

Peter M Wayne

List of Publications by Year in descending order

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Version: 2024-02-01

88
papers

3,378
citations

201674

27
h-index

155660

55
g-index

92
all docs

92
docs citations

92
times ranked

3239
citing authors

#	ARTICLE	IF	CITATIONS
1	Effect of Tai Chi on Cognitive Performance in Older Adults: Systematic Review and Meta-Analysis. <i>Journal of the American Geriatrics Society</i> , 2014, 62, 25-39.	2.6	300
2	Evidence-Based Nonpharmacologic Strategies for Comprehensive Pain Care. <i>Explore: the Journal of Science and Healing</i> , 2018, 14, 177-211.	1.0	279
3	Paradoxes in Acupuncture Research: Strategies for Moving Forward. <i>Evidence-based Complementary and Alternative Medicine</i> , 2011, 2011, 1-11.	1.2	220
4	Challenges Inherent to Tai Chi Research: Part I—Tai Chi as a Complex Multicomponent Intervention. <i>Journal of Alternative and Complementary Medicine</i> , 2008, 14, 95-102.	2.1	214
5	Tai Chi Exercise in Patients With Chronic Heart Failure. <i>Archives of Internal Medicine</i> , 2011, 171, 750-7.	3.8	179
6	Tai Chi and Qigong for cancer-related symptoms and quality of life: a systematic review and meta-analysis. <i>Journal of Cancer Survivorship</i> , 2018, 12, 256-267.	2.9	150
7	Publication Trends in Acupuncture Research: A 20-Year Bibliometric Analysis Based on PubMed. <i>PLoS ONE</i> , 2016, 11, e0168123.	2.5	131
8	Challenges Inherent to Tai Chi Research: Part II—Defining the Intervention and Optimal Study Design. <i>Journal of Alternative and Complementary Medicine</i> , 2008, 14, 191-197.	2.1	116
9	What Do We Really Know About the Safety of Tai Chi?: A Systematic Review of Adverse Event Reports in Randomized Trials. <i>Archives of Physical Medicine and Rehabilitation</i> , 2014, 95, 2470-2483.	0.9	113
10	Japanese-Style Acupuncture for Endometriosis-Related Pelvic Pain in Adolescents and Young Women: Results of a Randomized Sham-Controlled Trial. <i>Journal of Pediatric and Adolescent Gynecology</i> , 2008, 21, 247-257.	0.7	105
11	Impact of Tai Chi exercise on multiple fracture-related risk factors in post-menopausal osteopenic women: a pilot pragmatic, randomized trial. <i>BMC Complementary and Alternative Medicine</i> , 2012, 12, 7.	3.7	94
12	Evidence Base of Clinical Studies on Tai Chi: A Bibliometric Analysis. <i>PLoS ONE</i> , 2015, 10, e0120655.	2.5	71
13	Tai chi exercise for patients with chronic obstructive pulmonary disease: a pilot study. <i>Respiratory Care</i> , 2010, 55, 1475-82.	1.6	69
14	The Impact of Tai Chi Exercise on Self-Efficacy, Social Support, and Empowerment in Heart Failure: Insights from a Qualitative Sub-Study from a Randomized Controlled Trial. <i>PLoS ONE</i> , 2016, 11, e0154678.	2.5	68
15	A systems biology approach to studying Tai Chi, physiological complexity and healthy aging: Design and rationale of a pragmatic randomized controlled trial. <i>Contemporary Clinical Trials</i> , 2013, 34, 21-34.	1.8	58
16	Complexity-Based Measures Inform Effects of Tai Chi Training on Standing Postural Control: Cross-Sectional and Randomized Trial Studies. <i>PLoS ONE</i> , 2014, 9, e114731.	2.5	58
17	The Effects of Tai Chi and Neck Exercises in the Treatment of Chronic Nonspecific Neck Pain: A Randomized Controlled Trial. <i>Journal of Pain</i> , 2016, 17, 1013-1027.	1.4	50
18	Prevalence, Patterns, and Predictors of Tai Chi and Qigong Use in the United States: Results of a Nationally Representative Survey. <i>Journal of Alternative and Complementary Medicine</i> , 2016, 22, 336-342.	2.1	49

