Francesco Paolo Cappuccio

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68 24,369 278 152 h-index g-index citations papers 6.1 6.93 28,190 304 L-index avg, IF ext. citations ext. papers

#	Paper	IF	Citations
278	Association analyses of 249,796 individuals reveal 18 new loci associated with body mass index. <i>Nature Genetics</i> , 2010 , 42, 937-48	36.3	2267
277	Meta-analysis of short sleep duration and obesity in children and adults. <i>Sleep</i> , 2008 , 31, 619-26	1.1	1392
276	Sleep duration and all-cause mortality: a systematic review and meta-analysis of prospective studies. <i>Sleep</i> , 2010 , 33, 585-92	1.1	1202
275	Sleep duration predicts cardiovascular outcomes: a systematic review and meta-analysis of prospective studies. <i>European Heart Journal</i> , 2011 , 32, 1484-92	9.5	1195
274	Quantity and quality of sleep and incidence of type 2 diabetes: a systematic review and meta-analysis. <i>Diabetes Care</i> , 2010 , 33, 414-20	14.6	1074
273	Salt intake, stroke, and cardiovascular disease: meta-analysis of prospective studies. <i>BMJ, The</i> , 2009 , 339, b4567	5.9	910
272	Genome-wide association study identifies 74 loci associated with educational attainment. <i>Nature</i> , 2016 , 533, 539-42	50.4	850
271	Effect of lower sodium intake on health: systematic review and meta-analyses. <i>BMJ, The</i> , 2013 , 346, f13	3 25 69	715
270	Panethnic Differences in Blood Pressure in Europe: A Systematic Review and Meta-Analysis. <i>PLoS ONE</i> , 2016 , 11, e0147601	3.7	536
269	Effects of long-term selenium supplementation on the incidence of type 2 diabetes: a randomized trial. <i>Annals of Internal Medicine</i> , 2007 , 147, 217-23	8	488
268	Effect of increased potassium intake on cardiovascular risk factors and disease: systematic review and meta-analyses. <i>BMJ, The</i> , 2013 , 346, f1378	5.9	448
267	Variant of SCN5A sodium channel implicated in risk of cardiac arrhythmia. <i>Science</i> , 2002 , 297, 1333-6	33.3	438
266	A prospective study of change in sleep duration: associations with mortality in the Whitehall II cohort. <i>Sleep</i> , 2007 , 30, 1659-66	1.1	368
265	Gender-specific associations of short sleep duration with prevalent and incident hypertension: the Whitehall II Study. <i>Hypertension</i> , 2007 , 50, 693-700	8.5	362
264	Blood pressure control by home monitoring: meta-analysis of randomised trials. <i>BMJ, The</i> , 2004 , 329, 145	5.9	342
263	Excess body weight and incidence of stroke: meta-analysis of prospective studies with 2 million participants. <i>Stroke</i> , 2010 , 41, e418-26	6.7	309
262	Genome-wide association identifies nine common variants associated with fasting proinsulin levels and provides new insights into the pathophysiology of type 2 diabetes. <i>Diabetes</i> , 2011 , 60, 2624-34	0.9	285

(2015-1999)

261	High blood pressure and bone-mineral loss in elderly white women: a prospective study. Study of Osteoporotic Fractures Research Group. <i>Lancet, The</i> , 1999 , 354, 971-5	40	262
260	Genome-wide association analyses of risk tolerance and risky behaviors in over 1 million individuals identify hundreds of loci and shared genetic influences. <i>Nature Genetics</i> , 2019 , 51, 245-257	36.3	259
259	SLC2A9 is a high-capacity urate transporter in humans. <i>PLoS Medicine</i> , 2008 , 5, e197	11.6	254
258	Correlates of short and long sleep duration: a cross-cultural comparison between the United Kingdom and the United States: the Whitehall II Study and the Western New York Health Study. <i>American Journal of Epidemiology</i> , 2008 , 168, 1353-64	3.8	246
257	Does potassium supplementation lower blood pressure? A meta-analysis of published trials. <i>Journal of Hypertension</i> , 1991 , 9, 465-73	1.9	231
256	Association of hypertension with T594M mutation in beta subunit of epithelial sodium channels in black people resident in London. <i>Lancet, The</i> , 1998 , 351, 1388-92	40	223
