

Elisabet LlauradÃ³

List of Publications by Year in descending order

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Version: 2024-02-01

39
papers

1,139
citations

535685

17
h-index

488211

31
g-index

41
all docs

41
docs citations

41
times ranked

1847
citing authors

#	ARTICLE	IF	CITATIONS
1	The health benefits of anthocyanins: an umbrella review of systematic reviews and meta-analyses of observational studies and controlled clinical trials. Nutrition Reviews, 2022, 80, 1515-1530.	2.6	19
2	Serum lysophospholipidome of dietary origin as a suitable susceptibility/risk biomarker of human hypercholesterolemia: A cross-sectional study. Clinical Nutrition, 2022, 41, 489-499.	2.3	3
3	The "Healthy Meals" web app for the assessment of nutritional content and food allergens in restaurant meals: Development, evaluation and validation. Digital Health, 2022, 8, 205520762210816.	0.9	1
4	"Som la Pera", a School-Based, Peer-Led Social Marketing Intervention to Engage Spanish Adolescents in a Healthy Lifestyle: A Parallel-Cluster Randomized Controlled Study. Childhood Obesity, 2022, , .	0.8	0
5	Adolescents encouraging healthy lifestyles through a peer-led social marketing intervention: Training and key competencies learned by peer leaders. Health Expectations, 2022, 25, 455-465.	1.1	1
6	Acute Effects of Turmeric Extracts on Knee Joint Pain: A Pilot, Randomized Controlled Trial. Journal of Medicinal Food, 2021, 24, 436-440.	0.8	10
7	Effects of hesperidin in orange juice on blood and pulse pressures in mildly hypertensive individuals: a randomized controlled trial (Citrus study). European Journal of Nutrition, 2021, 60, 1277-1288.	1.8	49
8	Interplay between dietary phenolic compound intake and the human gut microbiome in hypertension: A cross-sectional study. Food Chemistry, 2021, 344, 128567.	4.2	28
9	Interventions to Promote Healthy Meals in Full-Service Restaurants and Canteens: A Systematic Review and Meta-Analysis. Nutrients, 2021, 13, 1350.	1.7	12
10	Gut Microbiota Profile and Its Association with Clinical Variables and Dietary Intake in Overweight/Obese and Lean Subjects: A Cross-Sectional Study. Nutrients, 2021, 13, 2032.	1.7	75
11	Evaluating Mediterranean Diet-Adherent, Healthy and Allergen-Free Meals Offered in Tarragona Province Restaurants (Catalonia, Spain): A Cross-Sectional Study. Nutrients, 2021, 13, 2464.	1.7	3
12	Hesperidin in orange juice improves human endothelial function in subjects with elevated blood pressure and stage 1 hypertension: A randomized, controlled trial (Citrus study). Journal of Functional Foods, 2021, 85, 104646.	1.6	7
13	Effect of the consumption of hesperidin in orange juice on the transcriptomic profile of subjects with elevated blood pressure and stage 1 hypertension: A randomized controlled trial (CITRUS study). Clinical Nutrition, 2021, 40, 5812-5822.	2.3	4
14	Cyanidin-3-glucoside as a possible biomarker of anthocyanin-rich berry intake in body fluids of healthy humans: a systematic review of clinical trials. Nutrition Reviews, 2020, 78, 597-610.	2.6	10
15	Effectiveness of Workplace Interventions for Improving Absenteeism, Productivity, and Work Ability of Employees: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. International Journal of Environmental Research and Public Health, 2020, 17, 1901.	1.2	37
16	Social and Economic Factors and Malnutrition or the Risk of Malnutrition in the Elderly: A Systematic Review and Meta-Analysis of Observational Studies. Nutrients, 2020, 12, 737.	1.7	100
17	Response to: Comment About Statistical Analysis of a Cluster-Randomized Trial About Clustering and Nesting (DOI: 10.1089/chi.2019.0142). Childhood Obesity, 2020, 16, 67-69.	0.8	2
18	Fermented Dairy Products, Probiotic Supplementation, and Cardiometabolic Diseases: A Systematic Review and Meta-analysis. Advances in Nutrition, 2020, 11, 834-863.	2.9	88

