

# Stuart J H Biddle

## List of Publications by Year in descending order

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Version: 2024-02-01

338  
papers

35,650  
citations

4653

85  
h-index

4012

176  
g-index

353  
all docs

353  
docs citations

353  
times ranked

25219  
citing authors

#	ARTICLE	IF	CITATIONS
1	World Health Organization 2020 guidelines on physical activity and sedentary behaviour. <i>British Journal of Sports Medicine</i> , 2020, 54, 1451-1462.	3.1	4,050
2	Sedentary Behavior Research Network (SBRN) "Terminology Consensus Project process and outcome. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017, 14, 75.	2.0	2,147
3	Physical activity and mental health in children and adolescents: a review of reviews. <i>British Journal of Sports Medicine</i> , 2011, 45, 886-895.	3.1	1,434
4	Sedentary time in adults and the association with diabetes, cardiovascular disease and death: systematic review and meta-analysis. <i>Diabetologia</i> , 2012, 55, 2895-2905.	2.9	1,371
5	A Meta-Analytic Review of the Theories of Reasoned Action and Planned Behavior in Physical Activity: Predictive Validity and the Contribution of Additional Variables. <i>Journal of Sport and Exercise Psychology</i> , 2002, 24, 3-32.	0.7	1,187
6	Relationships between media use, body fatness and physical activity in children and youth: a meta-analysis. <i>International Journal of Obesity</i> , 2004, 28, 1238-1246.	1.6	858
7	Physical Activity for Cognitive and Mental Health in Youth: A Systematic Review of Mechanisms. <i>Pediatrics</i> , 2016, 138, .	1.0	702
8	Health-enhancing physical activity and sedentary behaviour in children and adolescents. <i>Journal of Sports Sciences</i> , 2004, 22, 679-701.	1.0	626
9	Family correlates of fruit and vegetable consumption in children and adolescents: a systematic review. <i>Public Health Nutrition</i> , 2009, 12, 267-283.	1.1	593
10	Physical activity and mental health in children and adolescents: An updated review of reviews and an analysis of causality. <i>Psychology of Sport and Exercise</i> , 2019, 42, 146-155.	1.1	569
11	The transtheoretical model of behavior change: a meta-analysis of applications to physical activity and exercise. <i>Annals of Behavioral Medicine</i> , 2001, 23, 229-246.	1.7	513
12	An assessment of self-reported physical activity instruments in young people for population surveillance: Project ALPHA. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2011, 8, 1.	2.0	504
13	Tracking of sedentary behaviours of young people: A systematic review. <i>Preventive Medicine</i> , 2010, 51, 345-351.	1.6	495
14	Sedentary Behavior and Dietary Intake in Children, Adolescents, and Adults. <i>American Journal of Preventive Medicine</i> , 2011, 41, 178-188.	1.6	465
15	Methods of Measurement in epidemiology: Sedentary Behaviour. <i>International Journal of Epidemiology</i> , 2012, 41, 1460-1471.	0.9	414
16	The Processes by Which Perceived Autonomy Support in Physical Education Promotes Leisure-Time Physical Activity Intentions and Behavior: A Trans-Contextual Model. <i>Journal of Educational Psychology</i> , 2003, 95, 784-795.	2.1	390
17	Association of Sedentary Behaviour with Metabolic Syndrome: A Meta-Analysis. <i>PLoS ONE</i> , 2012, 7, e34916.	1.1	388
18	Interrupting long periods of sitting: good STUFF. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2013, 10, 1.	2.0	378

