Stuart J H Biddle

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

330	24,541	76	150
papers	citations	h-index	g-index
353 ext. papers	29,605 ext. citations	4 avg, IF	7.35 L-index

#	Paper	IF	Citations
330	Using Wearable Cameras to Categorize the Type and Context of Screen-Based Behaviors Among Adolescents: Observational Study <i>JMIR Pediatrics and Parenting</i> , 2022 , 5, e28208	4.2	1
329	Muscle-Strengthening Exercise Questionnaire (MSEQ): an assessment of concurrent validity and test-retest reliability <i>BMJ Open Sport and Exercise Medicine</i> , 2022 , 8, e001225	3.4	2
328	The Association of Contemporary Screen Behaviours with Physical Activity, Sedentary Behaviour and Sleep in Adolescents: a Cross-sectional Analysis of the Millennium Cohort Study <i>International Journal of Behavioral Medicine</i> , 2022 , 1	2.6	
327	A Manifesto for exercise science - a vision for improving the health of the public and planet <i>Journal of Sports Sciences</i> , 2022 , 1-6	3.6	O
326	Physical activity and sedentary behaviour of female adolescents in Indonesia: A multi-method study on duration, pattern and context <i>Journal of Exercise Science and Fitness</i> , 2022 , 20, 128-139	3.1	O
325	Sitting less and moving more for improved metabolic and brain health in type 2 diabetes: 'OPTIMISE your health' trial protocol <i>BMC Public Health</i> , 2022 , 22, 929	4.1	1
324	Where Does the Time Go? Displacement of Device-Measured Sedentary Time in Effective Sedentary Behaviour Interventions: Systematic Review and Meta-Analysis <i>Sports Medicine</i> , 2022 , 1	10.6	1
323	SnacktivityIto Promote Physical Activity: a Qualitative Study. <i>International Journal of Behavioral Medicine</i> , 2021 , 1	2.6	0
322	Obesity and the risk of developing chronic diseases in middle-aged and older adults: Findings from an Australian longitudinal population survey, 2009-2017. <i>PLoS ONE</i> , 2021 , 16, e0260158	3.7	3
321	Adolescents' physical activity and sedentary behaviour in Indonesia during the COVID-19 pandemic: a qualitative study of mothers' perspectives. <i>BMC Public Health</i> , 2021 , 21, 1864	4.1	5
320	'Snacktivity[Ito increase physical activity: Time to try something different?. <i>Preventive Medicine</i> , 2021 , 153, 106851	4.3	1
319	Dietary habits, physical activity, and sedentary behaviour of children of employed mothers: A systematic review <i>Preventive Medicine Reports</i> , 2021 , 24, 101607	2.6	1
318	Physical activity and sedentary behaviour in shift and non-shift workers: A systematic review and meta-analysis <i>Preventive Medicine Reports</i> , 2021 , 24, 101597	2.6	2
317	Exploring contemporary screen time in Australian adolescents: A qualitative study. <i>Health Promotion Journal of Australia</i> , 2021 , 32 Suppl 2, 238-247	1.7	6
316	A randomised-controlled feasibility study of the REgulate your SItting Time (RESIT) intervention for reducing sitting time in individuals with type 2 diabetes: study protocol. <i>Pilot and Feasibility Studies</i> , 2021 , 7, 76	1.9	1
315	Response to "Commentary on: The First Global Physical Activity and Sedentary Behavior Guidelines for People Living With Disability". <i>Journal of Physical Activity and Health</i> , 2021 , 18, 350-351	2.5	1
314	Is all activity equal? Associations between different domains of physical activity and depressive symptom severity among 261,121 European adults. <i>Depression and Anxiety</i> , 2021 , 38, 950-960	8.4	O

(2021-2021)

313	Investigating the Association Between Child Television Viewing and Measured Child Adiposity Outcomes in a Large Nationally Representative Sample of New Zealanders: A Cross-Sectional Study. <i>Journal of Physical Activity and Health</i> , 2021 , 18, 524-532	2.5	0
312	Trends in the prevalence of adult overweight and obesity in Australia, and its association with geographic remoteness. <i>Scientific Reports</i> , 2021 , 11, 11320	4.9	6
311	Device-assessed total and prolonged sitting time: associations with anxiety, depression, and health-related quality of life in adults. <i>Journal of Affective Disorders</i> , 2021 , 287, 107-114	6.6	5
310	Age-related change in sedentary behavior during childhood and adolescence: A systematic review and meta-analysis. <i>Obesity Reviews</i> , 2021 , 22, e13263	10.6	6
