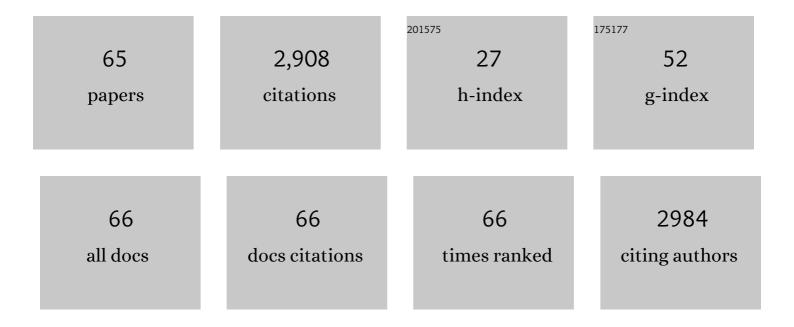
List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Effects of antenatal diet and physical activity on maternal and fetal outcomes: individual patient data meta-analysis and health economic evaluation. Health Technology Assessment, 2017, 21, 1-158.	1.3	214
2	Pelvic floor muscle training during pregnancy to prevent urinary incontinence: a single-blind randomized controlled trial. Obstetrics and Gynecology, 2003, 101, 313-319.	1.2	191
3	Regular Exercise During Pregnancy to Prevent Gestational Diabetes. Obstetrics and Gynecology, 2012, 119, 29-36.	1.2	169
4	Effect of pelvic floor muscle training during pregnancy and after childbirth on prevention and treatment of urinary incontinence: a systematic review. British Journal of Sports Medicine, 2014, 48, 299-310.	3.1	152
5	Effect of postpartum pelvic floor muscle training in prevention and treatment of urinary incontinence: a one-year follow up. BJOG: an International Journal of Obstetrics and Gynaecology, 2000, 107, 1022-1028.	1.1	139
6	Effect of adding biofeedback to pelvic floor muscle training to treat urodynamic stress incontinence. Obstetrics and Gynecology, 2002, 100, 730-739.	1.2	131
7	Prevalence of Urinary Incontinence During Pregnancy and Postpartum. International Urogynecology Journal, 1999, 10, 394-398.	0.7	119
8	Does Physiotherapist-Guided Pelvic Floor Muscle Training Reduce Urinary Incontinence After Radical Prostatectomy?. European Urology, 2008, 54, 438-448.	0.9	118
9	Pelvic Floor Muscle Training During Pregnancy to Prevent Urinary Incontinence. Obstetrics and Gynecology, 2003, 101, 313-319.	1.2	112
10	Exercise Training and Weight Gain in Obese Pregnant Women: A Randomized Controlled Trial (ETIP) Tj ETQq0 0	0 rgBT /Ov	erlock 10 Tf 5 108
11	Pelvic floor muscle strength and thickness in continent and incontinent nulliparous pregnant women. International Urogynecology Journal, 2004, 15, 384-390.	0.7	104
12	The effect of postpartum pelvic floor muscle exercise in the prevention and treatment of urinary incontinence. International Urogynecology Journal, 1997, 8, 217-222.	0.7	100
13	Does regular exercise including pelvic floor muscle training prevent urinary and anal incontinence during pregnancy? A randomised controlled trial. BJOG: an International Journal of Obstetrics and Gynaecology, 2012, 119, 1270-1280.	1.1	90
14	Does group training during pregnancy prevent lumbopelvic pain? A randomized clinical trial. Acta Obstetricia Et Gynecologica Scandinavica, 2007, 86, 276-282.	1.3	82
15	Pelvic floor muscle training for prevention and treatment of urinary and fecal incontinence in antenatal and postnatal women: A short version Cochrane review. Neurourology and Urodynamics, 2014, 33, 269-276.	0.8	82
16	Does regular exercise during pregnancy influence lumbopelvic pain? A randomized controlled trial. Acta Obstetricia Et Gynecologica Scandinavica, 2012, 91, 552-559.	1.3	58
17	Pelvic organ prolapse and incontinence 15–23Âyears after first delivery: a crossâ€sectional study. BJOG: an International Journal of Obstetrics and Gynaecology, 2015, 122, 964-971.	1.1	56
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Prevalence and predictors of anal incontinence during pregnancy and 1Âyear after delivery: a prospective cohort study. BJOG: an International Journal of Obstetrics and Gynaecology, 2014, 121, 1.1 48 269-280.