255	Habitual salt intake and risk of gastric cancer: a meta-analysis of prospective studies. <i>Clinical Nutrition</i> , 2012 , 31, 489-98	5.9	210
254	Potassium intake, stroke, and cardiovascular disease a meta-analysis of prospective studies. <i>Journal of the American College of Cardiology</i> , 2011 , 57, 1210-9	15.1	196
253	Renal artery stenosis: a common and important problem in patients with peripheral vascular disease. <i>American Journal of Medicine</i> , 1994 , 96, 10-4	2.4	188
252	Association between circadian rhythms and neurodegenerative diseases. <i>Lancet Neurology, The</i> , 2019 , 18, 307-318	24.1	184
251	Do statins reduce blood pressure?: a meta-analysis of randomized, controlled trials. <i>Hypertension</i> , 2007 , 49, 792-8	8.5	179
250	Prevalence, detection, management, and control of hypertension in Ashanti, West Africa. <i>Hypertension</i> , 2004 , 43, 1017-22	8.5	172
249	Double-blind randomised trial of modest salt restriction in older people. <i>Lancet, The</i> , 1997 , 350, 850-4	40	162
248	Sleep duration and incidence of obesity in infants, children, and adolescents: a systematic review and meta-analysis of prospective studies. <i>Sleep</i> , 2018 , 41,	1.1	158
247	May Measurement Month 2018: a pragmatic global screening campaign to raise awareness of blood pressure by the International Society of Hypertension. <i>European Heart Journal</i> , 2019 , 40, 2006-2017	9.5	145
246	Cross-sectional versus prospective associations of sleep duration with changes in relative weight and body fat distribution: the Whitehall II Study. <i>American Journal of Epidemiology</i> , 2008 , 167, 321-9	3.8	136
245	Gender differences in the cross-sectional relationships between sleep duration and markers of inflammation: Whitehall II study. <i>Sleep</i> , 2009 , 32, 857-64	1.1	135
244	Sleep duration and risk of fatal and nonfatal stroke: a prospective study and meta-analysis. <i>Neurology</i> , 2015 , 84, 1072-9	6.5	134

243	Inflammation, sleep, obesity and cardiovascular disease. Current Vascular Pharmacology, 2007, 5, 93-10	23.3	133
242	A population-based study of reduced sleep duration and hypertension: the strongest association may be in premenopausal women. <i>Journal of Hypertension</i> , 2010 , 28, 896-902	1.9	131
241	Uric Acid Metabolism and Tubular Sodium Handling. <i>JAMA - Journal of the American Medical Association</i> , 1993 , 270, 354	27.4	131
240	Genetic variation in the renin-angiotensin system and abdominal adiposity in men: the Olivetti Prospective Heart Study. <i>Annals of Internal Medicine</i> , 2003 , 138, 17-23	8	125
239	Genomewide association study using a high-density single nucleotide polymorphism array and case-control design identifies a novel essential hypertension susceptibility locus in the promoter region of endothelial NO synthase. <i>Hypertension</i> , 2012 , 59, 248-55	8.5	124
238	Association between the C825T polymorphism of the G protein beta3-subunit gene and hypertension in blacks. <i>Hypertension</i> , 1999 , 34, 1193-6	8.5	116
237	Malnutrition among children under the age of five in the Democratic Republic of Congo (DRC): does geographic location matter?. <i>BMC Public Health</i> , 2011 , 11, 261	4.1	114
236	Sleep and Cardio-Metabolic Disease. Current Cardiology Reports, 2017, 19, 110	4.2	112
235	Common variants in the TCF7L2 gene and predisposition to type 2 diabetes in UK European Whites, Indian Asians and Afro-Caribbean men and women. <i>Journal of Molecular Medicine</i> , 2006 , 84, 1005-14	5.5	112
234	A community programme to reduce salt intake and blood pressure in Ghana [ISRCTN88789643]. <i>BMC Public Health</i> , 2006 , 6, 13	4.1	109
