Nickolai Titov

List of Publications by Year in descending order

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189 papers 12,771 citations

24978 57 h-index 30848 102 g-index

203 all docs

203
docs citations

times ranked

203

8755 citing authors

#	Article	IF	Citations
1	Utilization, Patient Characteristics, and Longitudinal Improvements among Patients from a Provincially Funded Transdiagnostic Internet-delivered Cognitive Behavioural Therapy Program: Observational Study of Trends over 6 Years. Canadian Journal of Psychiatry, 2022, 67, 192-206.	0.9	19
2	Community expectations and anticipated outcomes for crisis support servicesâ€"Lifeline Australia. Health and Social Care in the Community, 2022, 30, 1775-1788.	0.7	4
3	Fiveâ€year observational study of Internetâ€delivered cognitive behavioural pain management when offered as routine care by an online therapy clinic. European Journal of Pain, 2022, 26, 390-404.	1.4	5
4	Alcohol and drug use among clients receiving internet-delivered cognitive behavior therapy for anxiety and depression in a routine care clinic – Demographics, use patterns, and prediction of treatment completion and outcomes. Internet Interventions, 2022, 27, 100490.	1.4	4
5	A Comparison of Self-Referral and Referral via Primary Care Providers, through Two Similar Digital Mental Health Services in Western Australia. International Journal of Environmental Research and Public Health, 2022, 19, 905.	1.2	5
6	Internet-delivered cognitive and behavioural based interventions for adults with chronic pain: a systematic review and meta-analysis of randomized controlled trials. Pain, 2022, 163, e1041-e1053.	2.0	29
7	Factors associated with treatment uptake, completion, and subsequent symptom improvement in a national digital mental health service. Internet Interventions, 2022, 27, 100506.	1.4	25
8	Examining the psychometric properties of brief screening measures of depression and anxiety in chronic pain: The Patient Health Questionnaire 2â€item and Generalized Anxiety Disorder 2â€item. Pain Practice, 2022, 22, 478-486.	0.9	14
9	The Chronic Conditions Course: A Randomised Controlled Trial of an Internet-Delivered Transdiagnostic Psychological Intervention for People with Chronic Health Conditions. Psychotherapy and Psychosomatics, 2022, 91, 265-276.	4.0	8
10	Suicide after contact with a national digital mental health service. Internet Interventions, 2022, 28, 100516.	1.4	2
11	Lessons learned from two feasibility trials of a translated and minimally monitored iCBT program for young adults among community and university samples. Internet Interventions, 2022, 28, 100529.	1.4	3
12	Antidepressant medication use by patients accessing a national digital mental health service. Journal of Affective Disorders, 2022, 308, 305-313.	2.0	3
13	Measures of Daily Activities Associated With Mental Health (Things You Do Questionnaire): Development of a Preliminary Psychometric Study and Replication Study. JMIR Formative Research, 2022, 6, e38837.	0.7	5
14	A Cost-effectiveness Analysis of an Internet-delivered Pain Management Program Delivered With Different Levels of Clinician Support: Results From a Randomised Controlled Trial. Journal of Pain, 2021, 22, 344-358.	0.7	15
15	Predictors, Outcomes, and Statistical Solutions of Missing Cases in Web-Based Psychotherapy: Methodological Replication and Elaboration Study. JMIR Mental Health, 2021, 8, e22700.	1.7	25
16	Rapid Report 3: Mental health symptoms, characteristics, and regional variation, for users of an Australian digital mental health service during the first 8Åmonths of COVID-19. Internet Interventions, 2021, 24, 100378.	1.4	12
17	Initial Outcomes of Transdiagnostic Internet-Delivered Cognitive Behavioral Therapy Tailored to Public Safety Personnel: Longitudinal Observational Study. Journal of Medical Internet Research, 2021, 23, e27610.	2.1	20
18	Banbury Forum Consensus Statement on the Path Forward for Digital Mental Health Treatment. Psychiatric Services, 2021, 72, 677-683.	1.1	65