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19	Forceps delivery is associated with increased risk of pelvic organ prolapse and muscle trauma: a cross-sectional study 16-24 years after first delivery. Ultrasound in Obstetrics and Gynecology, 2015, 46, 487-495.	0.9	48
20	Assessment of pelvic floor muscle contraction with palpation, perineometry and transperineal ultrasound: a crossâ€sectional study. Ultrasound in Obstetrics and Gynecology, 2016, 47, 768-773.	0.9	47
21	Do pelvic floor muscle exercises reduce postpartum anal incontinence? A randomised controlled trial. BJOG: an International Journal of Obstetrics and Gynaecology, 2017, 124, 686-694.	1.1	44
22	Association between pelvic floor muscle trauma and pelvic organ prolapse 20Âyears after delivery. International Urogynecology Journal, 2016, 27, 39-45.	0.7	39
23	Prevalence of anal incontinence among Norwegian women: a cross-sectional study. BMJ Open, 2012, 2, e001257.	0.8	38
24	Does physiotherapist-guided pelvic floor muscle training increase the quality of life in patients after radical prostatectomy? A randomized clinical study . Scandinavian Journal of Urology and Nephrology, 2012, 46, 397-404.	1.4	35
25	Alterations in the vitamin D endocrine system during pregnancy: A longitudinal study of 855 healthy Norwegian women. PLoS ONE, 2018, 13, e0195041.	1.1	34
26	The effects of an exercise programme during pregnancy on healthâ€related quality of life in pregnant women: a Norwegian randomised controlled trial. BJOG: an International Journal of Obstetrics and Gynaecology, 2016, 123, 1152-1160.	1.1	31
27	Exercise Training in Pregnancy for obese women (ETIP): study protocol for a randomised controlled trial. Trials, 2011, 12, 154.	0.7	27
28	Regular moderate exercise during pregnancy does not have an adverse effect on the neurodevelopment of the child. Acta Paediatrica, International Journal of Paediatrics, 2015, 104, 285-291.	0.7	27
29	Effect of supervised exercise training during pregnancy on neonatal and maternal outcomes among overweight and obese women. Secondary analyses of the ETIP trial: A randomised controlled trial. PLoS ONE, 2017, 12, e0173937.	1.1	27
30	Anal incontinence and Quality of Life in late pregnancy: a crossâ€sectional study. BJOG: an International Journal of Obstetrics and Gynaecology, 2014, 121, 978-987.	1.1	26
31	Constipation and Laxative Use among Nursing Home Patients: Prevalence and Associations Derived from the Residents Assessment Instrument for Long-Term Care Facilities (interRAI LTCF). Gastroenterology Research and Practice, 2016, 2016, 1-12.	0.7	26
32	Feasibility, acceptability, and adherence of two educational programs for care staff concerning nursing home patients' fecal incontinence: a pilot study preceding a cluster-randomized controlled trial. Implementation Science, 2015, 10, 72.	2.5	22
33	Anal incontinence among first time mothers – What happens in pregnancy and the first year after delivery?. Acta Obstetricia Et Gynecologica Scandinavica, 2015, 94, 1005-1013.	1.3	22
34	Anal incontinence after vaginal delivery or cesarean section. Acta Obstetricia Et Gynecologica Scandinavica, 2019, 98, 51-60.	1.3	22
35	Prevalence and predictors of double incontinence 1Âyear after first delivery. International Urogynecology Journal, 2018, 29, 1529-1535.	0.7	20
36	Exercise training during pregnancy reduces circulating insulin levels in overweight/obese women postpartum: secondary analysis of a randomised controlled trial (the ETIP trial). BMC Pregnancy and Childbirth, 2018, 18, 18.	0.9	20

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37	Bowel problem management among nursing home residents: a mixed methods study. BMC Nursing, 2014, 13, 35.	0.9	18
38	Adaptive behavior in 10–11 year old children born preterm with a very low birth weight (VLBW). European Journal of Paediatric Neurology, 2015, 19, 162-169.	0.7	18
39	Hemoglobin A1c as screening for gestational diabetes mellitus in Nordic Caucasian women. Diabetology and Metabolic Syndrome, 2016, 8, 43.	1.2	18
40	Protocol for the development of a core outcome set for pelvic girdle pain, including methods for measuring the outcomes: the PGP-COS study. BMC Medical Research Methodology, 2018, 18, 158.	1.4	17
41	Impact of job adjustment, pain location and exercise on sick leave due to lumbopelvic pain in pregnancy: a longitudinal study. Scandinavian Journal of Primary Health Care, 2019, 37, 218-226.	0.6	17
