension. <i>Journal of the American Society of Hypertension</i> , 2018, 12, 25-33.	2.3	23
103	Investigating the effect of DASH diet on blood pressure of patients with type 2 diabetes and prehypertension: Randomized clinical trial. <i>Diabetes and Metabolic Syndrome: Clinical Research and Reviews</i> , 2019, 13, 1-4.	1.8	23
104	Endogenous flux of nitric oxide: Citrulline is preferred to Arginine. <i>Acta Physiologica</i> , 2021, 231, e13572.	1.8	23
105	Validity and reliability of a nutrition screening tool in hospitalized patients. <i>Nutrition</i> , 2011, 27, 647-652.	1.1	22
106	The Association of Dietary L-Arginine Intake and Serum Nitric Oxide Metabolites in Adults: A Population-Based Study. <i>Nutrients</i> , 2016, 8, 311.	1.7	22
107	Dietary L-arginine intake and the incidence of coronary heart disease: Tehran lipid and glucose study. <i>Nutrition and Metabolism</i> , 2016, 13, 23.	1.3	22
108	The interaction of fat mass and obesity associated gene polymorphisms and dietary fiber intake in relation to obesity phenotypes. <i>Scientific Reports</i> , 2017, 7, 18057.	1.6	22

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109	The effect of l-carnitine supplementation on lipid profile and glycaemic control in adults with cardiovascular risk factors: A systematic review and meta-analysis of randomized controlled clinical trials. <i>Clinical Nutrition</i> , 2020, 39, 110-122.	2.3	22
110	The Association of Dairy Intake With Metabolic Syndrome and Its Components in Adolescents: Tehran Lipid and Glucose Study. <i>International Journal of Endocrinology and Metabolism</i> , 2015, 13, e25201.	0.3	22
111	Dietary phytochemical index and subsequent changes of lipid profile: A 3-year follow-up in Tehran Lipid and Glucose Study in Iran. <i>ARYA Atherosclerosis</i> , 2014, 10, 203-10.	0.4	22
112	A comparative study of broccoli sprouts powder and standard triple therapy on cardiovascular risk factors following H.pylori eradication: a randomized clinical trial in patients with type 2 diabetes. <i>Journal of Diabetes and Metabolic Disorders</i> , 2014, 13, 64.	0.8	21
113	Associations between dairy products consumption and risk of type 2 diabetes: Tehran lipid and glucose study. <i>International Journal of Food Sciences and Nutrition</i> , 2015, 66, 692-699.	1.3	21
114	Consumption of nitrate containing vegetables and the risk of chronic kidney disease: Tehran Lipid and Glucose Study. <i>Renal Failure</i> , 2016, 38, 937-944.	0.8	21
115	Association Between Adipokines Levels with Inflammatory Bowel Disease (IBD): Systematic Reviews. <i>Digestive Diseases and Sciences</i> , 2017, 62, 3280-3286.	1.1	21
116	The association of dietary patterns and adherence to WHO healthy diet with metabolic syndrome in children and adolescents: Tehran lipid and glucose study. <i>BMC Public Health</i> , 2019, 19, 1457.	1.2	21
117	Empirical dietary inflammatory pattern and risk of metabolic syndrome and its components: Tehran Lipid and Glucose Study. <i>Diabetology and Metabolic Syndrome</i> , 2019, 11, 16.	1.2	21
118	The Effect of Flaxseed Enriched Yogurt on the Glycemic Status and Cardiovascular Risk Factors in Patients with Type 2 Diabetes Mellitus: Randomized, Open-labeled, Controlled Study. <i>Clinical Nutrition Research</i> , 2019, 8, 284.	0.5	21
119	The Mediterranean diet and risk of type 2 diabetes in Iranian population. <i>European Journal of Clinical Nutrition</i> , 2019, 73, 72-78.	1.3	21
120	Effects of Phytosterols supplementation on blood glucose, glycosylated hemoglobin (HbA1c) and insulin levels in humans: a systematic review and meta-analysis of randomized controlled trials. <i>Journal of Diabetes and Metabolic Disorders</i> , 2020, 19, 625-632.	0.8	21
121	The Principles of Biomedical Scientific Writing: Title. <i>International Journal of Endocrinology and Metabolism</i> , 2019, 17, e98326.	0.3	21
122	Associations between dietary antioxidant intakes and cardiovascular disease. <i>Scientific Reports</i> , 2022, 12, 1504.	1.6	21
123	Dietary protein intake is associated with favorable cardiometabolic risk factors in adults: Tehran Lipid and Glucose Study. <i>Nutrition Research</i> , 2012, 32, 169-176.	1.3	20
