

Misba Hussain

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/6086096/publications.pdf>

Version: 2024-02-01

11
papers

179
citations

1478505

6
h-index

1372567

10
g-index

11
all docs

11
docs citations

11
times ranked

97
citing authors

#	ARTICLE	IF	CITATIONS
1	Mindfulness, self-compassion, and mindful eating in relation to fat and sugar consumption: an exploratory investigation. <i>Eating and Weight Disorders</i> , 2018, 23, 833-840.	2.5	47
2	How does grazing relate to body mass index, self-compassion, mindfulness and mindful eating in a student population?. <i>Health Psychology Open</i> , 2018, 5, 205510291876270.	1.4	45
3	Healthy and unhealthy eating amongst stressed students: considering the influence of mindfulness on eating choices and consumption. <i>Health Psychology Report</i> , 2018, 7, 113-120.	0.9	27
4	Exploring the Effects of Mindfulness and Self-Distancing on Chocolate Intake After a Negative State Affect. <i>Journal of Cognitive Enhancement: Towards the Integration of Theory and Practice</i> , 2021, 5, 15-24.	1.6	15
5	Exploring the Role of Self-Kindness in Making Healthier Eating Choices: A Preliminary Study. <i>International Journal of Behavioral Medicine</i> , 2021, 28, 664-669.	1.7	12
6	Self-Compassion and Instagram Use Is Explained by the Relation to Anxiety, Depression, and Stress. <i>Journal of Technology in Behavioral Science</i> , 2021, 6, 436-441.	2.3	12
7	Mindful Construal Reflections: Reducing Unhealthier Eating Choices. <i>Mindfulness</i> , 2021, 12, 1757-1767.	2.8	10
8	Grazing, motives to eat palatable foods, and fat and sugar consumption: an exploratory investigation. <i>Zeitschrift Fur Gesundheitswissenschaften</i> , 2019, 27, 143-149.	1.6	6
9	Exploring the Environmental Manifestation of Types of Music on Reinforcing Mindfulness and Concurrent Calorie Intake. <i>Psychological Reports</i> , 2020, 124, 003329412096727.	1.7	4
10	Exploring the association between self-compassion, mindfulness and mindful eating with eating behaviours amongst patients with obesity. <i>Nutrition and Health</i> , 2022, , 026010602210946.	1.5	1
11	Exploring Mindfulness and Mindful Eating and Visual Attention Towards Food Cues: Preliminary Findings. <i>Journal of Cognitive Enhancement: Towards the Integration of Theory and Practice</i> , 0, , .	1.6	0