Reut Gruber

List of Publications by Year
in descending order

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93 papers	7,534 citations	94381 37 h-index	54882 84 g-index
95 all docs	95 docs citations	95 times ranked	7180 citing authors

#	Article	IF	Citations
1	Pediatric sleep in Australia and New Zealand- introduction to the 2nd Special Issue (SI) in the Pediatric Sleep Around The World. Sleep Medicine, 2022, 89, 182-184.	0.8	0
2	Sleep and daytime behavior in individuals with Christianson Syndrome. Sleep Medicine, 2022, 89, 55-59.	0.8	2
3	The Associations Between Sleep and Externalizing and Internalizing Problems in Children and Adolescents with Attention-Deficit/Hyperactivity Disorder. Child and Adolescent Psychiatric Clinics of North America, 2021, 30, 175-193.	1.0	15
4	595 The associations between excessive daytime sleepiness and emotional lability in typically developing adolescents. Sleep, 2021, 44, A234-A235.	0.6	1
5	Childrenâ€™s Sleep During COVID-19: How Sleep Influences Surviving and Thriving in Families. Journal of Pediatric Psychology, 2021, 46, 1051-1062.	1.1	12
6	Should we use the multidimensional model of sleep health to assess the outcomes of sleep health promotion interventions? A commentary on: â€œDo sleep interventions change sleep duration in children aged 0â€“5 years?â€•By Taylor etÂal.. Sleep Medicine Reviews, 2021, 59, 101517.	3.8	0
7	Challenges and opportunities related to pediatric sleep research during the Covid-19 pandemic. Sleep, 2021, 44, .	0.6	1
8	Using Parental Report to Identify Children at Risk for Poor Sleep and Daytime Problems. Behavioral Sleep Medicine, 2020, 18, 460-476.	1.1	5
9	The impact of COVID-19 related school shutdown on sleep in adolescents: a natural experiment. Sleep Medicine, 2020, 76, 33-35.	0.8	72
10	Modulation of Slow-Wave Sleep: Implications for Psychiatry. Current Psychiatry Reports, 2020, 22, 52.	2.1	3
11	Sleep Duration Is Associated with Academic Achievement of Adolescent Girls in Mathematics . Nature and Science of Sleep, 2020, Volume 12, 173-182.	1.4	10
12	Evaluating school-based sleep health promotion programs in real life. Sleep Health, 2020, 6, 135-136.	1.3	3
13	Knowledge translation of the Canadian 24-Hour Movement Guidelines for Adults aged 18â€“64 years and Adults aged 65 years or older: a collaborative movement guideline knowledge translation process. Applied Physiology, Nutrition and Metabolism, 2020, 45, S103-S124.	0.9	21
14	77 Sleep Behaviours and Disturbances Characterizing Adolescents with ADHD Symptoms. Paediatrics and Child Health, 2019, 24, e30-e30.	0.3	0
15	78 The associations between objective measures of sleep averages and variability with report card grades in adolescents. Paediatrics and Child Health, 2019, 24, e30-e30.	0.3	0
16	A cross-lagged panel analysis of children's sleep, attention, and mood in a prenatally stressed cohort: The QF2011 Queensland flood study. Journal of Affective Disorders, 2019, 255, 96-104.	2.0	20
17	Introduction to the special issue: pediatric sleep medicine in Canada. Sleep Medicine, 2019, 56, 1-3.	0.8	0
18	School-based sleep health education in Canada. Sleep Medicine, 2019, 56, 9-15.	0.8	6

