## Josephine Y Chau

List of Publications by Year in descending order

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| #  | Article   | IF  | CITATIONS |
|----|---|-----|-----------|
| 1  | Daily Sitting Time and All-Cause Mortality: A Meta-Analysis. PLoS ONE, 2013, 8, e80000.   | 2.5 | 635       |
| 2  | The Descriptive Epidemiology of Sitting. American Journal of Preventive Medicine, 2011, 41, 228-235.  | 3.0 | 477       |
| 3  | Occupational Sitting and Health Risks. American Journal of Preventive Medicine, 2010, 39, 379-388.  | 3.0 | 423       |
| 4  | Are workplace interventions to reduce sitting effective? A systematic review. Preventive Medicine, 2010, 51, 352-356.   | 3.4 | 212       |
| 5  | Cross-sectional associations between occupational and leisure-time sitting, physical activity and obesity in working adults. Preventive Medicine, 2012, 54, 195-200.  | 3.4 | 191       |
| 6  | Validity of the Occupational Sitting and Physical Activity Questionnaire. Medicine and Science in Sports and Exercise, 2012, 44, 118-125.   | 0.4 | 164       |
| 7  | Don't worry, be happy: cross-sectional associations between physical activity and happiness in 15<br>European countries. BMC Public Health, 2015, 15, 53.   | 2.9 | 162       |
| 8  | Validity and repeatability of the EPIC physical activity questionnaire: a validation study using accelerometers as an objective measure. International Journal of Behavioral Nutrition and Physical Activity, 2008, 5, 33.  | 4.6 | 153       |
| 9  | The prevalence and correlates of sitting in European adults - a comparison of 32<br>Eurobarometer-participating countries. International Journal of Behavioral Nutrition and Physical<br>Activity, 2013, 10, 107.   | 4.6 | 147       |
| 10 | A tool for measuring workers' sitting time by domain: the Workforce Sitting Questionnaire. British<br>Journal of Sports Medicine, 2011, 45, 1216-1222.  | 6.7 | 139       |
| 11 | Cross-sectional study of diet, physical activity, television viewing and sleep duration in 233â€110 adults<br>from the UK Biobank; the behavioural phenotype of cardiovascular disease and type 2 diabetes. BMJ<br>Open, 2016, 6, e010038.  | 1.9 | 128       |
| 12 | Sedentary behaviour and risk of mortality from all-causes and cardiometabolic diseases in adults:<br>evidence from the HUNT3 population cohort. British Journal of Sports Medicine, 2015, 49, 737-742.  | 6.7 | 121       |
| 13 | All-cause mortality effects of replacing sedentary time with physical activity and sleeping using an isotemporal substitution model: a prospective study of 201,129 mid-aged and older adults.<br>International Journal of Behavioral Nutrition and Physical Activity, 2015, 12, 121. | 4.6 | 120       |
| 14 | The effectiveness of sit-stand workstations for changing office workers' sitting time: results from the Stand@Work randomized controlled trial pilot. International Journal of Behavioral Nutrition and Physical Activity, 2014, 11, 127.   | 4.6 | 115       |
| 15 | ls activity-based working impacting health, work performance and perceptions? A systematic review.<br>Building Research and Information, 2019, 47, 468-479.   | 3.9 | 115       |
| 16 | Advances in Population Surveillance for Physical Activity and Sedentary Behavior: Reliability and<br>Validity of Time Use Surveys. American Journal of Epidemiology, 2010, 172, 1199-1206.  | 3.4 | 106       |
| 17 | Too much sitting and all-cause mortality: is there a causal link?. BMC Public Health, 2016, 16, 635.  | 2.9 | 96        |
| 18 | Desk-based workers' perspectives on using sit-stand workstations: a qualitative analysis of the<br>Stand@Work study. BMC Public Health, 2014, 14, 752.  | 2.9 | 76        |

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| 19 | Temporal trends in non-occupational sedentary behaviours from Australian Time Use Surveys 1992,<br>1997 and 2006. International Journal of Behavioral Nutrition and Physical Activity, 2012, 9, 76.  | 4.6 | 74        |