233	Systematic review of studies comparing 24-hour and spot urine collections for estimating population salt intake. <i>Revista Panamericana De Salud Publica/Pan American Journal of Public Health</i> , 2012 , 32, 307-15	4.1	106
232	Behavioural counselling to increase consumption of fruit and vegetables in low income adults: randomised trial. <i>BMJ, The</i> , 2003 , 326, 855	5.9	106
231	Dietary magnesium intake and blood pressure: a qualitative overview of the observational studies. <i>Journal of Human Hypertension</i> , 1998 , 12, 447-53	2.6	103
230	Higher selenium status is associated with adverse blood lipid profile in British adults. <i>Journal of Nutrition</i> , 2010 , 140, 81-7	4.1	102
229	Systematic review of dietary salt reduction policies: Evidence for an effectiveness hierarchy?. <i>PLoS ONE</i> , 2017 , 12, e0177535	3.7	101
228	Application of Framingham risk estimates to ethnic minorities in United Kingdom and implications for primary prevention of heart disease in general practice: cross sectional population based study. <i>BMJ, The</i> , 2002 , 325, 1271	5.9	99
227	Assessment of GFR by four methods in adults in Ashanti, Ghana: the need for an eGFR equation for lean African populations. <i>Nephrology Dialysis Transplantation</i> , 2010 , 25, 2178-87	4.3	98
226	Cardiovascular disease and hypertension in sub-Saharan Africa: burden, risk and interventions. <i>Internal and Emergency Medicine</i> , 2016 , 11, 299-305	3.7	97

(2008-2007)

225	Ethnicity and cardiovascular disease prevention in the United Kingdom: a practical approach to management. <i>Journal of Human Hypertension</i> , 2007 , 21, 183-211	2.6	94
224	Psychological and social predictors of changes in fruit and vegetable consumption over 12 months following behavioral and nutrition education counseling. <i>Health Psychology</i> , 2004 , 23, 574-81	5	93
223	Genetic variants linked to education predict longevity. <i>Proceedings of the National Academy of Sciences of the United States of America</i> , 2016 , 113, 13366-13371	11.5	90
222	Altered renal sodium handling in men with abdominal adiposity: a link to hypertension. <i>Journal of Hypertension</i> , 2001 , 19, 2157-64	1.9	89
221	Psychological factors associated with fruit and vegetable intake and with biomarkers in adults from a low-income neighborhood <i>Health Psychology</i> , 2003 , 22, 148-155	5	87
220	Abnormalities of renal sodium handling in the metabolic syndrome. Results of the Olivetti Heart Study. <i>Journal of Hypertension</i> , 2006 , 24, 1633-9	1.9	86
219	Nonpharmacological Treatments of Insomnia for Long-Term Painful Conditions: A Systematic Review and Meta-analysis of Patient-Reported Outcomes in Randomized Controlled Trials. <i>Sleep</i> , 2015 , 38, 1751-64	1.1	85
218	Genetic variations at the endocannabinoid type 1 receptor gene (CNR1) are associated with obesity phenotypes in men. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2007 , 92, 2382-6	5.6	84
217	Policy options to reduce population salt intake. <i>BMJ, The</i> , 2011 , 343, d4995	5.9	82
216	Alcohol consumption and n-3 polyunsaturated fatty acids in healthy men and women from 3 European populations. <i>American Journal of Clinical Nutrition</i> , 2009 , 89, 354-62	7	79
215	High-circulating leptin levels are associated with greater risk of hypertension in men independently of body mass and insulin resistance: results of an eight-year follow-up study. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2008 , 93, 3922-6	5.6	78
214	The kidney and essential hypertension: a link to osteoporosis?. <i>Journal of Hypertension</i> , 1993 , 11, 781-5	1.9	78
213	A population study of ethnic variations in the angiotensin-converting enzyme I/D polymorphism: relationships with gender, hypertension and impaired glucose metabolism. <i>Journal of Hypertension</i> , 1999 , 17, 657-64	1.9	77