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19	Cumulative mild partial sleep deprivation negatively impacts working memory capacity but not sustained attention, response inhibition, or decision making: a randomized controlled trial. Sleep Health, 2019, 5, 101-108.	1.3	17
20	Can Slow-Wave Sleep Enhancement Improve Memory? A Review of Current Approaches and Cognitive Outcomes. Yale Journal of Biology and Medicine, 2019, 92, 63-80.	0.2	26
21	An actigraphic study of the sleep patterns of younger and older school-age children. Sleep Medicine, 2018, 47, 117-125.	0.8	10
22	Sleep disorders in patients with ADHD: impact and management challenges. Nature and Science of Sleep, 2018, Volume 10, 453-480.	1.4	80
23	Association between the Munich Chronotype Questionnaire and Wrist Actigraphy. Sleep Disorders, 2018, 2018, 1-7.	0.8	57
24	Influence of sleep on developing brain functions and structures in children and adolescents: A systematic review. Sleep Medicine Reviews, 2018, 42, 184-201.	3.8	87
25	Evaluation of an Internet-Based Behavioral Intervention to Improve Psychosocial Health Outcomes in Children With Insomnia (Better Nights, Better Days): Protocol for a Randomized Controlled Trial. JMIR Research Protocols, 2018, 7, e76.	0.5	27
26	Understanding the Sleep Habits of Children Within an Indigenous Community. International Journal of Indigenous Health, 2018, 13, 42-64.	0.8	1
27	Avi Sadeh. Sleep Health, 2017, 3, 5.	1.3	0
28	Determinants of sleep behavior in adolescents: A pilot study. Sleep Health, 2017, 3, 157-162.	1.3	16
29	The short and long of adolescent sleep: the unique impact of day length. Sleep Medicine, 2017, 38, 31-36.	0.8	7
30	School-based sleep education programs: A knowledge-to-action perspective regarding barriers, proposed solutions, and future directions. Sleep Medicine Reviews, 2017, 36, 13-28.	3.8	54
31	Training, knowledge, attitudes and practices of Canadian health care providers regarding sleep and sleep disorders in children. Paediatrics and Child Health, 2017, 22, 322-327.	0.3	31
32	The Association between Sleep and Theory of Mind in School Aged Children with ADHD. Medical Sciences (Basel, Switzerland), 2017, 5, 18.	1.3	6
33	Systematic review of the relationships between sleep duration and health indicators in the early years (0â€“4Âyears). BMC Public Health, 2017, 17, 855.	1.2	246
34	Canadian 24-Hour Movement Guidelines for the Early Years (0â€“4Âyears): An Integration of Physical Activity, Sedentary Behaviour, and Sleep. BMC Public Health, 2017, 17, 874.	1.2	382
35	Sleep Spindle Characteristics in Children with Neurodevelopmental Disorders and Their Relation to Cognition. Neural Plasticity, 2016, 2016, 1-27.	1.0	60
36	Parental social capital and children's sleep disturbances. Sleep Health, 2016, 2, 330-334.	1.3	12

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37	Protective and risk factors associated with adolescent sleep: findings from Australia, Canada, and The Netherlands. Sleep Medicine, 2016, 26, 97-103.	0.8	36
38	Canadian 24-Hour Movement Guidelines for Children and Youth: An Integration of Physical Activity, Sedentary Behaviour, and Sleep. Applied Physiology, Nutrition and Metabolism, 2016, 41, S311-S327.	0.9	1,099
39	A call for action regarding translational research in pediatric sleep. Sleep Health, 2016, 2, 88-89.	1.3	8
40	Systematic review of the relationships between sleep duration and health indicators in school-aged children and youth. Applied Physiology, Nutrition and Metabolism, 2016, 41, S266-S282.	0.9	546
41	School-based sleep education program improves sleep and academic performance of school-age children. Sleep Medicine, 2016, 21, 93-100.	0.8	77
42	Barriers, facilitators, and usability of an Internet intervention for children aged 1 to 10 years with insomnia.. Translational Issues in Psychological Science, 2015, 1, 16-31.	0.6	13
43	Establishment and consolidation of the sleep-wake cycle as a function of attachment pattern. Attachment and Human Development, 2015, 17, 23-42.	1.2	16
44	The Impact of Sleep on Emotion in Typically Developing Children. , 2015, , 399-419.		0
45	ADHD, Anxiety and Sleep: A Window to Understanding the Interplay Between Sleep, Emotional Regulation and Attention in Children?. Behavioral Sleep Medicine, 2014, 12, 84-87.	1.1	18
46	Sleep efficiency (but not sleep duration) of healthy school-age children is associated with grades in math and languages. Sleep Medicine, 2014, 15, 1517-1525.	0.8	72
47	Sleep and eating in childhood: a potential behavioral mechanism underlying the relationship between poor sleep and obesity. Sleep Medicine, 2014, 15, 71-75.	0.8	71
48	What Motivational and Awareness Variables are Associated with Adolescentsâ€™ Intentions to Go to Bed Earlier?. Current Psychology, 2014, 33, 113-129.	1.7	10
49	The Interplay Between Sleep and Emotion Regulation: Conceptual Framework Empirical Evidence and Future Directions. Current Psychiatry Reports, 2014, 16, 500.	2.1	150
50	The effect of sleep restriction on neurobehavioural functioning in normally developing children and adolescents: Insights from the attention behaviour and sleep laboratory. Pathologie Et Biologie, 2014, 62, 319-331.	2.2	18
51	Effect of Extended-Release Dexmethylphenidate and Mixed Amphetamine Salts on Sleep: A Double-Blind, Randomized, Crossover Study in Youth with Attention-Deficit Hyperactivity Disorder. CNS Drugs, 2014, 28, 825-833.	2.7	25
52	Evaluating the effectiveness of the Motivating Teens To Sleep More program in advancing bedtime in adolescents: a randomized controlled trial. BMC Psychology, 2014, 2, .	0.9	6
53	A comparative study of the neuropsychiatric and neurocognitive phenotype in two microdeletion syndromes: Velocardiofacial (22q11.2 deletion) and Williams (7q11.23 deletion) syndromes. European Psychiatry, 2014, 29, 203-210.	0.1	24
54	Position statement on pediatric sleep for psychiatrists. Journal of the Canadian Academy of Child and Adolescent Psychiatry, 2014, 23, 174-95.	0.7	61

