

# MoAra Mikolajczak

## List of Publications by Year in descending order

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Version: 2024-02-01

109  
papers

8,472  
citations

53660

45  
h-index

49773

87  
g-index

124  
all docs

124  
docs citations

124  
times ranked

5727  
citing authors

#	ARTICLE	IF	CITATIONS
1	Positive emotion regulation and well-being: Comparing the impact of eight savoring and dampening strategies. <i>Personality and Individual Differences</i> , 2010, 49, 368-373.	1.6	420
2	Increasing emotional intelligence: (How) is it possible?. <i>Personality and Individual Differences</i> , 2009, 47, 36-41.	1.6	368
3	Increasing emotional competence improves psychological and physical well-being, social relationships, and employability.. <i>Emotion</i> , 2011, 11, 354-366.	1.5	328
4	Developments in Trait Emotional Intelligence Research. <i>Emotion Review</i> , 2016, 8, 335-341.	2.1	303
5	Integrating emotion regulation and emotional intelligence traditions: a meta-analysis. <i>Frontiers in Psychology</i> , 2015, 6, 160.	1.1	297
6	Positive interventions: An emotion regulation perspective.. <i>Psychological Bulletin</i> , 2015, 141, 655-693.	5.5	294
7	Explaining the protective effect of trait emotional intelligence regarding occupational stress: Exploration of emotional labour processes. <i>Journal of Research in Personality</i> , 2007, 41, 1107-1117.	0.9	286
8	Psychometric Properties of the Trait Emotional Intelligence Questionnaire: Factor Structure, Reliability, Construct, and Incremental Validity in a French-Speaking Population. <i>Journal of Personality Assessment</i> , 2007, 88, 338-353.	1.3	265
9	Emotional plasticity: Conditions and effects of improving emotional competence in adulthood.. <i>Journal of Applied Psychology</i> , 2011, 96, 827-839.	4.2	243
10	Role of intestinal permeability and inflammation in the biological and behavioral control of alcohol-dependent subjects. <i>Brain, Behavior, and Immunity</i> , 2012, 26, 911-918.	2.0	237
11	Consequences of parental burnout: Its specific effect on child neglect and violence. <i>Child Abuse and Neglect</i> , 2018, 80, 134-145.	1.3	220
12	Parental Burnout: What Is It, and Why Does It Matter?. <i>Clinical Psychological Science</i> , 2019, 7, 1319-1329.	2.4	218
13	The Profile of Emotional Competence (PEC): Development and Validation of a Self-Reported Measure that Fits Dimensions of Emotional Competence Theory. <i>PLoS ONE</i> , 2013, 8, e62635.	1.1	216
14	A Step Forward in the Conceptualization and Measurement of Parental Burnout: The Parental Burnout Assessment (PBA). <i>Frontiers in Psychology</i> , 2018, 9, 758.	1.1	213
15	Exhausted Parents: Sociodemographic, Child-Related, Parent-Related, Parenting and Family-Functioning Correlates of Parental Burnout. <i>Journal of Child and Family Studies</i> , 2018, 27, 602-614.	0.7	207
16	The moderating impact of emotional intelligence on free cortisol responses to stress. <i>Psychoneuroendocrinology</i> , 2007, 32, 1000-1012.	1.3	204
17	Exhausted Parents: Development and Preliminary Validation of the Parental Burnout Inventory. <i>Frontiers in Psychology</i> , 2017, 8, 163.	1.1	194
18	If you can regulate sadness, you can probably regulate shame: Associations between trait emotional intelligence, emotion regulation and coping efficiency across discrete emotions. <i>Personality and Individual Differences</i> , 2008, 44, 1356-1368.	1.6	186

