

Stuart J H Biddle

List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

330
papers

24,541
citations

76
h-index

150
g-index

353
ext. papers

29,605
ext. citations

4
avg, IF

7.35
L-index

#	Paper	IF	Citations
330	Sedentary Behavior Research Network (SBRN) - Terminology Consensus Project process and outcome. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017 , 14, 75	8.4	1318
329	World Health Organization 2020 guidelines on physical activity and sedentary behaviour. <i>British Journal of Sports Medicine</i> , 2020 , 54, 1451-1462	10.3	1192
328	Sedentary time in adults and the association with diabetes, cardiovascular disease and death: systematic review and meta-analysis. <i>Diabetologia</i> , 2012 , 55, 2895-905	10.3	1100
327	Physical activity and mental health in children and adolescents: a review of reviews. <i>British Journal of Sports Medicine</i> , 2011 , 45, 886-95	10.3	1026
326	A Meta-Analytic Review of the Theories of Reasoned Action and Planned Behavior in Physical Activity: Predictive Validity and the Contribution of Additional Variables. <i>Journal of Sport and Exercise Psychology</i> , 2002 , 24, 3-32	1.5	937
325	Relationships between media use, body fatness and physical activity in children and youth: a meta-analysis. <i>International Journal of Obesity</i> , 2004 , 28, 1238-46	5.5	692
324	Family correlates of fruit and vegetable consumption in children and adolescents: a systematic review. <i>Public Health Nutrition</i> , 2009 , 12, 267-83	3.3	502
323	Health-enhancing physical activity and sedentary behaviour in children and adolescents. <i>Journal of Sports Sciences</i> , 2004 , 22, 679-701	3.6	490
322	The transtheoretical model of behavior change: a meta-analysis of applications to physical activity and exercise. <i>Annals of Behavioral Medicine</i> , 2001 , 23, 229-46	4.5	425
321	Physical Activity for Cognitive and Mental Health in Youth: A Systematic Review of Mechanisms. <i>Pediatrics</i> , 2016 , 138,	7.4	423
320	Tracking of sedentary behaviours of young people: a systematic review. <i>Preventive Medicine</i> , 2010 , 51, 345-51	4.3	410
319	Sedentary behavior and dietary intake in children, adolescents, and adults. A systematic review. <i>American Journal of Preventive Medicine</i> , 2011 , 41, 178-88	6.1	374
318	Methods of Measurement in epidemiology: sedentary Behaviour. <i>International Journal of Epidemiology</i> , 2012 , 41, 1460-71	7.8	356
317	An assessment of self-reported physical activity instruments in young people for population surveillance: Project ALPHA. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2011 , 8, 1	8.4	353
316	The Processes by Which Perceived Autonomy Support in Physical Education Promotes Leisure-Time Physical Activity Intentions and Behavior: A Trans-Contextual Model.. <i>Journal of Educational Psychology</i> , 2003 , 95, 784-795	5.3	330
315	Association of sedentary behaviour with metabolic syndrome: a meta-analysis. <i>PLoS ONE</i> , 2012 , 7, e34916	5.7	307
314	Physical activity and mental health in children and adolescents: An updated review of reviews and an analysis of causality. <i>Psychology of Sport and Exercise</i> , 2019 , 42, 146-155	4.2	280