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19	Perceived locus of causality, goal orientations, and perceived competence in school physical education classes. <i>British Journal of Educational Psychology</i> , 1994, 64, 453-463.	1.6	373
20	How to reduce sitting time? A review of behaviour change strategies used in sedentary behaviour reduction interventions among adults. <i>Health Psychology Review</i> , 2016, 10, 89-112.	4.4	357
21	A review of mediators of behavior in interventions to promote physical activity among children and adolescents. <i>Preventive Medicine</i> , 2008, 47, 463-470.	1.6	320
22	A review of motivational climate in physical activity. <i>Journal of Sports Sciences</i> , 1999, 17, 643-665.	1.0	319
23	Health Enhancing Physical Activity for Young People: Statement of the United Kingdom Expert Consensus Conference. <i>Pediatric Exercise Science</i> , 2001, 13, 12-25.	0.5	310
24	A descriptive epidemiology of screen-based media use in youth: A review and critique. <i>Journal of Adolescence</i> , 2006, 29, 333-349.	1.2	287
25	Research methods in sport and exercise psychology: quantitative and qualitative issues. <i>Journal of Sports Sciences</i> , 2001, 19, 777-809.	1.0	271
26	Associations of objectively measured sedentary behaviour and physical activity with markers of cardiometabolic health. <i>Diabetologia</i> , 2013, 56, 1012-1020.	2.9	268
27	Active Video Games and Health Indicators in Children and Youth: A Systematic Review. <i>PLoS ONE</i> , 2013, 8, e65351.	1.1	264
28	Physical activity and sedentary behaviours in youth: issues and controversies. <i>Perspectives in Public Health</i> , 2004, 124, 29-33.	0.5	248
29	Associations between sedentary behaviour and physical activity in children and adolescents: a meta-analysis. <i>Obesity Reviews</i> , 2014, 15, 666-675.	3.1	248
30	High-intensity interval exercise training for public health: a big HIT or shall we HIT it on the head?. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2015, 12, 95.	2.0	236
31	Couch kids: Correlates of television viewing among youth. <i>International Journal of Behavioral Medicine</i> , 2004, 11, 152-163.	0.8	230
32	Correlates of physical activity in youth: a review of quantitative systematic reviews. <i>International Review of Sport and Exercise Psychology</i> , 2011, 4, 25-49.	3.1	228
33	Physical Activity Interventions and Depression in Children and Adolescents. <i>Sports Medicine</i> , 2013, 43, 195-206.	3.1	225
34	A Meta-Analysis of Perceived Locus of Causality in Exercise, Sport, and Physical Education Contexts. <i>Journal of Sport and Exercise Psychology</i> , 2003, 25, 284-306.	0.7	219
35	The influence of self-efficacy and past behaviour on the physical activity intentions of young people. <i>Journal of Sports Sciences</i> , 2001, 19, 711-725.	1.0	216
36	Correlates of Participation in Physical Activity for Adolescent Girls: A Systematic Review of Recent Literature. <i>Journal of Physical Activity and Health</i> , 2005, 2, 423-434.	1.0	201

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37	Young People's Motivational Profiles in Physical Activity: A Cluster Analysis. <i>Journal of Sport and Exercise Psychology</i> , 2001, 23, 1-22.	0.7	197
38	Clustering of Sedentary Behaviors and Physical Activity among Youth: A Cross-National Study. <i>Pediatric Exercise Science</i> , 2002, 14, 401-417.	0.5	192
39	Family correlates of breakfast consumption among children and adolescents. A systematic review. <i>Appetite</i> , 2009, 52, 1-7.	1.8	191
40	The influence of autonomous and controlling motives on physical activity intentions within the Theory of Planned Behaviour. <i>British Journal of Health Psychology</i> , 2002, 7, 283-297.	1.9	184
41	Accumulating brisk walking for fitness, cardiovascular risk, and psychological health. <i>Medicine and Science in Sports and Exercise</i> , 2002, 34, 1468-1474.	0.2	181
42	Advancing the global physical activity agenda: recommendations for future research by the 2020 WHO physical activity and sedentary behavior guidelines development group. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020, 17, 143.	2.0	166
43	The relationship between sedentary behaviour and physical activity in adults: A systematic review. <i>Preventive Medicine</i> , 2014, 69, 28-35.	1.6	163
44	Correlates of achievement goal orientations in physical activity: A systematic review of research. <i>European Journal of Sport Science</i> , 2003, 3, 1-20.	1.4	157
45	Sedentary time in older adults: a critical review of measurement, associations with health, and interventions. <i>British Journal of Sports Medicine</i> , 2017, 51, 1539-1539.	3.1	155
46	The prevalence of sedentary behavior and physical activity in leisure time: A study of Scottish adolescents using ecological momentary assessment. <i>Preventive Medicine</i> , 2009, 48, 151-155.	1.6	154
47	Sedentary behaviour and adiposity in youth: a systematic review of reviews and analysis of causality. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017, 14, 43.	2.0	152
48	Perceived motivational climate and intrinsic motivation in school physical education classes. <i>European Journal of Psychology of Education</i> , 1994, 9, 241-250.	1.3	151
49	Interventions designed to reduce sedentary behaviours in young people: a review of reviews. <i>British Journal of Sports Medicine</i> , 2014, 48, 182-186.	3.1	151
50	Motivation for physical activity in young people: entity and incremental beliefs about athletic ability. <i>Journal of Sports Sciences</i> , 2003, 21, 973-989.	1.0	150
51	Energy expenditure during common sitting and standing tasks: examining the 1.5 MET definition of sedentary behaviour. <i>BMC Public Health</i> , 2015, 15, 516.	1.2	147
52	Exercise Makes People Feel Better but People are Inactive: Paradox or Artifact?. <i>Journal of Sport and Exercise Psychology</i> , 2007, 29, 498-517.	0.7	142
53	The 2 $\checkmark$ –2 achievement goal framework in a physical education context. <i>Psychology of Sport and Exercise</i> , 2007, 8, 147-168.	1.1	142
54	Screen Time, Other Sedentary Behaviours, and Obesity Risk in Adults: A Review of Reviews. <i>Current Obesity Reports</i> , 2017, 6, 134-147.	3.5	141

