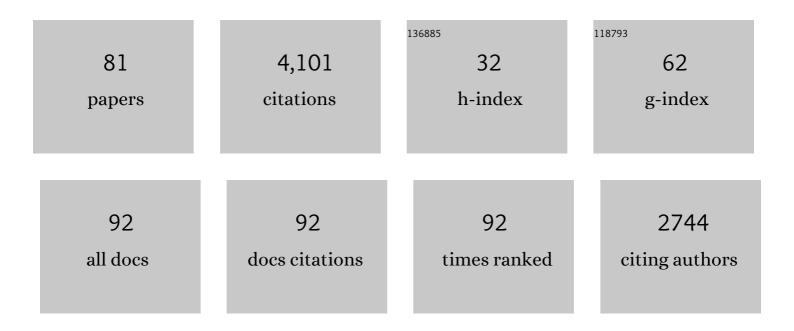
## Chiara Ruini

List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Six-Year Outcome of Cognitive Behavior Therapy for Prevention of Recurrent Depression. American Journal of Psychiatry, 2004, 161, 1872-1876.	4.0	299
2	Development and characteristics of a well-being enhancing psychotherapeutic strategy: well-being therapy. Journal of Behavior Therapy and Experimental Psychiatry, 2003, 34, 45-63.	0.6	293
3	Well-Being Therapy of Generalized Anxiety Disorder. Psychotherapy and Psychosomatics, 2005, 74, 26-30.	4.0	292
4	The concept of recovery in major depression. Psychological Medicine, 2007, 37, 307.	2.7	199
5	School intervention for promoting psychological well-being in adolescence. Journal of Behavior Therapy and Experimental Psychiatry, 2009, 40, 522-532.	0.6	196
6	Psychological and clinical correlates of posttraumatic growth in cancer: <scp>A</scp> systematic and critical review. Psycho-Oncology, 2017, 26, 2007-2018.	1.0	196
7	Well-Being Therapy in School Settings: A Pilot Study. Psychotherapy and Psychosomatics, 2006, 75, 331-336.	4.0	178
8	Long-term outcome of panic disorder with agoraphobia treated by exposure. Psychological Medicine, 2001, 31, 891-898.	2.7	140
9	Psychometric Theory Is an Obstacle to the Progress of Clinical Research. Psychotherapy and Psychosomatics, 2004, 73, 145-148.	4.0	127
10	Differential effects of well-being promoting and anxiety-management strategies in a non-clinical school setting. Journal of Anxiety Disorders, 2010, 24, 326-333.	1.5	119
11	The Relationship of Psychological Well-Being to Distress and Personality. Psychotherapy and Psychosomatics, 2003, 72, 268-275.	4.0	113
12	Lighten UP! A community-based group intervention to promote psychological well-being in older adults. Aging and Mental Health, 2017, 21, 199-205.	1.5	108
13	The Role of Gratitude in Breast Cancer: Its Relationships with Post-traumatic Growth, Psychological Well-Being and Distress. Journal of Happiness Studies, 2013, 14, 263-274.	1.9	89
14	Assessment of Psychological Distress in the Setting of Medical Disease. Psychotherapy and Psychosomatics, 2001, 70, 171-175.	4.0	88
15	Cognitive Behavior Approach to Loss of Clinical Effect During Long-Term Antidepressant Treatment: A Pilot Study. American Journal of Psychiatry, 2002, 159, 2094-2095.	4.0	84
16	Beyond Ryff's scale: Comprehensive measures of eudaimonic wellâ€being in clinical populations. A systematic review. Clinical Psychology and Psychotherapy, 2017, 24, 01524-01546.	1.4	83
17	Persistent Psychological Distress in Patients Treated for Endocrine Disease. Psychotherapy and Psychosomatics, 2004, 73, 78-83.	4.0	82
18	Rating well-being and distress. Stress and Health, 2000, 16, 55-61.	0.6	76

