

Alan Bensoussan, MAppSc

List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

105
papers

4,055
citations

32
h-index

61
g-index

113
ext. papers

4,732
ext. citations

4.4
avg, IF

5.47
L-index

#	Paper	IF	Citations
105	Use of calcium or calcium in combination with vitamin D supplementation to prevent fractures and bone loss in people aged 50 years and older: a meta-analysis. <i>Lancet, The</i> , 2007 , 370, 657-66	40	918
104	Treatment of irritable bowel syndrome with Chinese herbal medicine: a randomized controlled trial. <i>JAMA - Journal of the American Medical Association</i> , 1998 , 280, 1585-9	27.4	268
103	Benefits of fish oil supplementation in hyperlipidemia: a systematic review and meta-analysis. <i>International Journal of Cardiology</i> , 2009 , 136, 4-16	3.2	210
102	Synergistic Effects of Chinese Herbal Medicine: A Comprehensive Review of Methodology and Current Research. <i>Frontiers in Pharmacology</i> , 2016 , 7, 201	5.6	172
101	Berberine alleviates ox-LDL induced inflammatory factors by up-regulation of autophagy via AMPK/mTOR signaling pathway. <i>Journal of Translational Medicine</i> , 2015 , 13, 92	8.5	124
100	Traditional Chinese medicine in cancer care: a review of controlled clinical studies published in chinese. <i>PLoS ONE</i> , 2013 , 8, e60338	3.7	124
99	Risks associated with the practice of traditional Chinese medicine: an Australian study. <i>Archives of Family Medicine</i> , 2000 , 9, 1071-8		90
98	Herbal medicine for the management of polycystic ovary syndrome (PCOS) and associated oligo/amenorrhoea and hyperandrogenism; a review of the laboratory evidence for effects with corroborative clinical findings. <i>BMC Complementary and Alternative Medicine</i> , 2014 , 14, 511	4.7	84
97	Acupuncture for treatment-related side effects in women with breast cancer. <i>The Cochrane Library</i> , 2021 , 2021,	5.2	78
96	Interactions between antidiabetic drugs and herbs: an overview of mechanisms of action and clinical implications. <i>Diabetology and Metabolic Syndrome</i> , 2017 , 9, 59	5.6	74
95	p27(Kip1) signaling: Transcriptional and post-translational regulation. <i>International Journal of Biochemistry and Cell Biology</i> , 2015 , 68, 9-14	5.6	68
94	Naturopathic and Western herbal medicine practice in Australia-a workforce survey. <i>Complementary Therapies in Medicine</i> , 2004 , 12, 17-27	3.5	68
93	Use of complementary therapies by Australian women with breast cancer. <i>Breast</i> , 2008 , 17, 387-94	3.6	67
92	Women's health during mid-life survey: the use of complementary and alternative medicine by symptomatic women transitioning through menopause in Sydney. <i>Menopause</i> , 2007 , 14, 397-403	2.5	65
91	Angiogenesis in Ischemic Stroke and Angiogenic Effects of Chinese Herbal Medicine. <i>Journal of Clinical Medicine</i> , 2016 , 5,	5.1	61
90	Validation of a method for the simultaneous determination of four schisandra lignans in the raw herb and commercial dried aqueous extracts of Schisandra chinensis (Wu Wei Zi) by RP-LC with DAD. <i>Journal of Pharmaceutical and Biomedical Analysis</i> , 2007 , 45, 30-37	3.5	46
89	INDIVIDUALIZED YOGA FOR REDUCING DEPRESSION AND ANXIETY, AND IMPROVING WELL-BEING: A RANDOMIZED CONTROLLED TRIAL. <i>Depression and Anxiety</i> , 2016 , 33, 816-28	8.4	46