313	A review of mediators of behavior in interventions to promote physical activity among children and adolescents. <i>Preventive Medicine</i> , 2008 , 47, 463-70	4.3	278
312	Interrupting long periods of sitting: good STUFF. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2013 , 10, 1	8.4	272
311	Perceived locus of causality, goal orientations, and perceived competence in school physical education classes. <i>British Journal of Educational Psychology</i> , 1994 , 64 (Pt 3), 453-63	3.2	262
310	How to reduce sitting time? A review of behaviour change strategies used in sedentary behaviour reduction interventions among adults. <i>Health Psychology Review</i> , 2016 , 10, 89-112	7.1	260
309	Health Enhancing Physical Activity for Young People: Statement of the United Kingdom Expert Consensus Conference. <i>Pediatric Exercise Science</i> , 2001 , 13, 12-25	2	259
308	A review of motivational climate in physical activity. <i>Journal of Sports Sciences</i> , 1999 , 17, 643-65	3.6	252
307	A descriptive epidemiology of screen-based media use in youth: a review and critique. <i>Journal of Adolescence</i> , 2006 , 29, 333-49	3.4	232
306	Associations of objectively measured sedentary behaviour and physical activity with markers of cardiometabolic health. <i>Diabetologia</i> , 2013 , 56, 1012-20	10.3	226
305	Research methods in sport and exercise psychology: quantitative and qualitative issues. <i>Journal of Sports Sciences</i> , 2001 , 19, 777-809	3.6	225
304	Active video games and health indicators in children and youth: a systematic review. <i>PLoS ONE</i> , 2013 , 8, e65351	3.7	217
303	Couch kids: correlates of television viewing among youth. <i>International Journal of Behavioral Medicine</i> , 2004 , 11, 152-63	2.6	205
302	Associations between sedentary behaviour and physical activity in children and adolescents: a meta-analysis. <i>Obesity Reviews</i> , 2014 , 15, 666-75	10.6	198
301	Correlates of physical activity in youth: a review of quantitative systematic reviews. <i>International Review of Sport and Exercise Psychology</i> , 2011 , 4, 25-49	4.8	196
300	Physical activity and sedentary behaviours in youth: issues and controversies. <i>Perspectives in Public Health</i> , 2004 , 124, 29-33		193
299	High-intensity interval exercise training for public health: a big HIT or shall we HIT it on the head?. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2015 , 12, 95	8.4	183
298	A Meta-Analysis of Perceived Locus of Causality in Exercise, Sport, and Physical Education Contexts. <i>Journal of Sport and Exercise Psychology</i> , 2003 , 25, 284-306	1.5	172
297	The influence of self-efficacy and past behaviour on the physical activity intentions of young people. <i>Journal of Sports Sciences</i> , 2001 , 19, 711-25	3.6	171
296	Correlates of Participation in Physical Activity for Adolescent Girls: A Systematic Review of Recent Literature. <i>Journal of Physical Activity and Health</i> , 2005 , 2, 423-434	2.5	167

295	Physical activity interventions and depression in children and adolescents : a systematic review and meta-analysis. <i>Sports Medicine</i> , 2013 , 43, 195-206	10.6	166
294	Clustering of Sedentary Behaviors and Physical Activity among Youth: A Cross-National Study. <i>Pediatric Exercise Science</i> , 2002 , 14, 401-417	2	160
293	Family correlates of breakfast consumption among children and adolescents. A systematic review. <i>Appetite</i> , 2009 , 52, 1-7	4.5	158
292	Young People's Motivational Profiles in Physical Activity: A Cluster Analysis. <i>Journal of Sport and Exercise Psychology</i> , 2001 , 23, 1-22	1.5	153
291	The influence of autonomous and controlling motives on physical activity intentions within the Theory of Planned Behaviour. <i>British Journal of Health Psychology</i> , 2002 , 7, 283-297	8.3	143
290	Accumulating brisk walking for fitness, cardiovascular risk, and psychological health. <i>Medicine and Science in Sports and Exercise</i> , 2002 , 34, 1468-74	1.2	143
289	The prevalence of sedentary behavior and physical activity in leisure time: A study of Scottish adolescents using ecological momentary assessment. <i>Preventive Medicine</i> , 2009 , 48, 151-5	4.3	141
288	The 2 nd achievement goal framework in a physical education context. <i>Psychology of Sport and Exercise</i> , 2007 , 8, 147-168	4.2	122
287	Perceived motivational climate and intrinsic motivation in school physical education classes. <i>European Journal of Psychology of Education</i> , 1994 , 9, 241-250	2.3	122
286	Motivation for physical activity in young people: entity and incremental beliefs about athletic ability. <i>Journal of Sports Sciences</i> , 2003 , 21, 973-89	3.6	119
285	The relationship between sedentary behaviour and physical activity in adults: a systematic review. <i>Preventive Medicine</i> , 2014 , 69, 28-35	4.3	117
284	Interventions designed to reduce sedentary behaviours in young people: a review of reviews. <i>British Journal of Sports Medicine</i> , 2014 , 48, 182-6	10.3	116
283	Sedentary time in older adults: a critical review of measurement, associations with health, and interventions. <i>British Journal of Sports Medicine</i> , 2017 , 51, 1539	10.3	114
282	Exercise makes people feel better but people are inactive: paradox or artifact?. <i>Journal of Sport and Exercise Psychology</i> , 2007 , 29, 498-517	1.5	114
281	Correlates of achievement goal orientations in physical activity: A systematic review of research. <i>European Journal of Sport Science</i> , 2003 , 3, 1-20	3.9	114
280	Managing sedentary behavior to reduce the risk of diabetes and cardiovascular disease. <i>Current Diabetes Reports</i> , 2014 , 14, 522	5.6	106
279	Adolescent girls' perceptions of physical activity: A focus group study. <i>European Physical Education Review</i> , 2008 , 14, 243-262	2.8	106
278	Energy expenditure during common sitting and standing tasks: examining the 1.5 MET definition of sedentary behaviour. <i>BMC Public Health</i> , 2015 , 15, 516	4.1	105

