

# Helen Croker

## List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

84  
papers

4,435  
citations

33  
h-index

66  
g-index

99  
ext. papers

5,421  
ext. citations

5.4  
avg, IF

5.79  
L-index

#	Paper	IF	Citations
84	School closure and management practices during coronavirus outbreaks including COVID-19: a rapid systematic review. <i>The Lancet Child and Adolescent Health</i> , <b>2020</b> , 4, 397-404	14.5	882
83	Effect of a behavioural intervention in obese pregnant women (the UPBEAT study): a multicentre, randomised controlled trial. <i>Lancet Diabetes and Endocrinology</i> , <b>2015</b> , 3, 767-77	18.1	424
82	Lifestyle interventions for overweight and obese pregnant women to improve pregnancy outcome: systematic review and meta-analysis. <i>BMC Medicine</i> , <b>2012</b> , 10, 47	11.4	233
81	Stress and dietary practices in adolescents. <i>Health Psychology</i> , <b>2003</b> , 22, 362-9	5	213
80	Parental perceptions of overweight in 3-5 y olds. <i>International Journal of Obesity</i> , <b>2005</b> , 29, 353-5	5.5	197
79	Changing diet and physical activity to reduce gestational weight gain: a meta-analysis. <i>Obesity Reviews</i> , <b>2011</b> , 12, e602-20	10.6	176
78	Changing perceptions of weight in Great Britain: comparison of two population surveys. <i>BMJ</i> , <b>2008</b> , 337, a494	5.9	143
77	Eating for pleasure or profit: the effect of incentives on children's enjoyment of vegetables. <i>Psychological Science</i> , <b>2011</b> , 22, 190-6	7.9	126
76	Healthy feeding habits: efficacy results from a cluster-randomized, controlled exploratory trial of a novel, habit-based intervention with parents. <i>American Journal of Clinical Nutrition</i> , <b>2013</b> , 98, 769-77	7	114
75	Increasing food acceptance in the home setting: a randomized controlled trial of parent-administered taste exposure with incentives. <i>American Journal of Clinical Nutrition</i> , <b>2012</b> , 95, 72-7		103
74	Developing a complex intervention for diet and activity behaviour change in obese pregnant women (the UPBEAT trial); assessment of behavioural change and process evaluation in a pilot randomised controlled trial. <i>BMC Pregnancy and Childbirth</i> , <b>2013</b> , 13, 148	3.2	97
73	A brief intervention for weight control based on habit-formation theory delivered through primary care: results from a randomised controlled trial. <i>International Journal of Obesity</i> , <b>2017</b> , 41, 246-254	5.5	90
72	Appetitive traits and relationships with BMI in adults: Development of the Adult Eating Behaviour Questionnaire. <i>Appetite</i> , <b>2016</b> , 105, 356-63	4.5	82
71	Telling parents their child's weight status: psychological impact of a weight-screening program. <i>Pediatrics</i> , <b>2008</b> , 122, e682-8	7.4	76
70	Study protocol for the 10 Top Tips (10TT) trial: randomised controlled trial of habit-based advice for weight control in general practice. <i>BMC Public Health</i> , <b>2012</b> , 12, 667	4.1	72
69	Environmental and individual determinants of core and non-core food and drink intake in preschool-aged children in the United Kingdom. <i>European Journal of Clinical Nutrition</i> , <b>2012</b> , 66, 322-8	5.2	71
68	Cluster-randomised trial to evaluate the 'Change for Life' mass media/ social marketing campaign in the UK. <i>BMC Public Health</i> , <b>2012</b> , 12, 404	4.1	66

