

Alan Bensoussan, MAppSc

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

105
papers

4,055
citations

32
h-index

61
g-index

113
ext. papers

4,732
ext. citations

4.4
avg, IF

5.47
L-index

#	Paper	IF	Citations
105	Does tai chi improve psychological well-being and quality of life in patients with cardiovascular disease and/or cardiovascular risk factors? A systematic review.. <i>BMC Complementary Medicine and Therapies</i> , 2022 , 22, 3	2.9	0
104	Acupuncture for treatment-related side effects in women with breast cancer. <i>The Cochrane Library</i> , 2021 , 2021,	5.2	78
103	Use of complementary medicines and lifestyle approaches by people living with dementia: Exploring experiences, motivations and attitudes. <i>International Journal of Older People Nursing</i> , 2021 , 16, e12378	2.3	2
102	Tai Chi for health and well-being: A bibliometric analysis of published clinical studies between 2010 and 2020. <i>Complementary Therapies in Medicine</i> , 2021 , 60, 102748	3.5	6
101	Zao Ren An Shen for insomnia: a systematic review with meta-analysis. <i>Sleep Medicine</i> , 2020 , 69, 41-50	4.6	8
100	Is insomnia disorder associated with time in bed extension?. <i>Sleep Science</i> , 2020 , 13, 215-219	1.8	
99	Effects of Nonpharmacological Interventions in Chemotherapy-Induced Peripheral Neuropathy: An Overview of Systematic Reviews and Meta-Analyses. <i>Integrative Cancer Therapies</i> , 2020 , 19, 1534735420345027		
98	Sailuotong Capsule Prevents the Cerebral Ischaemia-Induced Neuroinflammation and Impairment of Recognition Memory through Inhibition of LCN2 Expression. <i>Oxidative Medicine and Cellular Longevity</i> , 2019 , 2019, 8416105	6.7	3
97	Current Status and Major Challenges to the Safety and Efficacy Presented by Chinese Herbal Medicine. <i>Medicines (Basel, Switzerland)</i> , 2019 , 6,	4.1	39
96	Synergistic study of a Danshen (<i>Salvia Miltiorrhizae Radix et Rhizoma</i>) and Sanqi (<i>Notoginseng Radix et Rhizoma</i>) combination on cell survival in EA.hy926 cells. <i>BMC Complementary and Alternative Medicine</i> , 2019 , 19, 50	4.7	11
95	Guidance for establishing an integrative oncology service in the Australian healthcare setting-a discussion paper. <i>Supportive Care in Cancer</i> , 2018 , 26, 471-481	3.9	5
94	Chinese Herbal Medicine as a Potential Treatment of Abdominal Aortic Aneurysm. <i>Frontiers in Cardiovascular Medicine</i> , 2018 , 5, 33	5.4	5
93	Study protocol for a randomised, double-blind, placebo-controlled 12-week pilot phase II trial of Sailuotong (SLT) for cognitive function in older adults with mild cognitive impairment. <i>Trials</i> , 2018 , 19, 522	2.8	9
92	An interpretive review of consensus statements on clinical guideline development and their application in the field of traditional and complementary medicine. <i>BMC Complementary and Alternative Medicine</i> , 2017 , 17, 116	4.7	8
91	Reliability of the NICMAN Scale: An Instrument to Assess the Quality of Acupuncture Administered in Clinical Trials. <i>Evidence-based Complementary and Alternative Medicine</i> , 2017 , 2017, 5694083	2.3	9
90	Interactions between antidiabetic drugs and herbs: an overview of mechanisms of action and clinical implications. <i>Diabetology and Metabolic Syndrome</i> , 2017 , 9, 59	5.6	74
89	Nutritional supplements and herbal medicines for women with polycystic ovary syndrome; a systematic review and meta-analysis. <i>BMC Complementary and Alternative Medicine</i> , 2017 , 17, 500	4.7	25

