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List of Publications by Year in descending order

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7
papers

49
citations

1937457

4
h-index

1872570

6
g-index

7
all docs

7
docs citations

7
times ranked

50
citing authors

#	ARTICLE	IF	CITATIONS
1	The effect of L-theanine supplementation on the immune system of athletes exposed to strenuous physical exercise. Journal of the International Society of Sports Nutrition, 2019, 16, 7.	1.7	17
2	Effects of antioxidant supplementation on oxidative stress balance in young footballers- a randomized double-blind trial. Journal of the International Society of Sports Nutrition, 2021, 18, 44.	1.7	14
3	A Systematic Review of the Influence of Bovine Colostrum Supplementation on Leaky Gut Syndrome in Athletes: Diagnostic Biomarkers and Future Directions. Nutrients, 2022, 14, 2512.	1.7	7
4	Effects of Long-Term Supplementation of Bovine Colostrum on the Immune System in Young Female Basketball Players. Randomized Trial. Nutrients, 2021, 13, 118.	1.7	6
5	Effect of an acute exercise on early responses of iron and iron regulatory proteins in young female basketball players. BMC Sports Science, Medicine and Rehabilitation, 2022, 14, 69.	0.7	3
6	Effect of spirulina supplementation on selected components of Th1/Th2 balance in rowers. Food and Agricultural Immunology, 2019, 30, 178-189.	0.7	2
7	Stressor-Induced Temporal Cortisol Deficiency as a Primary Trigger for Adaptation to Stress. International Journal of Environmental Research and Public Health, 2022, 19, 5633.	1.2	0