88	Combined Lifestyle and Herbal Medicine in Overweight Women with Polycystic Ovary Syndrome (PCOS): A Randomized Controlled Trial. <i>Phytotherapy Research</i> , 2017 , 31, 1330-1340	6.7	43
87	Liquid Chromatographic Determination of 6-, 8-, 10-Gingerol, and 6-Shogaol in Ginger (<i>Zingiber officinale</i>) as the Raw Herb and Dried Aqueous Extract. <i>Journal of AOAC INTERNATIONAL</i> , 2007 , 90, 1219-1226	1.7	43
86	Complementary therapies for labour and birth study: a randomised controlled trial of antenatal integrative medicine for pain management in labour. <i>BMJ Open</i> , 2016 , 6, e010691	3	41
85	The determination of glycyrrhizic acid in <i>Glycyrrhiza uralensis</i> Fisch. ex DC. (Zhi Gan Cao) root and the dried aqueous extract by LC-DAD. <i>Journal of Pharmaceutical and Biomedical Analysis</i> , 2008 , 47, 494-500	3.5	40
84	Complementary medicine research in Australia: a strategy for the future. <i>Medical Journal of Australia</i> , 2004 , 181, 331-3	4	40
83	Current Status and Major Challenges to the Safety and Efficacy Presented by Chinese Herbal Medicine. <i>Medicines (Basel, Switzerland)</i> , 2019 , 6,	4.1	39
82	Acupuncture and acupressure for pain management in labour and birth: a critical narrative review of current systematic review evidence. <i>Complementary Therapies in Medicine</i> , 2014 , 22, 523-40	3.5	39
81	Preliminary report of a randomized, double-blind placebo-controlled trial of a Chinese herbal medicine preparation CH-100 in the treatment of chronic hepatitis C. <i>Journal of Gastroenterology and Hepatology (Australia)</i> , 1998 , 13, 244-7	4	38
80	Development of liquid chromatography/mass spectrometry methods for the quantitative analysis of herbal medicine in biological fluids: a review. <i>Biomedical Chromatography</i> , 2010 , 24, 91-103	1.7	37
79	Establishing key components of yoga interventions for reducing depression and anxiety, and improving well-being: a Delphi method study. <i>BMC Complementary and Alternative Medicine</i> , 2015 , 15, 85	4.7	36
78	Development of an instrument to assess the quality of acupuncture: results from a Delphi process. <i>Journal of Alternative and Complementary Medicine</i> , 2011 , 17, 441-52	2.4	35
77	Are national quality standards for traditional Chinese herbal medicine sufficient? Current governmental regulations for traditional Chinese herbal medicine in certain Western countries and China as the Eastern origin country. <i>Complementary Therapies in Medicine</i> , 2005 , 13, 183-90	3.5	34
76	Chinese herbal medicine for primary dysmenorrhoea. <i>The Cochrane Library</i> , 2008 , CD005288	5.2	33
75	An investigation into the reliability of Chinese medicine diagnosis according to Eight Guiding Principles and Zang-Fu Theory in Australians with hypercholesterolemia. <i>Journal of Alternative and Complementary Medicine</i> , 2009 , 15, 259-66	2.4	32
74	A double-blind, randomised, placebo-controlled trial of <i>Ganoderma lucidum</i> for the treatment of cardiovascular risk factors of metabolic syndrome. <i>Scientific Reports</i> , 2016 , 6, 29540	4.9	31
73	A randomized placebo-controlled trial on the effectiveness of an herbal formula to alleviate menopausal vasomotor symptoms. <i>Menopause</i> , 2009 , 16, 336-44	2.5	31
72	Application of atmospheric pressure chemical ionisation mass spectrometry in the identification and differentiation of <i>Panax</i> species. <i>Phytochemical Analysis</i> , 2007 , 18, 146-50	3.4	31
71	Chinese herbal medicine toxicology database: monograph on <i>Herba Asari</i> , "xi xin". <i>Journal of Toxicology: Clinical Toxicology</i> , 2002 , 40, 169-72		31