277	Sedentary behaviour and adiposity in youth: a systematic review of reviews and analysis of causality. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017 , 14, 43	8.4	100
276	Parenting styles, family structure and adolescent dietary behaviour. <i>Public Health Nutrition</i> , 2010 , 13, 1245-53	3.3	97
275	Achievement goal profiles in school physical education: differences in self-determination, sport ability beliefs, and physical activity. <i>British Journal of Educational Psychology</i> , 2002 , 72, 433-45	3.2	95
274	Sedentary behaviour and diet across the lifespan: an updated systematic review. <i>British Journal of Sports Medicine</i> , 2015 , 49, 1179-88	10.3	94
273	Is television viewing a suitable marker of sedentary behavior in young people?. <i>Annals of Behavioral Medicine</i> , 2009 , 38, 147-53	4.5	93
272	A self-determination theory approach to the study of intentions and the intention-behaviour relationship in children's physical activity. <i>British Journal of Health Psychology</i> , 1997 , 2, 343-360	8.3	93
271	Critical hours: physical activity and sedentary behavior of adolescents after school. <i>Pediatric Exercise Science</i> , 2008 , 20, 446-56	2	92
270	The descriptive epidemiology of total physical activity, muscle-strengthening exercises and sedentary behaviour among Australian adults--results from the National Nutrition and Physical Activity Survey. <i>BMC Public Health</i> , 2016 , 16, 73	4.1	85
269	International Olympic Committee consensus statement on the health and fitness of young people through physical activity and sport. <i>British Journal of Sports Medicine</i> , 2011 , 45, 839-48	10.3	85
268	Antecedents of children's physical activity intentions and behaviour: Predictive validity and longitudinal effects. <i>Psychology and Health</i> , 2001 , 16, 391-407	2.9	84
267	Children's task and ego goal profiles in sport. <i>British Journal of Educational Psychology</i> , 1994 , 64 (Pt 2), 253-61	3.2	84
266	Changes in physical activity behaviour and physical function after bariatric surgery: a systematic review and meta-analysis. <i>Obesity Reviews</i> , 2016 , 17, 250-61	10.6	84
265	Exercise as an adjunct treatment for schizophrenia: A review of the literature. <i>Journal of Mental Health</i> , 1999 , 8, 441-457	2.7	83
264	CHILDREN'S ACHIEVEMENT GOALS AND BELIEFS ABOUT SUCCESS IN SPORT. <i>British Journal of Educational Psychology</i> , 1992 , 62, 313-323	3.2	83
263	Screen Time, Other Sedentary Behaviours, and Obesity Risk in Adults: A Review of Reviews. <i>Current Obesity Reports</i> , 2017 , 6, 134-147	8.4	82
262	Sedentary behaviour interventions in young people: a meta-analysis. <i>British Journal of Sports Medicine</i> , 2011 , 45, 937-42	10.3	81
261	Achievement Goal Orientations and Intrinsic Motivation in Physical Fitness Testing with Children. <i>Pediatric Exercise Science</i> , 1994 , 6, 159-167	2	81
260	Physical activity and mental health: evidence is growing. <i>World Psychiatry</i> , 2016 , 15, 176-7	14.4	81

