

Clarinda Nataria Sutanto

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/5840493/publications.pdf>

Version: 2024-02-01

18
papers

692
citations

1162367

8
h-index

1281420

11
g-index

18
all docs

18
docs citations

18
times ranked

1060
citing authors

#	ARTICLE	IF	CITATIONS
1	The impact of tryptophan supplementation on sleep quality: a systematic review, meta-analysis, and meta-regression. <i>Nutrition Reviews</i> , 2022, 80, 306-316.	2.6	17
2	Association Between Dietary Protein Intake and Sleep Quality in Middle-Aged and Older Adults in Singapore. <i>Frontiers in Nutrition</i> , 2022, 9, 832341.	1.6	8
3	Skin carotenoids status as a potential surrogate marker for cardiovascular disease risk determination in middle-aged and older adults. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2021, 31, 592-601.	1.1	11
4	Skin carotenoid status and plasma carotenoids: biomarkers of dietary carotenoids, fruits and vegetables for middle-aged and older Singaporean adults. <i>British Journal of Nutrition</i> , 2021, 126, 1398-1407.	1.2	14
5	Animal Protein versus Plant Protein in Supporting Lean Mass and Muscle Strength: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. <i>Nutrients</i> , 2021, 13, 661.	1.7	58
6	Wolfberry (<i>Lycium barbarum</i>) Consumption with a Healthy Dietary Pattern Lowers Oxidative Stress in Middle-Aged and Older Adults: A Randomized Controlled Trial. <i>Antioxidants</i> , 2021, 10, 567.	2.2	10
7	Enhancing the cardiovascular protective effects of a healthy dietary pattern with wolfberry (<i>Lycium</i>) Tj ETQq1 1 0.784314 rgBT /Overl 2.2 24	2.2	24
8	The Impact of 5-Hydroxytryptophan Supplementation on Sleep Quality of Older Adults in Singapore: A Randomized Controlled Trial. <i>Current Developments in Nutrition</i> , 2021, 5, 372.	0.1	0
9	The Impact of Tryptophan Supplementation on Sleep Quality: A Systematic Review, Meta-Analysis and Meta-Regression. <i>Current Developments in Nutrition</i> , 2021, 5, 373.	0.1	3
10	Carbohydrate Quality of a Middle-aged and Older Population in Singapore and Its Association with Cardiometabolic Health. <i>Current Developments in Nutrition</i> , 2021, 5, 53.	0.1	0
11	Postprandial Glycemic, Insulinemic, and Short-Chain Fatty Acids Responses Following the Consumption of Okara and Biovalorized Okara Incorporated Biscuits. <i>Current Developments in Nutrition</i> , 2021, 5, 507.	0.1	0
12	Wolfberry Consumption with a Healthy Dietary Pattern Lowers Oxidative Stress and Improves Carotenoids Status in Middle-Aged and Older Adults: A Randomized Controlled Trial. <i>Current Developments in Nutrition</i> , 2021, 5, 79.	0.1	0
13	Association of Sleep Quality and Macronutrient Distribution: A Systematic Review and Meta-Regression. <i>Nutrients</i> , 2020, 12, 126.	1.7	28
14	Skin Carotenoid Status Is a Potential Surrogate Marker for Cardiovascular Disease Risk Determination in Middle-Aged and Older Adults. <i>Current Developments in Nutrition</i> , 2020, 4, nzaa041_036.	0.1	0
15	Enhancing the Cardiovascular Protective Effects of a Healthy Dietary Pattern with Wolfberry (<i>Lycium</i>) Tj ETQq1 1 0.784314 rgBT /Overl 0.1 9	0.1	9
16	Association Between Macronutrient Intakes and Sleep Quality in Middle-Aged and Older Population in Singapore. <i>Current Developments in Nutrition</i> , 2020, 4, nzaa049_058.	0.1	0
17	Preventing mussel adhesion using lubricant-infused materials. <i>Science</i> , 2017, 357, 668-673.	6.0	375
18	Mussel adhesion is dictated by time-regulated secretion and molecular conformation of mussel adhesive proteins. <i>Nature Communications</i> , 2015, 6, 8737.	5.8	144