

# Saeid Hadi

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/6055594/publications.pdf>

Version: 2024-02-01

8  
papers

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#	ARTICLE	IF	CITATIONS
1	Nigella sativa in controlling Type 2 diabetes, cardiovascular, and rheumatoid arthritis diseases: Molecular aspects. Journal of Research in Medical Sciences, 2021, 26, 20.	0.4	27
2	Effect of <i>Nigella sativa</i> oil extract on cardiometabolic risk factors in type 2 diabetes: A randomized, double-blind, placebo-controlled clinical trial. Phytotherapy Research, 2021, 35, 3747-3755.	2.8	26
3	Structural, physico-mechanical, and bio-functional properties of whey protein isolate-based edible films as affected by enriching with nettle ( <i>Urtica dioica</i> L.) leaf extract. Journal of Food Measurement and Characterization, 2021, 15, 4051-4060.	1.6	15
4	The effect of ginger supplementation on metabolic profiles in patients with type 2 diabetes mellitus: A systematic review and meta-analysis of randomized controlled trials. Complementary Therapies in Medicine, 2022, 65, 102802.	1.3	12
5	Nanocomplexes of whey protein fibrillar aggregates and quercetin as novel multi-functional biopolymeric ingredients: interaction, chemical structure, and bio-functionality. Journal of the Iranian Chemical Society, 2020, 17, 2481-2492.	1.2	11
6	The effect of food ration bar enriched with L-alanine, L-arginine, and Nigella sativa on performance and inflammation following intense military training: A double-blind randomized clinical trial. Food Science and Nutrition, 2021, 9, 3512-3520.	1.5	4
7	The effect of <i>Nigella sativa</i> oil on vascular dysfunction assessed by flow-mediated dilation and vascular-related biomarkers in subject with cardiovascular disease risk factors: A randomized controlled trial. Phytotherapy Research, 2022, 36, 2236-2245.	2.8	3
8	Can psychobiotics administration influence behavioral responses and physiological stress in healthy rats?. Pharmaceutical Sciences, 2021, , .	0.1	0