212	Daytime napping and the risk of all-cause and cause-specific mortality: a 13-year follow-up of a British population. <i>American Journal of Epidemiology</i> , 2014 , 179, 1115-24	3.8	75
211	Associations of selenium status with cardiometabolic risk factors: an 8-year follow-up analysis of the Olivetti Heart study. <i>Atherosclerosis</i> , 2011 , 217, 274-8	3.1	67
2 10	Comparisons of spot vs 24-h urine samples for estimating population salt intake: validation study in two independent samples of adults in Britain and Italy. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2014 , 24, 140-7	4.5	66
209	Ethnic and sex differences in circulating endotoxin levels: A novel marker of atherosclerotic and cardiovascular risk in a British multi-ethnic population. <i>Atherosclerosis</i> , 2009 , 203, 494-502	3.1	65
208	Risk assessment and lipid modification for primary and secondary prevention of cardiovascular disease: summary of NICE guidance. <i>BMJ, The</i> , 2008 , 336, 1246-8	5.9	64

207	Circulating leptin levels predict the development of metabolic syndrome in middle-aged men: an 8-year follow-up study. <i>Journal of Hypertension</i> , 2007 , 25, 1671-7	1.9	64
206	Relationship of the Trp64Arg polymorphism of the beta3-adrenoceptor gene to central adiposity and high blood pressure: interaction with age. Cross-sectional and longitudinal findings of the Olivetti Prospective Heart Study. <i>Journal of Hypertension</i> , 2001 , 19, 399-406	1.9	64
205	Primary prevention of cardiovascular disease: a web-based risk score for seven British black and minority ethnic groups. <i>Heart</i> , 2006 , 92, 1595-602	5.1	63
204	Estimation of fruit and vegetable intake using a two-item dietary questionnaire: a potential tool for primary health care workers. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2003 , 13, 12-9	4.5	63
203	The relationship of waist circumference to blood pressure: the Olivetti Heart Study. <i>American Journal of Hypertension</i> , 2002 , 15, 780-6	2.3	63
202	A prospective study of hypertension and the incidence of kidney stones in men. <i>Journal of Hypertension</i> , 1999 , 17, 1017-22	1.9	63
201	The International Consortium for Quality Research on Dietary Sodium/Salt (TRUE) position statement on the use of 24-hour, spot, and short duration (. <i>Journal of Clinical Hypertension</i> , 2019 , 21, 700-709	2.3	62
200	Ethnic differences in blood pressure response to first and second-line antihypertensive therapies in patients randomized in the ASCOT Trial. <i>American Journal of Hypertension</i> , 2010 , 23, 1023-30	2.3	61
199	Cardiovascular risk assessment in low-resource settings: a consensus document of the European Society of Hypertension Working Group on Hypertension and Cardiovascular Risk in Low Resource Settings. <i>Journal of Hypertension</i> , 2014 , 32, 951-60	1.9	57
198	Implementing a 48 h EWTD-compliant rota for junior doctors in the UK does not compromise patients' safety: assessor-blind pilot comparison. <i>QJM - Monthly Journal of the Association of Physicians</i> , 2009 , 102, 271-82	2.7	57
197	Ancestry as a determinant of mean population C-reactive protein values: implications for cardiovascular risk prediction. <i>Circulation: Cardiovascular Genetics</i> , 2010 , 3, 436-44		56
196	Aldosterone synthase gene (CYP11B2) C-344T polymorphism, plasma aldosterone, renin activity and blood pressure in a multi-ethnic population. <i>Journal of Hypertension</i> , 2004 , 22, 1895-901	1.9	52
195	New evidence relating to the health impact of reducing salt intake. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2011 , 21, 617-9	4.5	49
194	Ethnic differences in fibrinogen levels: the role of environmental factors and the beta-fibrinogen gene. <i>American Journal of Epidemiology</i> , 2001 , 153, 799-806	3.8	49
193	Cardiovascular and other effects of salt consumption. <i>Kidney International Supplements</i> , 2013 , 3, 312-3	s 15 6.3	47