| 20 | Are Sitting Occupations Associated with Increased All-Cause, Cancer, and Cardiovascular Disease<br>Mortality Risk? A Pooled Analysis of Seven British Population Cohorts. PLoS ONE, 2013, 8, e73753.   | 2.5 | 73        |
| 21 | More standing and just as productive: Effects of a sit-stand desk intervention on call center workers'<br>sitting, standing, and productivity at work in the Opt to Stand pilot study. Preventive Medicine<br>Reports, 2016, 3, 68-74.                                       | 1.8 | 71        |
| 22 | Too Much Sitting and Cardio-Metabolic Risk: An Update of Epidemiological Evidence. Current<br>Cardiovascular Risk Reports, 2013, 7, 293-298.   | 2.0 | 65        |
| 23 | Cross-sectional associations of total sitting and leisure screen time with cardiometabolic risk in<br>adults. Results from the HUNT Study, Norway. Journal of Science and Medicine in Sport, 2014, 17, 78-84.  | 1.3 | 64        |
| 24 | High sitting time or obesity: Which came first? Bidirectional association in a longitudinal study of 31,787 Australian adults. Obesity, 2014, 22, 2126-2130.   | 3.0 | 60        |
| 25 | Validity and responsiveness of four measures of occupational sitting and standing. International<br>Journal of Behavioral Nutrition and Physical Activity, 2015, 12, 144.  | 4.6 | 57        |
| 26 | The Role of Media in Promoting Physical Activity. Journal of Physical Activity and Health, 2009, 6, S196-S210.   | 2.0 | 56        |
| 27 | Trends in prevalence of leisure time physical activity and inactivity: results from Australian National<br>Health Surveys 1989 to 2011. Australian and New Zealand Journal of Public Health, 2017, 41, 617-624.  | 1.8 | 56        |
| 28 | Food Trends and Popular Nutrition Advice Online – Implications for Public Health. Online Journal of<br>Public Health Informatics, 2018, 10, e213.  | 0.7 | 56        |
| 29 | Retirement—A Transition to a Healthier Lifestyle?. American Journal of Preventive Medicine, 2016, 51,<br>170-178.  | 3.0 | 51        |
| 30 | Low physical activity, high television viewing and poor sleep duration cluster in overweight and<br>obese adults; a cross-sectional study of 398,984 participants from the UK Biobank. International<br>Journal of Behavioral Nutrition and Physical Activity, 2017, 14, 57. | 4.6 | 51        |
| 31 | Standing time and all-cause mortality in a large cohort of Australian adults. Preventive Medicine, 2014, 69, 187-191.  | 3.4 | 50        |
| 32 | Non-Occupational Sedentary Behaviors. American Journal of Preventive Medicine, 2013, 44, 382-387.  | 3.0 | 41        |
| 33 | Recent trends in physical activity in New South Wales. Is the tide of inactivity turning?. Australian and<br>New Zealand Journal of Public Health, 2008, 32, 82-85.  | 1.8 | 38        |
| 34 | Accelerometer-derived physical activity in those with cardio-metabolic disease compared to healthy adults: a UK Biobank study of 52,556 participants. Acta Diabetologica, 2018, 55, 975-979.   | 2.5 | 33        |
| 35 | Associations between socio-economic position and sedentary behaviour in a large population sample<br>of Australian middle and older-aged adults: The Social, Economic, and Environmental Factor (SEEF)<br>Study. Preventive Medicine, 2014, 63, 72-80.                       | 3.4 | 31        |
| 36 | Untapping the Health Enhancing Potential of Vigorous Intermittent Lifestyle Physical Activity (VILPA):<br>Rationale, Scoping Review, and a 4-Pillar Research Framework. Sports Medicine, 2021, 51, 1-10.   | 6.5 | 30        |

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|----|---|-----|-----------|
| 37 | Self-reported Confidence in Recall as a Predictor of Validity and Repeatability of Physical Activity Questionnaire Data. Epidemiology, 2009, 20, 433-441.   | 2.7 | 29        |
| 38 | Older adults' time in sedentary, light and moderate intensity activities and correlates: Application of<br>Australian Time Use Survey. Journal of Science and Medicine in Sport, 2015, 18, 161-166.                                   | 1.3 | 27        |
