

Megan Teychenne

List of Publications by Year in Descending Order

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Version: 2024-04-28

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

48
papers

1,746
citations

17
h-index

41
g-index

54
ext. papers

2,105
ext. citations

4.4
avg, IF

5.12
L-index

#	Paper	IF	Citations
48	Evaluating telehealth lifestyle therapy versus telehealth psychotherapy for reducing depression in adults with COVID-19 related distress: the curbing anxiety and depression using lifestyle medicine (CALM) randomised non-inferiority trial protocol.. <i>BMC Psychiatry</i> , 2022 , 22, 219	4.2	1
47	Influences on physical activity and screen time amongst postpartum women with heightened depressive symptoms: a qualitative study. <i>BMC Pregnancy and Childbirth</i> , 2021 , 21, 376	3.2	0
46	Mums on the Move: A pilot randomised controlled trial of a home-based physical activity intervention for mothers at risk of postnatal depression. <i>Midwifery</i> , 2021 , 93, 102898	2.8	3
45	Key stakeholder perspectives on the development and real-world implementation of a home-based physical activity program for mothers at risk of postnatal depression: a qualitative study. <i>BMC Public Health</i> , 2021 , 21, 361	4.1	1
44	Adherence to aerobic and muscle-strengthening exercise guidelines and associations with psychological distress: A cross-sectional study of 14,050 English adults. <i>Preventive Medicine</i> , 2020 , 139, 106192	4.3	1
43	Work-related physical activity and psychological distress among women in different occupations: a cross-sectional study. <i>BMC Public Health</i> , 2020 , 20, 1007	4.1	6
42	Social-ecological predictors of physical activity patterns: A longitudinal study of women from socioeconomically disadvantaged areas. <i>Preventive Medicine</i> , 2020 , 132, 105995	4.3	1
41	Muscle-strengthening exercise and depressive symptom severity among a nationally representative sample of 23,635 German adults. <i>Journal of Affective Disorders</i> , 2020 , 266, 282-287	6.6	8
40	Adherence to the Australian dietary guidelines and development of depressive symptoms at 5 years follow-up amongst women in the READI cohort study. <i>Nutrition Journal</i> , 2020 , 19, 30	4.3	8
39	Do we need physical activity guidelines for mental health: What does the evidence tell us?. <i>Mental Health and Physical Activity</i> , 2020 , 18, 100315	5	80
38	The Concurrent Acceptability of a Postnatal Walking Group: A Qualitative Study Using the Theoretical Framework of Acceptability. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	6
37	Social ecological factors associated with physical activity and screen time amongst mothers from disadvantaged neighbourhoods over three years. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020 , 17, 110	8.4	3
36	The association between sedentary behaviour and indicators of stress: a systematic review. <i>BMC Public Health</i> , 2019 , 19, 1357	4.1	22
35	General strength and conditioning versus motor control with manual therapy for improving depressive symptoms in chronic low back pain: A randomised feasibility trial. <i>PLoS ONE</i> , 2019 , 14, e0220442	2.7	4
34	Total physical activity but not diet quality associated with postnatal depressive symptoms amongst women living in socioeconomically disadvantaged neighborhoods. <i>Nutrition Research</i> , 2019 , 68, 54-61	4	2
33	Psychological, Social and Behaviour Changes During Pregnancy: Implications for Physical Activity and Exercise 2019 , 19-43		2
32	Feasibility and acceptability of a home-based physical activity program for postnatal women with depressive symptoms: A pilot study. <i>Mental Health and Physical Activity</i> , 2018 , 14, 82-89	5	12