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19	A Theoretical and Clinical Framework for Parental Burnout: The Balance Between Risks and Resources (BR2). <i>Frontiers in Psychology</i> , 2018, 9, 886.	1.1	184
20	Trait emotional intelligence and the cognitive appraisal of stressful events: An exploratory study. <i>Personality and Individual Differences</i> , 2008, 44, 1445-1453.	1.6	173
21	Adolescents choosing self-harm as an emotion regulation strategy: The protective role of trait emotional intelligence. <i>British Journal of Clinical Psychology</i> , 2009, 48, 181-193.	1.7	171
22	Oxytocin Makes People Trusting, Not Gullible. <i>Psychological Science</i> , 2010, 21, 1072-1074.	1.8	161
23	Emodiversity and the emotional ecosystem.. <i>Journal of Experimental Psychology: General</i> , 2014, 143, 2057-2066.	1.5	138
24	Improving Emotional Intelligence: A Systematic Review of Existing Work and Future Challenges. <i>Emotion Review</i> , 2019, 11, 151-165.	2.1	135
25	Parental Burnout Around the Globe: a 42-Country Study. <i>Affective Science</i> , 2021, 2, 58-79.	1.5	112
26	Oxytocin not only increases trust when money is at stake, but also when confidential information is in the balance. <i>Biological Psychology</i> , 2010, 85, 182-184.	1.1	110
27	Money Giveth, Money Taketh Away. <i>Psychological Science</i> , 2010, 21, 759-763.	1.8	106
28	Is there a Publication Bias in Behavioural Intranasal Oxytocin Research on Humans? Opening the File Drawer of One Laboratory. <i>Journal of Neuroendocrinology</i> , 2016, 28, .	1.2	100
29	Measuring Individual Differences in Emotion Regulation: The Emotion Regulation Profile-Revised (ERP-R). <i>Psychologica Belgica</i> , 2013, 51, 49.	1.0	100
30	A nationally representative study of emotional competence and health.. <i>Emotion</i> , 2015, 15, 653-667.	1.5	96
31	Personality-dependent effects of oxytocin: Greater social benefits for high alexithymia scorers. <i>Biological Psychology</i> , 2011, 87, 401-406.	1.1	95
32	Relationship between alexithymia, alexithymia factors and salivary cortisol in men exposed to a social stress test. <i>Psychoneuroendocrinology</i> , 2008, 33, 1160-1164.	1.3	74
33	Is alexithymia affected by situational stress or is it a stable trait related to emotion regulation?. <i>Personality and Individual Differences</i> , 2006, 40, 1399-1408.	1.6	73
34	Oxytocin increases willingness to socially share one's emotions. <i>International Journal of Psychology</i> , 2013, 48, 676-681.	1.7	72
35	Treating Parental Burnout: Impact of Two Treatment Modalities on Burnout Symptoms, Emotions, Hair Cortisol, and Parental Neglect and Violence. <i>Psychotherapy and Psychosomatics</i> , 2020, 89, 330-332.	4.0	70
36	Is Parental Burnout Distinct From Job Burnout and Depressive Symptoms?. <i>Clinical Psychological Science</i> , 2020, 8, 673-689.	2.4	69