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55	Managing Sedentary Behavior to Reduce the Risk of Diabetes and Cardiovascular Disease. <i>Current Diabetes Reports</i> , 2014, 14, 522.	1.7	138
56	Effectiveness of the Stand More AT (SMaRT) Work intervention: cluster randomised controlled trial. <i>BMJ: British Medical Journal</i> , 2018, 363, k3870.	2.4	137
57	A self-determination theory approach to the study of intentions and the intention-behaviour relationship in children's physical activity. <i>British Journal of Health Psychology</i> , 1997, 2, 343-360.	1.9	136
58	Adolescent girls' perceptions of physical activity: A focus group study. <i>European Physical Education Review</i> , 2008, 14, 243-262.	1.2	136
59	Physical activity and mental health: evidence is growing. <i>World Psychiatry</i> , 2016, 15, 176-177.	4.8	136
60	CHILDREN'S ACHIEVEMENT GOALS AND BELIEFS ABOUT SUCCESS IN SPORT. <i>British Journal of Educational Psychology</i> , 1992, 62, 313-323.	1.6	133
61	How Sedentary Are University Students? A Systematic Review and Meta-Analysis. <i>Prevention Science</i> , 2020, 21, 332-343.	1.5	133
62	Sedentary behaviour and diet across the lifespan: an updated systematic review. <i>British Journal of Sports Medicine</i> , 2015, 49, 1179-1188.	3.1	131
63	Achievement goal profiles in school physical education: Differences in self-determination, sport ability beliefs, and physical activity. <i>British Journal of Educational Psychology</i> , 2002, 72, 433-445.	1.6	128
64	The descriptive epidemiology of total physical activity, muscle-strengthening exercises and sedentary behaviour among Australian adults - results from the National Nutrition and Physical Activity Survey. <i>BMC Public Health</i> , 2015, 16, 73.	1.2	125
65	Is running associated with a lower risk of all-cause, cardiovascular and cancer mortality, and is the more the better? A systematic review and meta-analysis. <i>British Journal of Sports Medicine</i> , 2020, 54, 898-905.	3.1	121
66	New global guidelines on sedentary behaviour and health for adults: broadening the behavioural targets. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020, 17, 151.	2.0	121
67	Analysis of Children's Physical Activity and its Association with Adult Encouragement and Social Cognitive Variables. <i>Journal of School Health</i> , 1996, 66, 75-78.	0.8	118
68	The epidemiology of aerobic physical activity and muscle-strengthening activity guideline adherence among 383,928 U.S. adults. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2019, 16, 34.	2.0	117
69	Changes in physical activity behaviour and physical function after bariatric surgery: a systematic review and meta-analysis. <i>Obesity Reviews</i> , 2016, 17, 250-261.	3.1	116
70	Parenting styles, family structure and adolescent dietary behaviour. <i>Public Health Nutrition</i> , 2010, 13, 1245-1253.	1.1	115
71	International Olympic Committee consensus statement on the health and fitness of young people through physical activity and sport. <i>British Journal of Sports Medicine</i> , 2011, 45, 839-848.	3.1	109
72	Critical Hours: Physical Activity and Sedentary Behavior of Adolescents after School. <i>Pediatric Exercise Science</i> , 2008, 20, 446-456.	0.5	108