| 39 | â€~Maths on the move': Effectiveness of physically-active lessons for learning maths and increasing physical activity in primary school students. Journal of Science and Medicine in Sport, 2020, 23, 735-739.                        | 1.3 | 25        |
| 40 | Who is at risk of chronic disease? Associations between risk profiles of physical activity, sitting and<br>cardioâ€metabolic disease in Australian adults. Australian and New Zealand Journal of Public Health,<br>2017, 41, 178-183. | 1.8 | 24        |
| 41 | Reducing Office Workers' Sitting Time at Work Using Sit-Stand Protocols. Journal of Occupational and Environmental Medicine, 2017, 59, 543-549.   | 1.7 | 23        |
| 42 | Is Active Design changing the workplace? – A natural pre-post experiment looking at health behaviour and workplace perceptions. Work, 2017, 56, 229-237.  | 1.1 | 23        |
| 43 | Evaluation of ergonomic and education interventions to reduce occupational sitting in office-based university workers: study protocol for a randomized controlled trial. Trials, 2013, 14, 330.                                       | 1.6 | 21        |
| 44 | Application of ecological momentary assessment in workplace health evaluation. Health Promotion<br>Journal of Australia, 2016, 27, 259-263.   | 1.2 | 20        |
| 45 | Why the public health sector couldn't create Pokémon Go. Public Health Research and Practice, 2017, 27, .   | 1.5 | 19        |
| 46 | The Cinderella of public health news: physical activity coverage in Australian newspapers, 1986â€2006.<br>Australian and New Zealand Journal of Public Health, 2009, 33, 189-192.   | 1.8 | 17        |
| 47 | Are messages about lifestyle walking being heard? Trends in walking for all purposes in New South<br>Wales (NSW), Australia. Preventive Medicine, 2009, 48, 341-344.  | 3.4 | 17        |
| 48 | The Use of Mobile Apps for Heart Failure Self-management: Systematic Review of Experimental and Qualitative Studies. JMIR Cardio, 2022, 6, e33839.  | 1.7 | 17        |
| 49 | Sitting ducks face chronic disease: an analysis of newspaper coverage of sedentary behaviour as a health issue in Australia 2000–2012. Health Promotion Journal of Australia, 2017, 28, 139-143.                                      | 1.2 | 16        |
| 50 | "In Initiative Overloadâ€: Australian Perspectives on Promoting Physical Activity in the Workplace from<br>Diverse Industries. International Journal of Environmental Research and Public Health, 2019, 16, 516.                      | 2.6 | 14        |
| 51 | Hyping health effects: a news analysis of the â€~new smoking' and the role of sitting. British Journal of<br>Sports Medicine, 2019, 53, 1039-1040.  | 6.7 | 14        |
| 52 | Are motivational signs to increase stair use a thing of the past? A multiâ€building study. Health<br>Promotion Journal of Australia, 2017, 28, 178-184.   | 1.2 | 13        |
| 53 | Patterns of sitting and mortality in the Nord-TrÃ,ndelag health study (HUNT). International Journal of<br>Behavioral Nutrition and Physical Activity, 2017, 14, 8.  | 4.6 | 13        |
| 54 | Food advertising on children's popular subscription television channels in Australia. Australian and<br>New Zealand Journal of Public Health, 2011, 35, 127-130.  | 1.8 | 12        |

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|----|---|-----|-----------|
| 55 | Self-reported actual and desired proportion of sitting, standing, walking and physically demanding<br>tasks of office employees in the workplace setting: do they fit together?. BMC Research Notes, 2017, 10,<br>504.      | 1.4 | 12        |
| 56 | Recent trends in population levels and correlates of occupational and leisure sitting time in full-time employed Australian adults. PLoS ONE, 2018, 13, e0195177.   | 2.5 | 12        |
| 57 | Impact and process evaluation of a co-designed â€~Move More, Sit Less' intervention in a public sector<br>workplace. Work, 2019, 64, 587-599.   | 1.1 | 12        |