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55	Sleep and sleepiness in children with attention deficitâ€Š/â€Šhyperactivity disorder and controls. Journal of Sleep Research, 2013, 22, 41-49.	1.7	54
56	Body temperature, activity and melatonin profiles in adults with attentionâ€deficit/hyperactivity disorder and delayed sleep: a caseâ€"control study. Journal of Sleep Research, 2013, 22, 607-616.	1.7	62
57	The association between sleep spindles and IQ in healthy school-age children. International Journal of Psychophysiology, 2013, 89, 229-240.	0.5	61
58	School-based sleep promotion programs: Effectiveness, feasibility and insights for future research. Sleep Medicine Reviews, 2013, 17, 207-214.	3.8	91
59	Assessment and Management of Sleep Problems in Youths With Attention-Deficit/Hyperactivity Disorder. Journal of the American Academy of Child and Adolescent Psychiatry, 2013, 52, 784-796.	0.3	192
60	Future Research Directions in Sleep and ADHD. Journal of Attention Disorders, 2013, 17, 550-564.	1.5	122
61	Making room for sleep: The relevance of sleep to psychology and the rationale for development of preventative sleep education programs for children and adolescents in the community.. Canadian Psychology, 2013, 54, 62-71.	1.4	19
62	Impact of Sleep Extension and Restriction on Childrenâ€™s Emotional Lability and Impulsivity. Pediatrics, 2012, 130, e1155-e1161.	1.0	192
63	Contributions of circadian tendencies and behavioral problems to sleep onset problems of children with ADHD. BMC Psychiatry, 2012, 12, 212.	1.1	65
64	Sleep patterns and the risk for ADHD: a review. Nature and Science of Sleep, 2012, 4, 73.	1.4	32
65	Sleep patterns and the risk for unipolar depression: a review. Nature and Science of Sleep, 2012, 4, 63.	1.4	29
66	Short sleep duration is associated with teacher-reported inattention and cognitive problems in healthy school-aged children. Nature and Science of Sleep, 2012, 4, 33.	1.4	71
67	Dose Effects and Comparative Effectiveness of Extended Release Dexmethylphenidate and Mixed Amphetamine Salts. Journal of Child and Adolescent Psychopharmacology, 2011, 21, 581-588.	0.7	74
68	Sleep Health Education in Pediatric Community Settings: Rationale and Practical Suggestions for Incorporating Healthy Sleep Education into Pediatric Practice. Pediatric Clinics of North America, 2011, 58, 735-754.	0.9	28
69	Impact of Sleep Restriction on Neurobehavioral Functioning of Children with Attention Deficit Hyperactivity Disorder. Sleep, 2011, 34, 315-323.	0.6	126
70	Association Between Fatigue and Autistic Symptoms in Children With Cri du Chat Syndrome. American Journal on Intellectual and Developmental Disabilities, 2011, 116, 278-289.	0.8	7
71	Sleep in Children With Cerebral Palsy. Journal of Child Neurology, 2011, 26, 1303-1310.	0.7	73
72	Health Disparities in Sleep Medicine: Responses to the American Sleep Medicine Foundation Humanitarian Projects Award Program. Journal of Clinical Sleep Medicine, 2011, 07, 583-584.	1.4	2