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19	The Impact of Spinal Manipulation on Migraine Pain and Disability: A Systematic Review and Meta-Analysis. <i>Headache</i> , 2019, 59, 532-542.	3.9	46
20	Unanticipated Insights into Biomedicine from the Study of Acupuncture. <i>Journal of Alternative and Complementary Medicine</i> , 2016, 22, 101-107.	2.1	43
21	Tai Chi Training may Reduce Dual Task Gait Variability, a Potential Mediator of Fall Risk, in Healthy Older Adults: Cross-Sectional and Randomized Trial Studies. <i>Frontiers in Human Neuroscience</i> , 2015, 9, 332.	2.0	42
22	Tai Chi for Reducing Dual-task Gait Variability, a Potential Mediator of Fall Risk in Parkinson's Disease: A Pilot Randomized Controlled Trial. <i>Global Advances in Health and Medicine</i> , 2018, 7, 216495611877538.	1.6	42
23	Establishing an Integrative Medicine Program Within an Academic Health Center: Essential Considerations. <i>Academic Medicine</i> , 2016, 91, 1223-1230.	1.6	40
24	Tai Chi Is a Promising Exercise Option for Patients With Coronary Heart Disease Declining Cardiac Rehabilitation. <i>Journal of the American Heart Association</i> , 2017, 6, .	3.7	40
25	What Is the Point? The Problem with Acupuncture Research That No One Wants to Talk About. <i>Journal of Alternative and Complementary Medicine</i> , 2018, 24, 200-207.	2.1	40
26	Can Tai Chi and Qigong Postures Shape Our Mood? Toward an Embodied Cognition Framework for Mind-Body Research. <i>Frontiers in Human Neuroscience</i> , 2018, 12, 174.	2.0	39
27	Tai Chi for health and well-being: A bibliometric analysis of published clinical studies between 2010 and 2020. <i>Complementary Therapies in Medicine</i> , 2021, 60, 102748.	2.7	35
28	A Pilot, Randomized Controlled Study of Tai Chi With Passive and Active Controls in the Treatment of Depressed Chinese Americans. <i>Journal of Clinical Psychiatry</i> , 2017, 78, e522-e528.	2.2	30
29	Long-term Exercise After Pulmonary Rehabilitation (LEAP): Design and rationale of a randomized controlled trial of Tai Chi. <i>Contemporary Clinical Trials</i> , 2015, 45, 458-467.	1.8	29
30	Impact of Short- and Long-term Tai Chi Mind-Body Exercise Training on Cognitive Function in Healthy Adults: Results from a Hybrid Observational Study and Randomized Trial. <i>Global Advances in Health and Medicine</i> , 2015, 4, 38-48.	1.6	28
31	Tai Chi for older adults with chronic multisite pain: a randomized controlled pilot study. <i>Aging Clinical and Experimental Research</i> , 2018, 30, 1335-1343.	2.9	26
32	Qigong Mind-Body Exercise as a Biopsychosocial Therapy for Persistent Post-Surgical Pain in Breast Cancer: A Pilot Study. <i>Integrative Cancer Therapies</i> , 2020, 19, 153473541989376.	2.0	26
33	Use of pragmatic community-based interventions to enhance recruitment and adherence in a randomized trial of Tai Chi for women with osteopenia. <i>Menopause</i> , 2014, 21, 1181-1189.	2.0	24
34	Tai chi mind-body exercise in patients with COPD: study protocol for a randomized controlled trial. <i>Trials</i> , 2014, 15, 337.	1.6	24
35	COMT and Alpha-Tocopherol Effects in Cancer Prevention: Gene-Supplement Interactions in Two Randomized Clinical Trials. <i>Journal of the National Cancer Institute</i> , 2019, 111, 684-694.	6.3	24
36	Tai Chi for osteopenic women: design and rationale of a pragmatic randomized controlled trial. <i>BMC Musculoskeletal Disorders</i> , 2010, 11, 40.	1.9	23