#	ARTICLE	IF	CITATIONS
19	Gut metagenomic and short chain fatty acids signature in hypertension: a cross-sectional study. <i>Scientific Reports</i> , 2020, 10, 6436.	1.6	115
20	Mobile Phone Apps for Food Allergies or Intolerances in App Stores: Systematic Search and Quality Assessment Using the Mobile App Rating Scale (MARS). <i>JMIR MHealth and UHealth</i> , 2020, 8, e18339.	1.8	41
21	Potential Use of Mobile Phone Applications for Self-Monitoring and Increasing Daily Fruit and Vegetable Consumption: A Systematized Review. <i>Nutrients</i> , 2019, 11, 686.	1.7	27
22	Impact of a youth-led social marketing intervention run by adolescents to encourage healthy lifestyles among younger school peers (EYTO-Kids project): a parallel-cluster randomised controlled pilot study. <i>Journal of Epidemiology and Community Health</i> , 2019, 73, 324-333.	2.0	10
23	Effects of daily consumption of the probiotic <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> CECT 8145 on anthropometric adiposity biomarkers in abdominally obese subjects: a randomized controlled trial. <i>International Journal of Obesity</i> , 2019, 43, 1863-1868.	1.6	124
24	The "Som la Pera" intervention: sustainability capacity evaluation of a peer-led social-marketing intervention to encourage healthy lifestyles among adolescents. <i>Translational Behavioral Medicine</i> , 2018, 8, 739-744.	1.2	8
25	A workplace intervention to reduce alcohol and drug consumption: a nonrandomized single-group study. <i>BMC Public Health</i> , 2018, 18, 1281.	1.2	13
26	Cost-Effectiveness of the EdAI (Educaci3 en Alimentaci3) Program: A Primary School-Based Study to Prevent Childhood Obesity. <i>Journal of Epidemiology</i> , 2018, 28, 477-481.	1.1	5
27	Follow-up of a healthy lifestyle education program (the EdAI study): four years after cessation of randomized controlled trial intervention. <i>BMC Public Health</i> , 2018, 18, 104.	1.2	14
28	Restaurant-based intervention to facilitate healthy eating choices and the identification of allergenic foods at a family-oriented resort and a campground. <i>BMC Public Health</i> , 2017, 17, 393.	1.2	4
29	A Youth-Led, Social Marketing Intervention Run by Adolescents to Encourage Healthy Lifestyles among Younger School Peers (EYTO-Kids Project): A Protocol for Pilot Cluster Randomized Controlled Trial (Spain). <i>International Journal of Environmental Research and Public Health</i> , 2017, 14, 923.	1.2	7
30	Obesity-promoting factors in Mexican children and adolescents: challenges and opportunities. <i>Global Health Action</i> , 2016, 9, 29625.	0.7	57
31	Effectiveness of social marketing strategies to reduce youth obesity in European school-based interventions: a systematic review and meta-analysis. <i>Nutrition Reviews</i> , 2016, 74, 337-351.	2.6	49
32	Impact of a Service Learning (SL) Experience on the Improvement of Knowledge in Healthy Eating Habits in Teenagers. <i>Procedia, Social and Behavioral Sciences</i> , 2016, 228, 202-208.	0.5	2
33	Effects of low molecular weight procyanidin rich extract from french maritime pine bark on cardiovascular disease risk factors in stage-1 hypertensive subjects: Randomized, double-blind, crossover, placebo-controlled intervention trial. <i>Phytomedicine</i> , 2016, 23, 1451-1461.	2.3	44
34	The effect of snacking and eating frequency on dietary quality in British adolescents. <i>European Journal of Nutrition</i> , 2016, 55, 1789-1797.	1.8	33
35	A youth-led social marketing intervention to encourage healthy lifestyles, the EYTO (European Youth) Tj ETQq1 1 0.784314 rgBT /Over Health, 2015, 15, 607.	1.2	27
36	EdAI-2 (Educaci3 en Alimentaci3) programme: reproducibility of a cluster randomised, interventional, primary-school-based study to induce healthier lifestyle activities in children. <i>BMJ Open</i> , 2014, 4, e005496.	0.8	15

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37	A primary-school-based study to reduce the prevalence of childhood obesity – the EdAl (Educació en Tj ETQq1	1,0784314	44
38	Follow-up of a Healthy Lifestyle Education Program (the Educació en Alimentació Study): 2 Years After Cessation of Intervention. <i>Journal of Adolescent Health</i> , 2014, 55, 782-789.	1.2	19
39	Effects of enriched seafood sticks (heat-inactivated <i>B. animalis</i> subsp. <i>lactis</i> CECT 8145, inulin, omega-3) on cardiometabolic risk factors and gut microbiota in abdominally obese subjects: randomized controlled trial. <i>European Journal of Nutrition</i> , 0, , .	1.8	2