88	Does Tai Chi improve psychological well-being and quality of life in patients with cardiovascular disease and/or cardiovascular risk factors? A systematic review protocol. <i>BMJ Open</i> , 2017 , 7, e014507	3	6
87	Combined Lifestyle and Herbal Medicine in Overweight Women with Polycystic Ovary Syndrome (PCOS): A Randomized Controlled Trial. <i>Phytotherapy Research</i> , 2017 , 31, 1330-1340	6.7	43
86	High-performance liquid chromatography coupled with tandem mass spectrometry technology in the analysis of Chinese Medicine Formulas: A bibliometric analysis (1997-2015). <i>Journal of Separation Science</i> , 2017 , 40, 81-92	3.4	13
85	Synergistic Effects of Danshen (<i>Salvia Miltiorrhizae Radix et Rhizoma</i>) and Sanqi (<i>Notoginseng Radix et Rhizoma</i>) Combination in Angiogenesis Behavior in EAhy 926 Cells. <i>Medicines (Basel, Switzerland)</i> , 2017 , 4,	4.1	7
84	Sailuotong Prevents Hydrogen Peroxide (H ₂ O ₂) Induced Injury in EA.hy926 Cells. <i>International Journal of Molecular Sciences</i> , 2017 , 18,	6.3	10
83	A double-blind, randomised, placebo-controlled trial of <i>Ganoderma lucidum</i> for the treatment of cardiovascular risk factors of metabolic syndrome. <i>Scientific Reports</i> , 2016 , 6, 29540	4.9	31
82	The Complementary Therapies for Labour and Birth Study making sense of labour and birth - Experiences of women, partners and midwives of a complementary medicine antenatal education course. <i>Midwifery</i> , 2016 , 40, 124-31	2.8	16
81	Integrative medicine: more than the promotion of unproven treatments?. <i>Medical Journal of Australia</i> , 2016 , 205, 282	4	1
80	Herbal Medicine for the Treatment of Vascular Dementia: An Overview of Scientific Evidence. <i>Evidence-based Complementary and Alternative Medicine</i> , 2016 , 2016, 7293626	2.3	27
79	Synergistic Effects of Danshen (<i>Salvia Miltiorrhiza Radix et Rhizoma</i>) and Sanqi (<i>Notoginseng Radix et Rhizoma</i>) Combination in Inhibiting Inflammation Mediators in RAW264.7 Cells. <i>BioMed Research International</i> , 2016 , 2016, 5758195	3	14
78	Prior to Conception: The Role of an Acupuncture Protocol in Improving Women's Reproductive Functioning Assessed by a Pilot Pragmatic Randomised Controlled Trial. <i>Evidence-based Complementary and Alternative Medicine</i> , 2016 , 2016, 3587569	2.3	3
77	Angiogenesis in Ischemic Stroke and Angiogenic Effects of Chinese Herbal Medicine. <i>Journal of Clinical Medicine</i> , 2016 , 5,	5.1	61
76	Ginsenoside Rg1 protects starving H9c2 cells by dissociation of Bcl-2-Bec1 complex. <i>BMC Complementary and Alternative Medicine</i> , 2016 , 16, 146	4.7	13
75	Synergistic Effects of Chinese Herbal Medicine: A Comprehensive Review of Methodology and Current Research. <i>Frontiers in Pharmacology</i> , 2016 , 7, 201	5.6	172
74	Chinese Medicine in Australia. <i>Journal of Alternative and Complementary Medicine</i> , 2016 , 22, 515-25	2.4	9
73	INDIVIDUALIZED YOGA FOR REDUCING DEPRESSION AND ANXIETY, AND IMPROVING WELL-BEING: A RANDOMIZED CONTROLLED TRIAL. <i>Depression and Anxiety</i> , 2016 , 33, 816-28	8.4	46
72	Complementary therapies for labour and birth study: a randomised controlled trial of antenatal integrative medicine for pain management in labour. <i>BMJ Open</i> , 2016 , 6, e010691	3	41
71	Complementary medicine research projects in Australia: 2008-2013. <i>Advances in Integrative Medicine</i> , 2016 , 3, 82-89	1.6	1

