

Nicholas P Hays

List of Publications by Year in descending order

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Version: 2024-02-01

53
papers

3,245
citations

361045

20
h-index

301761

39
g-index

54
all docs

54
docs citations

54
times ranked

4361
citing authors

#	ARTICLE	IF	CITATIONS
1	Environmental and Societal Factors Affect Food Choice and Physical Activity: Rationale, Influences, and Leverage Points. <i>Nutrition Reviews</i> , 2001, 59, S21-S36.	2.6	498
2	Dietary variety within food groups: association with energy intake and body fatness in men and women. <i>American Journal of Clinical Nutrition</i> , 1999, 69, 440-447.	2.2	329
3	Overeating in America: Association between Restaurant Food Consumption and Body Fatness in Healthy Adult Men and Women Ages 19 to 80. <i>Obesity</i> , 1999, 7, 564-571.	4.0	250
4	Eating behavior correlates of adult weight gain and obesity in healthy women aged 55-65 y. <i>American Journal of Clinical Nutrition</i> , 2002, 75, 476-483.	2.2	245
5	Factors Associated with Breastfeeding Initiation and Continuation: A Meta-Analysis. <i>Journal of Pediatrics</i> , 2018, 203, 190-196.e21.	0.9	226
6	Effect of β -hydroxy- β -methylbutyrate (HMB) on lean body mass during 10 days of bed rest in older adults. <i>Clinical Nutrition</i> , 2013, 32, 704-712.	2.3	224
7	EAA supplementation to increase nitrogen intake improves muscle function during bed rest in the elderly. <i>Clinical Nutrition</i> , 2010, 29, 18-23.	2.3	208
8	Aspects of Eating Behaviors -Disinhibition- and -Restraint- Are Related to Weight Gain and BMI in Women. <i>Obesity</i> , 2008, 16, 52-58.	1.5	198
9	Psychological measures of eating behavior and the accuracy of 3 common dietary assessment methods in healthy postmenopausal women. <i>American Journal of Clinical Nutrition</i> , 2000, 71, 739-745.	2.2	154
10	The anorexia of aging in humans. <i>Physiology and Behavior</i> , 2006, 88, 257-266.	1.0	142
11	Bed Rest Promotes Reductions in Walking Speed, Functional Parameters, and Aerobic Fitness in Older, Healthy Adults. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2015, 70, 91-96.	1.7	120
12	Prevention and treatment of type 2 diabetes: Current role of lifestyle, natural product, and pharmacological interventions. , 2008, 118, 181-191.		97
13	Energetics of Walking in Elderly People: Factors Related to Gait Speed. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2010, 65A, 1332-1337.	1.7	89
14	Effects of an Ad Libitum Low-Fat, High-Carbohydrate Diet on Body Weight, Body Composition, and Fat Distribution in Older Men and Women. <i>Archives of Internal Medicine</i> , 2004, 164, 210.	4.3	82
15	Exercise-Induced Changes in Insulin Action and Glycogen Metabolism in Elderly Adults. <i>Medicine and Science in Sports and Exercise</i> , 2006, 38, 433-438.	0.2	69
16	Effects of Whey and Fortified Collagen Hydrolysate Protein Supplements on Nitrogen Balance and Body Composition in Older Women. <i>Journal of the American Dietetic Association</i> , 2009, 109, 1082-1087.	1.3	40
17	Antecedents of picky eating behaviour in young children. <i>Appetite</i> , 2018, 130, 163-173.	1.8	38
18	Growth and Nutritional Biomarkers of Preterm Infants Fed a New Powdered Human Milk Fortifier. <i>Journal of Pediatric Gastroenterology and Nutrition</i> , 2017, 65, e83-e93.	0.9	28