309	Self-reported disability and its association with obesity and physical activity in Australian adults: Results from a longitudinal study. <i>SSM - Population Health</i> , 2021 , 14, 100765	3.8	7
308	Challenges and lessons learnt from the ENJOY project: recommendations for future collaborative research implementation framework with local governments for improving the environment to promote physical activity for older people. <i>BMC Public Health</i> , 2021 , 21, 1192	4.1	3
307	Feasibility of Reducing and Breaking Up University Students' Sedentary Behaviour: Pilot Trial and Process Evaluation. <i>Frontiers in Psychology</i> , 2021 , 12, 661994	3.4	2
306	Striking the Right Balance: Evidence to Inform Combined Physical Activity and Sedentary Behavior Recommendations. <i>Journal of Physical Activity and Health</i> , 2021 , 18, 631-637	2.5	6
305	Assessment of muscle-strengthening exercise in public health surveillance for adults: A systematic review. <i>Preventive Medicine</i> , 2021 , 148, 106566	4.3	2
304	Impact of Disadvantaged Neighborhoods and Lifestyle Factors on Adult Obesity: Evidence From a 5-Year Cohort Study in Australia. <i>American Journal of Health Promotion</i> , 2021 , 35, 28-37	2.5	4
303	Yoga not a (physical) culture for men? Understanding the barriers for yoga participation among men. <i>Complementary Therapies in Clinical Practice</i> , 2021 , 42, 101262	3.5	2
302	Using the Behavior Change Wheel to Understand University Students' Prolonged Sitting Time and Identify Potential Intervention Strategies. <i>International Journal of Behavioral Medicine</i> , 2021 , 28, 360-37	, 2.6	5
301	The ENJOY Project: Usage and Factors to Support Adherence and Physical Activity Participation. Translational Journal of the American College of Sports Medicine, 2021 , 6, 1-6	1.1	4
3 00	The First Global Physical Activity and Sedentary Behavior Guidelines for People Living With Disability. <i>Journal of Physical Activity and Health</i> , 2021 , 18, 86-93	2.5	28
299	Physical Activity Tracking Among Sri Lankan Adults: Findings From a 7-Year Follow-up of the Ragama Health Study. <i>Asia-Pacific Journal of Public Health</i> , 2021 , 33, 205-212	2	О
298	Physical activity research in Australia: A view from exercise psychology and behavioural medicine. <i>Asian Journal of Sport and Exercise Psychology</i> , 2021 , 1, 12-20		
297	Physical activity and sedentary behaviour counselling: Attitudes and practices of mental health professionals. <i>PLoS ONE</i> , 2021 , 16, e0254684	3.7	О
296	Obesity, Disability and Self-Perceived Health Outcomes in Australian Adults: A Longitudinal Analysis Using 14 Annual Waves of the HILDA Cohort. <i>ClinicoEconomics and Outcomes Research</i> , 2021 , 13, 777-788	1.7	3

295	Mental health, yoga, and other holistic movement practices: A relationship worth investigating. Mental Health and Physical Activity, 2021, 21, 100427	5	1
294	Improving Practices of Mental Health Professionals in Recommending More Physical Activity and Less Sedentary Behaviour to Their Clients: An Intervention Trial. <i>Issues in Mental Health Nursing</i> , 2021 , 1-7	1.5	O
293	Age and gender differences in the relationship between obesity and disability with self-perceived employment discrimination: Results from a retrospective study of an Australian national sample. SSM - Population Health, 2021 , 16, 100923	3.8	4
292	Reducing sitting at work: process evaluation of the SMArT Work (Stand More At Work) intervention. <i>Trials</i> , 2020 , 21, 403	2.8	4
291	Gender differences in the longitudinal association between obesity, and disability with workplace absenteeism in the Australian working population. <i>PLoS ONE</i> , 2020 , 15, e0233512	3.7	11
290	Screen-time during the after-school period: A contextual perspective. <i>Preventive Medicine Reports</i> , 2020 , 19, 101116	2.6	6
289	A Cost and Cost-Benefit Analysis of the Stand More AT Work (SMArT Work) Intervention. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	7
288	How Sedentary Are University Students? A Systematic Review and Meta-Analysis. <i>Prevention Science</i> , 2020 , 21, 332-343	4	45