70	Analytical Method Validation and Quality Control of a Seven-Herb Chinese Medicine Formulation Used for the Treatment of Irritable Bowel Syndrome with Constipation. <i>Journal of AOAC INTERNATIONAL</i> , 2016 ,	1.7	3
69	Choosing chemical markers for quality assurance of complex herbal medicines: Development and application of the herb MaRS criteria. <i>Clinical Pharmacology and Therapeutics</i> , 2015 , 97, 628-40	6.1	16
68	Efficacy of a Chinese Herbal Medicine in Providing Adequate Relief of Constipation-predominant Irritable Bowel Syndrome: A Randomized Controlled Trial. <i>Clinical Gastroenterology and Hepatology</i> , 2015 , 13, 1946-54.e1	6.9	29
67	Establishing key components of yoga interventions for reducing depression and anxiety, and improving well-being: a Delphi method study. <i>BMC Complementary and Alternative Medicine</i> , 2015 , 15, 85	4.7	36
66	Berberine alleviates ox-LDL induced inflammatory factors by up-regulation of autophagy via AMPK/mTOR signaling pathway. <i>Journal of Translational Medicine</i> , 2015 , 13, 92	8.5	124
65	Zebrafish models of cardiovascular diseases and their applications in herbal medicine research. <i>European Journal of Pharmacology</i> , 2015 , 768, 77-86	5.3	12
64	Process of care in outpatient Integrative healthcare facilities: a systematic review of clinical trials. <i>BMC Health Services Research</i> , 2015 , 15, 322	2.9	5
63	p27(Kip1) signaling: Transcriptional and post-translational regulation. <i>International Journal of Biochemistry and Cell Biology</i> , 2015 , 68, 9-14	5.6	68
62	Ganoderma lucidum mushroom for the treatment of cardiovascular risk factors. <i>The Cochrane Library</i> , 2015 , CD007259	5.2	22
61	The effects of topical Arnica on performance, pain and muscle damage after intense eccentric exercise. <i>European Journal of Sport Science</i> , 2014 , 14, 294-300	3.9	8
60	Acupuncture and women's health: an overview of the role of acupuncture and its clinical management in women's reproductive health. <i>International Journal of Womens Health</i> , 2014 , 6, 313-25	2.8	24
59	A survey of the use of complementary medicine by a self-selected community group of Australian women with polycystic ovary syndrome. <i>BMC Complementary and Alternative Medicine</i> , 2014 , 14, 472	4.7	30
58	Herbal medicine for the management of polycystic ovary syndrome (PCOS) and associated oligo/amenorrhoea and hyperandrogenism; a review of the laboratory evidence for effects with corroborative clinical findings. <i>BMC Complementary and Alternative Medicine</i> , 2014 , 14, 511	4.7	84
57	Impact of Chinese Herbal Medicine on Survival, Relapse and Metastasis in Women with Breast Cancer: A Systematic Review of Randomized Controlled Trial. <i>Journal of Alternative and Complementary Medicine</i> , 2014 , 20, A62-A62	2.4	2
56	Cupping therapy for acute and chronic pain management: a systematic review of randomized clinical trials. <i>Journal of Traditional Chinese Medical Sciences</i> , 2014 , 1, 49-61	0.6	11
55	Cost-effectiveness of Acupuncture for Chronic Nonspecific Low Back Pain. <i>Pain Practice</i> , 2014 , 14, 599-606		22
54	The process of care in integrative health care settings - a qualitative study of US practices. <i>BMC Complementary and Alternative Medicine</i> , 2014 , 14, 410	4.7	13
53	Randomised controlled trial of a 12 week yoga intervention on negative affective states, cardiovascular and cognitive function in post-cardiac rehabilitation patients. <i>BMC Complementary and Alternative Medicine</i> , 2014 , 14, 411	4.7	13