70	A survey of the use of complementary medicine by a self-selected community group of Australian women with polycystic ovary syndrome. <i>BMC Complementary and Alternative Medicine</i> , 2014 , 14, 472	4.7	30
69	Efficacy of a Chinese Herbal Medicine in Providing Adequate Relief of Constipation-predominant Irritable Bowel Syndrome: A Randomized Controlled Trial. <i>Clinical Gastroenterology and Hepatology</i> , 2015 , 13, 1946-54.e1	6.9	29
68	Understanding the reliability of diagnostic variables in a Chinese Medicine examination. <i>Journal of Alternative and Complementary Medicine</i> , 2009 , 15, 727-34	2.4	29
67	Primary dysmenorrhoea: a comparative study on Australian and Chinese women. <i>Complementary Therapies in Medicine</i> , 2009 , 17, 155-60	3.5	27
66	Development of a Chinese herbal medicine toxicology database. <i>Journal of Toxicology: Clinical Toxicology</i> , 2002 , 40, 159-67		27
65	Herbal Medicine for the Treatment of Vascular Dementia: An Overview of Scientific Evidence. <i>Evidence-based Complementary and Alternative Medicine</i> , 2016 , 2016, 7293626	2.3	27
64	Nutritional supplements and herbal medicines for women with polycystic ovary syndrome; a systematic review and meta-analysis. <i>BMC Complementary and Alternative Medicine</i> , 2017 , 17, 500	4.7	25
63	Acupuncture and women's health: an overview of the role of acupuncture and its clinical management in women's reproductive health. <i>International Journal of Womens Health</i> , 2014 , 6, 313-25	2.8	24
62	The effects of Panax notoginseng on delayed onset muscle soreness and muscle damage in well-trained males: a double blind randomised controlled trial. <i>Complementary Therapies in Medicine</i> , 2013 , 21, 131-40	3.5	23
61	Ganoderma lucidum mushroom for the treatment of cardiovascular risk factors. <i>The Cochrane Library</i> , 2015 , CD007259	5.2	22
60	Cost-effectiveness of Acupuncture for Chronic Nonspecific Low Back Pain. <i>Pain Practice</i> , 2014 , 14, 599-606		22
59	Chinese herbal medicine for impaired glucose tolerance: a randomized placebo controlled trial. <i>BMC Complementary and Alternative Medicine</i> , 2013 , 13, 104	4.7	21
58	Chinese herbal medicines for people with impaired glucose tolerance or impaired fasting blood glucose. <i>The Cochrane Library</i> , 2009 , CD006690	5.2	21
57	The practice and regulatory requirements of naturopathy and western herbal medicine in Australia. <i>Risk Management and Healthcare Policy</i> , 2009 , 2, 21-33	2.8	18
56	Application of the general health status questionnaire SF36 to patients with gastrointestinal dysfunction: initial validation and validation as a measure of change. <i>Australian and New Zealand Journal of Public Health</i> , 2001 , 25, 71-7	2.3	18
55	Quality assurance for Chinese herbal formulae: standardization of IBS-20, a 20-herb preparation. <i>Chinese Medicine</i> , 2010 , 5, 8	4.7	17
54	Choosing chemical markers for quality assurance of complex herbal medicines: Development and application of the herb MaRS criteria. <i>Clinical Pharmacology and Therapeutics</i> , 2015 , 97, 628-40	6.1	16
53	The Complementary Therapies for Labour and Birth Study making sense of labour and birth - Experiences of women, partners and midwives of a complementary medicine antenatal education course. <i>Midwifery</i> , 2016 , 40, 124-31	2.8	16