287	Reducing screen-time and unhealthy snacking in 9-11 year old children: the Kids FIRST pilot randomised controlled trial. <i>BMC Public Health</i> , 2020 , 20, 122	4.1	5
286	Job-Related Characteristics and Obesity in Australian Employees: Evidence From a Longitudinal Nationally Representative Sample. <i>American Journal of Health Promotion</i> , 2020 , 34, 729-739	2.5	3
285	Trends in Muscle-Strengthening Exercise Among Nationally Representative Samples of United States Adults Between 2011 and 2017. <i>Journal of Physical Activity and Health</i> , 2020 , 17, 512-518	2.5	9
284	Mental Health Benefits of Physical Activity for Young People 2020 , 121-147		2
283	Is running associated with a lower risk of all-cause, cardiovascular and cancer mortality, and is the more the better? A systematic review and meta-analysis. <i>British Journal of Sports Medicine</i> , 2020 , 54, 898-905	10.3	69
282	Muscle Strengthening, Aerobic Exercise, and Obesity: A Pooled Analysis of 1.7 Million US Adults. <i>Obesity</i> , 2020 , 28, 371-378	8	13
281	Joint and dose-dependent associations between aerobic and muscle-strengthening activity with depression: A cross-sectional study of 1.48 million adults between 2011 and 2017. <i>Depression and Anxiety</i> , 2020 , 37, 166-178	8.4	11
280	Physical Activity in Peri-Urban Communities: Testing Intentional and Implicit Processes within an Ecological Framework. <i>Applied Psychology: Health and Well-Being</i> , 2020 , 12, 357-383	6.8	2
279	activPAL and ActiGraph Assessed Sedentary Behavior and Cardiometabolic Health Markers. <i>Medicine and Science in Sports and Exercise</i> , 2020 , 52, 391-397	1.2	11
278	Infographic. Is running associated with a lower risk of all-cause, cardiovascular and cancer mortality, and is more better? A systematic review and meta-analysis. <i>British Journal of Sports Medicine</i> , 2020 , 54, 817-818	10.3	2

277	When an activity is more than just exercise: a scoping review of facilitators and barriers for yoga participation. <i>International Review of Sport and Exercise Psychology</i> , 2020 , 1-62	4.8	2
276	Changing Behavior Using Ecological Models 2020 , 237-250		11
275	World Health Organization 2020 guidelines on physical activity and sedentary behaviour. <i>British Journal of Sports Medicine</i> , 2020 , 54, 1451-1462	10.3	1192
274	New global guidelines on sedentary behaviour and health for adults: broadening the behavioural targets. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020 , 17, 151	8.4	41
273	Advancing the global physical activity agenda: recommendations for future research by the 2020 WHO physical activity and sedentary behavior guidelines development group. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020 , 17, 143	8.4	56
272	Exercise interveNtion outdoor proJect in the cOmmunitY for older people - results from the ENJOY Seniors Exercise Park project translation research in the community. <i>BMC Geriatrics</i> , 2020 , 20, 446	4.1	14
271	Physical Activity and Sedentary Behavior Research in Indonesian Youth: A Scoping Review. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	5
270	Screen-based behaviors in Australian adolescents: Longitudinal trends from a 4-year follow-up study. <i>Preventive Medicine</i> , 2020 , 141, 106258	4.3	8
269	National physical activity and sedentary behaviour policies in 76 countries: availability, comprehensiveness, implementation, and effectiveness. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020 , 17, 116	8.4	25
268	A longitudinal exploration of the relationship between obesity, and long term health condition with presenteeism in Australian workplaces, 2006-2018. <i>PLoS ONE</i> , 2020 , 15, e0238260	3.7	10
267	Trends and correlates of meeting 24-hour movement guidelines: a 15-year study among 167,577 Thai adults. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020 , 17, 106	8.4	7
266	Run, lift, or both? Associations between concurrent aerobic-muscle strengthening exercise with adverse cardiometabolic biomarkers among Korean adults. <i>European Journal of Preventive Cardiology</i> , 2020 , 27, 738-748	3.9	11
265	Obesity, Long-Term Health Problems, and Workplace Satisfaction: A Longitudinal Study of Australian Workers. <i>Journal of Community Health</i> , 2020 , 45, 288-300	4	8