52	Acupuncture and acupressure for pain management in labour and birth: a critical narrative review of current systematic review evidence. <i>Complementary Therapies in Medicine</i> , 2014 , 22, 523-40	3.5	39
51	Chinese herbal medicine for impaired glucose tolerance: a randomized placebo controlled trial. <i>BMC Complementary and Alternative Medicine</i> , 2013 , 13, 104	4.7	21
50	The effects of Panax notoginseng on delayed onset muscle soreness and muscle damage in well-trained males: a double blind randomised controlled trial. <i>Complementary Therapies in Medicine</i> , 2013 , 21, 131-40	3.5	23
49	Interrater reliability of chinese medicine diagnosis in people with prediabetes. <i>Evidence-based Complementary and Alternative Medicine</i> , 2013 , 2013, 710892	2.3	13
48	TCM Zheng Classification and Clinical Trials. <i>Evidence-based Complementary and Alternative Medicine</i> , 2013 , 2013, 723659	2.3	10
47	Social and Cultural Factors Affecting Complementary and Alternative Medicine (CAM) Use during Menopause in Sydney and Bologna. <i>Evidence-based Complementary and Alternative Medicine</i> , 2013 , 2013, 836234	2.3	5
46	Chinese herbal medicines for hypertriglyceridaemia. <i>The Cochrane Library</i> , 2013 , CD009560	5.2	5
45	Traditional Chinese medicine in cancer care: a review of controlled clinical studies published in chinese. <i>PLoS ONE</i> , 2013 , 8, e60338	3.7	124
44	Defining research priorities in complementary medicine in oncology. <i>Complementary Therapies in Medicine</i> , 2012 , 20, 345-52	3.5	9
43	The effects of Lyprinol(□) on delayed onset muscle soreness and muscle damage in well trained athletes: a double-blind randomised controlled trial. <i>Complementary Therapies in Medicine</i> , 2011 , 19, 311-8	3.5	13
42	Development of an instrument to assess the quality of acupuncture: results from a Delphi process. <i>Journal of Alternative and Complementary Medicine</i> , 2011 , 17, 441-52	2.4	35
41	A chinese herbal preparation containing radix salviae miltiorrhizae, radix notoginseng and borneolum syntheticum reduces circulating adhesion molecules. <i>Evidence-based Complementary and Alternative Medicine</i> , 2011 , 2011, 790784	2.3	8
40	The ethics of traditional chinese and Western herbal medicine research: views of researchers and human ethics committees in australia. <i>Evidence-based Complementary and Alternative Medicine</i> , 2011 , 2011, 256915	2.3	6
39	Are there any cross-ethnic differences in menstrual profiles? A pilot comparative study on Australian and Chinese women with primary dysmenorrhea. <i>Journal of Obstetrics and Gynaecology Research</i> , 2010 , 36, 1093-101	1.9	16
38	Review of economic methods used in complementary medicine. <i>Journal of Alternative and Complementary Medicine</i> , 2010 , 16, 591-5	2.4	7
37	Development of liquid chromatography/mass spectrometry methods for the quantitative analysis of herbal medicine in biological fluids: a review. <i>Biomedical Chromatography</i> , 2010 , 24, 91-103	1.7	37
36	Quality assurance for Chinese herbal formulae: standardization of IBS-20, a 20-herb preparation. <i>Chinese Medicine</i> , 2010 , 5, 8	4.7	17
35	Development in and challenge for traditional Chinese medicine in Australia. <i>Journal of Alternative and Complementary Medicine</i> , 2009 , 15, 685-8	2.4	9

34	Primary dysmenorrhoea: a comparative study on Australian and Chinese women. <i>Complementary Therapies in Medicine</i> , 2009 , 17, 155-60	3.5	27
33	Benefits of fish oil supplementation in hyperlipidemia: a systematic review and meta-analysis. <i>International Journal of Cardiology</i> , 2009 , 136, 4-16	3.2	210
32	Understanding the reliability of diagnostic variables in a Chinese Medicine examination. <i>Journal of Alternative and Complementary Medicine</i> , 2009 , 15, 727-34	2.4	29
31	An investigation into the reliability of Chinese medicine diagnosis according to Eight Guiding Principles and Zang-Fu Theory in Australians with hypercholesterolemia. <i>Journal of Alternative and Complementary Medicine</i> , 2009 , 15, 259-66	2.4	32
30	A randomized placebo-controlled trial on the effectiveness of an herbal formula to alleviate menopausal vasomotor symptoms. <i>Menopause</i> , 2009 , 16, 336-44	2.5	31
29	Chinese herbal medicines for people with impaired glucose tolerance or impaired fasting blood glucose. <i>The Cochrane Library</i> , 2009 , CD006690	5.2	21
28	The practice and regulatory requirements of naturopathy and western herbal medicine in Australia. <i>Risk Management and Healthcare Policy</i> , 2009 , 2, 21-33	2.8	18
27	Use of complementary therapies by Australian women with breast cancer. <i>Breast</i> , 2008 , 17, 387-94	3.6	67
26	Ganoderma lucidum for the treatment of cardiovascular risk factors 2008 ,		1
25	Chinese herbal medicine for primary dysmenorrhoea. <i>The Cochrane Library</i> , 2008 , CD005288	5.2	33
24	Fitoterapia china para la dismenorrea primaria. <i>Revista Internacional De Acupuntura</i> , 2008 , 2, 242-244	0.1	1
23	The determination of glycyrrhizic acid in Glycyrrhiza uralensis Fisch. ex DC. (Zhi Gan Cao) root and the dried aqueous extract by LC-DAD. <i>Journal of Pharmaceutical and Biomedical Analysis</i> , 2008 , 47, 494-500	3.5	40
22	Liquid Chromatographic Determination of 6-, 8-, 10-Gingerol, and 6-Shogaol in Ginger (Zingiber officinale) as the Raw Herb and Dried Aqueous Extract. <i>Journal of AOAC INTERNATIONAL</i> , 2007 , 90, 1219-1226	1.7	43
21	Validation of a method for the simultaneous determination of four schisandra lignans in the raw herb and commercial dried aqueous extracts of Schisandra chinensis (Wu Wei Zi) by RP-LC with DAD. <i>Journal of Pharmaceutical and Biomedical Analysis</i> , 2007 , 45, 30-37	3.5	46
20	Application of atmospheric pressure chemical ionisation mass spectrometry in the identification and differentiation of Panax species. <i>Phytochemical Analysis</i> , 2007 , 18, 146-50	3.4	31
19	Chinese herbal medicines for people with impaired glucose tolerance or impaired fasting blood glucose 2007 ,		3
18	Women's health during mid-life survey: the use of complementary and alternative medicine by symptomatic women transitioning through menopause in Sydney. <i>Menopause</i> , 2007 , 14, 397-403	2.5	65
17	Use of calcium or calcium in combination with vitamin D supplementation to prevent fractures and bone loss in people aged 50 years and older: a meta-analysis. <i>Lancet, The</i> , 2007 , 370, 657-66	4.0	918