42	What factors are associated with healthâ€related quality of life among patients with chronic musculoskeletal pain? A crossâ€sectional study in primary health care. BMC Musculoskeletal Disorders, 2021, 22, 102.	0.8	16
43	Neurodevelopmental outcome in 7â€yearâ€old children is not affected by exercise during pregnancy: follow up of a multicentre randomised controlled trial. BJOG: an International Journal of Obstetrics and Gynaecology, 2020, 127, 508-517.	1.1	14
44	Dietary Intakes and Dietary Quality during Pregnancy in Women with and without Gestational Diabetes Mellitus—A Norwegian Longitudinal Study. Nutrients, 2018, 10, 1811.	1.7	13
45	Women undergoing assisted fertilisation and high-intensity interval training: a pilot randomised controlled trial. BMJ Open Sport and Exercise Medicine, 2018, 4, e000387.	1.4	13
46	Vitamin D and stress urinary incontinence in pregnancy: a crossâ€sectional study. BJOG: an International Journal of Obstetrics and Gynaecology, 2020, 127, 1704-1711.	1.1	13
47	A core outcome set for research and clinical practice in women with pelvic girdle pain: PGP-COS. PLoS ONE, 2021, 16, e0247466.	1.1	13
48	Prevalence and predictors of anal incontinence 6 years after first delivery. Neurourology and Urodynamics, 2019, 38, 310-319.	0.8	12
49	Male sexual function and pelvic floor surgery of their female partner: A one-year follow-up study. Post Reproductive Health, 2014, 20, 55-61.	0.3	11
50	Regular antenatal exercise including pelvic floor muscle training reduces urinary incontinence 3Âmonths postpartum—Follow up of a randomized controlled trial. Acta Obstetricia Et Gynecologica Scandinavica, 2021, 100, 294-301.	1.3	11
51	Evolution and risk factors of anal incontinence during the first 6Âyears after first delivery: a prospective cohort study. BJOG: an International Journal of Obstetrics and Gynaecology, 2020, 127, 1499-1506.	1.1	10
52	Comparison of transperineal ultrasound with POP-Q for assessing symptoms of prolapse. International Urogynecology Journal, 2019, 30, 595-602.	0.7	9
53	Impact of maternal education on response to lifestyle interventions to reduce gestational weight gain: individual participant data meta-analysis. BMJ Open, 2019, 9, e025620.	0.8	9
54	Effect of a multifaceted educational program for care staff concerning fecal incontinence in nursing home patients: study protocol of a cluster randomized controlled trial. Trials, 2015, 16, 69.	0.7	7

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55	Maternal vitamin D status in pregnancy and molarÂincisor hypomineralisation and hypomineralised second primary molars in the offspring at 7–9Âyears of age: a longitudinal study. European Archives of Paediatric Dentistry: Official Journal of the European Academy of Paediatric Dentistry, 2022, 23, 557-566.	0.7	7
56	The effect of an exercise program in pregnancy on vitamin D status among healthy, pregnant Norwegian women: a randomized controlled trial. BMC Pregnancy and Childbirth, 2019, 19, 76.	0.9	5
57	Body mass index and physical activity in seven-year-old children whose mothers exercised during pregnancy: follow-up of a multicentre randomised controlled trial. BMC Pediatrics, 2021, 21, 496.	0.7	5
58	Antenatal pelvic floor muscle training and urinary incontinence: a randomized controlled 7-year follow-up study. International Urogynecology Journal, 2022, 33, 1557-1565.	0.7	4
59	Dietary Intake in Early Pregnancy and Glycemia in Late Pregnancy among Women with Obesity. Nutrients, 2022, 14, 105.	1.7	4
60	Exercise prior to assisted fertilization in overweight and obese women (FertilEX): study protocol for a randomized controlled trial. Trials, 2016, 17, 268.	0.7	3
61	The effect of exercise and metformin treatment on circulating free DNA in pregnancy. Placenta, 2014, 35, 989-993.	0.7	2
62	The MMP9 rs17576 A>G polymorphism is associated with increased lumbopelvic pain-intensity in pregnant women. Scandinavian Journal of Pain, 2018, 18, 93-98.	0.5	2
63	Authors' reply re: Pelvic organ prolapse and incontinence 15-23 years after first delivery: a cross-sectional study. BJOG: an International Journal of Obstetrics and Gynaecology, 2015, 122, 1715-1715.	1.1	1
64	Authors' reply re: Do pelvic floor muscle exercises reduce postpartum anal incontinence? A randomised controlled trial. BJOG: an International Journal of Obstetrics and Gynaecology, 2017, 124, 698-699.	1.1	0
65	Comment and Questions to Mottola et al. (2018): 2018 Canadian Guideline for Physical Activity Throughout Pregnancy, Journal of Obstetrics and Gynaecology Canada, 2019, 41, 1404-1405.	0.3	0