264	A Descriptive Epidemiology of Screen-Based Devices by Children and Adolescents: a Scoping Review of 130 Surveillance Studies Since 2000. <i>Child Indicators Research</i> , 2020 , 13, 935-950	1.9	30
263	Trial feasibility and process evaluation of a motivationally-embellished group peer led walking intervention in retirement villages using the RE-AIM framework: the residents in action trial (RiAT). Health Psychology and Behavioral Medicine, 2019, 7, 202-233	2.2	9
262	Acute physical exercise intensity, cognitive inhibition and psychological well-being in adolescent physical education students. <i>Current Psychology</i> , 2019 , 1	1.4	3
261	The epidemiology of aerobic physical activity and muscle-strengthening activity guideline adherence among 383,928 U.S. adults. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2019 , 16, 34	8.4	58
260	Correlates of physical activity and sedentary behaviour in the Thai population: a systematic review. <i>BMC Public Health</i> , 2019 , 19, 414	4.1	13

259	Not quite city and not quite rural: Active lifestyle beliefs in peri-urban Australians. <i>Health Promotion Journal of Australia</i> , 2019 , 30 Suppl 1, 72-84	1.7	3
258	The development of the Comprehensive Analysis of Policy on Physical Activity (CAPPA) framework. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2019 , 16, 60	8.4	18
257	Office workers' experiences of attempts to reduce sitting-time: an exploratory, mixed-methods uncontrolled intervention pilot study. <i>BMC Public Health</i> , 2019 , 19, 819	4.1	13
256	Associations Between Trajectories of Leisure-Time Physical Activity and Television Viewing Time Across Adulthood: The Cardiovascular Risk in Young Finns Study. <i>Journal of Physical Activity and Health</i> , 2019 , 16, 1078-1084	2.5	2
255	A brief history of exercise psychology. 2019 , 3-26		3
254	A systematic review of instruments for the analysis of national-level physical activity and sedentary behaviour policies. <i>Health Research Policy and Systems</i> , 2019 , 17, 86	3.7	4
253	Standardised criteria for classifying the International Classification of Activities for Time-use Statistics (ICATUS) activity groups into sleep, sedentary behaviour, and physical activity. International Journal of Behavioral Nutrition and Physical Activity, 2019, 16, 106	8.4	2
252	Controversies in the Science of Sedentary Behaviour and Health: Insights, Perspectives and Future directions from the 2018 Queensland Sedentary Behaviour Think Tank. <i>International Journal of Environmental Research and Public Health</i> , 2019 , 16,	4.6	21
251	Physical activity and mental health in children and adolescents: An updated review of reviews and an analysis of causality. <i>Psychology of Sport and Exercise</i> , 2019 , 42, 146-155	4.2	280
250	Inactive lifestyles in peri-urban Australia: A qualitative examination of social and physical environmental determinants. <i>Health Promotion Journal of Australia</i> , 2019 , 30, 153-162	1.7	6
249	Effectiveness of interventions for reducing non-occupational sedentary behaviour in adults and older adults: a systematic review and meta-analysis. <i>British Journal of Sports Medicine</i> , 2019 , 53, 1206-12	213.3	40
248	Participant characteristics of users of holistic movement practices in Australia. <i>Complementary Therapies in Clinical Practice</i> , 2018 , 31, 181-187	3.5	11
247	Outdoor physical activity for older people-the senior exercise park: Current research, challenges and future directions. <i>Health Promotion Journal of Australia</i> , 2018 , 29, 353-359	1.7	19
246	Sedentary Behaviour at the Individual Level: Correlates, Theories, and Interventions. <i>Springer Series on Epidemiology and Public Health</i> , 2018 , 405-429	0.4	6
245	Sedentary Behaviors and Adiposity in Young People: Causality and Conceptual Model. <i>Exercise and Sport Sciences Reviews</i> , 2018 , 46, 18-25	6.7	33
244	Physical activity and sedentary behaviour research in Thailand: a systematic scoping review. <i>BMC Public Health</i> , 2018 , 18, 733	4.1	14
243	Feasibility for the Use of a Standardized Fitness Testing Protocol Among Australian Fitness Industry Professionals. <i>Research Quarterly for Exercise and Sport</i> , 2018 , 89, 380-385	1.9	