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#	Article	IF	CITATIONS
19	Wellâ€being therapy for generalized anxiety disorder. Journal of Clinical Psychology, 2009, 65, 510-519.	1.0	74
20	Sequential Treatment of Mood and Anxiety Disorders. Journal of Clinical Psychiatry, 2005, 66, 1392-1400.	1.1	74
21	Psychological well-being and residual symptoms in remitted patients with panic disorder and agoraphobia. Journal of Affective Disorders, 2001, 65, 185-190.	2.0	72
22	Role of Wellâ€Being Therapy in Achieving a Balanced and Individualized Path to Optimal Functioning. Clinical Psychology and Psychotherapy, 2012, 19, 291-304.	1.4	72
23	Long-term outcome of social phobia treated by exposure. Psychological Medicine, 2001, 31, 899-905.	2.7	62
24	Post-traumatic Growth in Breast Cancer Survivors: New Insights into its Relationships with Well-Being and Distress. Journal of Clinical Psychology in Medical Settings, 2013, 20, 383-391.	0.8	59
25	Psychosocial impairment in patients treated for pituitary disease: a controlled study. Clinical Endocrinology, 2007, 67, 719-726.	1.2	48
26	Treatment of Recurrent Depression. CNS Drugs, 2003, 17, 1109-1117.	2.7	46
27	Psychological well-being and depression from pregnancy to postpartum among primiparous and multiparous women. Journal of Reproductive and Infant Psychology, 2017, 35, 183-195.	0.9	46
28	Life events in the pathogenesis of hyperprolactinemia. European Journal of Endocrinology, 2004, 151, 61-65.	1.9	45
29	Psychobiological correlates of allostatic overload in a healthy population. Brain, Behavior, and Immunity, 2012, 26, 284-291.	2.0	38
30	Lighten UP! A Community-Based Group Intervention to Promote Eudaimonic Well-Being in Older Adults: A Multi-Site Replication with 6 Month Follow-Up. Clinical Gerontologist, 2019, 42, 387-397.	1.2	38
31	Management of Recurrent Depression in Primary Care. Psychotherapy and Psychosomatics, 2003, 72, 3-9.	4.0	32
32	Subjective and psychological well-being in Parkinson's Disease: A systematic review. Acta Neurologica Scandinavica, 2018, 138, 12-23.	1.0	30
33	The Biopsychosocial Factor. Psychotherapy and Psychosomatics, 2012, 81, 1-4.	4.0	27
34	Positive Psychology in the Clinical Domains. , 2017, , .		27
35	Well-Being Therapy: State of the Art and Clinical Exemplifications. Journal of Contemporary Psychotherapy, 2015, 45, 129-136.	0.7	26
36	Positive Narrative Group Psychotherapy: the use of traditional fairy tales to enhance psychological well-being and growth. Psychology of Well-being, 2014, 4, 13.	2.3	25

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#	Article	IF	CITATIONS
37	The Promotion of Well-Being in Aging Individuals Living in Nursing Homes: A Controlled Pilot Intervention with Narrative Strategies. Clinical Gerontologist, 2017, 40, 380-391.	1.2	23
38	The role of music therapy in the treatment of children with cancer: A systematic review of literature. Complementary Therapies in Clinical Practice, 2021, 42, 101289.	0.7	23
39	<p>Spotlight on eudaimonia and depression. A systematic review of the literature over the past 5 years</p> . Psychology Research and Behavior Management, 2019, Volume 12, 767-792.	1.3	22
40	Mediterranean Lifestyle to Promote Physical, Mental, and Environmental Health: The Case of Chile. International Journal of Environmental Research and Public Health, 2020, 17, 8482.	1.2	21
41	Well-Being Therapy in Children with Emotional and Behavioral Disturbances: A Pilot Investigation. Psychotherapy and Psychosomatics, 2009, 78, 387-390.	4.0	20
42	The Dynamics of Eudaimonic Well-Being in the Transition to Parenthood: Differences Between Fathers and Mothers. Journal of Family Issues, 2018, 39, 2572-2589.	1.0	20
43	Writing Technique Across Psychotherapies—From Traditional Expressive Writing to New Positive Psychology Interventions: A Narrative Review. Journal of Contemporary Psychotherapy, 2022, 52, 23-34.	0.7	19
44	Assessment of Psychological Well-Being in Psychosomatic Medicine. Advances in Psychosomatic Medicine, 2012, 32, 182-202.	2.2	18
45	University counseling service for improving students' mental health Psychological Services, 2017, 14, 470-480.	0.9	18
46	Gender Differences in Psychological Well-Being and Distress During Adolescence. , 2011, , 65-70.		16
47	Self-rated and observer-rated measures of well-being and distress in adolescence: an exploratory study. SpringerPlus, 2014, 3, 490.	1.2	15
48	Well-being and distress of patients with Parkinson's disease: a comparative investigation. International Psychogeriatrics, 2019, 31, 21-30.	0.6	15
49	Life Stressors, Allostatic Overload, and Their Impact on Posttraumatic Growth. Journal of Loss and Trauma, 2015, 20, 109-122.	0.9	13
50	The polarities of psychological well being and their response to treatment. Terapia Psicologica, 2013, 31, 49-57.	0.2	10
51	The sequential approach to relapse prevention in unipolar depression. World Psychiatry, 2002, 1, 10-5.	4.8	8
52	Exploring Psychological Well-Being and Positive Emotions in School Children Using a Narrative Approach. The Indo-Pacific Journal of Phenomenology, 2017, 17, 1-9.	0.2	5
53	Exploring Post-traumatic Growth in Parkinson's Disease: A Mixed Method Study. Journal of Clinical Psychology in Medical Settings, 2021, 28, 267-278.	0.8	5
54	The wellâ€being and burden of caregiving for patients with Parkinson's disease. Scandinavian Journal of Caring Sciences, 2022, 36, 49-58.	1.0	5