259	Devices for Self-Monitoring Sedentary Time or Physical Activity: A Scoping Review. <i>Journal of Medical Internet Research</i> , 2016 , 18, e90	7.6	78
258	Analysis of children's physical activity and its association with adult encouragement and social cognitive variables. <i>Journal of School Health</i> , 1996 , 66, 75-8	2.1	77
257	The effectiveness of interventions to increase physical activity among adolescent girls: a meta-analysis. <i>Academic Pediatrics</i> , 2015 , 15, 9-18	2.7	76
256	Patterns of sedentary behaviour and physical activity among adolescents in the United Kingdom: Project STIL. <i>Journal of Behavioral Medicine</i> , 2007 , 30, 521-31	3.6	76
255	Effectiveness of the Stand More AT (SMARt) Work intervention: cluster randomised controlled trial. <i>BMJ, The</i> , 2018 , 363, k3870	5.9	76
254	Too much sitting and all-cause mortality: is there a causal link?. <i>BMC Public Health</i> , 2016 , 16, 635	4.1	75
253	Patterns of adolescent physical activity and dietary behaviours. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2009 , 6, 45	8.4	75
252	Personal and Situational Factors Influencing Intrinsic Interest of Adolescent Girls in School Physical Education: a structural equation modelling analysis. <i>Educational Psychology</i> , 1996 , 16, 305-315	2.2	73
251	Exercise and psychosocial health. <i>Research Quarterly for Exercise and Sport</i> , 1995 , 66, 292-7	1.9	72
250	Temporal and environmental patterns of sedentary and active behaviors during adolescents' leisure time. <i>International Journal of Behavioral Medicine</i> , 2009 , 16, 278-86	2.6	71
249	The use of pedometers for monitoring physical activity in children and adolescents: measurement considerations. <i>Journal of Physical Activity and Health</i> , 2013 , 10, 249-62	2.5	69
248	It Ain't What You Do, It's the Way that You Do It! Teaching Style Affects Children's Motivation in Track and Field Lessons. <i>Sport Psychologist</i> , 1995 , 9, 254-264	1	69
247	Is running associated with a lower risk of all-cause, cardiovascular and cancer mortality, and is the more the better? A systematic review and meta-analysis. <i>British Journal of Sports Medicine</i> , 2020 , 54, 898-905	10.3	69
246	Development of scales to measure perceived physical education class climate: a cross-national project. <i>British Journal of Educational Psychology</i> , 1995 , 65 (Pt 3), 341-58	3.2	68
245	Functional significance of psychological variables that are included in the Theory of Planned Behaviour: a Self-Determination Theory approach to the study of attitudes, subjective norms, perceptions of control and intentions. <i>European Journal of Social Psychology</i> , 1998 , 28, 303-322	2.9	67
244	Affect and achievement goals in physical activity: a meta-analysis. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 1999 , 9, 315-32	4.6	67
243	Interventions to promote physical activity in young people conducted in the hours immediately after school: a systematic review. <i>International Journal of Behavioral Medicine</i> , 2011 , 18, 176-87	2.6	66
242	Sedentary behavior. <i>American Journal of Preventive Medicine</i> , 2007 , 33, 502-4	6.1	66