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37	Gender Differences in the Nature, Antecedents and Consequences of Parental Burnout. <i>Sex Roles</i> , 2020, 83, 485-498.	1.4	69
38	Emotional Intelligence Buffers the Effects of Negative Emotions on Job Burnout in Nursing. <i>Frontiers in Psychology</i> , 2018, 9, 2649.	1.1	68
39	Why are people high in emotional intelligence happier? They make the most of their positive emotions. <i>Personality and Individual Differences</i> , 2017, 117, 177-181.	1.6	67
40	The big five personality traits and parental burnout: Protective and risk factors. <i>Personality and Individual Differences</i> , 2017, 119, 216-219.	1.6	67
41	What Is the Ability Emotional Intelligence Test (MSCEIT) Good for? An Evaluation Using Item Response Theory. <i>PLoS ONE</i> , 2014, 9, e98827.	1.1	62
42	An Integrative Theory-Driven Positive Emotion Regulation Intervention. <i>PLoS ONE</i> , 2014, 9, e95677.	1.1	57
43	A meta-analysis of the possible behavioural and biological variables linking trait emotional intelligence to health. <i>Health Psychology Review</i> , 2020, 14, 220-244.	4.4	54
44	Failed Replication of Oxytocin Effects on Trust: The Envelope Task Case. <i>PLoS ONE</i> , 2015, 10, e0137000.	1.1	50
45	An exploration of the moderating effect of trait emotional intelligence on memory and attention in neutral and stressful conditions. <i>British Journal of Psychology</i> , 2009, 100, 699-715.	1.2	49
46	Cortisol awakening response (CAR)™s flexibility leads to larger and more consistent associations with psychological factors than CAR magnitude. <i>Psychoneuroendocrinology</i> , 2010, 35, 752-757.	1.3	49
47	Association between frontal EEG asymmetries and emotional intelligence among adults. <i>Personality and Individual Differences</i> , 2010, 48, 177-181.	1.6	48
48	Extrinsic emotion regulation.. <i>Emotion</i> , 2020, 20, 10-15.	1.5	48
49	A network approach to parental burnout. <i>Child Abuse and Neglect</i> , 2021, 111, 104826.	1.3	46
50	Validation of the Polish version of the Parental Burnout Assessment (PBA). <i>New Directions for Child and Adolescent Development</i> , 2020, 2020, 137-158.	1.3	45
51	Parental burnout: Moving the focus from children to parents. <i>New Directions for Child and Adolescent Development</i> , 2020, 2020, 7-13.	1.3	43
52	Moderating effect of emotional intelligence on the role of negative affect in the motivation to drink in alcohol-dependent subjects undergoing protracted withdrawal. <i>Personality and Individual Differences</i> , 2010, 48, 16-21.	1.6	42
53	When knowing is not enough: Emotional distress and depression reduce the positive effects of health literacy on diabetes self-management. <i>Patient Education and Counseling</i> , 2018, 101, 324-330.	1.0	42
54	Hair cortisol concentration as a biomarker of parental burnout. <i>Psychoneuroendocrinology</i> , 2020, 117, 104681.	1.3	41

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55	Resilience and hypothalamic-pituitary-adrenal axis reactivity under acute stress in young men. <i>Stress</i> , 2008, 11, 477-482.	0.8	40
56	Resisting the sirens of temptation while studying: Using reappraisal to increase focus, enthusiasm, and performance. <i>Learning and Individual Differences</i> , 2012, 22, 263-268.	1.5	40
57	Beyond Job Burnout: Parental Burnout!. <i>Trends in Cognitive Sciences</i> , 2021, 25, 333-336.	4.0	39
58	Measuring intrapersonal and interpersonal EQ: The Short Profile of Emotional Competence (S-PEC). <i>Personality and Individual Differences</i> , 2014, 65, 42-46.	1.6	38
59	Increasing emotional intelligence to decrease healthcare expenditures: How profitable would it be?. <i>Personality and Individual Differences</i> , 2017, 116, 343-347.	1.6	37
60	Psychometric Properties of the Emotion Awareness Questionnaire for Children in a French-Speaking Population. <i>Journal of Personality Assessment</i> , 2010, 92, 317-326.	1.3	35
61	How Can Intranasal Oxytocin Research Be Trusted? A Systematic Review of the Interactive Effects of Intranasal Oxytocin on Psychosocial Outcomes. <i>Perspectives on Psychological Science</i> , 2020, 15, 1228-1242.	5.2	33
62	Chapter 11 Using an emotion regulation framework to predict the outcomes of emotional labor. <i>Research on Emotion in Organizations</i> , 2009, , 245-273.	0.1	32
63	Are all Burned Out Parents Neglectful and Violent? A Latent Profile Analysis. <i>Journal of Child and Family Studies</i> , 2021, 30, 158-168.	0.7	29
64	Validation of the Turkish version of the Parental Burnout Assessment (PBA). <i>New Directions for Child and Adolescent Development</i> , 2020, 2020, 15-32.	1.3	28
65	Aiming to be perfect parents increases the risk of parental burnout, but emotional competence mitigates it. <i>Current Psychology</i> , 2023, 42, 1362-1370.	1.7	24
66	Mindfulness and Empathy: Differential Effects of Explicit and Implicit Buddhist Teachings. <i>Mindfulness</i> , 2020, 11, 5-17.	1.6	23
67	Parental burnout in Iran: Psychometric properties of the Persian (Farsi) version of the Parental Burnout Assessment (PBA). <i>New Directions for Child and Adolescent Development</i> , 2020, 2020, 85-100.	1.3	22
68	Cross-validation of the Emotion Awareness Questionnaire for Children in Three Populations. <i>Journal of Psychoeducational Assessment</i> , 2011, 29, 418-427.	0.9	21
69	Is It Enough to Be an Extrovert to Be Liked? Emotional Competence Moderates the Relationship Between Extraversion and Peer-Rated Likeability. <i>Frontiers in Psychology</i> , 2018, 9, 804.	1.1	21
70	Sensitive but not sentimental: Emotionally intelligent people can put their emotions aside when necessary. <i>Personality and Individual Differences</i> , 2012, 52, 537-540.	1.6	20
71	Emotion regulation during the COVID-19 pandemic: risk and resilience factors for parental burnout (IIPB). <i>Cognition and Emotion</i> , 2022, 36, 100-105.	1.2	20
72	Predicting resistance to stress: incremental validity of trait emotional intelligence over alexithymia and optimism. <i>Psicothema</i> , 2006, 18 Suppl, 79-88.	0.7	20

