Clarinda Nataria Sutanto

List of Publications by Year in descending order

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Version: 2024-02-01

1162367 1281420 18 692 8 11 citations g-index h-index papers 18 18 18 1060 docs citations times ranked citing authors all docs

#	Article	IF	CITATIONS
1	Preventing mussel adhesion using lubricant-infused materials. Science, 2017, 357, 668-673.	6.0	375
2	Mussel adhesion is dictated by time-regulated secretion and molecular conformation of mussel adhesive proteins. Nature Communications, 2015, 6, 8737.	5.8	144
3	Animal Protein versus Plant Protein in Supporting Lean Mass and Muscle Strength: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. Nutrients, 2021, 13, 661.	1.7	58
4	Association of Sleep Quality and Macronutrient Distribution: A Systematic Review and Meta-Regression. Nutrients, 2020, 12, 126.	1.7	28
5	Enhancing the cardiovascular protective effects of a healthy dietary pattern with wolfberry (Lycium) Tj ETQq $1\ 1\ 0$.	784314 rg 2.2	:BT /Overloc
6	The impact of tryptophan supplementation on sleep quality: a systematic review, meta-analysis, and meta-regression. Nutrition Reviews, 2022, 80, 306-316.	2.6	17
7	Skin carotenoid status and plasma carotenoids: biomarkers of dietary carotenoids, fruits and vegetables for middle-aged and older Singaporean adults. British Journal of Nutrition, 2021, 126, 1398-1407.	1.2	14
8	Skin carotenoids status as a potential surrogate marker for cardiovascular disease risk determination in middle-aged and older adults. Nutrition, Metabolism and Cardiovascular Diseases, 2021, 31, 592-601.	1.1	11
9	Wolfberry (Lycium barbarum) Consumption with a Healthy Dietary Pattern Lowers Oxidative Stress in Middle-Aged and Older Adults: A Randomized Controlled Trial. Antioxidants, 2021, 10, 567.	2.2	10
10	Association Between Dietary Protein Intake and Sleep Quality in Middle-Aged and Older Adults in Singapore. Frontiers in Nutrition, 2022, 9, 832341.	1.6	8
11	The Impact of Tryptophan Supplementation on Sleep Quality: A Systematic Review, Meta-Analysis and Meta-Regression. Current Developments in Nutrition, 2021, 5, 373.	0.1	3
12	Skin Carotenoid Status Is a Potential Surrogate Marker for Cardiovascular Disease Risk Determination in Middle-Aged and Older Adults. Current Developments in Nutrition, 2020, 4, nzaa041_036.	0.1	0
13	Enhancing the Cardiovascular Protective Effects of a Healthy Dietary Pattern with Wolfberry (Lycium) Tj ETQq1 1	0.784314 (0.1	rgBT /Ove <mark>rlo</mark>
14	Association Between Macronutrient Intakes and Sleep Quality in Middle-Aged and Older Population in Singapore. Current Developments in Nutrition, 2020, 4, nzaa049_058.	0.1	0
15	The Impact of 5-Hydroxytryptophan Supplementation on Sleep Quality of Older Adults in Singapore: A Randomized Controlled Trial. Current Developments in Nutrition, 2021, 5, 372.	0.1	0
16	Carbohydrate Quality of a Middle-aged and Older Population in Singapore and Its Association with Cardiometabolic Health. Current Developments in Nutrition, 2021, 5, 53.	0.1	0
17	Postprandial Glycemic, Insulinemic, and Short-Chain Fatty Acids Responses Following the Consumption of Okara and Biovalorized Okara Incorporated Biscuits. Current Developments in Nutrition, 2021, 5, 507.	0.1	O
18	Wolfberry Consumption with a Healthy Dietary Pattern Lowers Oxidative Stress and Improves Carotenoids Status in Middle-Aged and Older Adults: A Randomized Controlled Trial. Current Developments in Nutrition, 2021, 5, 79.	0.1	0