241	Physical Self-Concept in Adolescence: Generalizability of a Multidimensional, Hierarchical Model Across Gender and Grade. <i>Educational and Psychological Measurement</i> , 2005 , 65, 297-322	3.1	66
240	Psychology of Physical Activity		66
239	The effects of supervised exercise training 12-24 months after bariatric surgery on physical function and body composition: a randomised controlled trial. <i>International Journal of Obesity</i> , 2017 , 41, 909-916	5.5	65
238	Associations of mutually exclusive categories of physical activity and sedentary time with markers of cardiometabolic health in English adults: a cross-sectional analysis of the Health Survey for England. <i>BMC Public Health</i> , 2016 , 16, 25	4.1	64
237	Attitudes and exercise adherence: test of the Theories of Reasoned Action and Planned Behaviour. <i>Journal of Sports Sciences</i> , 1999 , 17, 269-81	3.6	64
236	Mental health nursing and the promotion of physical activity. <i>Journal of Psychiatric and Mental Health Nursing</i> , 2002 , 9, 659-65	2.4	63
235	Children's physical activity: an exploratory study of psychological correlates. <i>Social Science and Medicine</i> , 1992 , 34, 325-31	5.1	63
234	The relationship of coping and its perceived effectiveness to positive and negative affect in sport. <i>Personality and Individual Differences</i> , 1998 , 24, 773-788	3.3	60
233	Sedentary time in older men and women: an international consensus statement and research priorities. <i>British Journal of Sports Medicine</i> , 2017 , 51, 1526-1532	10.3	59
232	The epidemiology of aerobic physical activity and muscle-strengthening activity guideline adherence among 383,928 U.S. adults. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2019 , 16, 34	8.4	58
231	Using Sit-to-Stand Workstations in Offices: Is There a Compensation Effect?. <i>Medicine and Science in Sports and Exercise</i> , 2016 , 48, 720-5	1.2	58
230	The effectiveness of interventions to increase physical activity among young girls: a meta-analysis. <i>Preventive Medicine</i> , 2014 , 62, 119-31	4.3	57
229	Family influences on children's physical activity and fruit and vegetable consumption. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2009 , 6, 34	8.4	57
228	Goal orientations and conceptions of the nature of sport ability in children: A social cognitive approach. <i>British Journal of Social Psychology</i> , 1996 , 35, 399-414	6.8	57
227	The prevalence of leisure time sedentary behaviour and physical activity in adolescent girls: an ecological momentary assessment approach. <i>Pediatric Obesity</i> , 2007 , 2, 227-34		56
226	Advancing the global physical activity agenda: recommendations for future research by the 2020 WHO physical activity and sedentary behavior guidelines development group. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020 , 17, 143	8.4	56
225	Pumping Iron in Australia: Prevalence, Trends and Sociodemographic Correlates of Muscle Strengthening Activity Participation from a National Sample of 195,926 Adults. <i>PLoS ONE</i> , 2016 , 11, e0153225	3.7	55
224	Lack of knowledge of physical activity guidelines: can physical activity promotion campaigns do better?. <i>BMJ Open</i> , 2013 , 3, e003633	3	54

223	The relationship between competitive anxiety, achievement goals, and motivational climates. <i>Research Quarterly for Exercise and Sport</i> , 1998 , 69, 176-87	1.9	53
222	Psychology of Physical Activity and Exercise. <i>Contributions To Psychology and Medicine</i> , 1991 ,		52
221	Carbohydrate ingestion during prolonged high-intensity intermittent exercise: impact on affect and perceived exertion. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2007 , 17, 605-10	4.6	51
220	Effect of carbohydrate and prolonged exercise on affect and perceived exertion. <i>Medicine and Science in Sports and Exercise</i> , 2005 , 37, 1768-73	1.2	51
219	The Cognitive Processes by which Perceived Locus of Causality Predicts Participation in Physical Activity. <i>Journal of Health Psychology</i> , 2002 , 7, 685-99	3.1	51
218	Exercise and mental health: it's just not psychology!. <i>Journal of Sports Sciences</i> , 2001 , 19, 433-44	3.6	51
217	Motivation and self-perception profiles and links with physical activity in adolescent girls. <i>Journal of Adolescence</i> , 2003 , 26, 687-701	3.4	50
216	Associations of sedentary behavior and physical activity with psychological distress: a cross-sectional study from Singapore. <i>BMC Public Health</i> , 2013 , 13, 885	4.1	49
215	The mediating role of coping strategies on the relationship between achievement motivation and affect in sport. <i>Anxiety, Stress and Coping</i> , 1999 , 12, 299-327	3.1	49
214	A cluster randomized controlled trial comparing the effectiveness of an individual planning intervention with collaborative planning in adolescent friendship dyads to enhance physical activity (TWOgether). <i>BMC Public Health</i> , 2018 , 18, 911	4.1	48
213	Understanding motivation in sport: An experimental test of achievement goal and self determination theories. <i>European Journal of Sport Science</i> , 2006 , 6, 43-51	3.9	47
212	A Randomised Controlled Trial to Reduce Sedentary Time in Young Adults at Risk of Type 2 Diabetes Mellitus: Project STAND (Sedentary Time ANd Diabetes). <i>PLoS ONE</i> , 2015 , 10, e0143398	3.7	47
211	"I'm on it 24/7 at the moment": a qualitative examination of multi-screen viewing behaviours among UK 10-11 year olds. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2011 , 8, 85	8.4	46
210	How Sedentary Are University Students? A Systematic Review and Meta-Analysis. <i>Prevention Science</i> , 2020 , 21, 332-343	4	45
209	Non-occupational sitting and mental well-being in employed adults. <i>Annals of Behavioral Medicine</i> , 2012 , 43, 181-8	4.5	45
208	The prevalence of leisure time sedentary behaviour and physical activity in adolescent boys: an ecological momentary assessment approach. <i>Pediatric Obesity</i> , 2009 , 4, 289-98		45
207	Exercise psychology: A view from Europe. <i>Psychology of Sport and Exercise</i> , 2009 , 10, 410-419	4.2	45
206	Individual, behavioural and home environmental factors associated with eating behaviours in young adolescents. <i>Appetite</i> , 2017 , 112, 35-43	4.5	43