242	Self-reported domain-specific and accelerometer-based physical activity and sedentary behaviour in relation to psychological distress among an urban Asian population. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2018 , 15, 36	8.4	20

241	The influence of a consumer-wearable activity tracker on sedentary time and prolonged sedentary bouts: secondary analysis of a randomized controlled trial. <i>BMC Research Notes</i> , 2018 , 11, 189	2.3	16	
240	Stand More AT Work (SMArT Work): using the behaviour change wheel to develop an intervention to reduce sitting time in the workplace. <i>BMC Public Health</i> , 2018 , 18, 319	4.1	42	
239	Clustering and correlates of screen-time and eating behaviours among young children. <i>BMC Public Health</i> , 2018 , 18, 753	4.1	16	
238	Australian fitness professionals' level of interest in engaging with high health-risk population subgroups: findings from a national survey. <i>Public Health</i> , 2018 , 160, 108-115	4	0	
237	Assessment and monitoring practices of Australian fitness professionals. <i>Journal of Science and Medicine in Sport</i> , 2018 , 21, 433-438	4.4	4	
236	Muscle-Strengthening Exercise Among 397,423 U.S. Adults: Prevalence, Correlates, and Associations With Health Conditions. <i>American Journal of Preventive Medicine</i> , 2018 , 55, 864-874	6.1	39	
235	A global systematic scoping review of studies analysing indicators, development, and content of national-level physical activity and sedentary behaviour policies. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2018 , 15, 123	8.4	22	
234	Equity of a government subsidised exercise referral scheme: A population study. <i>Social Science and Medicine</i> , 2018 , 216, 20-25	5.1	3	
233	Correlates of sedentary behaviour in university students: A systematic review. <i>Preventive Medicine</i> , 2018 , 116, 194-202	4.3	31	
232	Effectiveness of the Stand More AT (SMArT) Work intervention: cluster randomised controlled trial. <i>BMJ, The</i> , 2018 , 363, k3870	5.9	76	
231	A three arm cluster randomised controlled trial to test the effectiveness and cost-effectiveness of the SMART Work & Life intervention for reducing daily sitting time in office workers: study protocol. <i>BMC Public Health</i> , 2018 , 18, 1120	4.1	11	
230	Long-term determinants of changes in television viewing time in adults: Prospective analyses from the Young Finns Study. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018 , 28, 2723-2733	4.6	2	
229	A cluster randomized controlled trial comparing the effectiveness of an individual planning intervention with collaborative planning in adolescent friendship dyads to enhance physical activity (TWOgether). <i>BMC Public Health</i> , 2018 , 18, 911	4.1	48	
228	The association between obesity related health risk and fitness test results in the British Army personnel. <i>Journal of Science and Medicine in Sport</i> , 2018 , 21, 1173-1177	4.4	7	
227	Individual, behavioural and home environmental factors associated with eating behaviours in young adolescents. <i>Appetite</i> , 2017 , 112, 35-43	4.5	43	
226	Reducing sedentary time in adults at risk of type 2 diabetes: process evaluation of the STAND (Sedentary Time ANd Diabetes) RCT. <i>BMC Public Health</i> , 2017 , 17, 80	4.1	7	
225	Sitting behaviour is not associated with incident diabetes over 13 years: the Whitehall II cohort study. <i>British Journal of Sports Medicine</i> , 2017 , 51, 818-823	10.3	16	
224	Self-reported health-enhancing physical activity recommendation adherence among 64,380 finnish adults. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2017 , 27, 1842-1853	4.6	32	

223	The effects of supervised exercise training 12-24 months after bariatric surgery on physical function and body composition: a randomised controlled trial. <i>International Journal of Obesity</i> , 2017 , 41, 909-916	5.5	65
222	Associations of moderate-to-vigorous-intensity physical activity and body mass index with glycated haemoglobin within the general population: a cross-sectional analysis of the 2008 Health Survey for England. <i>BMJ Open</i> , 2017 , 7, e014456	3	6