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73	Parenting with a smile: Display rules, regulatory effort, and parental burnout. <i>Journal of Social and Personal Relationships</i> , 2021, 38, 2701-2721.	1.4	19
74	The Brazilianâ€“Portuguese version of the Parental Burnout Assessment: Transcultural adaptation and initial validity evidence. <i>New Directions for Child and Adolescent Development</i> , 2020, 2020, 67-83.	1.3	16
75	Parental burnout in Lebanon: Validation psychometric properties of the Lebanese Arabic version of the Parental Burnout Assessment. <i>New Directions for Child and Adolescent Development</i> , 2020, 2020, 51-65.	1.3	15
76	The slippery slope of parental exhaustion: A process model of parental burnout. <i>Journal of Applied Developmental Psychology</i> , 2021, 77, 101354.	0.8	15
77	Factor Structure, Evolution, and Predictive Power of Emotional Competencies on Physical and Emotional Health in the Elderly. <i>Journal of Aging and Health</i> , 2014, 26, 993-1014.	0.9	14
78	Gender Equality and Maternal Burnout: A 40-Country Study. <i>Journal of Cross-Cultural Psychology</i> , 2022, 53, 157-178.	1.0	14
79	The role of trait emotional intelligence in diabetes self-management behaviors: The mediating effect of diabetes-related distress. <i>Personality and Individual Differences</i> , 2018, 131, 124-131.	1.6	13
80	Development and validation of the Brief Parental Burnout Scale (BPBS).. <i>Psychological Assessment</i> , 2021, 33, 1125-1137.	1.2	13
81	Helpers' Self-Assessment Biases Before and after Helping Skills Training. <i>Frontiers in Psychology</i> , 2017, 8, 1377.	1.1	12
82	Parental burnout in Romania: Validity of the Romanian version of the parental burnout assessment (PBAâ€“RO). <i>New Directions for Child and Adolescent Development</i> , 2020, 2020, 119-136.	1.3	11
83	Robust, replicable, and theoretically-grounded: A response to Brown and Coyneâ€™s (2017) commentary on the relationship between emodiversity and health.. <i>Journal of Experimental Psychology: General</i> , 2018, 147, 451-458.	1.5	11
84	Reappraisal, social support, and parental burnout. <i>British Journal of Clinical Psychology</i> , 2022, 61, 1089-1102.	1.7	11
85	When Emotional Intelligence Backfires. <i>Journal of Individual Differences</i> , 2021, 42, 1-8.	0.5	9
86	The Cult of the Child: A Critical Examination of Its Consequences on Parents, Teachers and Children. <i>Social Sciences</i> , 2022, 11, 141.	0.7	9
87	Encounter groups: do they foster psychology studentsâ€™ psychological development and therapeutic attitudes?. <i>Person-Centered and Experiential Psychotherapies</i> , 2015, 14, 83-99.	0.2	8
88	The role of cognitive appraisals in parental burnout: a preliminary analysis during the COVID-19 quarantine. <i>Current Psychology</i> , 2023, 42, 30585-30598.	1.7	8
89	I am not the parent I should be: Cross-sectional and prospective associations between parental self-discrepancies and parental burnout. <i>Self and Identity</i> , 0, , 1-26.	1.0	7
90	Lead Me Not into Temptation: Using Cognitive Reappraisal to Reduce Goal Inconsistent Behavior. <i>PLoS ONE</i> , 2012, 7, e39493.	1.1	7