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73	Children's task and ego goal profiles in sport. <i>British Journal of Educational Psychology</i> , 1994, 64, 253-261.	1.6	106
74	Is Television Viewing a Suitable Marker of Sedentary Behavior in Young People?. <i>Annals of Behavioral Medicine</i> , 2009, 38, 147-153.	1.7	106
75	Antecedents of children's physical activity intentions and behaviour: Predictive validity and longitudinal effects. <i>Psychology and Health</i> , 2001, 16, 391-407.	1.2	105
76	Exercise as an adjunct treatment for schizophrenia: A review of the literature. <i>Journal of Mental Health</i> , 1999, 8, 441-457.	1.0	103
77	Sedentary behaviour interventions in young people: a meta-analysis. <i>British Journal of Sports Medicine</i> , 2011, 45, 937-942.	3.1	102
78	Devices for Self-Monitoring Sedentary Time or Physical Activity: A Scoping Review. <i>Journal of Medical Internet Research</i> , 2016, 18, e90.	2.1	98
79	Too much sitting and all-cause mortality: is there a causal link?. <i>BMC Public Health</i> , 2016, 16, 635.	1.2	96
80	Achievement Goal Orientations and Intrinsic Motivation in Physical Fitness Testing with Children. <i>Pediatric Exercise Science</i> , 1994, 6, 159-167.	0.5	95
81	Exercise and Psychosocial Health. <i>Research Quarterly for Exercise and Sport</i> , 1995, 66, 292-297.	0.8	95
82	The effects of supervised exercise training 12-24 months after bariatric surgery on physical function and body composition: a randomised controlled trial. <i>International Journal of Obesity</i> , 2017, 41, 909-916.	1.6	95
83	It Ain't What You Do, It's the Way that You Do It! Teaching Style Affects Children's Motivation in Track and Field Lessons. <i>Sport Psychologist</i> , 1995, 9, 254-264.	0.4	94
84	The Effectiveness of Interventions to Increase Physical Activity Among Adolescent Girls: A Meta-analysis. <i>Academic Pediatrics</i> , 2015, 15, 9-18.	1.0	94
85	The First Global Physical Activity and Sedentary Behavior Guidelines for People Living With Disability. <i>Journal of Physical Activity and Health</i> , 2021, 18, 86-93.	1.0	93
86	Development of scales to measure perceived physical education class climate: a cross-national project. <i>British Journal of Educational Psychology</i> , 1995, 65, 341-358.	1.6	92
87	Affect and achievement goals in physical activity: a meta-analysis. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 1999, 9, 315-332.	1.3	92
88	Psychology of Physical Activity. , 0, , .		89
89	Patterns of adolescent physical activity and dietary behaviours. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2009, 6, 45.	2.0	88
90	Patterns of Sedentary Behaviour and Physical Activity Among Adolescents in the United Kingdom: Project STIL. <i>Journal of Behavioral Medicine</i> , 2007, 30, 521-531.	1.1	87