221	Screen Time, Other Sedentary Behaviours, and Obesity Risk in Adults: A Review of Reviews. <i>Current Obesity Reports</i> , 2017 , 6, 134-147	8.4	82
220	Sources of practice knowledge among Australian fitness trainers. <i>Translational Behavioral Medicine</i> , 2017 , 7, 741-750	3.2	4
219	Sedentary Behavior Research Network (SBRN) - Terminology Consensus Project process and outcome. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017 , 14, 75	8.4	1318
218	Sedentary behaviour and adiposity in youth: a systematic review of reviews and analysis of causality. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017 , 14, 43	8.4	100
217	Weekend warrior physical activity pattern and common mental disorder: a population wide study of 108,011 British adults. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017 , 14, 96	8.4	13
216	Harmonising data on the correlates of physical activity and sedentary behaviour in young people: Methods and lessons learnt from the international Children's Accelerometry database (ICAD). International Journal of Behavioral Nutrition and Physical Activity, 2017 , 14, 174	8.4	7
215	The ReSiT study (reducing sitting time): rationale and protocol for an exploratory pilot study of an intervention to reduce sitting time among office workers. <i>Pilot and Feasibility Studies</i> , 2017 , 3, 47	1.9	6
214	Sedentary time in older adults: a critical review of measurement, associations with health, and interventions. <i>British Journal of Sports Medicine</i> , 2017 , 51, 1539	10.3	114
213	Sedentary time in older men and women: an international consensus statement and research priorities. <i>British Journal of Sports Medicine</i> , 2017 , 51, 1526-1532	10.3	59
212	Cross-sectional surveillance study to phenotype lorry drivers' sedentary behaviours, physical activity and cardio-metabolic health. <i>BMJ Open</i> , 2017 , 7, e013162	3	17
211	Protocol for the residents in action pilot cluster randomised controlled trial (RiAT): evaluating a behaviour change intervention to promote walking, reduce sitting and improve mental health in physically inactive older adults in retirement villages. <i>BMJ Open</i> , 2017 , 7, e015543	3	7
210	Study design and protocol for a mixed methods evaluation of an intervention to reduce and break up sitting time in primary school classrooms in the UK: The CLASS PAL (Physically Active Learning) Programme. <i>BMJ Open</i> , 2017 , 7, e019428	3	6
209	Tracking of Television Viewing Time during Adulthood: The Young Finns Study. <i>Medicine and Science in Sports and Exercise</i> , 2017 , 49, 71-77	1.2	6
208	Clustering and correlates of screen-time and eating behaviours among young adolescents. <i>BMC Public Health</i> , 2017 , 17, 533	4.1	22
207	Participation trends in holistic movement practices: a 10-year comparison of yoga/Pilates and t'ai chi/qigong use among a national sample of 195,926 Australians. <i>BMC Complementary and Alternative Medicine</i> , 2017 , 17, 296	4.7	25
206	Concurrent Validity of Actigraph-Determined Sedentary Time Against the Activpal Under Free-Living Conditions in a Sample of Bus Drivers. <i>Measurement in Physical Education and Exercise</i>	1.9	8

205	Too much sitting and all-cause mortality: is there a causal link?. BMC Public Health, 2016, 16, 635	4.1	75
204	Physical Activity for Cognitive and Mental Health in Youth: A Systematic Review of Mechanisms. <i>Pediatrics</i> , 2016 , 138,	7.4	423
203	Welcome from the Congress Chair. Journal of Aging and Physical Activity, 2016, 24, S1-S2	1.6	
202	Using Sit-to-Stand Workstations in Offices: Is There a Compensation Effect?. <i>Medicine and Science in Sports and Exercise</i> , 2016 , 48, 720-5	1.2	58
201	Are Active Video Games Associated With Less Screen Media or Conventional Physical Activity?. <i>Games and Culture</i> , 2016 , 11, 608-624	1.9	6
200	Time spent sitting during and outside working hours in bus drivers: A pilot study. <i>Preventive Medicine Reports</i> , 2016 , 3, 36-9	2.6	19
199	How to reduce sitting time? A review of behaviour change strategies used in sedentary behaviour reduction interventions among adults. <i>Health Psychology Review</i> , 2016 , 10, 89-112	7.1	260