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73	Sleep. Eat. Perform?. Sleep, 2010, 33, 1431-1432.	0.6	0
74	Short sleep duration is associated with poor performance on IQ measures in healthy school-age children. Sleep Medicine, 2010, 11, 289-294.	0.8	115
75	Sleep and academic success: mechanisms, empirical evidence, and interventional strategies. Adolescent Medicine: State of the Art Reviews, 2010, 21, 522-41, x.	0.2	15
76	Dopamine Transporter Genotype and Stimulant Side Effect Factors in Youth Diagnosed with Attention-Deficit/Hyperactivity Disorder. Journal of Child and Adolescent Psychopharmacology, 2009, 19, 233-239.	0.7	30
77	Sleep Characteristics of Children and Adolescents with Attention Deficit-Hyperactivity Disorder. Child and Adolescent Psychiatric Clinics of North America, 2009, 18, 863-876.	1.0	69
78	Sleep Disturbances in Prepubertal Children with Attention Deficit Hyperactivity Disorder: A Home Polysomnography Study. Sleep, 2009, 32, 343-350.	0.6	114
79	Sleep Disturbances in Prepubertal Children with Attention Deficit Hyperactivity Disorder: A Home Polysomnography Study. Sleep, 2009, , .	0.6	5
80	Young children's representations of conflict and distress: A longitudinal study of boys and girls with disruptive behavior problems. Development and Psychopathology, 2008, 20, 99-119.	1.4	31
81	Performance on the Continuous Performance Test in Children with ADHD Is Associated with Sleep Efficiency. Sleep, 2007, 30, 1003-1009.	0.6	60
82	Delayed Sleep Phase Syndrome, ADHD, and Bright Light Therapy. Journal of Clinical Psychiatry, 2007, 68, 337-338.	1.1	25
83	Sleep and COMT Polymorphism in ADHD Children: Preliminary Actigraphic Data. Journal of the American Academy of Child and Adolescent Psychiatry, 2006, 45, 982-989.	0.3	38
84	Towards an Understanding of Sleep Problems in Childhood Depression. Sleep, 2006, 29, 418-420.	0.6	7
85	Construct Validity of an Instrument to Assess Major Depression in Parents in Epidemiologic Studies. Canadian Journal of Psychiatry, 2005, 50, 784-791.	0.9	12
86	Sleep and Neurobehavioral Functioning in Boys with Attention-Deficit/ Hyperactivity Disorder and No Reported Breathing Problems. Sleep, 2004, 27, 267-273.	0.6	104
87	The Effects of Sleep Restriction and Extension on School-Age Children: What a Difference an Hour Makes. Child Development, 2003, 74, 444-455.	1.7	616
88	Methylphenidate Treatment for Attention-Deficit/Hyperactivity Disorder in Children and Adolescents With Velocardiofacial Syndrome. Journal of Clinical Psychiatry, 2003, 64, 1163-1169.	1.1	73
89	Sleep, Neurobehavioral Functioning, and Behavior Problems in School-Age Children. Child Development, 2002, 73, 405-417.	1.7	609
90	Children's gender-related inferences and judgments: A cross-cultural study.. Developmental Psychology, 2001, 37, 839-846.	1.2	34

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91	Sleep patterns and sleep disruptions in school-age children.. Developmental Psychology, 2000, 36, 291-301.	1.2	448
92	Gender Schema and Social Judgments: A Developmental Study of Children from Hong Kong. Sex Roles, 2000, 43, 19-42.	1.4	16
93	Instability of Sleep Patterns in Children With Attention-Deficit/Hyperactivity Disorder. Journal of the American Academy of Child and Adolescent Psychiatry, 2000, 39, 495-501.	0.3	273