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91	Personal and Situational Factors Influencing Intrinsic Interest of Adolescent Girls in School Physical Education: a structural equation modelling analysis. <i>Educational Psychology</i> , 1996, 16, 305-315.	1.2	86
92	Physical Self-Concept in Adolescence: Generalizability of a Multidimensional, Hierarchical Model Across Gender and Grade. <i>Educational and Psychological Measurement</i> , 2005, 65, 297-322.	1.2	85
93	Attitudes and exercise adherence: Test of the Theories of Reasoned Action and Planned Behaviour. <i>Journal of Sports Sciences</i> , 1999, 17, 269-281.	1.0	84
94	Sedentary time in older men and women: an international consensus statement and research priorities. <i>British Journal of Sports Medicine</i> , 2017, 51, 1526-1532.	3.1	84
95	Functional significance of psychological variables that are included in the Theory of Planned Behaviour: a Self-Determination Theory approach to the study of attitudes, subjective norms, perceptions of control and intentions. <i>European Journal of Social Psychology</i> , 1998, 28, 303-322.	1.5	83
96	The Use of Pedometers for Monitoring Physical Activity in Children and Adolescents: Measurement Considerations. <i>Journal of Physical Activity and Health</i> , 2013, 10, 249-262.	1.0	83
97	Associations of mutually exclusive categories of physical activity and sedentary time with markers of cardiometabolic health in English adults: a cross-sectional analysis of the Health Survey for England. <i>BMC Public Health</i> , 2015, 16, 25.	1.2	81
98	Children's physical activity: An exploratory study of psychological correlates. <i>Social Science and Medicine</i> , 1992, 34, 325-331.	1.8	80
99	Temporal and Environmental Patterns of Sedentary and Active Behaviors during Adolescents'™ Leisure Time. <i>International Journal of Behavioral Medicine</i> , 2009, 16, 278-286.	0.8	79
100	Pumping Iron in Australia: Prevalence, Trends and Sociodemographic Correlates of Muscle Strengthening Activity Participation from a National Sample of 195,926 Adults. <i>PLoS ONE</i> , 2016, 11, e0153225.	1.1	78
101	Sedentary Behavior. <i>American Journal of Preventive Medicine</i> , 2007, 33, 502-504.	1.6	77
102	Goal orientations and conceptions of the nature of sport ability in children: A social cognitive approach. <i>British Journal of Social Psychology</i> , 1996, 35, 399-414.	1.8	76
103	Stand More AT Work (SMArT Work): using the behaviour change wheel to develop an intervention to reduce sitting time in the workplace. <i>BMC Public Health</i> , 2018, 18, 319.	1.2	76
104	The relationship of coping and its perceived effectiveness to positive and negative affect in sport. <i>Personality and Individual Differences</i> , 1998, 24, 773-788.	1.6	75
105	Interventions to Promote Physical Activity in Young People Conducted in the Hours Immediately After School: A Systematic Review. <i>International Journal of Behavioral Medicine</i> , 2011, 18, 176-187.	0.8	74
106	Muscle-Strengthening Exercise Among 397,423 U.S. Adults: Prevalence, Correlates, and Associations With Health Conditions. <i>American Journal of Preventive Medicine</i> , 2018, 55, 864-874.	1.6	71
107	Mental health nursing and the promotion of physical activity. <i>Journal of Psychiatric and Mental Health Nursing</i> , 2002, 9, 659-665.	1.2	70
108	The effectiveness of interventions to increase physical activity among young girls: A meta-analysis. <i>Preventive Medicine</i> , 2014, 62, 119-131.	1.6	70