198	The descriptive epidemiology of total physical activity, muscle-strengthening exercises and sedentary behaviour among Australian adultsresults from the National Nutrition and Physical Activity Survey. <i>BMC Public Health</i> , 2016 , 16, 73	4.1	85
197	Associations of mutually exclusive categories of physical activity and sedentary time with markers of cardiometabolic health in English adults: a cross-sectional analysis of the Health Survey for England. <i>BMC Public Health</i> , 2016 , 16, 25	4.1	64
196	Health Promotion Board-Ministry of Health Clinical Practice Guidelines: Obesity. <i>Singapore Medical Journal</i> , 2016 , 57, 292-300	1.9	27
195	Pumping Iron in Australia: Prevalence, Trends and Sociodemographic Correlates of Muscle Strengthening Activity Participation from a National Sample of 195,926 Adults. <i>PLoS ONE</i> , 2016 , 11, e0	1 <i>3</i> 322!	₅ 55
194	Devices for Self-Monitoring Sedentary Time or Physical Activity: A Scoping Review. <i>Journal of Medical Internet Research</i> , 2016 , 18, e90	7.6	78
193	Variations in area-level disadvantage of Australian registered fitness trainers usual training locations. <i>BMC Public Health</i> , 2016 , 16, 551	4.1	7
192	Physical activity and mental health: evidence is growing. World Psychiatry, 2016, 15, 176-7	14.4	81
191	Changes in physical activity behaviour and physical function after bariatric surgery: a systematic review and meta-analysis. <i>Obesity Reviews</i> , 2016 , 17, 250-61	10.6	84
190	The relationship of moderate-to-vigorous physical activity to cognitive processing in adolescents: findings from the ALSPAC birth cohort. <i>Psychological Research</i> , 2015 , 79, 715-28	2.5	21
189	The effectiveness of interventions to increase physical activity among adolescent girls: a meta-analysis. <i>Academic Pediatrics</i> , 2015 , 15, 9-18	2.7	76
188	Sedentary behaviour and diet across the lifespan: an updated systematic review. <i>British Journal of Sports Medicine</i> , 2015 , 49, 1179-88	10.3	94

187	High-intensity interval exercise training for public health: a big HIT or shall we HIT it on the head?. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2015 , 12, 95	8.4	183
186	Accounting for Sitting and Moving: An Analysis of Sedentary Behavior in Mass Media Campaigns. Journal of Physical Activity and Health, 2015 , 12, 1198-204	2.5	7
185	Providing NHS staff with height-adjustable workstations and behaviour change strategies to reduce workplace sitting time: protocol for the Stand More AT (SMArT) Work cluster randomised controlled trial. <i>BMC Public Health</i> , 2015 , 15, 1219	4.1	21
184	Associations of Sedentary Time with Fat Distribution in a High-Risk Population. <i>Medicine and Science in Sports and Exercise</i> , 2015 , 47, 1727-34	1.2	21
183	Energy expenditure during common sitting and standing tasks: examining the 1.5 MET definition of sedentary behaviour. <i>BMC Public Health</i> , 2015 , 15, 516	4.1	105
182	Awareness of moderate-to-vigorous physical activity: can information on guidelines prevent overestimation?. <i>BMC Public Health</i> , 2015 , 15, 392	4.1	12
181	A Randomised Controlled Trial to Reduce Sedentary Time in Young Adults at Risk of Type 2 Diabetes Mellitus: Project STAND (Sedentary Time ANd Diabetes). <i>PLoS ONE</i> , 2015 , 10, e0143398	3.7	47
180	Messages to promote physical activity: Are descriptors of required duration and intensity related to intentions to be more active?. <i>Journal of Education and Health Promotion</i> , 2015 , 4, 77	1.4	2
179	Sedentary Behaviour: Applying the Behavioural Epidemiological Framework 2015 , 71-77		0
178	Using threshold messages to promote physical activity: implications for public perceptions of health effects. <i>European Journal of Public Health</i> , 2014 , 24, 195-9	2.1	17
177	The relationship between sedentary behaviour and physical activity in adults: a systematic review. <i>Preventive Medicine</i> , 2014 , 69, 28-35	4.3	117
176	Associations between sedentary behaviour and physical activity in children and adolescents: a meta-analysis. <i>Obesity Reviews</i> , 2014 , 15, 666-75	10.6	198
175	Managing sedentary behavior to reduce the risk of diabetes and cardiovascular disease. <i>Current Diabetes Reports</i> , 2014 , 14, 522	5.6	106
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