52	Are there any cross-ethnic differences in menstrual profiles? A pilot comparative study on Australian and Chinese women with primary dysmenorrhea. <i>Journal of Obstetrics and Gynaecology Research</i> , 2010 , 36, 1093-101	1.9	16
51	Complementary and alternative medicine in the treatment of chronic liver disease. <i>Current Gastroenterology Reports</i> , 2005 , 7, 63-70	5	16
50	Chinese herbal medicine toxicology database: monograph on Radix Sophorae Flavescentis, "ku shen". <i>Journal of Toxicology: Clinical Toxicology</i> , 2002 , 40, 173-6		15
49	Regulation of complementary medicine practitioners in Australia: Chinese medicine as a case example. <i>Complementary Therapies in Medicine</i> , 2002 , 10, 20-6	3.5	15
48	Synergistic Effects of Danshen (Salvia Miltiorrhiza Radix et Rhizoma) and Sanqi (Notoginseng Radix et Rhizoma) Combination in Inhibiting Inflammation Mediators in RAW264.7 Cells. <i>BioMed Research International</i> , 2016 , 2016, 5758195	3	14
47	High-performance liquid chromatography coupled with tandem mass spectrometry technology in the analysis of Chinese Medicine Formulas: A bibliometric analysis (1997-2015). <i>Journal of Separation Science</i> , 2017 , 40, 81-92	3.4	13
46	The process of care in integrative health care settings - a qualitative study of US practices. <i>BMC Complementary and Alternative Medicine</i> , 2014 , 14, 410	4.7	13
45	Randomised controlled trial of a 12 week yoga intervention on negative affective states, cardiovascular and cognitive function in post-cardiac rehabilitation patients. <i>BMC Complementary and Alternative Medicine</i> , 2014 , 14, 411	4.7	13
44	Interrater reliability of chinese medicine diagnosis in people with prediabetes. <i>Evidence-based Complementary and Alternative Medicine</i> , 2013 , 2013, 710892	2.3	13
43	The effects of Lyprinol(□) on delayed onset muscle soreness and muscle damage in well trained athletes: a double-blind randomised controlled trial. <i>Complementary Therapies in Medicine</i> , 2011 , 19, 311-8	3.5	13
42	Ginsenoside Rg1 protects starving H9c2 cells by dissociation of Bcl-2-Beclin1 complex. <i>BMC Complementary and Alternative Medicine</i> , 2016 , 16, 146	4.7	13
41	Zebrafish models of cardiovascular diseases and their applications in herbal medicine research. <i>European Journal of Pharmacology</i> , 2015 , 768, 77-86	5.3	12
40	Complementary and alternative medicine--with a difference. <i>Medical Journal of Australia</i> , 2004 , 180, 585-6	4	12
39	Synergistic study of a Danshen (Salvia Miltiorrhizae Radix et Rhizoma) and Sanqi (Notoginseng Radix et Rhizoma) combination on cell survival in EA.hy926 cells. <i>BMC Complementary and Alternative Medicine</i> , 2019 , 19, 50	4.7	11
38	Cupping therapy for acute and chronic pain management: a systematic review of randomized clinical trials. <i>Journal of Traditional Chinese Medical Sciences</i> , 2014 , 1, 49-61	0.6	11
37	Sailuotong Prevents Hydrogen Peroxide (H ₂ O ₂) Induced Injury in EA.hy926 Cells. <i>International Journal of Molecular Sciences</i> , 2017 , 18,	6.3	10
36	TCM Zheng Classification and Clinical Trials. <i>Evidence-based Complementary and Alternative Medicine</i> , 2013 , 2013, 723659	2.3	10
35	Reliability of the NICMAN Scale: An Instrument to Assess the Quality of Acupuncture Administered in Clinical Trials. <i>Evidence-based Complementary and Alternative Medicine</i> , 2017 , 2017, 5694083	2.3	9

34	Defining research priorities in complementary medicine in oncology. <i>Complementary Therapies in Medicine</i> , 2012 , 20, 345-52	3.5	9
33	Development in and challenge for traditional Chinese medicine in Australia. <i>Journal of Alternative and Complementary Medicine</i> , 2009 , 15, 685-8	2.4	9
32	Chinese Medicine in Australia. <i>Journal of Alternative and Complementary Medicine</i> , 2016 , 22, 515-25	2.4	9
31	Study protocol for a randomised, double-blind, placebo-controlled 12-week pilot phase II trial of Sailuotong (SLT) for cognitive function in older adults with mild cognitive impairment. <i>Trials</i> , 2018 , 19, 522	2.8	9
30	An interpretive review of consensus statements on clinical guideline development and their application in the field of traditional and complementary medicine. <i>BMC Complementary and Alternative Medicine</i> , 2017 , 17, 116	4.7	8
29	Zao Ren An Shen for insomnia: a systematic review with meta-analysis. <i>Sleep Medicine</i> , 2020 , 69, 41-50	4.6	8
28	The effects of topical Arnica on performance, pain and muscle damage after intense eccentric exercise. <i>European Journal of Sport Science</i> , 2014 , 14, 294-300	3.9	8
27	A chinese herbal preparation containing radix salviae miltiorrhizae, radix notoginseng and borneolum syntheticum reduces circulating adhesion molecules. <i>Evidence-based Complementary and Alternative Medicine</i> , 2011 , 2011, 790784	2.3	8
26	Part 1: Acupuncture meridians [myth or reality?]. <i>Complementary Therapies in Medicine</i> , 1994 , 2, 21-26	3.5	8
25	Synergistic Effects of Danshen (Salvia Miltiorrhizae Radix et Rhizoma) and Sanqi (Notoginseng Radix et Rhizoma) Combination in Angiogenesis Behavior in EAhy 926 Cells. <i>Medicines (Basel, Switzerland)</i> , 2017 , 4,	4.1	7
24	Review of economic methods used in complementary medicine. <i>Journal of Alternative and Complementary Medicine</i> , 2010 , 16, 591-5	2.4	7
23	Does Tai Chi improve psychological well-being and quality of life in patients with cardiovascular disease and/or cardiovascular risk factors? A systematic review protocol. <i>BMJ Open</i> , 2017 , 7, e014507	3	6
22	The ethics of traditional chinese and Western herbal medicine research: views of researchers and human ethics committees in australia. <i>Evidence-based Complementary and Alternative Medicine</i> , 2011 , 2011, 256915	2.3	6
21	Tai Chi for health and well-being: A bibliometric analysis of published clinical studies between 2010 and 2020. <i>Complementary Therapies in Medicine</i> , 2021 , 60, 102748	3.5	6
20	Process of care in outpatient Integrative healthcare facilities: a systematic review of clinical trials. <i>BMC Health Services Research</i> , 2015 , 15, 322	2.9	5
19	Guidance for establishing an integrative oncology service in the Australian healthcare setting-a discussion paper. <i>Supportive Care in Cancer</i> , 2018 , 26, 471-481	3.9	5
18	Chinese Herbal Medicine as a Potential Treatment of Abdominal Aortic Aneurysm. <i>Frontiers in Cardiovascular Medicine</i> , 2018 , 5, 33	5.4	5
17	Social and Cultural Factors Affecting Complementary and Alternative Medicine (CAM) Use during Menopause in Sydney and Bologna. <i>Evidence-based Complementary and Alternative Medicine</i> , 2013 , 2013, 836234	2.3	5

