

Reut Gruber

List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

87
papers

5,737
citations

37
h-index

75
g-index

95
ext. papers

6,806
ext. citations

3.4
avg, IF

5.83
L-index

#	Paper	IF	Citations
87	Canadian 24-Hour Movement Guidelines for Children and Youth: An Integration of Physical Activity, Sedentary Behaviour, and Sleep. <i>Applied Physiology, Nutrition and Metabolism</i> , 2016 , 41, S311-27	3	687
86	Sleep, neurobehavioral functioning, and behavior problems in school-age children. <i>Child Development</i> , 2002 , 73, 405-17	4.9	532
85	The effects of sleep restriction and extension on school-age children: what a difference an hour makes. <i>Child Development</i> , 2003 , 74, 444-55	4.9	524
84	Sleep patterns and sleep disruptions in school-age children.. <i>Developmental Psychology</i> , 2000 , 36, 291-301	5.7	407
83	Systematic review of the relationships between sleep duration and health indicators in school-aged children and youth. <i>Applied Physiology, Nutrition and Metabolism</i> , 2016 , 41, S266-82	3	348
82	Canadian 24-Hour Movement Guidelines for the Early Years (0-4 years): An Integration of Physical Activity, Sedentary Behaviour, and Sleep. <i>BMC Public Health</i> , 2017 , 17, 874	4.1	253
81	Instability of sleep patterns in children with attention-deficit/hyperactivity disorder. <i>Journal of the American Academy of Child and Adolescent Psychiatry</i> , 2000 , 39, 495-501	7.2	224
80	Systematic review of the relationships between sleep duration and health indicators in the early years (0-4 years). <i>BMC Public Health</i> , 2017 , 17, 855	4.1	157
79	Assessment and management of sleep problems in youths with attention-deficit/hyperactivity disorder. <i>Journal of the American Academy of Child and Adolescent Psychiatry</i> , 2013 , 52, 784-96	7.2	155
78	Impact of sleep extension and restriction on children's emotional lability and impulsivity. <i>Pediatrics</i> , 2012 , 130, e1155-61	7.4	146
77	The interplay between sleep and emotion regulation: conceptual framework empirical evidence and future directions. <i>Current Psychiatry Reports</i> , 2014 , 16, 500	9.1	102
76	Impact of sleep restriction on neurobehavioral functioning of children with attention deficit hyperactivity disorder. <i>Sleep</i> , 2011 , 34, 315-23	1.1	101
75	Future research directions in sleep and ADHD: report of a consensus working group. <i>Journal of Attention Disorders</i> , 2013 , 17, 550-64	3.7	99
74	Sleep disturbances in prepubertal children with attention deficit hyperactivity disorder: a home polysomnography study. <i>Sleep</i> , 2009 , 32, 343-50	1.1	98
73	Short sleep duration is associated with poor performance on IQ measures in healthy school-age children. <i>Sleep Medicine</i> , 2010 , 11, 289-94	4.6	96
72	Sleep and neurobehavioral functioning in boys with attention-deficit/hyperactivity disorder and no reported breathing problems. <i>Sleep</i> , 2004 , 27, 267-73	1.1	84
71	77 Sleep Behaviours and Disturbances Characterizing Adolescents with ADHD Symptoms. <i>Paediatrics and Child Health</i> , 2019 , 24, e30-e30	0.7	78

