

# Elisabeth Schanche

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/6104033/publications.pdf>

Version: 2024-02-01

28  
papers

704  
citations

840776

11  
h-index

580821

25  
g-index

29  
all docs

29  
docs citations

29  
times ranked

872  
citing authors

#	ARTICLE	IF	CITATIONS
1	Does it get easier over time? Psychologists's experiences of working with suicidal patients. <i>Death Studies</i> , 2022, 46, 458-466.	2.7	3
2	Self-Compassion and Its Association With Ruminative Tendencies and Vagally Mediated Heart Rate Variability in Recurrent Major Depression. <i>Frontiers in Psychology</i> , 2022, 13, 798914.	2.1	0
3	Self-criticism and self-reassurance in individuals with recurrent depression: Effects of mindfulness-based cognitive therapy and relationship to relapse. <i>Counselling and Psychotherapy Research</i> , 2021, 21, 621-632.	3.2	2
4	Clients's Perspective on Predetermined Time Limits for Therapy in the Context of the Norwegian Welfare System. <i>SAGE Open</i> , 2021, 11, 215824402110095.	1.7	2
5	Priority-setting dilemmas, moral distress and support experienced by nurses and physicians in the early phase of the COVID-19 pandemic in Norway. <i>Nursing Ethics</i> , 2021, 28, 66-81.	3.4	86
6	Can clinical psychology students benefit from brief and intensive mindfulness training?. <i>Counselling and Psychotherapy Research</i> , 2020, 20, 311-324.	3.2	4
7	The effects of mindfulness-based cognitive therapy on risk and protective factors of depressive relapse – a randomized wait-list controlled trial. <i>BMC Psychology</i> , 2020, 8, 57.	2.1	18
8	Participant experiences of change in mindfulness-based stress reduction for anxiety disorders. <i>International Journal of Qualitative Studies on Health and Well-being</i> , 2020, 15, 1776094.	1.6	10
9	Is Dispositional Self-Compassion Associated With Psychophysiological Flexibility Beyond Mindfulness? An Exploratory Pilot Study. <i>Frontiers in Psychology</i> , 2020, 11, 614.	2.1	9
10	The Association Between Juvenile Onset of Depression and Emotion Regulation Difficulties. <i>Frontiers in Psychology</i> , 2019, 10, 2262.	2.1	6
11	“You Feel They Have a Heart and Are Not Afraid to Show It” Exploring How Clients Experience the Therapeutic Relationship in Emotion-Focused Therapy. <i>Frontiers in Psychology</i> , 2019, 10, 1996.	2.1	7
12	“Nothing is just smooth or perfect” What can students learn from intensively reviewing psychotherapy conducted by experienced therapists whilst being focused on emotional processes?. <i>Counselling and Psychotherapy Research</i> , 2019, 19, 366-376.	3.2	1
13	Facing social fears: How do improved participants experience change in mindfulness-based stress reduction for social anxiety disorder?. <i>Counselling and Psychotherapy Research</i> , 2019, 19, 35-44.	3.2	2
14	Both sides of the story: Exploring how improved and less-improved participants experience mindfulness-based stress reduction for social anxiety disorder. <i>Psychotherapy Research</i> , 2018, 28, 106-122.	1.8	17
15	Does an emotion-focused two-chair dialogue add to the therapeutic effect of the empathic attunement to affect?. <i>Clinical Psychology and Psychotherapy</i> , 2018, 25, e86-e95.	2.7	7
16	Dispositional Mindfulness and Attentional Control: The Specific Association Between the Mindfulness Facets of Non-judgment and Describing With Flexibility of Early Operating Orienting in Conflict Detection. <i>Frontiers in Psychology</i> , 2018, 9, 2359.	2.1	23
17	Does the two-chair dialogue intervention facilitate processing of emotions more efficiently than basic Rogerian conditions?. <i>European Journal of Psychotherapy and Counselling</i> , 2018, 20, 337-355.	0.4	8
18	Emotion Regulation in Current and Remitted Depression: A Systematic Review and Meta-Analysis. <i>Frontiers in Psychology</i> , 2018, 9, 756.	2.1	156

#	ARTICLE	IF	CITATIONS
19	It's heavy, intense, horrendous and nice: clients' experiences in two-chair dialogues. <i>Person-Centered and Experiential Psychotherapies</i> , 2018, 17, 139-159.	0.2	10
20	An open trial of mindfulness-based stress reduction for young adults with social anxiety disorder. <i>Scandinavian Journal of Psychology</i> , 2017, 58, 80-90.	1.5	21
21	The Association between Self-Reported Difficulties in Emotion Regulation and Heart Rate Variability: The Salient Role of Not Accepting Negative Emotions. <i>Frontiers in Psychology</i> , 2017, 8, 328.	2.1	74
22	Trait Self-Compassion Reflects Emotional Flexibility Through an Association with High Vagally Mediated Heart Rate Variability. <i>Mindfulness</i> , 2016, 7, 1103-1113.	2.8	85
23	Self-compassion and depressive symptoms in a Norwegian student sample. <i>Nordic Psychology</i> , 2016, 68, 58-72.	0.8	40
24	What Brings You Here? Exploring Why Young Adults Seek Help for Social Anxiety. <i>Qualitative Health Research</i> , 2016, 26, 1705-1720.	2.1	11
25	The transdiagnostic phenomenon of self-criticism. <i>Psychotherapy</i> , 2013, 50, 316-321.	1.2	25
26	The relationship between activating affects, inhibitory affects, and self-compassion in patients with Cluster C personality disorders. <i>Psychotherapy</i> , 2011, 48, 293-303.	1.2	65
27	Training graduate students as raters in psychotherapy process research. <i>Nordic Psychology</i> , 2010, 62, 4-20.	0.8	11
28	The effect of the two-chair dialogue intervention on self-compassion - adding an emotional evocative component to a basic Rogerian condition. <i>Counselling and Psychotherapy Research</i> , 0, , .	3.2	0