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91	Parental Burnout Assessment (PBA) in Different Hispanic Countries: An Exploratory Structural Equation Modeling Approach. <i>Frontiers in Psychology</i> , 2022, 13, 827014.	1.1	7
92	Evaluating the higher-order structure of the Profile of Emotional Competence (PEC): Confirmatory factor analysis and Bayesian structural equation modeling. <i>PLoS ONE</i> , 2019, 14, e0225070.	1.1	5
93	Burnout across boundaries: Can parental burnout directly or indirectly influence work outcomes?. <i>Current Psychology</i> , 2023, 42, 14065-14075.	1.7	4
94	Emotional exhaustion and feeling fed up as the driving forces of parental burnout and its consequences on children: insights from a network approach. <i>Current Psychology</i> , 2023, 42, 22278-22289.	1.7	4
95	Psychoendocrinologie sociale de l'ocytocine: revue d'une littérature en pleine expansion. <i>Annee Psychologique</i> , 2013, 113, 255-285.	0.2	3
96	Psychoneuroendocrinology research is needed on parental burnout: A response to Walther, Walther, and Heald's comment on Hair cortisol concentration as a biomarker of parental burnout. <i>Psychoneuroendocrinology</i> , 2020, 119, 104786.	1.3	3
97	Disentangling the effects of intrapersonal and interpersonal emotional competence on parental burnout. <i>Current Psychology</i> , 2023, 42, 8718-8721.	1.7	3
98	An Instrument to Operationalize the Balance between Risks and Resources and Predict Job Burnout. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 9416.	1.2	3
99	Parental Burnout and Its Antecedents among Same-Sex and Different-Sex Families. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 7601.	1.2	3
100	Gérer la tentation en situation d'apprentissage: comparaison de la évaluation cognitive avec l'obéissance à un ordre. <i>Revue Des Sciences De L'Éducation</i> , 0, 37, 489-506.	0.2	1
101	OP VIII "4...Type of physical activity, diet, bmi and tobacco/alcohol consumption relationship: which of them affect more our health? , 2018, , .		1
102	Burn-out parental. , 2017, N° 88, 76-82.		1
103	New perspectives on the praise literature: towards a conceptual model of compliment. <i>Current Psychology</i> , 2020, , 1.	1.7	0
104	Title is missing!. , 2019, 14, e0225070.		0
105	Title is missing!. , 2019, 14, e0225070.		0
106	Title is missing!. , 2019, 14, e0225070.		0
107	Title is missing!. , 2019, 14, e0225070.		0
108	Title is missing!. , 2019, 14, e0225070.		0

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109	Title is missing!. , 2019, 14, e0225070.		0