70	78 The associations between objective measures of sleep averages and variability with report card grades in adolescents. <i>Paediatrics and Child Health</i> , 2019 , 24, e30-e30	0.7	78
69	School-based sleep promotion programs: effectiveness, feasibility and insights for future research. <i>Sleep Medicine Reviews</i> , 2013 , 17, 207-14	10.2	73
68	Methylphenidate treatment for attention-deficit/hyperactivity disorder in children and adolescents with velocardiofacial syndrome: an open-label study. <i>Journal of Clinical Psychiatry</i> , 2003 , 64, 1163-9	4.6	61
67	Dose effects and comparative effectiveness of extended release dexamethylphenidate and mixed amphetamine salts. <i>Journal of Child and Adolescent Psychopharmacology</i> , 2011 , 21, 581-8	2.9	59
66	Body temperature, activity and melatonin profiles in adults with attention-deficit/hyperactivity disorder and delayed sleep: a case-control study. <i>Journal of Sleep Research</i> , 2013 , 22, 607-16	5.8	56
65	Sleep characteristics of children and adolescents with attention deficit-hyperactivity disorder. <i>Child and Adolescent Psychiatric Clinics of North America</i> , 2009 , 18, 863-76	3.3	54
64	Sleep efficiency (but not sleep duration) of healthy school-age children is associated with grades in math and languages. <i>Sleep Medicine</i> , 2014 , 15, 1517-25	4.6	52
63	Short sleep duration is associated with teacher-reported inattention and cognitive problems in healthy school-aged children. <i>Nature and Science of Sleep</i> , 2012 , 4, 33-40	3.6	52
62	Position statement on pediatric sleep for psychiatrists. <i>Journal of the Canadian Academy of Child and Adolescent Psychiatry</i> , 2014 , 23, 174-95	0.7	50
61	School-based sleep education program improves sleep and academic performance of school-age children. <i>Sleep Medicine</i> , 2016 , 21, 93-100	4.6	49
60	Performance on the continuous performance test in children with ADHD is associated with sleep efficiency. <i>Sleep</i> , 2007 , 30, 1003-9	1.1	49
59	The association between sleep spindles and IQ in healthy school-age children. <i>International Journal of Psychophysiology</i> , 2013 , 89, 229-40	2.9	48
58	Sleep and eating in childhood: a potential behavioral mechanism underlying the relationship between poor sleep and obesity. <i>Sleep Medicine</i> , 2014 , 15, 71-5	4.6	48
57	Contributions of circadian tendencies and behavioral problems to sleep onset problems of children with ADHD. <i>BMC Psychiatry</i> , 2012 , 12, 212	4.2	48
56	Sleep in children with cerebral palsy: a review. <i>Journal of Child Neurology</i> , 2011 , 26, 1303-10	2.5	43
55	The impact of COVID-19 related school shutdown on sleep in adolescents: a natural experiment. <i>Sleep Medicine</i> , 2020 , 76, 33-35	4.6	43
54	Sleep and sleepiness in children with attention deficit / hyperactivity disorder and controls. <i>Journal of Sleep Research</i> , 2013 , 22, 41-9	5.8	42
53	School-based sleep education programs: A knowledge-to-action perspective regarding barriers, proposed solutions, and future directions. <i>Sleep Medicine Reviews</i> , 2017 , 36, 13-28	10.2	40