192	Telomere length attrition, a marker of biological senescence, is inversely correlated with triglycerides and cholesterol in South Asian males with type 2 diabetes mellitus. <i>Experimental Diabetes Research</i> , 2012 , 2012, 895185		47
191	Homocysteine levels in men and women of different ethnic and cultural background living in England. <i>Atherosclerosis</i> , 2002 , 164, 95-102	3.1	47
190	Gender differences in copper, zinc and selenium status in diabetic-free metabolic syndrome European population - the IMMIDIET study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2012 , 22, 517-24	4.5	46

189	A systematic review of COVID-19 and obstructive sleep apnoea. Sleep Medicine Reviews, 2021, 55, 1013	8 2 0.2	46
188	Salt intake of the Slovene population assessed by 24 h urinary sodium excretion. <i>Public Health Nutrition</i> , 2010 , 13, 1803-9	3.3	45
187	Caffeine intake and CYP1A2 variants associated with high caffeine intake protect non-smokers from hypertension. <i>Human Molecular Genetics</i> , 2012 , 21, 3283-92	5.6	45
186	Ethnic differences in circulating soluble adhesion molecules: the Wandsworth Heart and Stroke Study. <i>Clinical Science</i> , 2003 , 104, 591-8	6.5	45
185	Acute and sustained changes in sodium balance during nifedipine treatment in essential hypertension. <i>American Journal of Medicine</i> , 1991 , 91, 233-8	2.4	45
184	Variable effects of the APOC3-482C > T variant on insulin, glucose and triglyceride concentrations in different ethnic groups. <i>Diabetologia</i> , 2001 , 44, 245-8	10.3	44
183	Hypertension and renal failure in Kumasi, Ghana. Journal of Human Hypertension, 1999, 13, 37-40	2.6	44
182	Body size and blood pressure: an analysis of Africans and the African diaspora. <i>Epidemiology</i> , 2008 , 19, 38-46	3.1	43
181	Prevalence, awareness, treatment and control of hypertension in healthy unrelated male-female pairs of European regions: the dietary habit profile in European communities with different risk of myocardial infarction—the impact of migration as a model of gene-environment interaction project.	1.9	43
180	Journal of Hypertension, 2008, 26, 2303-11 Metabolic syndrome and renal sodium handling in three ethnic groups living in England. Diabetologia, 2004, 47, 40-6	10.3	43
179	Does oral calcium supplementation lower high blood pressure? A double blind study. <i>Journal of Hypertension</i> , 1987 , 5, 67-71	1.9	42
178	Sodium restriction lowers high blood pressure through a decreased response of the renin systemdirect evidence using saralasin. <i>Journal of Hypertension</i> , 1985 , 3, 243-7	1.9	42
177	Renal function and blood pressure response to dietary salt restriction in normotensive men. <i>Hypertension</i> , 1996 , 27, 1160-4	8.5	42
176	Self-reported sleep patterns in a British population cohort. <i>Sleep Medicine</i> , 2014 , 15, 295-302	4.6	40
175	Population dietary salt reduction and the risk of cardiovascular disease. A scientific statement from the European Salt Action Network. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2018 , 29, 107-114	4.5	40
174	Ethnicity and inflammatory pathways - implications for vascular disease, vascular risk and therapeutic intervention. <i>Current Medicinal Chemistry</i> , 2007 , 14, 1409-25	4.3	39
173	Incidence of hypertension in individuals with different blood pressure salt-sensitivity: results of a 15-year follow-up study. <i>Journal of Hypertension</i> , 2007 , 25, 1465-71	1.9	39
172	Quality of life and self-rated health in relation to changes in fruit and vegetable intake and in plasma vitamins C and E in a randomised trial of behavioural and nutritional education counselling. <i>British Journal of Nutrition</i> , 2004 , 92, 177-84	3.6	39