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109	Using Sit-to-Stand Workstations in Offices. <i>Medicine and Science in Sports and Exercise</i> , 2016, 48, 720-725.	0.2	70
110	Family influences on children's physical activity and fruit and vegetable consumption. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2009, 6, 34.	2.0	69
111	Lack of knowledge of physical activity guidelines: can physical activity promotion campaigns do better?: Table A1. <i>BMJ Open</i> , 2013, 3, e003633.	0.8	68
112	The Relationship between Competitive Anxiety, Achievement Goals, and Motivational Climates. <i>Research Quarterly for Exercise and Sport</i> , 1998, 69, 176-187.	0.8	66
113	Effect of Carbohydrate and Prolonged Exercise on Affect and Perceived Exertion. <i>Medicine and Science in Sports and Exercise</i> , 2005, 37, 1768-1773.	0.2	66
114	A Descriptive Epidemiology of Screen-Based Devices by Children and Adolescents: a Scoping Review of 130 Surveillance Studies Since 2000. <i>Child Indicators Research</i> , 2020, 13, 935-950.	1.1	66
115	Effectiveness of interventions for reducing non-occupational sedentary behaviour in adults and older adults: a systematic review and meta-analysis. <i>British Journal of Sports Medicine</i> , 2019, 53, 1206-1213.	3.1	65
116	Exercise and mental health: It's just not psychology!. <i>Journal of Sports Sciences</i> , 2001, 19, 433-444.	1.0	64
117	Understanding motivation in sport: An experimental test of achievement goal and self determination theories. <i>European Journal of Sport Science</i> , 2006, 6, 43-51.	1.4	64
118	Correlates of sedentary behaviour in university students: A systematic review. <i>Preventive Medicine</i> , 2018, 116, 194-202.	1.6	64
119	Motivation and self-perception profiles and links with physical activity in adolescent girls. <i>Journal of Adolescence</i> , 2003, 26, 687-701.	1.2	62
120	Carbohydrate ingestion during prolonged high-intensity intermittent exercise: impact on affect and perceived exertion. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2007, 17, 605-610.	1.3	62
121	The mediating role of coping strategies on the relationship between achievement motivation and affect in sport. <i>Anxiety, Stress and Coping</i> , 1999, 12, 299-327.	1.7	61
122	The Cognitive Processes by which Perceived Locus of Causality Predicts Participation in Physical Activity. <i>Journal of Health Psychology</i> , 2002, 7, 685-699.	1.3	60
123	The prevalence of leisure time sedentary behaviour and physical activity in adolescent girls: An ecological momentary assessment approach. <i>Pediatric Obesity</i> , 2007, 2, 227-234.	3.2	60
124	Individual, behavioural and home environmental factors associated with eating behaviours in young adolescents. <i>Appetite</i> , 2017, 112, 35-43.	1.8	59
125	The prevalence of leisure time sedentary behaviour and physical activity in adolescent boys: An ecological momentary assessment approach. <i>Pediatric Obesity</i> , 2009, 4, 289-298.	3.2	58
126	National physical activity and sedentary behaviour policies in 76 countries: availability, comprehensiveness, implementation, and effectiveness. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020, 17, 116.	2.0	58



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127	Participation in community sports centres: Motives and predictors of enjoyment. <i>Journal of Sports Sciences</i> , 1993, 11, 249-256.	1.0	56
128	Associations of sedentary behavior and physical activity with psychological distress: a cross-sectional study from Singapore. <i>BMC Public Health</i> , 2013, 13, 885.	1.2	56
129	A Randomised Controlled Trial to Reduce Sedentary Time in Young Adults at Risk of Type 2 Diabetes Mellitus: Project STAND (Sedentary Time ANd Diabetes). <i>PLoS ONE</i> , 2015, 10, e0143398.	1.1	56
130	Motivation and Perceptions of Control: Tracing Its Development and Plotting Its Future in Exercise and Sport Psychology. <i>Journal of Sport and Exercise Psychology</i> , 1999, 21, 1-23.	0.7	54
131	Assessing cognitive interference in sport: Development of the thought occurrence questionnaire for sport. <i>Anxiety, Stress and Coping</i> , 2000, 13, 65-86.	1.7	54
132	"I'm on it 24/7 at the moment": A qualitative examination of multi-screen viewing behaviours among UK 10-11 year olds. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2011, 8, 85.	2.0	54
133	Family circumstance, sedentary behaviour and physical activity in adolescents living in England: Project STIL. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2009, 6, 33.	2.0	53
134	Non-Occupational Sitting and Mental Well-Being in Employed Adults. <i>Annals of Behavioral Medicine</i> , 2012, 43, 181-188.	1.7	53
135	Clustering and correlates of screen-time and eating behaviours among young adolescents. <i>BMC Public Health</i> , 2017, 17, 533.	1.2	52
136	A Prospective Study of the Relationships Between Motivational Orientations and Perceived Competence with Intrinsic Motivation and Achievement in a Teacher Education Course. <i>Educational Psychology</i> , 1995, 15, 89-96.	1.2	49
137	Exercise psychology: A view from Europe. <i>Psychology of Sport and Exercise</i> , 2009, 10, 410-419.	1.1	49
138	Health Promotion Board's Ministry of Health Clinical Practice Guidelines: Obesity. <i>Singapore Medical Journal</i> , 2015, 57, 292-300.	0.3	49
139	A cluster randomized controlled trial comparing the effectiveness of an individual planning intervention with collaborative planning in adolescent friendship dyads to enhance physical activity (TWOgether). <i>BMC Public Health</i> , 2018, 18, 911.	1.2	49
140	An experimental test of self-theories of ability in youth sport. <i>Psychology of Sport and Exercise</i> , 2006, 7, 255-267.	1.1	47
141	Exercise and Depression: Considering Variability and Contextuality. <i>Journal of Sport and Exercise Psychology</i> , 2004, 26, 3-18.	0.7	45
142	Assessment of Children's Physical Self-Perceptions. <i>International Journal of Adolescence and Youth</i> , 1993, 4, 93-109.	0.9	44
143	The prevalence of sedentary behaviours and physical activity in Hungarian youth. <i>European Journal of Public Health</i> , 2010, 20, 85-90.	0.1	44
144	Sedentary Behaviors and Adiposity in Young People: Causality and Conceptual Model. <i>Exercise and Sport Sciences Reviews</i> , 2018, 46, 18-25.	1.6	44