52	Sleep disorders in patients with ADHD: impact and management challenges. <i>Nature and Science of Sleep</i> , 2018 , 10, 453-480	3.6	40
51	Influence of sleep on developing brain functions and structures in children and adolescents: A systematic review. <i>Sleep Medicine Reviews</i> , 2018 , 42, 184-201	10.2	39
50	Association between the Munich Chronotype Questionnaire and Wrist Actigraphy. <i>Sleep Disorders</i> , 2018 , 2018, 5646848	1.7	37
49	Children's gender-related inferences and judgments: A cross-cultural study.. <i>Developmental Psychology</i> , 2001 , 37, 839-846	3.7	33
48	Sleep Spindle Characteristics in Children with Neurodevelopmental Disorders and Their Relation to Cognition. <i>Neural Plasticity</i> , 2016 , 2016, 4724792	3.3	33
47	Sleep and COMT polymorphism in ADHD children: preliminary actigraphic data. <i>Journal of the American Academy of Child and Adolescent Psychiatry</i> , 2006 , 45, 982-989	7.2	30
46	Protective and risk factors associated with adolescent sleep: findings from Australia, Canada, and The Netherlands. <i>Sleep Medicine</i> , 2016 , 26, 97-103	4.6	27
45	Sleep patterns and the risk for unipolar depression: a review. <i>Nature and Science of Sleep</i> , 2012 , 4, 63-71	3.6	27
44	Sleep patterns and the risk for ADHD: a review. <i>Nature and Science of Sleep</i> , 2012 , 4, 73-80	3.6	26
43	Dopamine transporter genotype and stimulant side effect factors in youth diagnosed with attention-deficit/hyperactivity disorder. <i>Journal of Child and Adolescent Psychopharmacology</i> , 2009 , 19, 233-9	2.9	24
42	Young children's representations of conflict and distress: a longitudinal study of boys and girls with disruptive behavior problems. <i>Development and Psychopathology</i> , 2008 , 20, 99-119	4.3	24
41	Delayed sleep phase syndrome, ADHD, and bright light therapy. <i>Journal of Clinical Psychiatry</i> , 2007 , 68, 337-8	4.6	24
40	Effect of extended-release dexamethylphenidate and mixed amphetamine salts on sleep: a double-blind, randomized, crossover study in youth with attention-deficit hyperactivity disorder. <i>CNS Drugs</i> , 2014 , 28, 825-33	6.7	21
39	Training, knowledge, attitudes and practices of Canadian health care providers regarding sleep and sleep disorders in children. <i>Paediatrics and Child Health</i> , 2017 , 22, 322-327	0.7	21
38	Sleep health education in pediatric community settings: rationale and practical suggestions for incorporating healthy sleep education into pediatric practice. <i>Pediatric Clinics of North America</i> , 2011 , 58, 735-54	3.6	20
37	A comparative study of the neuropsychiatric and neurocognitive phenotype in two microdeletion syndromes: velocardiofacial (22q11.2 deletion) and Williams (7q11.23 deletion) syndromes. <i>European Psychiatry</i> , 2014 , 29, 203-10	6	19
36	Can Slow-Wave Sleep Enhancement Improve Memory? A Review of Current Approaches and Cognitive Outcomes. <i>Yale Journal of Biology and Medicine</i> , 2019 , 92, 63-80	2.4	19
35	Making room for sleep: The relevance of sleep to psychology and the rationale for development of preventative sleep education programs for children and adolescents in the community.. <i>Canadian Psychology</i> , 2013 , 54, 62-71	3.2	18

34	ADHD, anxiety and sleep: a window to understanding the interplay between sleep, emotional regulation and attention in children?. <i>Behavioral Sleep Medicine</i> , 2014 , 12, 84-7	4.2	16
33	Sleep and academic success: mechanisms, empirical evidence, and interventional strategies. <i>Adolescent Medicine: State of the Art Reviews</i> , 2010 , 21, 522-41, x		15
32	The effect of sleep restriction on neurobehavioural functioning in normally developing children and adolescents: insights from the Attention, Behaviour and Sleep Laboratory. <i>Pathologie Et Biologie</i> , 2014 , 62, 319-31		14
31	Establishment and consolidation of the sleep-wake cycle as a function of attachment pattern. <i>Attachment and Human Development</i> , 2015 , 17, 23-42	2.8	14
30	Gender Schema and Social Judgments: A Developmental Study of Children from Hong Kong. <i>Sex Roles</i> , 2000 , 43, 19-42	3.1	14
29	Evaluation of an Internet-Based Behavioral Intervention to Improve Psychosocial Health Outcomes in Children With Insomnia (Better Nights, Better Days): Protocol for a Randomized Controlled Trial. <i>JMIR Research Protocols</i> , 2018 , 7, e76	2	13
28	Knowledge translation of the Canadian 24-Hour Movement Guidelines for Adults aged 18-64 years and Adults aged 65 years or older: a collaborative movement guideline knowledge translation process. <i>Applied Physiology, Nutrition and Metabolism</i> , 2020 , 45, S103-S124	3	11
27	Determinants of sleep behavior in adolescents: A pilot study. <i>Sleep Health</i> , 2017 , 3, 157-162	4	10
26	Cumulative mild partial sleep deprivation negatively impacts working memory capacity but not sustained attention, response inhibition, or decision making: a randomized controlled trial. <i>Sleep Health</i> , 2019 , 5, 101-108	4	10
25	A cross-lagged panel analysis of children's sleep, attention, and mood in a prenatally stressed cohort: The QF2011 Queensland flood study. <i>Journal of Affective Disorders</i> , 2019 , 255, 96-104	6.6	9
24	Barriers, facilitators, and usability of an Internet intervention for children aged 1 to 10 years with insomnia.. <i>Translational Issues in Psychological Science</i> , 2015 , 1, 16-31	1.7	9
23	Construct validity of an instrument to assess major depression in parents in epidemiologic studies. <i>Canadian Journal of Psychiatry</i> , 2005 , 50, 784-91	4.8	9
22	Parental social capital and children's sleep disturbances. <i>Sleep Health</i> , 2016 , 2, 330-334	4	9
21	What Motivational and Awareness Variables are Associated with Adolescents' Intentions to Go to Bed Earlier?. <i>Current Psychology</i> , 2014 , 33, 113-129	1.4	8
20	Sleep Duration Is Associated with Academic Achievement of Adolescent Girls in Mathematics. <i>Nature and Science of Sleep</i> , 2020 , 12, 173-182	3.6	7
19	An actigraphic study of the sleep patterns of younger and older school-age children. <i>Sleep Medicine</i> , 2018 , 47, 117-125	4.6	7
18	A call for action regarding translational research in pediatric sleep. <i>Sleep Health</i> , 2016 , 2, 88-89	4	6
17	The short and long of adolescent sleep: the unique impact of day length. <i>Sleep Medicine</i> , 2017 , 38, 31-36	4.6	6