171	Past history of nephrolithiasis and incidence of hypertension in men: a reappraisal based on the results of the Olivetti Prospective Heart Study. <i>Nephrology Dialysis Transplantation</i> , 2001 , 16, 2232-5	4.3	39
170	Daytime napping, sleep duration and serum C reactive protein: a population-based cohort study. <i>BMJ Open</i> , 2014 , 4, e006071	3	38
169	Spatial Analysis of Risk Factors for Childhood Morbidity in Nigeria. <i>American Journal of Tropical Medicine and Hygiene</i> , 2007 , 77, 770-779	3.2	38
168	Socioeconomic inequality in salt intake in Britain 10 years after a national salt reduction programme. <i>BMJ Open</i> , 2014 , 4, e005683	3	37
167	Combination of renin-angiotensin system polymorphisms is associated with altered renal sodium handling and hypertension. <i>Hypertension</i> , 2004 , 43, 598-602	8.5	37
166	Geographic and socioeconomic variation of sodium and potassium intake in Italy: results from the MINISAL-GIRCSI programme. <i>BMJ Open</i> , 2015 , 5, e007467	3	36
165	Polymorphisms in the WNK1 gene are associated with blood pressure variation and urinary potassium excretion. <i>PLoS ONE</i> , 2009 , 4, e5003	3.7	36
164	Diarrhoea, acute respiratory infection, and fever among children in the Democratic Republic of Congo. <i>Social Science and Medicine</i> , 2009 , 68, 1728-36	5.1	36
163	Urinary calcium excretion, sodium intake and blood pressure in a multi-ethnic population: results of the Wandsworth Heart and Stroke Study. <i>Journal of Human Hypertension</i> , 2001 , 15, 229-37	2.6	35
162	Interaction between the C(-344)T polymorphism of CYP11B2 and age in the regulation of blood pressure and plasma aldosterone levels: cross-sectional and longitudinal findings of the Olivetti Prospective Heart Study. <i>Journal of Hypertension</i> , 2002 , 20, 1785-92	1.9	35
161	Biomarkers of cardiovascular risk in sleep-deprived people. <i>Journal of Human Hypertension</i> , 2013 , 27, 583-8	2.6	34
160	Spatial variation of salt intake in Britain and association with socioeconomic status. <i>BMJ Open</i> , 2013 , 3,	3	34
159	Leisure time physical activity and blood pressure in schoolchildren. <i>American Journal of Epidemiology</i> , 1988 , 127, 726-33	3.8	34
158	Reduction of salt intake during converting enzyme inhibitor treatment compared with addition of a thiazide. <i>Hypertension</i> , 1995 , 25, 1042-4	8.5	34
157	T594M and G442V polymorphisms of the sodium channel beta subunit and hypertension in a black population. <i>Journal of Human Hypertension</i> , 2001 , 15, 425-30	2.6	33
156	Ethnicity-specific BMI cutoffs for obesity based on type 2 diabetes risk in England: a population-based cohort study. <i>Lancet Diabetes and Endocrinology,the</i> , 2021 , 9, 419-426	18.1	33
155	Cellular adhesion molecules and their relationship with measures of obesity and metabolic syndrome in a multiethnic population. <i>International Journal of Obesity</i> , 2006 , 30, 1176-82	5.5	32
154	Calcium urolithiasis, blood pressure and salt intake. <i>Blood Pressure</i> , 2003 , 12, 122-7	1.7	32

153	Prevention of hypertension and stroke in Africa. <i>Lancet, The</i> , 2000 , 356, 677-8	40	30
152	Cross-sectional study of sleep quantity and quality and amnestic and non-amnestic cognitive function in an ageing population: the English Longitudinal Study of Ageing (ELSA). <i>PLoS ONE</i> , 2014 , 9, e100991	3.7	30
151	Association of sleep duration and quality with blood lipids: a systematic review and meta-analysis of prospective studies. <i>BMJ Open</i> , 2017 , 7, e018585	3	29
150	Dietary sodium intake in a sample of adult male population in southern Italy: results of the Olivetti Heart Study. <i>European Journal of Clinical Nutrition</i> , 2010 , 64, 518-24	5.2	29
149	Low serum adiponectin predicts 10-year risk of type 2 diabetes and HbA1c independently of obesity, lipids, and inflammation: Whitehall II study. <i>Hormone and Metabolic Research</i> , 2009 , 41, 626-9	3.1	29
