

Iuliana Hartescu

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/60180/publications.pdf>

Version: 2024-02-01

10
papers

277
citations

1478505

6
h-index

1281871

11
g-index

12
all docs

12
docs citations

12
times ranked

462
citing authors

#	ARTICLE	IF	CITATIONS
1	Increased physical activity improves sleep and mood outcomes in inactive people with insomnia: a randomized controlled trial. <i>Journal of Sleep Research</i> , 2015, 24, 526-534.	3.2	165
2	Regular physical activity and insomnia: An international perspective. <i>Journal of Sleep Research</i> , 2019, 28, e12745.	3.2	30
3	Sleep duration and all-cause mortality: links to physical activity and prefrailty in a 27-year follow up of older adults in the UK. <i>Sleep Medicine</i> , 2019, 54, 231-237.	1.6	22
4	Sleep Quality and Recommended Levels of Physical Activity in Older People. <i>Journal of Aging and Physical Activity</i> , 2016, 24, 201-206.	1.0	18
5	Sleep extension and metabolic health in male overweight/obese short sleepers: A randomised controlled trial. <i>Journal of Sleep Research</i> , 2022, 31, e13469.	3.2	11
6	Psychomotor Performance Decrements following a Successful Physical Activity Intervention for Insomnia. <i>Behavioral Sleep Medicine</i> , 2020, 18, 298-308.	2.1	6
7	Sleep duration and sleep efficiency in UK long-distance heavy goods vehicle drivers. <i>Occupational and Environmental Medicine</i> , 2022, 79, 109-115.	2.8	6
8	Sleep Characteristics of Highly Trained Wheelchair Rugby Athletes With and Without a Cervical Spinal Cord Injury During the Competitive Season. <i>Frontiers in Sports and Active Living</i> , 2021, 3, 643233.	1.8	5
9	Sleep quality and adverse incidents in secure mental health settings. <i>Journal of Forensic Psychiatry and Psychology</i> , 2022, 33, 621-637.	1.0	1
10	P068â€¦Sleep quality in athletes and exercisers. , 2019, , .		0