205	Assessing cognitive interference in sport: Development of the thought occurrence questionnaire for sport. <i>Anxiety, Stress and Coping</i> , 2000 , 13, 65-86	3.1	43
204	A Prospective Study of the Relationships Between Motivational Orientations and Perceived Competence with Intrinsic Motivation and Achievement in a Teacher Education Course. <i>Educational Psychology</i> , 1995 , 15, 89-96	2.2	43
203	Participation in community sports centres: motives and predictors of enjoyment. <i>Journal of Sports Sciences</i> , 1993 , 11, 249-56	3.6	43
202	Stand More AT Work (SMARt Work): using the behaviour change wheel to develop an intervention to reduce sitting time in the workplace. <i>BMC Public Health</i> , 2018 , 18, 319	4.1	42
201	An experimental test of self-theories of ability in youth sport. <i>Psychology of Sport and Exercise</i> , 2006 , 7, 255-267	4.2	42
200	Family circumstance, sedentary behaviour and physical activity in adolescents living in England: Project STIL. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2009 , 6, 33	8.4	41
199	Motivation and Perceptions of Control: Tracing Its Development and Plotting Its Future in Exercise and Sport Psychology. <i>Journal of Sport and Exercise Psychology</i> , 1999 , 21, 1-23	1.5	41
198	New global guidelines on sedentary behaviour and health for adults: broadening the behavioural targets. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020 , 17, 151	8.4	41
197	Effectiveness of interventions for reducing non-occupational sedentary behaviour in adults and older adults: a systematic review and meta-analysis. <i>British Journal of Sports Medicine</i> , 2019 , 53, 1206-1213	19.3	40
196	Muscle-Strengthening Exercise Among 397,423 U.S. Adults: Prevalence, Correlates, and Associations With Health Conditions. <i>American Journal of Preventive Medicine</i> , 2018 , 55, 864-874	6.1	39
195	Intrinsic motivation towards sports in Singaporean students: the role of sport ability beliefs. <i>Journal of Health Psychology</i> , 2003 , 8, 515-23	3.1	38
194	The prevalence of sedentary behaviours and physical activity in Hungarian youth. <i>European Journal of Public Health</i> , 2010 , 20, 85-90	2.1	37
193	Exercise and Depression: Considering Variability and Contextuality. <i>Journal of Sport and Exercise Psychology</i> , 2004 , 26, 3-18	1.5	37
192	Predicting Physical Activity Intentions Using Goal Perspectives and Self-Determination Theory Approaches. <i>European Psychologist</i> , 1999 , 4, 83-89	4.4	37
191	Stand up for your health: Is it time to rethink the physical activity paradigm?. <i>Diabetes Research and Clinical Practice</i> , 2011 , 93, 292-294	7.4	36
190	Rationale and study design for a randomised controlled trial to reduce sedentary time in adults at risk of type 2 diabetes mellitus: project stand (Sedentary Time ANd diabetes). <i>BMC Public Health</i> , 2011 , 11, 908	4.1	35
189	Assessment of Children's Physical Self-Perceptions. <i>International Journal of Adolescence and Youth</i> , 1993 , 4, 93-109	3.3	35
188	A Social-Cognitive Investigation into the Mechanisms of Affect Generation in Children's Physical Activity. <i>Journal of Sport and Exercise Psychology</i> , 1996 , 18, 174-193	1.5	34