67	The role of self-regulatory skills and automaticity on the effectiveness of a brief weight loss habit-based intervention: secondary analysis of the 10 top tips randomised trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2017</b> , 14, 119	8.4	63
66	A complex intervention to improve pregnancy outcome in obese women; the UPBEAT randomised controlled trial. <i>BMC Pregnancy and Childbirth</i> , <b>2014</b> , 14, 74	3.2	63
65	Family-based behavioural treatment of childhood obesity in a UK National Health Service setting: randomized controlled trial. <i>International Journal of Obesity</i> , <b>2012</b> , 36, 16-26	5.5	62
64	The effect of screen advertising on children's dietary intake: A systematic review and meta-analysis. <i>Obesity Reviews</i> , <b>2019</b> , 20, 554-568	10.6	61
63	Characteristics of family mealtimes affecting children's vegetable consumption and liking. <i>Journal of the American Dietetic Association</i> , <b>2011</b> , 111, 269-73		60
62	Validation of BIA in obese children and adolescents and re-evaluation in a longitudinal study. <i>Obesity</i> , <b>2009</b> , 17, 2245-50	8	59
61	Reliability and validity of a revised version of the General Nutrition Knowledge Questionnaire. <i>European Journal of Clinical Nutrition</i> , <b>2016</b> , 70, 1174-1180	5.2	58
60	Appetitive behaviours of children attending obesity treatment. <i>Appetite</i> , <b>2011</b> , 57, 525-9	4.5	55
59	Do social norms affect intended food choice?. <i>Preventive Medicine</i> , <b>2009</b> , 49, 190-3	4.3	53
58	Cancer survivors' attitudes towards and knowledge of physical activity, sources of information, and barriers and facilitators of engagement: A qualitative study. <i>European Journal of Cancer Care</i> , <b>2017</b> , 26, e12641	2.4	52
57	"What about diet?" A qualitative study of cancer survivors' views on diet and cancer and their sources of information. <i>European Journal of Cancer Care</i> , <b>2016</b> , 25, 774-83	2.4	51
56	Family-based behavioural treatment of obesity: acceptability and effectiveness in the UK. <i>European Journal of Clinical Nutrition</i> , <b>2006</b> , 60, 587-92	5.2	44
55	Perceived barriers and benefits to physical activity in colorectal cancer patients. <i>Supportive Care in Cancer</i> , <b>2016</b> , 24, 903-910	3.9	43
54	The benefits and harms of providing parents with weight feedback as part of the national child measurement programme: a prospective cohort study. <i>BMC Public Health</i> , <b>2014</b> , 14, 549	4.1	37
53	Do weight perceptions among obese adults in Great Britain match clinical definitions? Analysis of cross-sectional surveys from 2007 and 2012. <i>BMJ Open</i> , <b>2014</b> , 4, e005561	3	33
52	Mothers' views on portion sizes for children. <i>Journal of Human Nutrition and Dietetics</i> , <b>2009</b> , 22, 437-43	3.1	33
51	Health and happiness is more important than weight': a qualitative investigation of the views of parents receiving written feedback on their child's weight as part of the National Child Measurement Programme. <i>Journal of Human Nutrition and Dietetics</i> , <b>2015</b> , 28, 47-55	3.1	30
50	Weight perceptions in a population sample of English adolescents: cause for celebration or concern?. <i>International Journal of Obesity</i> , <b>2015</b> , 39, 1488-93	5.5	30