16	Towards an understanding of sleep problems in childhood depression. <i>Sleep</i> , 2006 , 29, 418-20	1.1	6
15	Evaluating the effectiveness of the Motivating Teens To Sleep More program in advancing bedtime in adolescents: a randomized controlled trial. <i>BMC Psychology</i> , 2014 , 2,	2.8	5
14	Association between fatigue and autistic symptoms in children with cri du chat syndrome. <i>American Journal on Intellectual and Developmental Disabilities</i> , 2011 , 116, 278-89	2.2	4
13	The Association between Sleep and Theory of Mind in School Aged Children with ADHD. <i>Medical Sciences (Basel, Switzerland)</i> , 2017 , 5,	3.3	3
12	Using Parental Report to Identify Children at Risk for Poor Sleep and Daytime Problems. <i>Behavioral Sleep Medicine</i> , 2020 , 18, 460-476	4.2	3
11	Children's Sleep During COVID-19: How Sleep Influences Surviving and Thriving in Families. <i>Journal of Pediatric Psychology</i> , 2021 , 46, 1051-1062	3.2	3
10	School-based sleep health education in Canada. <i>Sleep Medicine</i> , 2019 , 56, 9-15	4.6	2
9	Sleep Disturbances in Prepubertal Children with Attention Deficit Hyperactivity Disorder: A Home Polysomnography Study. <i>Sleep</i> , 2009 ,	1.1	1
8	Sleep and daytime behavior in individuals with Christianson Syndrome. <i>Sleep Medicine</i> , 2021 , 89, 55-59	4.6	1
7	The Associations Between Sleep and Externalizing and Internalizing Problems in Children and Adolescents with Attention-Deficit/Hyperactivity Disorder: Empirical Findings, Clinical Implications, and Future Research Directions. <i>Child and Adolescent Psychiatric Clinics of North America</i> , 2021 , 30, 175-193	3.3	1
6	Modulation of Slow-Wave Sleep: Implications for Psychiatry. <i>Current Psychiatry Reports</i> , 2020 , 22, 52	9.1	0
5	The Impact of Sleep on Emotion in Typically Developing Children 2015 , 399-419		
4	Sleep. Eat. Perform?. <i>Sleep</i> , 2010 , 33, 1431-2	1.1	
3	Sleep and Attention-Deficit/Hyperactivity Disorder 2022 , 523-542		
2	595 The associations between excessive daytime sleepiness and emotional lability in typically developing adolescents. <i>Sleep</i> , 2021 , 44, A234-A235	1.1	
1	Should we use the multidimensional model of sleep health to assess the outcomes of sleep health promotion interventions? A commentary on: "Do sleep interventions change sleep duration in children aged 0-5 years?" By Taylor et al. <i>Sleep Medicine Reviews</i> , 2021 , 59, 101517	10.2	