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19	Preventing depression in older people with multimorbidity: 24-month follow-up of a trial of internet-delivered cognitive behaviour therapy. Age and Ageing, 2021, 50, 2254-2258.	0.7	4
20	Internet-delivered cognitive-behaviour therapy (ICBT) for obsessive-compulsive disorder when delivered as routine clinical care: A phase IV clinical trial. Journal of Anxiety Disorders, 2021, 82, 102444.	1.5	9
21	Brief online motivational interviewing pre-treatment intervention for enhancing internet-delivered cognitive behaviour therapy: A randomized controlled trial. Internet Interventions, 2021, 25, 100394.	1.4	12
22	Evaluation of The Practitioner Online Referral and Treatment Service (PORTS): the first 18 months of a state-wide digital service for adults with anxiety, depression, or substance use problems. Cognitive Behaviour Therapy, 2020, 49, 307-326.	1.9	10
23	Facilitating access to iCBT: a randomized controlled trial assessing a translated version of an empirically validated program using a minimally monitored delivery model. Behavioural and Cognitive Psychotherapy, 2020, 48, 185-202.	0.9	6
24	Identifying Key Risk Factors for Dizziness Handicap in Middle-Aged and Older People. Journal of the American Medical Directors Association, 2020, 21, 344-350.e2.	1.2	5
25	A randomized controlled trial of internet-delivered cognitive behaviour therapy to prevent the development of depressive disorders in older adults with multimorbidity. Journal of Affective Disorders, 2020, 264, 464-473.	2.0	23
26	Rapid report 2: Symptoms of anxiety and depression during the first 12Âweeks of the Coronavirus (COVID-19) pandemic in Australia. Internet Interventions, 2020, 22, 100351.	1.4	27
27	User characteristics and outcomes from a national digital mental health service: an observational study of registrants of the Australian MindSpot Clinic. The Lancet Digital Health, 2020, 2, e582-e593.	5.9	70
28	Efficacy of internet-delivered cognitive behavioural therapy following an acute coronary event: A randomized controlled trial. Internet Interventions, 2020, 21, 100324.	1.4	25
29	Consensus statement on the problem of terminology in psychological interventions using the internet or digital components. Internet Interventions, 2020, 21, 100331.	1.4	45
30	Rapid report: Early demand, profiles and concerns of mental health users during the coronavirus (COVID-19) pandemic. Internet Interventions, 2020, 21, 100327.	1.4	69
31	A comparison of the characteristics and treatment outcomes of migrant and Australian-born users of a national digital mental health service. BMC Psychiatry, 2020, 20, 111.	1.1	9
32	A feasibility trial of an internet-delivered psychological intervention to manage mental health and functional outcomes in neurological disorders. Journal of Psychosomatic Research, 2020, 136, 110173.	1.2	20
33	Does concurrent medication usage affect patient response to internet-delivered cognitive behaviour therapy for depression and anxiety?. Internet Interventions, 2020, 19, 100302.	1.4	5
34	Audit and feedback of therapist-assisted internet-delivered cognitive behaviour therapy within routine care: A quality improvement case study. Internet Interventions, 2020, 20, 100309.	1.4	4
35	Preparing mental health systems for climate crisis. Lancet Planetary Health, The, 2020, 4, e89-e90.	5.1	16
36	Understanding Problems With Sleep, Sexual Functioning, Energy, and Appetite Among Patients Who Access Transdiagnostic Internet-Delivered Cognitive Behavioral Therapy for Anxiety and Depression: Qualitative Exploratory Study. JMIR Formative Research, 2020, 4, e15037.	0.7	4