49	Front of pack nutritional labelling schemes: a systematic review and meta-analysis of recent evidence relating to objectively measured consumption and purchasing. <i>Journal of Human Nutrition and Dietetics</i> , <b>2020</b> , 33, 518-537	3.1	28
48	Predictors of health-related behaviour change in parents of overweight children in England. <i>Preventive Medicine</i> , <b>2014</b> , 62, 20-4	4.3	28
47	Psychological predictors of dietary intentions in pregnancy. <i>Journal of Human Nutrition and Dietetics</i> , <b>2012</b> , 25, 345-53	3.1	24
46	Perceived weight discrimination in England: a population-based study of adults aged ≥50 years. <i>International Journal of Obesity</i> , <b>2015</b> , 39, 858-64	5.5	23
45	Lifestyle advice to cancer survivors: a qualitative study on the perspectives of health professionals. <i>BMJ Open</i> , <b>2018</b> , 8, e020313	3	22
44	Perceptions of health risk among parents of overweight children: a cross-sectional study within a cohort. <i>Preventive Medicine</i> , <b>2013</b> , 57, 55-9	4.3	21
43	Helping individuals to help themselves. <i>Proceedings of the Nutrition Society</i> , <b>2005</b> , 64, 89-96	2.9	21
42	Can the relationship between ethnicity and obesity-related behaviours among school-aged children be explained by deprivation? A cross-sectional study. <i>BMJ Open</i> , <b>2014</b> , 4, e003949	3	19
41	Dietary beliefs and behaviour of a UK Somali population. <i>Journal of Human Nutrition and Dietetics</i> , <b>2009</b> , 22, 116-21	3.1	17
40	Confirmation of the Factor Structure and Reliability of the 'Adult Eating Behavior Questionnaire' in an Adolescent Sample. <i>Frontiers in Psychology</i> , <b>2019</b> , 10, 1991	3.4	15
39	Exploring the Views and Dietary Practices of Older People at Risk of Malnutrition and Their Carers: A Qualitative Study. <i>Nutrients</i> , <b>2019</b> , 11,	6.7	14
38	Use of intervention mapping to adapt a health behavior change intervention for endometrial cancer survivors: the shape-up following cancer treatment program. <i>BMC Public Health</i> , <b>2018</b> , 18, 415	4.1	13
37	Piloting a manualised weight management programme (Shape Up-LD) for overweight and obese persons with mild-moderate learning disabilities: study protocol for a pilot randomised controlled trial. <i>Trials</i> , <b>2013</b> , 14, 71	2.8	11
36	Scoping the impact of the national child measurement programme feedback on the child obesity pathway: study protocol. <i>BMC Public Health</i> , <b>2012</b> , 12, 783	4.1	11
35	Study protocol for a randomised controlled trial of brief, habit-based, lifestyle advice for cancer survivors: exploring behavioural outcomes for the Advancing Survivorship Cancer Outcomes Trial (ASCOT). <i>BMJ Open</i> , <b>2016</b> , 6, e011646	3	11
34	The Impact of Diet-Induced Weight Loss on Biomarkers for Colorectal Cancer: An Exploratory Study (INTERCEPT). <i>Obesity</i> , <b>2017</b> , 25 Suppl 2, S95-S101	8	10
33	Parents' misperceptions of social norms for pre-school children's snacking behaviour. <i>Public Health Nutrition</i> , <b>2012</b> , 15, 1678-82	3.3	10
32	Supporting nutrition in frail older people: a qualitative study exploring views of primary care and community health professionals. <i>British Journal of General Practice</i> , <b>2020</b> , 70, e138-e145	1.6	9