187	Sedentary Behaviors and Adiposity in Young People: Causality and Conceptual Model. <i>Exercise and Sport Sciences Reviews</i> , 2018 , 46, 18-25	6.7	33
186	Exerted effort and performance in climbing among boys: the influence of achievement goals, perceived ability, and task difficulty. <i>Research Quarterly for Exercise and Sport</i> , 2002 , 73, 425-36	1.9	33
185	Evidence of cross-cultural validity for the physical self-perception profile. <i>Personality and Individual Differences</i> , 1993 , 14, 585-590	3.3	33
184	Self-reported health-enhancing physical activity recommendation adherence among 64,380 Finnish adults. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2017 , 27, 1842-1853	4.6	32
183	Research priorities for child and adolescent physical activity and sedentary behaviours: an international perspective using a twin-panel Delphi procedure. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2013 , 10, 112	8.4	32
182	Family circumstance and adolescent dietary behaviours. <i>Appetite</i> , 2009 , 52, 668-674	4.5	32
181	Adolescent television viewing and unhealthy snack food consumption: the mediating role of home availability of unhealthy snack foods. <i>Public Health Nutrition</i> , 2014 , 17, 317-23	3.3	31
180	Caffeine ingestion, affect and perceived exertion during prolonged cycling. <i>Appetite</i> , 2011 , 57, 247-52	4.5	31
179	Relationship of Intensity and Direction of Competitive Anxiety with Coping Strategies. <i>Sport Psychologist</i> , 2000 , 14, 360-371	1	31
178	Correlates of sedentary behaviour in university students: A systematic review. <i>Preventive Medicine</i> , 2018 , 116, 194-202	4.3	31
177	Population physical activity behaviour change: A review for the European College of Sport Science. <i>European Journal of Sport Science</i> , 2012 , 12, 367-383	3.9	30
176	Achievement goals and perceived ability predict investment in learning a sport task. <i>British Journal of Educational Psychology</i> , 1997 , 67 (Pt 3), 293-309; discussion 339-43	3.2	30
175	Exercise and health psychology: emerging relationships. <i>The British Journal of Medical Psychology</i> , 1989 , 62 (Pt 3), 205-16		30
174	A Descriptive Epidemiology of Screen-Based Devices by Children and Adolescents: a Scoping Review of 130 Surveillance Studies Since 2000. <i>Child Indicators Research</i> , 2020 , 13, 935-950	1.9	30
173	The stability of the attitude-intention relationship in the context of physical activity. <i>Journal of Sports Sciences</i> , 2005 , 23, 49-61	3.6	28
172	The First Global Physical Activity and Sedentary Behavior Guidelines for People Living With Disability. <i>Journal of Physical Activity and Health</i> , 2021 , 18, 86-93	2.5	28
171	Health Promotion Board-Ministry of Health Clinical Practice Guidelines: Obesity. <i>Singapore Medical Journal</i> , 2016 , 57, 292-300	1.9	27
170	Achievement goals, beliefs about the causes of success and reported emotion in post-16 physical education. <i>Journal of Sports Sciences</i> , 1999 , 17, 213-9	3.6	27

169	Sedentary behavior: what's in a definition?. <i>American Journal of Preventive Medicine</i> , 2011 , 40, e33-4; author reply e34	6.1	26
168	Participation trends in holistic movement practices: a 10-year comparison of yoga/Pilates and t'ai chi/qigong use among a national sample of 195,926 Australians. <i>BMC Complementary and Alternative Medicine</i> , 2017 , 17, 296	4.7	25
167	A family-based intervention to increase fruit and vegetable consumption in adolescents: a pilot study. <i>Public Health Nutrition</i> , 2010 , 13, 876-85	3.3	25
166	Modeling the Relation of Goal Orientations to Achievement-Related Affect in Physical Education: Does Perceived Ability Matter?. <i>Journal of Sport and Exercise Psychology</i> , 1997 , 19, 169-187	1.5	25
165	The mediating role of self-determination in the relationship between goal orientations and physical self-worth in greek exercisers. <i>European Journal of Sport Science</i> , 2001 , 1, 1-9	3.9	25
164	National physical activity and sedentary behaviour policies in 76 countries: availability, comprehensiveness, implementation, and effectiveness. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020 , 17, 116	8.4	25
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