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37	An Internet-Delivered Cognitive Behavioral Therapy for Depression and Anxiety Among Clients Referred and Funded by Insurance Companies Compared With Those Who Are Publicly Funded: Longitudinal Observational Study. JMIR Mental Health, 2020, 7, e16005.	1.7	4
38	Effects of Internet-Based Cognitive Behavioral Therapy in Routine Care for Adults in Treatment for Depression and Anxiety: Systematic Review and Meta-Analysis. Journal of Medical Internet Research, 2020, 22, e18100.	2.1	180
39	From Research to Practice: Ten Lessons in Delivering Digital Mental Health Services. Journal of Clinical Medicine, 2019, 8, 1239.	1.0	86
40	Examining an internet-delivered intervention for anxiety and depression when delivered as a part of routine care for university students: A phase IV trial. Journal of Affective Disorders, 2019, 256, 567-577.	2.0	23
41	Development of the Internet-Delivered Cognitive Behaviour Therapy Undesirable Therapist Behaviours Scale (ICBT-UTBS). Internet Interventions, 2019, 18, 100255.	1.4	10
42	Stakeholder perspectives on evidence for digital mental health interventions: Implications for accreditation systems. Digital Health, 2019, 5, 205520761987806.	0.9	9
43	Negative effects associated with internet-delivered cognitive behaviour therapy: An analysis of client emails. Internet Interventions, 2019, 18, 100278.	1.4	11
44	A comparison of Indigenous and non-Indigenous users of MindSpot: an Australian digital mental health service. Australasian Psychiatry, 2019, 27, 352-357.	0.4	23
45	Internet-delivered treatment for young adults with anxiety and depression: Evaluation in routine clinical care and comparison with research trial outcomes. Journal of Affective Disorders, 2019, 256, 103-109.	2.0	18
46	Internet Interventions for Adults with Anxiety and Mood Disorders: A Narrative Umbrella Review of Recent Meta-Analyses. Canadian Journal of Psychiatry, 2019, 64, 465-470.	0.9	212
47	Preference trial of internet-delivered cognitive behaviour therapy comparing standard weekly versus optional weekly therapist support. Journal of Anxiety Disorders, 2019, 63, 51-60.	1.5	43
48	What are Clients Asking Their Therapist During Therapist-Assisted Internet-Delivered Cognitive Behaviour Therapy? A Content Analysis of Client Questions. Behavioural and Cognitive Psychotherapy, 2019, 47, 407-420.	0.9	13
49	Transdiagnostic, internet-delivered cognitive behavior therapy for depression and anxiety: Exploring impact on health anxiety. Internet Interventions, 2019, 15, 60-66.	1.4	6
50	78 Development of a Multifactorial Assessment of Dizziness for Middle-Aged and Older People. Age and Ageing, 2019, 48, iv18-iv27.	0.7	0
51	Guidance on defining the scope and development of text-based coaching protocols for digital mental health interventions. Digital Health, 2019, 5, 205520761989614.	0.9	25
52	Internetâ€delivered psychological treatments: from innovation to implementation. World Psychiatry, 2019, 18, 20-28.	4.8	390
53	Psychometric properties and clinical utility of brief measures of depression, anxiety, and general distress: The PHQ-2, GAD-2, and K-6. General Hospital Psychiatry, 2019, 56, 13-18.	1.2	199
54	Opioid use before and after completion of an online pain management program. Journal of Consulting and Clinical Psychology, 2019, 87, 904-917.	1.6	5

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55	Involvement in compensation litigation and outcome from an online pain management program Rehabilitation Psychology, 2019, 64, 263-268.	0.7	2
56	Internet-Delivered Cognitive Behavioral Therapy for Anxiety Disorders in Open Community Versus Clinical Service Recruitment: Meta-Analysis. Journal of Medical Internet Research, 2019, 21, e11706.	2.1	40
57	Content of client emails in internet-delivered cognitive behaviour therapy: A comparison between two trials and relationship to client outcome. Internet Interventions, 2018, 11, 53-59.	1.4	8
58	Who benefits most from therapist-assisted internet-delivered cognitive behaviour therapy in clinical practice? Predictors of symptom change and dropout. Journal of Anxiety Disorders, 2018, 54, 24-32.	1.5	41
59	Acceptability of Mental Health Services for Anxiety and Depression in an Arab Sample. Community Mental Health Journal, 2018, 54, 875-883.	1.1	22
60	Meta-analysis of the efficacy and acceptability of cognitive-behavioural therapy for Arab adult populations experiencing anxiety, depression or post-traumatic stress disorder. Cognitive Behaviour Therapy, 2018, 47, 412-430.	1.9	23
61	Transdiagnostic internet-delivered cognitive-behaviour therapy (CBT) for adults with functional gastrointestinal disorders (FGID): A feasibility open trial. Journal of Psychosomatic Research, 2018, 108, 61-69.	1.2	15
62	Psychological distress, helpâ€seeking, and perceived barriers to psychological treatment among Australian parents. Australian Journal of Psychology, 2018, 70, 113-121.	1.4	12
63	Increased skills usage statistically mediates symptom reduction in self-guided internet-delivered cognitive–behavioural therapy for depression and anxiety: a randomised controlled trial. Cognitive Behaviour Therapy, 2018, 47, 43-61.	1.9	36
64	Patient and provider perceptions of Internet-delivered cognitive behavior therapy for recent cancer survivors. Supportive Care in Cancer, 2018, 26, 597-603.	1.0	20
65	Treating anxiety and depression in young adults: A randomised controlled trial comparing clinician-guided versus self-guided Internet-delivered cognitive behavioural therapy. Australian and New Zealand Journal of Psychiatry, 2018, 52, 668-679.	1.3	82
66	Patient Perspectives on Strengths and Challenges of Therapist-Assisted Internet-Delivered Cognitive Behaviour Therapy: Using the Patient Voice to Improve Care. Community Mental Health Journal, 2018, 54, 944-950.	1.1	27
67	The Pain Course: 12- and 24-Month Outcomes From a Randomized Controlled Trial of an Internet-Delivered Pain Management Program Provided With Different Levels of Clinician Support. Journal of Pain, 2018, 19, 1491-1503.	0.7	27
68	Development and evaluation of a scale assessing therapist fidelity to guidelines for delivering therapist-assisted Internet-delivered cognitive behaviour therapy. Cognitive Behaviour Therapy, 2018, 47, 447-461.	1.9	48
69	Facilitating the Dissemination of iCBT for the Treatment of Anxiety and Depression: A Feasibility Study. Behaviour Change, 2018, 35, 139-151.	0.6	7
70	Reducing the burden of dizziness in middle-aged and older people: A multifactorial, tailored, single-blind randomized controlled trial. PLoS Medicine, 2018, 15, e1002620.	3.9	15
71	Effectiveness, acceptability and feasibility of an Internet-delivered cognitive behavioral pain management program in a routine online therapy clinic in Canada. Canadian Journal of Pain, 2018, 2, 62-73.	0.6	11
72	ICBT in routine care: A descriptive analysis of successful clinics in five countries. Internet Interventions, 2018, 13, 108-115.	1.4	273