148	Commentary: epidemiological transition, migration, and cardiovascular disease. <i>International Journal of Epidemiology</i> , 2004 , 33, 387-8	7.8	29
147	Altered renal sodium handling and hypertension in men carrying the glucagon receptor gene (Gly40Ser) variant. <i>Journal of Molecular Medicine</i> , 2001 , 79, 574-80	5.5	29
146	Frequency and allelic association of common variants in the lipoprotein lipase gene in different ethnic groups: the Wandsworth Heart and Stroke Study. <i>Genetic Epidemiology</i> , 2000 , 18, 203-16	2.6	29
145	Rural and semi-urban differences in salt intake, and its dietary sources, in Ashanti, West Africa. <i>Ethnicity and Disease</i> , 2005 , 15, 33-9	1.8	29
144	Increased proximal sodium reabsorption is associated with increased cardiovascular risk in men. <i>Journal of Hypertension</i> , 1996 , 14, 909-14	1.9	28
143	The effect of plant-based dietary patterns on blood pressure: a systematic review and meta-analysis of controlled intervention trials. <i>Journal of Hypertension</i> , 2021 , 39, 23-37	1.9	28
142	Association between the Thr715Pro P-selectin gene polymorphism and soluble P-selectin levels in a multiethnic population in South London. <i>Thrombosis and Haemostasis</i> , 2004 , 92, 1060-5	7	27
141	Race-specific differences in antioxidant enzyme activity in patients with type 2 diabetes: a potential association with the risk of developing nephropathy. <i>Diabetes Care</i> , 2005 , 28, 1698-703	14.6	27
140	Plasma vitamin C levels in men and women from different ethnic backgrounds living in England. <i>International Journal of Epidemiology</i> , 1999 , 28, 450-5	7.8	27
139	Renal handling of calcium and phosphate during mineralocorticoid administration in normal subjects. <i>Nephron</i> , 1988 , 48, 280-3	3.3	27
138	A call for quality research on salt intake and health: from the World Hypertension League and supporting organizations. <i>Journal of Clinical Hypertension</i> , 2014 , 16, 469-71	2.3	26
137	Hyperleptinemia is associated with hypertension, systemic inflammation and insulin resistance in overweight but not in normal weight men. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2012 , 22, 300-6	4.5	26
136	Diagnostic criteria for metabolic syndrome: a comparative analysis in an unselected sample of adult male population. <i>Metabolism: Clinical and Experimental</i> , 2008 , 57, 355-61	12.7	26

135	Proposed nomenclature for salt intake and for reductions in dietary salt. <i>Journal of Clinical Hypertension</i> , 2015 , 17, 247-51	2.3	25
134	Does reducing salt intake increase cardiovascular mortality?. <i>Kidney International</i> , 2011 , 80, 696-8	9.9	25
133	Sleep, Health and Society 2010 ,		25
132	Spatial analysis of risk factors for childhood morbidity in Nigeria. <i>American Journal of Tropical Medicine and Hygiene</i> , 2007 , 77, 770-9	3.2	25
131	Covid-19 and cardiovascular risk: Susceptibility to infection to SARS-CoV-2, severity and prognosis of Covid-19 and blockade of the renin-angiotensin-aldosterone system. An evidence-based viewpoint. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2020 , 30, 1227-1235	4.5	24
130	Cardiovascular risk factors and global risk of fatal cardiovascular disease are positively correlated between partners of 802 married couples from different European countries. <i>Thrombosis and Haemostasis</i> , 2007 , 98, 648-655	7	23
129	-344C/T Variant in the promoter of the aldosterone synthase gene (CYP11B2) is associated with metabolic syndrome in men. <i>American Journal of Hypertension</i> , 2007 , 20, 218-22	2.3	22
128	Does the effect of behavioral counseling on fruit and vegetable intake vary with stage of readiness to change?. <i>Preventive Medicine</i> , 2005 , 40, 314-20	4.3	22