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#	Article	IF	CITATIONS
55	What Is the Optimal Treatment of Mood and Anxiety Disorders?. Clinical Psychology: Science and Practice, 2005, 12, 92-96.	0.6	4
56	New psychotherapeutic technique for preventing relapse: Well-being therapy (WBT). Journal of Affective Disorders, 2008, 107, S98-S99.	2.0	4
57	School Programs for the Prevention of Mental Health Problems and the Promotion of Psychological Well-being in Children. Cross-cultural Advancements in Positive Psychology, 2014, , 177-185.	0.1	4
58	The Use of Narrative Strategies Based on Fairytales as a Novel, Integrative Ingredient in CBT: A Case Report. Explore: the Journal of Science and Healing, 2014, 10, 121-124.	0.4	4
59	Rating wellâ€being and distress. Stress and Health, 2000, 16, 55-61.	0.6	4
60	Once upon a time: A school positive narrative intervention for promoting well-being and creativity in elementary school children Psychology of Aesthetics, Creativity, and the Arts, 2022, 16, 259-271.	1.0	4
61	Increasing Happiness by Well-Being Therapy. , 2014, , 147-166.		3
62	The Individualized and Cross-Cultural Roots of Well-being Therapy. Cross-cultural Advancements in Positive Psychology, 2014, , 21-39.	0.1	3
63	Well-being Therapy: Theoretical Background, Clinical Implications, and Future Directions. , 2013, , .		3
64	A New Psychotherapeutic Strategy. , 1998, , 223-228.		2
65	The role of cognitive behavioural therapy in the treatment of unipolar depression. Acta Psychiatrica Scandinavica, 1999, 99, 394-395.	2.2	2
66	Gratitude, Spirituality and Meaning: Their Clinical Implications. , 2017, , 179-203.		2
67	Positive Human Health, Positive Mental Health, Resilience and Their Psychosomatic Underpinnings. , 2017, , 31-62.		2
68	Positive Narrative Therapy for an Unspecified Eating Disorder: A Child Case Report. Clinical Case Studies, 2017, 16, 351-369.	0.5	2
69	Optimal Well-being, Depression, and Caregiving: An Explorative Investigation. Clinical Gerontologist, 2020, 43, 572-584.	1.2	2
70	Positive Interventions and Their Effectiveness with Clinical Populations. , 2017, , 81-108.		1
71	Life Adversities, Traumatic Events and Positive Reactions. , 2017, , 129-153.		1
72	Love, Empathy and Altruism, and Their Clinical Implications. , 2017, , 155-177.		1

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#	Article	IF	CITATIONS
73	Positive Personality Traits and Positive Human Functioning. , 2017, , 63-78.		1
74	Rating well-being and distress. , 2000, 16, 55.		1
75	Panic and Depression. American Journal of Psychiatry, 2002, 159, 681-a-681.	4.0	1
76	Post-Traumatic Growth, Psychological Well-Being, and Distress. , 2015, , 1-19.		1
77	Hope, Optimism, Goals and Passion: Their Clinical Implications. , 2017, , 109-127.		1
78	How long should drug treatment of depression last?. Medical Journal of Australia, 2003, 178, 526-526.	0.8	0
79	A sequential strategy for preventing relapse in recurrent depression. Journal of Affective Disorders, 2008, 107, S47.	2.0	0
80	Dr. Storosum and Colleagues Reply. American Journal of Psychiatry, 2002, 159, 681-681.	4.0	0
81	Positive Psychology and Clinical Psychology: Common Philosophical Backgrounds, Early Contributors, and Possible Integrations. , 2017, , 3-29.		0