16	Chinese herbal medicines for hypertriglyceridaemia. <i>The Cochrane Library</i> , 2013 , CD009560	5.2	5
15	Sailuotong Capsule Prevents the Cerebral Ischaemia-Induced Neuroinflammation and Impairment of Recognition Memory through Inhibition of LCN2 Expression. <i>Oxidative Medicine and Cellular Longevity</i> , 2019 , 2019, 8416105	6.7	3
14	Chinese herbal medicines for people with impaired glucose tolerance or impaired fasting blood glucose 2007 ,		3
13	Prior to Conception: The Role of an Acupuncture Protocol in Improving Women's Reproductive Functioning Assessed by a Pilot Pragmatic Randomised Controlled Trial. <i>Evidence-based Complementary and Alternative Medicine</i> , 2016 , 2016, 3587569	2.3	3
12	Analytical Method Validation and Quality Control of a Seven-Herb Chinese Medicine Formulation Used for the Treatment of Irritable Bowel Syndrome with Constipation. <i>Journal of AOAC INTERNATIONAL</i> , 2016 ,	1.7	3
11	Impact of Chinese Herbal Medicine on Survival, Relapse and Metastasis in Women with Breast Cancer: A Systematic Review of Randomized Controlled Trial. <i>Journal of Alternative and Complementary Medicine</i> , 2014 , 20, A62-A62	2.4	2
10	Effects of Nonpharmacological Interventions in Chemotherapy-Induced Peripheral Neuropathy: An Overview of Systematic Reviews and Meta-Analyses. <i>Integrative Cancer Therapies</i> , 2020 , 19, 1534735420345027	3.4	2
9	Use of complementary medicines and lifestyle approaches by people living with dementia: Exploring experiences, motivations and attitudes. <i>International Journal of Older People Nursing</i> , 2021 , 16, e12378	2.3	2
8	Ganoderma lucidum for the treatment of cardiovascular risk factors 2008 ,		1
7	Fitoterapia china para la dismenorrea primaria. <i>Revista Internacional De Acupuntura</i> , 2008 , 2, 242-244	0.1	1
6	Integrative medicine: more than the promotion of unproven treatments?. <i>Medical Journal of Australia</i> , 2016 , 205, 282	4	1
5	Complementary medicine research projects in Australia: 2008-2013. <i>Advances in Integrative Medicine</i> , 2016 , 3, 82-89	1.6	1
4	Does tai chi improve psychological well-being and quality of life in patients with cardiovascular disease and/or cardiovascular risk factors? A systematic review.. <i>BMC Complementary Medicine and Therapies</i> , 2022 , 22, 3	2.9	0
3	Calcium and vitamin D for prevention of osteoporotic fractures [Authors'Reply. <i>Lancet, The</i> , 2007 , 370, 2099	4.0	
2	Use of complementary medicines: scientific and ethical issues. <i>Medical Journal of Australia</i> , 1999 , 170, 94; author reply 95-6	4	
1	Is insomnia disorder associated with time in bed extension?. <i>Sleep Science</i> , 2020 , 13, 215-219	1.8	