31	Exclusively Digital Health Interventions Targeting Diet, Physical Activity, and Weight Gain in Pregnant Women: Systematic Review and Meta-Analysis. <i>JMIR MHealth and UHealth</i> , <b>2020</b> , 8, e18255	5.5	9
30	'I've never drunk very much water and I still don't, and I see no reason to do so': a qualitative study of the views of community-dwelling older people and carers on hydration in later life. <i>Age and Ageing</i> , <b>2019</b> , 49, 111-118	3	9
29	Examining the validity and consistency of the Adult Eating Behaviour Questionnaire-Español (AEBQ-Esp) and its relationship to BMI in a Mexican population. <i>Eating and Weight Disorders</i> , <b>2021</b> , 1	3.6	9
28	Development of the Top Tips Habit-Based Weight Loss App and Preliminary Indications of Its Usage, Effectiveness, and Acceptability: Mixed-Methods Pilot Study. <i>JMIR MHealth and UHealth</i> , <b>2019</b> , 7, e12326	5.5	7
27	Assessing the Effectiveness of Front of Pack Labels: Findings from an Online Randomised-Controlled Experiment in a Representative British Sample. <i>Nutrients</i> , <b>2021</b> , 13,	6.7	7
26	Body sizes in print media: Are there ethnic differences? A brief report. <i>Eating and Weight Disorders</i> , <b>2011</b> , 16, e212-5	3.6	6
25	A complex intervention to improve outcome in obese pregnancies; the upbeat study. <i>Archives of Disease in Childhood: Fetal and Neonatal Edition</i> , <b>2011</b> , 96, Fa97-Fa97	4.7	4
24	Smoking Attitudes and Prevalence of a Somali Population in London. <i>Journal of Smoking Cessation</i> , <b>2007</b> , 2, 68-72	0.5	4
23	Obesity prevention in the early years: A mapping study of national policies in England from a behavioural science perspective. <i>PLoS ONE</i> , <b>2020</b> , 15, e0239402	3.7	3
22	Brief Appetitive Trait Tailored Intervention Development in a Sample of Adults with Overweight and Obesity. <i>Behaviour Change</i> , 1-17	1.1	3
21	Burden of child and adolescent obesity on health services in England. <i>Archives of Disease in Childhood</i> , <b>2018</b> , 103, 247-254	2.2	3
20	Starting university with high eating self-regulatory skills protects students against unhealthy dietary intake and substantial weight gain over 6 months. <i>Eating Behaviors</i> , <b>2018</b> , 31, 105-112	3	3
19	Lifestyle advice to cancer survivors: a qualitative study on the perspectives of health professionals. <i>Proceedings of the Nutrition Society</i> , <b>2018</b> , 77,	2.9	1
18	Talking about weight with families <b>2015</b> , 59-70		1
17	Obesity in pregnancy and mental health 70-80		1
16	Habitual dietary intake of obese pregnant women in the UK. <i>Proceedings of the Nutrition Society</i> , <b>2011</b> , 70,	2.9	1
15	Improving the assessment and management of obesity in UK children and adolescents: the PROMISE research programme including a RCT. <i>Programme Grants for Applied Research</i> , <b>2020</b> , 8, 1-264	1.5	1
14	Investigating partner involvement in pregnancy and identifying barriers and facilitators to participating as a couple in a digital healthy eating and physical activity intervention. <i>BMC Pregnancy and Childbirth</i> , <b>2021</b> , 21, 450	3.2	1

13	A manualised weight management programme for adults with mild-moderate intellectual disabilities affected by excess weight: A randomised controlled feasibility trial (Shape Up-LD). <i>Journal of Applied Research in Intellectual Disabilities</i> , <b>2021</b> ,	2.2	1
12	Determinants of sleep quality in 5835 individuals living with and beyond breast, prostate, and colorectal cancer: a cross-sectional survey. <i>Journal of Cancer Survivorship</i> , <b>2021</b> , 1	5.1	0
11	The impact on dietary outcomes of licensed and brand equity characters in marketing unhealthy foods to children: A systematic review and meta-analysis.. <i>Obesity Reviews</i> , <b>2022</b> , e13443	10.6	0
10	Applied Interventions in the Prevention and Treatment of Obesity Through the Research of Professor Jane Wardle. <i>Current Obesity Reports</i> , <b>2017</b> , 6, 57-62	8.4	
9	Weight management in children <b>2017</b> , 287-327		
8	The majority of parents of overweight and very overweight children underestimate their child's weight status and weight-related health risk. <i>Archives of Disease in Childhood</i> , <b>2012</b> , 97, A181.1-A181	2.2	
7	Counselling for obesity. <i>Journal of Human Nutrition and Dietetics</i> , <b>2006</b> , 19, 158-159	3.1	
6	The acceptability and feasibility of using a 3D body size scale to initiate conversations about weight in toddlerhood: a mixed-methods study. <i>Pediatric Obesity</i> , <b>2021</b> , 16, e12715	4.6	
5	Obesity prevention in the early years: A mapping study of national policies in England from a behavioural science perspective <b>2020</b> , 15, e0239402		
4	Obesity prevention in the early years: A mapping study of national policies in England from a behavioural science perspective <b>2020</b> , 15, e0239402		
3	Obesity prevention in the early years: A mapping study of national policies in England from a behavioural science perspective <b>2020</b> , 15, e0239402		
2	Obesity prevention in the early years: A mapping study of national policies in England from a behavioural science perspective <b>2020</b> , 15, e0239402		
1	Secondary Outcomes of a Front-of-Pack-Labeling Randomised Controlled Experiment in a Representative British Sample: Understanding, Ranking Speed and Perceptions. <i>Nutrients</i> , <b>2022</b> , 14, 2188 <sup>6.7</sup>		