31	The views of first time mothers completing an intervention to reduce postpartum weight retention: A qualitative evaluation of the mums OnLiNE study. <i>Midwifery</i> , 2018 , 56, 23-28	2.8	7
30	The perceived feasibility and acceptability of a conceptually challenging exercise training program in older adults. <i>Clinical Interventions in Aging</i> , 2018 , 13, 451-461	4	3
29	Sedentary Behaviour and Hair Cortisol Amongst Women Living in Socioeconomically Disadvantaged Neighbourhoods: A Cross-Sectional Study. <i>International Journal of Environmental Research and Public Health</i> , 2018 , 15,	4.6	7
28	The Impact of Activity Based Working (ABW) on Workplace Activity, Eating Behaviours, Productivity, and Satisfaction. <i>International Journal of Environmental Research and Public Health</i> , 2018 , 15,	4.6	28
27	Cross sectional associations of screen time and outdoor play with social skills in preschool children. <i>PLoS ONE</i> , 2018 , 13, e0193700	3.7	44
26	Optimising conservative management of chronic low back pain: study protocol for a randomised controlled trial. <i>Trials</i> , 2017 , 18, 184	2.8	11
25	Is the link between movement and mental health a two-way street? Prospective associations between physical activity, sedentary behaviour and depressive symptoms among women living in socioeconomically disadvantaged neighbourhoods. <i>Preventive Medicine</i> , 2017 , 102, 72-78	4.3	17
24	Associations between access to alcohol outlets and alcohol intake and depressive symptoms in women from socioeconomically disadvantaged neighbourhoods in Australia. <i>BMC Public Health</i> , 2017 , 17, 83	4.1	4
23	Maternal dietary intake and physical activity habits during the postpartum period: associations with clinician advice in a sample of Australian first time mothers. <i>BMC Pregnancy and Childbirth</i> , 2016 , 16, 27	3.2	29
22	Associations between Screen-Based Sedentary Behaviour and Anxiety Symptoms in Mothers with Young Children. <i>PLoS ONE</i> , 2016 , 11, e0155696	3.7	11
21	Associations between physical activity, television viewing and postnatal depressive symptoms amongst healthy primiparous mothers. <i>Mental Health and Physical Activity</i> , 2016 , 10, 62-67	5	4
20	Higher Adherence to the Australian Dietary Guidelines Is Associated with Better Mental Health Status among Australian Adult First-Time Mothers. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2016 , 116, 1406-1412	3.9	14
19	The association between sedentary behaviour and risk of anxiety: a systematic review. <i>BMC Public Health</i> , 2015 , 15, 513	4.1	173
18	Adoption and maintenance of gym-based strength training in the community setting in adults with excess weight or type 2 diabetes: a randomized controlled trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2015 , 12, 105	8.4	6
17	Modifiable barriers to leisure-time physical activity during pregnancy: a qualitative study investigating first time mothers' views and experiences. <i>BMC Pregnancy and Childbirth</i> , 2015 , 15, 100	3.2	32
16	Relationship of the perceived social and physical environment with mental health-related quality of life in middle-aged and older adults: mediating effects of physical activity. <i>PLoS ONE</i> , 2015 , 10, e0120473	3.7	59
15	Early childhood physical activity, sedentary behaviors and psychosocial well-being: a systematic review. <i>Preventive Medicine</i> , 2014 , 62, 182-92	4.3	82
14	Prospective associations between sedentary behaviour and risk of depression in socio-economically disadvantaged women. <i>Preventive Medicine</i> , 2014 , 65, 82-6	4.3	25

13	Social and physical environmental correlates of adults' weekend sitting time and moderating effects of retirement status and physical health. <i>International Journal of Environmental Research and Public Health</i> , 2014 , 11, 9790-810	4.6	11
12	Mediators of the relationship between sedentary behavior and depressive symptoms amongst disadvantaged women. <i>Mental Health and Physical Activity</i> , 2014 , 7, 30-36	5	4
11	Educational inequalities in TV viewing among older adults: a mediation analysis of ecological factors. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2013 , 10, 138	8.4	6
10	Physical activity, sedentary behavior, and postnatal depressive symptoms: a review. <i>American Journal of Preventive Medicine</i> , 2013 , 45, 217-27	6.1	66
9	Effective recruitment and retention strategies in community health programs. <i>Health Promotion Journal of Australia</i> , 2013 , 24, 104-10	1.7	8
8	Correlates of socio-economic inequalities in women's television viewing: a study of intrapersonal, social and environmental mediators. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2012 , 9, 3	8.4	25
7	Promoting physical activity and reducing sedentary behavior in disadvantaged neighborhoods: a qualitative study of what women want. <i>PLoS ONE</i> , 2012 , 7, e49583	3.7	7
6	Educational inequalities in women's depressive symptoms: the mediating role of perceived neighbourhood characteristics. <i>International Journal of Environmental Research and Public Health</i> , 2012 , 9, 4241-53	4.6	3
5	Perceived influences on and strategies to reduce sedentary behavior in disadvantaged women experiencing depressive symptoms: A qualitative study. <i>Mental Health and Physical Activity</i> , 2011 , 4, 95-102	5.02	15
4	Physical activity, sedentary behavior and depression among disadvantaged women. <i>Health Education Research</i> , 2010 , 25, 632-44	1.8	74
3	Sedentary behavior and depression among adults: a review. <i>International Journal of Behavioral Medicine</i> , 2010 , 17, 246-54	2.6	309
2	Associations between physical activity and depressive symptoms in women. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2008 , 5, 27	8.4	62
1	Physical activity and likelihood of depression in adults: a review. <i>Preventive Medicine</i> , 2008 , 46, 397-411	4.3	436