16	Calcium and vitamin D for prevention of osteoporotic fractures [Authors Reply]. <i>Lancet, The</i> , 2007 , 370, 2099		40
15	Are national quality standards for traditional Chinese herbal medicine sufficient? Current governmental regulations for traditional Chinese herbal medicine in certain Western countries and China as the Eastern origin country. <i>Complementary Therapies in Medicine</i> , 2005 , 13, 183-90	3.5	34
14	Complementary and alternative medicine in the treatment of chronic liver disease. <i>Current Gastroenterology Reports</i> , 2005 , 7, 63-70	5	16
13	Complementary and alternative medicine--with a difference. <i>Medical Journal of Australia</i> , 2004 , 180, 585-6	4	12
12	Complementary medicine research in Australia: a strategy for the future. <i>Medical Journal of Australia</i> , 2004 , 181, 331-3	4	40
11	Naturopathic and Western herbal medicine practice in Australia-a workforce survey. <i>Complementary Therapies in Medicine</i> , 2004 , 12, 17-27	3.5	68
10	Development of a Chinese herbal medicine toxicology database. <i>Journal of Toxicology: Clinical Toxicology</i> , 2002 , 40, 159-67		27
9	Chinese herbal medicine toxicology database: monograph on Radix Sophorae Flavescentis, "ku shen". <i>Journal of Toxicology: Clinical Toxicology</i> , 2002 , 40, 173-6		15
8	Chinese herbal medicine toxicology database: monograph on Herba Asari, "xi xin". <i>Journal of Toxicology: Clinical Toxicology</i> , 2002 , 40, 169-72		31
7	Regulation of complementary medicine practitioners in Australia: Chinese medicine as a case example. <i>Complementary Therapies in Medicine</i> , 2002 , 10, 20-6	3.5	15
6	Application of the general health status questionnaire SF36 to patients with gastrointestinal dysfunction: initial validation and validation as a measure of change. <i>Australian and New Zealand Journal of Public Health</i> , 2001 , 25, 71-7	2.3	18
5	Risks associated with the practice of traditional Chinese medicine: an Australian study. <i>Archives of Family Medicine</i> , 2000 , 9, 1071-8		90
4	Use of complementary medicines: scientific and ethical issues. <i>Medical Journal of Australia</i> , 1999 , 170, 94; author reply 95-6	4	
3	Preliminary report of a randomized, double-blind placebo-controlled trial of a Chinese herbal medicine preparation CH-100 in the treatment of chronic hepatitis C. <i>Journal of Gastroenterology and Hepatology (Australia)</i> , 1998 , 13, 244-7	4	38
2	Treatment of irritable bowel syndrome with Chinese herbal medicine: a randomized controlled trial. <i>JAMA - Journal of the American Medical Association</i> , 1998 , 280, 1585-9	27.4	268
1	Part 1: Acupuncture meridians [myth or reality?]. <i>Complementary Therapies in Medicine</i> , 1994 , 2, 21-26	3.5	8