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37	Does Postural Awareness Contribute to Exercise-Induced Improvements in Neck Pain Intensity? A Secondary Analysis of a Randomized Controlled Trial Evaluating Tai Chi and Neck Exercises. <i>Spine</i> , 2017, 42, 1195-1200.	2.0	21
38	A Cluster Randomized Trial of Tai Chi vs Health Education in Subsidized Housing: The Mi-WiSH Study. <i>Journal of the American Geriatrics Society</i> , 2019, 67, 1812-1819.	2.6	21
39	Can Tai Chi training impact fractal stride time dynamics, an index of gait health, in older adults? Cross-sectional and randomized trial studies. <i>PLoS ONE</i> , 2017, 12, e0186212.	2.5	20
40	Mind-Body Exercises for Nurses with Chronic Low Back Pain: An Evidence-Based Review. <i>Nursing Research and Practice</i> , 2016, 2016, 1-10.	1.0	19
41	Effects of Tai Chi on beta endorphin and inflammatory markers in older adults with chronic pain: an exploratory study. <i>Aging Clinical and Experimental Research</i> , 2020, 32, 1389-1392.	2.9	19
42	BEAM study (Breathing, Education, Awareness, Movement): a randomised controlled feasibility trial of tai chi exercise in patients with COPD. <i>BMJ Open Respiratory Research</i> , 2020, 7, e000697.	3.0	19
43	Acupuncture for Chemoradiation Therapy-Related Dysphagia in Head and Neck Cancer: A Pilot Randomized Sham-Controlled Trial. <i>Oncologist</i> , 2016, 21, 1522-1529.	3.7	18
44	Resolving Paradoxes in Acupuncture Research: A Roundtable Discussion. <i>Journal of Alternative and Complementary Medicine</i> , 2009, 15, 1039-1044.	2.1	17
45	The Feasibility and Effects of Acupuncture on Quality of Life Scores During Chemotherapy in Ovarian Cancer: Results from a Pilot, Randomized Sham-Controlled Trial. <i>Medical Acupuncture</i> , 2012, 24, 233-240.	0.6	17
46	Protocol for the MATCH study (Mindfulness and Tai Chi for cancer health): A preference-based multi-site randomized comparative effectiveness trial (CET) of Mindfulness-Based Cancer Recovery (MBCR) vs. Tai Chi/Qigong (TCQ) for cancer survivors. <i>Contemporary Clinical Trials</i> , 2017, 59, 64-76.	1.8	17
47	The Mind Body-Wellness in Supportive Housing (Mi-WiSH) study: Design and rationale of a cluster randomized controlled trial of Tai Chi in senior housing. <i>Contemporary Clinical Trials</i> , 2017, 60, 96-104.	1.8	16
48	Experimental Studies of Inter-Rater Agreement in Traditional Chinese Medicine: A Systematic Review. <i>Journal of Alternative and Complementary Medicine</i> , 2019, 25, 1085-1096.	2.1	16
49	Within-team Patterns of Communication and Referral in Multimodal Treatment of Chronic Low Back Pain Patients by an Integrative Care Team. <i>Global Advances in Health and Medicine</i> , 2015, 4, 36-45.	1.6	15
50	Complexity-Based Measures of Heart Rate Dynamics in Older Adults Following Long- and Short-Term Tai Chi Training: Cross-sectional and Randomized Trial Studies. <i>Scientific Reports</i> , 2019, 9, 7500.	3.3	14
51	“Making Peace with Our Bodies” A Qualitative Analysis of Breast Cancer Survivors' Experiences with Qigong Mind-Body Exercise. <i>Journal of Alternative and Complementary Medicine</i> , 2020, 26, 827-834.	2.1	14
52	The impact of Tai Chi and mind-body breathing in COPD: Insights from a qualitative sub-study of a randomized controlled trial. <i>PLoS ONE</i> , 2021, 16, e0249263.	2.5	14
53	Acupuncture for Chronic Low Back Pain: Recommendations to Medicare/Medicaid from the Society for Acupuncture Research. <i>Journal of Alternative and Complementary Medicine</i> , 2019, 25, 367-369.	2.1	13
54	Structural Integration as an Adjunct to Outpatient Rehabilitation for Chronic Nonspecific Low Back Pain: A Randomized Pilot Clinical Trial. <i>Evidence-based Complementary and Alternative Medicine</i> , 2015, 2015, 1-19.	1.2	12