| 58 | Talking about a nanny nation: investigating the rhetoric framing public health debates in Australian<br>news media. Public Health Research and Practice, 2019, 29, .  | 1.5 | 12        |
| 59 | Perspectives on a â€~Sit Less, Move More' Intervention in Australian Emergency Call Centres. AIMS Public<br>Health, 2016, 3, 288-297.   | 2.6 | 10        |
| 60 | Patterns and predictors of sitting time over ten years in a large population-based Canadian sample:<br>Findings from the Canadian Multicentre Osteoporosis Study (CaMos). Preventive Medicine Reports,<br>2017, 5, 289-294. | 1.8 | 10        |
| 61 | Prevalence and correlates of domain-specific sedentary time of adults in the Netherlands: findings<br>from the 2006 Dutch time use survey. BMC Public Health, 2019, 19, 538.  | 2.9 | 10        |
| 62 | Association between TV viewing and heart disease mortality: observational study using negative control outcome. Journal of Epidemiology and Community Health, 2020, 74, 391-394.  | 3.7 | 10        |
| 63 | Getting the Message Across: Outcomes and Risk Profiles by Awareness Levels of the "Measure-Up―<br>Obesity Prevention Campaign in Australia. PLoS ONE, 2015, 10, e0121387.   | 2.5 | 9         |
| 64 | ls this health campaign really social marketing? A checklist to help you decide. Health Promotion<br>Journal of Australia, 2018, 29, 79-83.   | 1.2 | 9         |
| 65 | Use of Mobile Apps in Heart Failure Self-management: Qualitative Study Exploring the Patient and<br>Primary Care Clinician Perspective. JMIR Cardio, 2022, 6, e33992.   | 1.7 | 8         |
| 66 | Frequent lunch purchases from NSW school canteens: a potential marker for children's eating habits?. Australian and New Zealand Journal of Public Health, 2018, 42, 410-411.  | 1.8 | 7         |
| 67 | Impact and acceptance of a stateâ€wide policy to remove sugarâ€sweetened beverages in hospitals in New<br>South Wales, Australia. Health Promotion Journal of Australia, 2020, 32, 444-450.                                 | 1.2 | 7         |
| 68 | Perception of seasonal changes in physical activity among young Australian and German women.<br>Medical Journal of Australia, 2004, 181, 710-711.   | 1.7 | 5         |
| 69 | ChildrenË^s television subâ€standards: a call for significant amendments. Medical Journal of Australia,<br>2007, 186, 18-18.  | 1.7 | 5         |
| 70 | Identifying effective interventions to promote consumption of protein-rich foods from lower<br>ecological footprint sources: A systematic literature review. PLOS Global Public Health, 2022, 2,<br>e0000209.               | 1.6 | 5         |
| 71 | Overselling Sit-Stand Desks: News Coverage of Workplace Sitting Guidelines. Health Communication, 2018, 33, 1475-1481.  | 3.1 | 4         |
| 72 | Food Co-Operatives: A Potential Community-Based Strategy to Improve Fruit and Vegetable Intake in<br>Australia. International Journal of Environmental Research and Public Health, 2020, 17, 4154.                          | 2.6 | 4         |

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| 73 | Quantitative methods used in Australian health promotion research: a review of publications from 1992–2002. Health Promotion Journal of Australia, 2006, 17, 32-36.                           | 1.2 | 3         |
| 74 | Capacity building in physical activity and non-communicable disease prevention: a low-cost online training course can reach isolated practitioners. Global Health Promotion, 2017, 24, 27-33. | 1.3 | 3         |
| 75 | The evolution of time use approaches for understanding activities of daily living in a public health context. BMC Public Health, 2019, 19, 451.   | 2.9 | 3         |
| 76 | The Use of Twitter as an Interactive Learning Tool Within a Postgraduate Public Health Course: A Pilot<br>Study. Pedagogy in Health Promotion, 2021, 7, 110-117.                              | 0.8 | 1         |
| 77 | Authors' response to Letter to the Editor: ANZJPHâ€2017â€248. Australian and New Zealand Journal of Public Health, 2018, 42, 217.   | 1.8 | 0         |