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19	Growth and body composition in children who are picky eaters: a longitudinal view. <i>European Journal of Clinical Nutrition</i> , 2019, 73, 869-878.	1.3	28
20	Bed Rest Worsens Impairments in Fat and Glucose Metabolism in Older, Overweight Adults. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2014, 69A, 363-370.	1.7	24
21	Diet at Age 10 and 13 Years in Children Identified as Picky Eaters at Age 3 Years and in Children Who Are Persistent Picky Eaters in A Longitudinal Birth Cohort Study. <i>Nutrients</i> , 2019, 11, 807.	1.7	23
22	Comparison of insulin sensitivity assessment indices with euglycemic-hyperinsulinemic clamp data after a dietary and exercise intervention in older adults. <i>Metabolism: Clinical and Experimental</i> , 2006, 55, 525-532.	1.5	19
23	Eating Behavior and Weight Change in Healthy Postmenopausal Women: Results of a 4-Year Longitudinal Study. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2006, 61, 608-615.	1.7	19
24	Effects of an Ad Libitum, High Carbohydrate Diet and Aerobic Exercise Training on Insulin Action and Muscle Metabolism in Older Men and Women. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2006, 61, 299-304.	1.7	16
25	Effects on Fatty Acid Metabolism of a New Powdered Human Milk Fortifier Containing Medium-Chain Triacylglycerols and Docosahexaenoic Acid in Preterm Infants. <i>Nutrients</i> , 2018, 10, 690.	1.7	14
26	Fat Distribution and Glucose Metabolism in Older, Obese Men and Women. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2007, 62, 1393-1401.	1.7	11
27	Infant Feeding Regimens and Gastrointestinal Tolerance: A Multicenter, Prospective, Observational Cohort Study in China. <i>Global Pediatric Health</i> , 2018, 5, 2333794X1775027.	0.3	8
28	Phenotypic and Molecular Evaluation of a Chromosome 1q Region with Linkage and Association to Type 2 Diabetes in Humans. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2009, 94, 1401-1408.	1.8	7
29	Efficacy of an iron-fortified infant cereal to reduce the risk of iron deficiency anemia in young children in East Cameroon. <i>Food Science and Nutrition</i> , 2020, 8, 3566-3577.	1.5	6
30	The Association of Eating Behavior With Risk for Morbidity in Older Women. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2002, 57, M128-M133.	1.7	5
31	Factors Associated with Maternal Worry about Her Young Child Exhibiting Choosy Feeding Behaviour. <i>International Journal of Environmental Research and Public Health</i> , 2018, 15, 1236.	1.2	5
32	Infant feeding and health-related quality of life in healthy Chinese infants: results from a prospective, observational cohort study. <i>Health and Quality of Life Outcomes</i> , 2016, 14, 116.	1.0	4
33	Regulation of Energy Intake in Old Age. , 2001, , 829-838.		4
34	Iron Bioavailability from Infant Cereals Containing Whole Grains and Pulses: A Stable Isotope Study in Malawian Children. <i>Journal of Nutrition</i> , 2022, 152, 826-834.	1.3	3
35	Metabolic aging and predicted longevity: Results of a cross-sectional study in post-menopausal women. <i>Aging Clinical and Experimental Research</i> , 2002, 14, 465-473.	1.4	2
36	Feasibility and Psychometric Properties of the Infant Toddler Quality of Life (ITQOL) Questionnaire in a Community-Based Sample of Healthy Infants in China. <i>Maternal and Child Health Journal</i> , 2018, 22, 702-712.	0.7	2

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37	Comparative study of preterm infants fed new and existing human milk fortifiers showed favourable markers of gastrointestinal status. <i>Acta Paediatrica, International Journal of Paediatrics</i> , 2020, 109, 527-533.	0.7	2
38	Association of Nutrition in Early Childhood with Body Composition and Leptin in Later Childhood and Early Adulthood. <i>Nutrients</i> , 2021, 13, 3264.	1.7	2
39	Effect of iron-fortified infant cereal on nutritional status of infants in Ghana. <i>Food Science and Nutrition</i> , 2022, 10, 286-294.	1.5	2
40	Post-Liver Transplant Weight Gain and its Effect on Cardiovascular Disease Risk Factors. <i>FASEB Journal</i> , 2011, 25, 971.39.	0.2	1
41	Reply: Letter to the Editor Re: Billeaud et al. <i>Nutrients</i> 2018, 10, 690; <i>Nutrients</i> , 2019, 11, 406.	1.7	0
42	Improved Insulin Action With Heavy Exercise Training But Not Moderate Exercise Training In Elderly Subjects. <i>Medicine and Science in Sports and Exercise</i> , 2005, 37, S3.	0.2	0
43	Associations of dietary intake and physical activity with intramyocellular lipid content in older men and women. <i>FASEB Journal</i> , 2007, 21, A1069.	0.2	0
44	Diabetes education lowers HbA1c and weight in a veteran population with Type 2 Diabetes. <i>FASEB Journal</i> , 2007, 21, A304.	0.2	0
45	Association of body mass index and pulmonary function tests in cystic fibrosis patients. <i>FASEB Journal</i> , 2007, 21, A706.	0.2	0
46	The effectiveness of diabetes education on the lipid profile and HbA1c in a proactive veteran population with Type 2 Diabetes Mellitus. <i>FASEB Journal</i> , 2007, 21, A304.	0.2	0
47	Effectiveness of outpatient diabetes education on HbA1c levels. <i>FASEB Journal</i> , 2008, 22, 872.4.	0.2	0
48	Physical activity, dietary intake, and body weight changes from high school to college among first-year college students. <i>FASEB Journal</i> , 2011, 25, .	0.2	0
49	Registered Dietitian Involvement in Interdisciplinary Rounds and its Effects on Intervention of Nutrition Support in Adult Ventilated Patients. <i>FASEB Journal</i> , 2011, 25, 971.38.	0.2	0
50	Affects on timeliness of dietitian assessment in acute care: Nutrition screening in acute care related to hospital length of stay and timing of dietitian assessment. <i>FASEB Journal</i> , 2011, 25, 989.3.	0.2	0
51	Energy drink consumption: comparing athletes vs. non-athletes at a private college in Arkansas. <i>FASEB Journal</i> , 2011, 25, 989.2.	0.2	0
52	Does Digital Photography Improve the Accuracy of Diet Records in the Elderly?. <i>FASEB Journal</i> , 2012, 26, 808.4.	0.2	0
53	Olfaction and Gustation Aging. , 2009, , 2965-2970.		0