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55	Design and methods of the Gentle Cardiac Rehabilitation Study “A behavioral study of tai chi exercise for patients not attending cardiac rehabilitation. <i>Contemporary Clinical Trials</i> , 2015, 43, 243-251.	1.8	12
56	Incorporating Acupuncture Into American Healthcare: Initiating a Discussion on Implementation Science, the Status of the Field, and Stakeholder Considerations. <i>Global Advances in Health and Medicine</i> , 2021, 10, 216495612110425.	1.6	12
57	In the Eyes of Those Who Were Randomized: Perceptions of Disadvantaged Older Adults in a Tai Chi Trial. <i>Gerontologist</i> , The, 2020, 60, 672-682.	3.9	10
58	Tai Chi training’s effect on lower extremity muscle co-contraction during single- and dual-task gait: Cross-sectional and randomized trial studies. <i>PLoS ONE</i> , 2021, 16, e0242963.	2.5	10
59	Cost-Effectiveness of a Team-Based Integrative Medicine Approach to the Treatment of Back Pain. <i>Journal of Alternative and Complementary Medicine</i> , 2019, 25, S138-S146.	2.1	9
60	Tai Chi training for attention deficit hyperactivity disorder: A feasibility trial in college students. <i>Complementary Therapies in Medicine</i> , 2020, 53, 102538.	2.7	9
61	A Multidisciplinary Integrative Medicine Team in the Treatment of Chronic Low-Back Pain: An Observational Comparative Effectiveness Study. <i>Journal of Alternative and Complementary Medicine</i> , 2018, 24, 781-791.	2.1	8
62	Long-term Exercise After Pulmonary Rehabilitation (LEAP): a pilot randomised controlled trial of Tai Chi in COPD. <i>ERJ Open Research</i> , 2021, 7, 00025-2021.	2.6	7
63	Can Reliability of the Chinese Medicine Diagnostic Process Be Improved? Results of a Prospective Randomized Controlled Trial. <i>Journal of Alternative and Complementary Medicine</i> , 2019, 25, 1103-1108.	2.1	6
64	A systematic review of in vivo stretching regimens on inflammation and its relevance to translational yoga research. <i>PLoS ONE</i> , 2022, 17, e0269300.	2.5	6
65	Reporting of Protocol Rationale and Content Validity in Randomized Clinical Trials of Tai Chi: A Systematic Evaluation. <i>Journal of Alternative and Complementary Medicine</i> , 2019, 25, 370-376.	2.1	5
66	Tai Chi for heart attack survivors: qualitative insights. <i>BMJ Supportive and Palliative Care</i> , 2020, 10, e44-e44.	1.6	5
67	Perceptions of Chiropractic Care Among Women With Migraine: A Qualitative Substudy Using a Grounded-Theory Framework. <i>Journal of Manipulative and Physiological Therapeutics</i> , 2021, 44, 154-163.	0.9	5
68	Exploring Tai Chi Exercise and Mind-Body Breathing in Patients with COPD in a Randomized Controlled Feasibility Trial. <i>COPD: Journal of Chronic Obstructive Pulmonary Disease</i> , 2021, 18, 288-298.	1.6	5
69	Managing the experience of breathlessness with Tai Chi: A qualitative analysis from a randomized controlled trial in COPD. <i>Respiratory Medicine</i> , 2021, 184, 106463.	2.9	5
70	Qigong mind-body program for caregivers of cancer patients: design of a pilot three-arm randomized clinical trial. <i>Pilot and Feasibility Studies</i> , 2021, 7, 73.	1.2	4
71	Gait Variability Is Associated With the Strength of Functional Connectivity Between the Default and Dorsal Attention Brain Networks: Evidence From Multiple Cohorts. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2021, 76, e328-e334.	3.6	4
72	Minding the Mind “Body Literature: Burnout in Medicine and the Corporate Workforce. <i>Journal of Alternative and Complementary Medicine</i> , 2019, 25, 1-4.	2.1	3