127	C reactive protein and its determinants in healthy men and women from European regions at different risk of coronary disease: the IMMIDIET Project. <i>Journal of Thrombosis and Haemostasis</i> , 2008 , 6, 436-43	15.4	21
126	Morbidity from diarrhoea, cough and fever among young children in Nigeria. <i>Annals of Tropical Medicine and Parasitology</i> , 2008 , 102, 427-45		21
126		2.6	21
	Medicine and Parasitology, 2008, 102, 427-45 Prevention of cardiovascular disease in clinical practice: The Joint British Societies' (JBS 2)	2.6	
125	Medicine and Parasitology, 2008, 102, 427-45 Prevention of cardiovascular disease in clinical practice: The Joint British Societies' (JBS 2) guidelines. Journal of Human Hypertension, 2006, 20, 641-5 Cellular adhesion molecules and blood pressure: interaction with sex in a multi-ethnic population.		21
125	Medicine and Parasitology, 2008, 102, 427-45 Prevention of cardiovascular disease in clinical practice: The Joint British Societies' (JBS 2) guidelines. Journal of Human Hypertension, 2006, 20, 641-5 Cellular adhesion molecules and blood pressure: interaction with sex in a multi-ethnic population. Journal of Hypertension, 2004, 22, 705-11 Folate intake and folate serum levels in men and women from two European populations: The	1.9	21
125 124 123	Prevention of cardiovascular disease in clinical practice: The Joint British Societies' (JBS 2) guidelines. Journal of Human Hypertension, 2006, 20, 641-5 Cellular adhesion molecules and blood pressure: interaction with sex in a multi-ethnic population. Journal of Hypertension, 2004, 22, 705-11 Folate intake and folate serum levels in men and women from two European populations: The IMMIDIET project. Nutrition, 2014, 30, 822-30 Is there a role for nurse-led blood pressure management in primary care?. Family Practice, 2003, 20, 469	1.9	21 21 20
125 124 123	Medicine and Parasitology, 2008, 102, 427-45 Prevention of cardiovascular disease in clinical practice: The Joint British Societies' (JBS 2) guidelines. Journal of Human Hypertension, 2006, 20, 641-5 Cellular adhesion molecules and blood pressure: interaction with sex in a multi-ethnic population. Journal of Hypertension, 2004, 22, 705-11 Folate intake and folate serum levels in men and women from two European populations: The IMMIDIET project. Nutrition, 2014, 30, 822-30 Is there a role for nurse-led blood pressure management in primary care?. Family Practice, 2003, 20, 469 Validation of a food-frequency questionnaire for Flemish and Italian-native subjects in Belgium: The	1.9 4.8 -7.3)	21 21 20 20
125 124 123 122	Prevention of cardiovascular disease in clinical practice: The Joint British Societies' (JBS 2) guidelines. <i>Journal of Human Hypertension</i> , 2006 , 20, 641-5 Cellular adhesion molecules and blood pressure: interaction with sex in a multi-ethnic population. <i>Journal of Hypertension</i> , 2004 , 22, 705-11 Folate intake and folate serum levels in men and women from two European populations: The IMMIDIET project. <i>Nutrition</i> , 2014 , 30, 822-30 Is there a role for nurse-led blood pressure management in primary care?. <i>Family Practice</i> , 2003 , 20, 469 Validation of a food-frequency questionnaire for Flemish and Italian-native subjects in Belgium: The IMMIDIET study. <i>Nutrition</i> , 2011 , 27, 302-9 Collaboration to optimize dietary intakes of salt and iodine: a critical but overlooked public health	1.9 4.8 -7.3) 4.8	21 21 20 20

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22	The Role of Nocturnal Blood Pressure and Sleep Quality in Hypertension Management. <i>European Cardiology Review</i> , 2020 , 15, e60	3.9	1
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15	Use of technology to prevent, detect, manage and control hypertension in sub-Saharan Africa: a systematic review <i>BMJ Open</i> , 2022 , 12, e058840	3	О
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