124	Protein Foods Group and 3-Year Incidence of Hypertension: A Prospective Study From Tehran Lipid and Glucose Study. , 2016, 26, 219-225.		20
125	Factors associated with pre-diabetes in Tehranian men and women: A structural equations modeling. <i>PLoS ONE</i> , 2017, 12, e0188898.	1.1	20
126	Modified Healthy Eating Index and Incidence of Metabolic Syndrome in Children and Adolescents: Tehran Lipid and Glucose Study. <i>Journal of Pediatrics</i> , 2018, 197, 134-139.e2.	0.9	20

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127	Breast Milk Iodine Concentration Rather than Maternal Urinary Iodine Is a Reliable Indicator for Monitoring Iodine Status of Breastfed Neonates. <i>Biological Trace Element Research</i> , 2018, 185, 71-77.	1.9	20
128	Pre-pregnancy consumption of starchy vegetables and legumes and risk of gestational diabetes mellitus among Tehranian women. <i>Diabetes Research and Clinical Practice</i> , 2018, 139, 131-138.	1.1	20
129	Does the inflammatory potential of diet affect disease activity in patients with inflammatory bowel disease?. <i>Nutrition Journal</i> , 2019, 18, 65.	1.5	20
130	Red meat and dietary iron intakes are associated with some components of metabolic syndrome: Tehran Lipid and Glucose Study. <i>Journal of Translational Medicine</i> , 2019, 17, 313.	1.8	20
131	Glycemic control improvement in individuals with type 2 diabetes with vitamin K2 supplementation: a randomized controlled trial. <i>European Journal of Nutrition</i> , 2021, 60, 2495-2506.	1.8	20
132	The Influence of Fasting and Energy Restricting Diets on Blood Pressure in Humans: A Systematic Review and Meta-Analysis. <i>High Blood Pressure and Cardiovascular Prevention</i> , 2020, 27, 271-280.	1.0	20
133	Effects of pomegranate seed oil on metabolic state of patients with Type 2 diabetes mellitus. <i>International Journal of Preventive Medicine</i> , 2016, 7, 124.	0.2	20
134	Combined effect of unsaturated fatty acids and saturated fatty acids on the metabolic syndrome: tehran lipid and glucose study. <i>Journal of Health, Population and Nutrition</i> , 2015, 33, 5.	0.7	19
135	Adherence to the dietary approaches to stop hypertension trial (DASH) diet is inversely associated with incidence of insulin resistance in adults: the Tehran lipid and glucose study. <i>Journal of Clinical Biochemistry and Nutrition</i> , 2017, 61, 123-129.	0.6	19
136	Association of Dietary Intakes of Total Polyphenol and Its Subclasses with the Risk of Metabolic Syndrome: Tehran Lipid and Glucose Study. <i>Metabolic Syndrome and Related Disorders</i> , 2018, 16, 274-281.	0.5	19
137	Effect of soy products and isoflavones on oxidative stress parameters: A systematic review and meta-analysis of randomized controlled trials. <i>Food Research International</i> , 2020, 137, 109578.	2.9	19
138	Effects of resistant starch interventions on circulating inflammatory biomarkers: a systematic review and meta-analysis of randomized controlled trials. <i>Nutrition Journal</i> , 2020, 19, 33.	1.5	19
139	Dietary Advanced Glycation End Products and Risk of Chronic Kidney Disease. , 2016, 26, 308-314.		18
140	Food intake patterns are associated with the risk of impaired glucose and insulin homeostasis: a prospective approach in the Tehran Lipid and Glucose Study. <i>Public Health Nutrition</i> , 2016, 19, 2467-2474.	1.1	18
141	Vitamin C intake modify the impact of dietary nitrite on the incidence of type 2 diabetes: A 6-year follow-up in Tehran Lipid and Glucose Study. <i>Nitric Oxide - Biology and Chemistry</i> , 2017, 62, 24-31.	1.2	18
142	Longitudinal Associations of High-Fructose Diet with Cardiovascular Events and Potential Risk Factors: Tehran Lipid and Glucose Study. <i>Nutrients</i> , 2017, 9, 872.	1.7	18
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260	Nutrient patterns and cardiometabolic risk factors among Iranian adults: Tehran lipid and glucose study. <i>BMC Public Health</i> , 2020, 20, 653.	1.2	8
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281	Advanced glycation end products and risk of hypertension in Iranian adults: Tehran lipid and glucose study. <i>Journal of Research in Medical Sciences</i> , 2018, 23, 43.	0.4	7
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