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73	Integrative Medicine Is a Good Prescription for Patients and Planet. <i>Journal of Alternative and Complementary Medicine</i> , 2019, 25, 1151-1155.	2.1	3
74	Acupuncture Research in Animal Models: Rationale, Needling Methods and the Urgent Need for a Standards for Reporting Interventions in Clinical Trials of Acupuncture—Standards for Reporting Interventions in Acupuncture Using Animal Models Adaptation. <i>Journal of Alternative and Complementary Medicine</i> , 2021, 27, 193-197.	2.1	3
75	Development of a Novel Intervention (Mindful Steps) to Promote Long-Term Walking Behavior in Chronic Cardiopulmonary Disease: Protocol for a Randomized Controlled Trial. <i>JMIR Research Protocols</i> , 2021, 10, e27826.	1.0	3
76	Factors Influencing Preference for Intervention in a Comparative Effectiveness Trial of Mindfulness-Based Cancer Recovery and Tai Chi/Qigong in Cancer Survivors. <i>Journal of Alternative and Complementary Medicine</i> , 2021, 27, 423-433.	2.1	3
77	Qigong Training Positively Impacts Both Posture and Mood in Breast Cancer Survivors With Persistent Post-surgical Pain: Support for an Embodied Cognition Paradigm. <i>Frontiers in Psychology</i> , 2022, 13, 800727.	2.1	3
78	Tribute to Hugh MacPherson, PhD. <i>Journal of Alternative and Complementary Medicine</i> , 2020, 26, 845-846.	2.1	2
79	Development and Implementation of the Integrative Toolbox for Headache Management. <i>Headache</i> , 2020, 60, 771-775.	3.9	2
80	Skin Temperature of Acupoints in Health and Disease: A Systematic Review. , 2022, , .		2
81	The Impact of a Tai Chi Exercise Program on Patients with Chronic Heart Failure: Qualitative Analysis from a Randomized Controlled Trial. <i>Journal of Alternative and Complementary Medicine</i> , 2014, 20, A69-A70.	2.1	1
82	Do Complexity-Based Measures of Sway Inform Long- and Short-Term Effects of Tai Chi Training on Balance in Healthy Adults?. <i>Journal of Alternative and Complementary Medicine</i> , 2014, 20, A25-A25.	2.1	1
83	Patient Disclosure of Complementary and Integrative Health Approaches in an Academic Health Center. <i>Global Advances in Health and Medicine</i> , 2020, 9, 216495612091273.	1.6	1
84	Acupuncture for dysphagia after chemoradiation therapy in head and neck cancer: A randomized sham-controlled study.. <i>Journal of Clinical Oncology</i> , 2013, 31, 6058-6058.	1.6	1
85	A remote Tai Chi program for diverse older adults with multisite pain during the COVID-19 pandemic. <i>Innovation in Aging</i> , 2021, 5, 989-989.	0.1	1
86	Nourishing Children's Minds and Bodies. <i>Journal of Alternative and Complementary Medicine</i> , 2021, 27, 899-903.	2.1	0
87	Using Diagnostic Ultrasound to Support the Diagnose Sarcopenia in Older Adults: A Systematic Review. <i>Innovation in Aging</i> , 2021, 5, 987-987.	0.1	0
88	This Is Your Mind—Body on Nature. , 2022, 28, 197-201.		0