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73	Do guided internet-based interventions result in clinically relevant changes for patients with depression? An individual participant data meta-analysis. Clinical Psychology Review, 2018, 63, 80-92.	6.0	239
74	Emotional and cognitive difficulties, help-seeking, and barriers to treatment in neurological disorders Rehabilitation Psychology, 2018, 63, 563-574.	0.7	19
75	Measurement of Symptom Change Following Web-Based Psychotherapy: Statistical Characteristics and Analytical Methods for Measuring and Interpreting Change. JMIR Mental Health, 2018, 5, e10200.	1.7	49
76	"Wish You Were Here†Examining Characteristics, Outcomes, and Statistical Solutions for Missing Cases in Web-Based Psychotherapeutic Trials. JMIR Mental Health, 2018, 5, e22.	1.7	45
77	Internet-delivered cognitive-behaviour therapy for recent cancer survivors: a feasibility trial. Psycho-Oncology, 2017, 26, 137-139.	1.0	19
78	Examination of an internet-delivered cognitive behavioural pain management course for adults with fibromyalgia: a randomized controlled trial. Pain, 2017, 158, 593-604.	2.0	62
79	The pain course: a randomised controlled trial comparing a remote-delivered chronic pain management program when provided in online and workbook formats. Pain, 2017, 158, 1289-1301.	2.0	47
80	Randomized controlled trial of internet-delivered cognitive behaviour therapy comparing standard weekly versus optional weekly therapist support. Journal of Anxiety Disorders, 2017, 52, 15-24.	1.5	54
81	Tailored multifactorial intervention to improve dizziness symptoms and quality of life, balance and gait in dizziness sufferers aged over 50Âyears: protocol for a randomised controlled trial. BMC Geriatrics, 2017, 17, 56.	1.1	4
82	The first 30 months of the MindSpot Clinic: Evaluation of a national e-mental health service against project objectives. Australian and New Zealand Journal of Psychiatry, 2017, 51, 1227-1239.	1.3	150
83	The Cost-effectiveness of the Online MindSpot Clinic for the Treatment of Depression and Anxiety in Australia. Journal of Mental Health Policy and Economics, 2017, 20, 155-166.	0.6	13
84	Short message service prompts for skills practice in Internetâ€delivered cognitive behaviour therapy for chronic pain – are they feasible and effective?. European Journal of Pain, 2016, 20, 1288-1298.	1.4	14
85	Application of Intervention Mapping to the Development of a Complex Physical Therapist Intervention. Physical Therapy, 2016, 96, 1994-2004.	1.1	11
86	Transdiagnostic versus disorder-specific and clinician-guided versus self-guided internet-delivered treatment for Social Anxiety Disorder and comorbid disorders: A randomized controlled trial. Journal of Anxiety Disorders, 2016, 42, 30-44.	1.5	96
87	Transdiagnostic Internet-delivered cognitive behaviour therapy in Canada: An open trial comparing results of a specialized online clinic and nonspecialized community clinics. Journal of Anxiety Disorders, 2016, 42, 19-29.	1.5	88
88	Psychometric properties of the mini-social phobia inventory (Mini-SPIN) in a large online treatment-seeking sample. Cognitive Behaviour Therapy, 2016, 45, 236-257.	1.9	15
89	A pilot study of a clinician-guided internet-delivered cognitive behavioural therapy for anxiety and depression among Arabs in Australia, presented in both English and Arabic languages. Internet Interventions, 2016, 5, 5-11.	1.4	24
90	A feasibility trial of an Internetâ€delivered and transdiagnostic cognitive behavioral therapy treatment program for anxiety, depression, and disability among adults with epilepsy. Epilepsia, 2016, 57, 1887-1896.	2.6	31