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145	Intrinsic Motivation towards Sports in Singaporean Students: The Role of Sport Ability Beliefs. <i>Journal of Health Psychology</i> , 2003, 8, 515-523.	1.3	43
146	The development of the Comprehensive Analysis of Policy on Physical Activity (CAPPA) framework. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2019, 16, 60.	2.0	43
147	Predicting Physical Activity Intentions Using Goal Perspectives and Self-Determination Theory Approaches. <i>European Psychologist</i> , 1999, 4, 83-89.	1.8	43
148	Relationship of Intensity and Direction of Competitive Anxiety with Coping Strategies. <i>Sport Psychologist</i> , 2000, 14, 360-371.	0.4	42
149	Research priorities for child and adolescent physical activity and sedentary behaviours: an international perspective using a twin-panel Delphi procedure. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2013, 10, 112.	2.0	42
150	Self-reported health-enhancing physical activity recommendation adherence among 64,380 Finnish adults. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2017, 27, 1842-1853.	1.3	41
151	Evidence of cross-cultural validity for the physical self-perception profile. <i>Personality and Individual Differences</i> , 1993, 14, 585-590.	1.6	40
152	Adolescent television viewing and unhealthy snack food consumption: the mediating role of home availability of unhealthy snack foods. <i>Public Health Nutrition</i> , 2014, 17, 317-323.	1.1	40
153	A global systematic scoping review of studies analysing indicators, development, and content of national-level physical activity and sedentary behaviour policies. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2018, 15, 123.	2.0	40
154	A Social-Cognitive Investigation into the Mechanisms of Affect Generation in Children's Physical Activity. <i>Journal of Sport and Exercise Psychology</i> , 1996, 18, 174-193.	0.7	39
155	Exerted Effort and Performance in Climbing among Boys: The Influence of Achievement Goals, Perceived Ability, and Task Difficulty. <i>Research Quarterly for Exercise and Sport</i> , 2002, 73, 425-436.	0.8	39
156	Rationale and study design for a randomised controlled trial to reduce sedentary time in adults at risk of type 2 diabetes mellitus: project stand (Sedentary Time AND diabetes). <i>BMC Public Health</i> , 2011, 11, 908.	1.2	39
157	Exercise and health psychology: Emerging relationships*. <i>The British Journal of Medical Psychology</i> , 1989, 62, 205-216.	0.6	38
158	Caffeine ingestion, affect and perceived exertion during prolonged cycling. <i>Appetite</i> , 2011, 57, 247-252.	1.8	38
159	Stand up for your health: Is it time to rethink the physical activity paradigm?. <i>Diabetes Research and Clinical Practice</i> , 2011, 93, 292-294.	1.1	38
160	Participation trends in holistic movement practices: a 10-year comparison of yoga/Pilates and tai chi/qigong use among a national sample of 195,926 Australians. <i>BMC Complementary and Alternative Medicine</i> , 2017, 17, 296.	3.7	38
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