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91	Treating anxiety and depression in older adults: randomised controlled trial comparing guided ⟨i>V.⟨ i> self-guided internet-delivered cognitive–behavioural therapy. BJPsych Open, 2016, 2, 50-58.	0.3	72
92	Examining internet-delivered cognitive behaviour therapy for patients with chronic kidney disease on haemodialysis: A feasibility open trial. Journal of Psychosomatic Research, 2016, 89, 78-84.	1.2	33
93	myMoves Program: Feasibility and Acceptability Study of a Remotely Delivered Self-Management Program for Increasing Physical Activity Among Adults With Acquired Brain Injury Living in the Community. Physical Therapy, 2016, 96, 1982-1993.	1.1	23
94	Internet-delivered treatment for older adults with anxiety and depression: implementation of the Wellbeing Plus Course in routine clinical care and comparison with research trial outcomes. BJPsych Open, 2016, 2, 307-313.	0.3	40
95	The Pain Course: exploring predictors of clinical response to an Internet-delivered pain management program. Pain, 2016, 157, 2257-2268.	2.0	32
96	The frequency of actions and thoughts scale: development and psychometric validation of a measure of adaptive behaviours and cognitions. Cognitive Behaviour Therapy, 2016, 45, 196-216.	1.9	17
97	Disorder-specific versus transdiagnostic and clinician-guided versus self-guided internet-delivered treatment for panic disorder and comorbid disorders: A randomized controlled trial. Journal of Anxiety Disorders, 2016, 39, 88-102.	1.5	69
98	ICBT in Psychiatry: Generalised Anxiety Disorder. , 2016, , 79-100.		4
99	Facebook as an effective recruitment strategy for mental health research of hard to reach populations. Internet Interventions, 2016, 4, 1-10.	1.4	108
100	A pilot study of self-guided internet-delivered cognitive behavioural therapy for anxiety and depression among Arabs. Internet Interventions, 2016, 3, 18-24.	1.4	22
101	An internet survey of the characteristics and physical activity of community-dwelling Australian adults with acquired brain injury: Exploring interest in an internet-delivered self-management program focused on physical activity. Disability and Health Journal, 2016, 9, 54-63.	1.6	6
102	Disorder-specific versus transdiagnostic and clinician-guided versus self-guided treatment for major depressive disorder and comorbid anxiety disorders: A randomized controlled trial. Journal of Anxiety Disorders, 2015, 35, 88-102.	1.5	183
103	The Pain Course. Pain, 2015, 156, 1920-1935.	2.0	132
104	Procedures for risk management and a review of crisis referrals from the MindSpot Clinic, a national service for the remote assessment and treatment of anxiety and depression. BMC Psychiatry, 2015, 15, 304.	1.1	36
105	A research agenda to progress treatment of social anxiety disorder: Commentary on Crome et al., DSM-IV and DSM-5 Social Anxiety Disorder in the Australian Community. Australian and New Zealand Journal of Psychiatry, 2015, 49, 292-293.	1.3	1
106	A systematic review of the efficacy of self-management programs for increasing physical activity in community-dwelling adults with acquired brain injury (ABI). Systematic Reviews, 2015, 4, 51.	2.5	32
107	Cut points on the Patient Health Questionnaire (PHQ-9) that predict response to cognitive–behavioral treatments for depression. General Hospital Psychiatry, 2015, 37, 470-475.	1.2	18
108	A feasibility open trial of guided Internet-delivered cognitive behavioural therapy for anxiety and depression amongst Arab Australians. Internet Interventions, 2015, 2, 32-38.	1.4	30

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